

Prayer Guide

Week of Prayer and Fasting

5 FEBRUARY - 11 FEBRUARY 2024

**WORKING THE
WORKS OF GOD**



PENTECOST INTERNATIONAL
PINGSTKYRKAN LUND

HOW TO USE THE PRAYER GUIDE

Dear friends, welcome to our week of prayer and fasting, taking place from February 5th to 11th. Our theme is "Working the Works of God," inspired by John 9:4. As Christians, we are called to be actively involved in God's transformative work in our lives, families, church, and the world. We are called not only to sit and learn but to grow and go, to fish and feed. This week of prayer and fasting offers us the opportunity to align our hearts with God's purposes, to seek His guidance and strength to be agents of His power and love in the world around us.

This Prayer Guide will guide our prayer sessions, allowing us to pray along the same lines. Each day, you will find a prayer theme, an associated scripture, and hourly prayer topics.

We will kickstart each Monday to Friday with a half-hour online prayer session on Zoom, from 6:00 am to 6:30 am. In the evenings of Monday to Thursday, we will come together for in-person prayer services at the church, 6:30 pm to 7:30 pm. On Friday, we have a special evening of worship and prayer from 6:30 pm to 8:00 pm. The evening services will also be livestreamed on our YouTube channel. Additionally, I encourage you to reach out to fellow church members for prayer partnerships during the day, via phone calls or other means.

While we will not meet on Saturday, I encourage you to continue with fasting and prayer in accordance with the day's theme. To bring our week of prayer and fasting to a close, we will gather for a Communion Service on Sunday at 2 pm. For more specific details, please refer to the information at the back of this prayer booklet.

May we walk in the good works which God has preordained for us.

Grace and Peace to you!



Prince Young Aboagye
PASTOR

A NOTE ON FASTING

Fasting is a temporary but intentional abstinence from something intrinsically good, such as food, to amplify our yearning for something greater – God and His divine work within our lives. Fasting goes with spending time in prayer and studying of the Bible. It is a practice deeply rooted in the teachings of our Lord Jesus Christ (Matthew 6:16-18) and observed by God's people throughout history (2 Chronicles 20:3; Acts 13:2).

Fasting puts us in a place where we become utterly dependent on God, to receive from Him and to respond to His word for us.

Leaders of the early church engaged in fasting for God's guidance in missionary breakthroughs (Acts 13:1-3), and in connection with the appointment of elders (Acts 14:23).

TYPES OF FASTING

Personal Fast: This is the type of fast initiated and performed by an individual or small group: Ezra 10:6; 2 Samuel 12:15-16.

Corporate Fast: This fast is proclaimed for and performed by a large group: 2 Chronicles 20:3-4; 1 Samuel 7:5-6; Nehemiah 9:1-3.

METHODS OF FASTING

Normal Fast: This involves total abstinence from food but not from liquids: Luke 4:2.

Partial Fast: This is abstinence from certain types of food. We see this in Daniel 10:3, where for three weeks Daniel ate "no delicacies, no meat, or wine".

Absolute Fast: This involves total abstinence from food and liquids: Ezra 10:6; Esther 4:16; Acts 9:9. Given the potential negative health implications, a prolonged absolute fast is usually not recommended.

DAY 1 | 5TH FEBRUARY

THE WORKS OF GOD

We must work the works of him who sent me while it is day; night is coming, when no one can work. (John 9:4)

MORNING PRAYER MEETING ON ZOOM - 6AM TO 6.30AM

- See the last pages of this booklet to connect on Zoom.

PERSONAL - 6AM TO 9AM

1. Thank God for the privilege of prayer. Ask God to strengthen you to wait on Him throughout this week of prayer and fasting. Pray for heightened sensitivity to His voice and a profound awareness of His presence.
2. Ask God to fill you with the knowledge of His will in all spiritual wisdom and understanding and enable you to recognize the opportunities aligned with His plans for your life.
3. Pray for a compassionate heart that reflects God's boundless love for others. Pray that you may see people through His eyes and extend His love and care to those around you.

FAMILY AND CHURCH - 11AM TO 2PM

1. Thank God for the gift of family. Pray for the salvation of your unsaved family members and friends. Ask God to work in their hearts and draw them to Himself.
2. Pray for unity and a shared commitment in your family to knowing and doing the works of God. Ask that those to come in future generations, would be dedicated to pursuing the will and work of God.
3. Pray for our church family that God will fulfil in us all His good pleasure and equip us for every good thought, word, and work.

WORLD - 3PM TO 6PM

1. Ask God to make known His saving grace throughout the world and cause hearts to respond in repentance and faith in Christ.
2. Pray for wisdom, discernment, and a heart inclined towards good for leaders of nations and global organizations. Ask God to guide them in their decision-making and help them to work for peace, equity, and the well-being of all people.
3. Pray for a sense of urgency and a spirit of readiness in the body of Christ, that believers would actively engage in spreading the gospel, serving others, and fulfilling the mission of Christ.

EVENING PRAYER SERVICE – 6:30PM TO 7:30PM

- Join in person or go to the last page to connect online.

NOTES

DAY 2 | 6TH FEBRUARY

RENEWAL

So we do not lose heart. Though our outer self is wasting away, our inner self is being renewed day by day. (2 Corinthians 4:16)

MORNING PRAYER MEETING ON ZOOM - 6AM TO 6.30AM

- See the last pages of this booklet to connect on Zoom.

PERSONAL - 6AM TO 9AM

1. Thank God that He continually renews and refreshes you by His Word and indwelling Spirit and enables you to work for what pleases Him.
2. Pray that God will renew your commitment to love and obey Him, to be useful and faithful in His service, and to bring fame and glory to His name.
3. Ask God to enable you to remain steadfast in moments of weariness and discouragement, and to persevere with unwavering commitment to loving, obeying, and faithfully serving Him.

FAMILY AND CHURCH - 11AM TO 2PM

1. Intercede for your family members that they will find renewed strength and hope in God in the face of life's challenges and overcome the urge to give up.
2. Pray for members of our church family that our hope will be grounded solely in God's Word, that our works will be energized by God's love, and our faith will endure to the end of time.
3. Ask that God will grant members of our church family a renewed sense of purpose, passion, and enthusiasm for His Word, His work, and His kingdom.

WORLD - 3PM TO 6PM

1. Intercede for the world that nations, communities, and individuals will renew their minds according to God's truth and His good, pleasing and perfect will.
2. Pray for Christians facing a crisis of faith. Ask God to strengthen their faith, remove any doubts, and help them find assurance in His unchanging Word.
3. Pray for a global revival, that people in every corner of the world may awaken to the truth of God's Word and find hope in Christ.

EVENING PRAYER SERVICE - 6:30PM TO 7:30PM

- Join in person or see the last page to connect online.

NOTES

DAY 3 | 7TH FEBRUARY

DILIGENCE

Whatever you do, work heartily, as for the Lord and not for men, knowing that from the Lord you will receive the inheritance as your reward. You are serving the Lord Christ. (Colossians 3:23-24)

MORNING PRAYER MEETING ON ZOOM – 6AM TO 6.30AM

- See the last pages of this booklet to connect on Zoom.

PERSONAL - 6AM TO 9AM

1. Pray for unwavering diligence in your daily pursuit of God. Ask God to help you to seek a deeper relationship with Him through fervent prayer and diligent study and meditation on His Word.
2. Seek God's grace to work wholeheartedly in every endeavour to which He has called you, knowing that your service is ultimately unto Him and not for human approval.
3. Ask God to help you to live purposefully, to make the best use of every opportunity, and to use your time and other resources for His glory.

FAMILY AND CHURCH - 11AM TO 2PM

1. Pray for your family members that God will guide their decisions, and that their time, money, and other resources may be used in ways that align with His will and bring glory to His name.
2. Pray that the work of your family members will be a testimony to the grace of God, a reflection of His character, and inspire others to seek God's purpose in their own lives.
3. Pray for our church family that we will be zealous for every good work. Ask for God's grace to serve Him with joyfulness and gladness of heart.

WORLD - 3PM TO 5PM

1. Pray for the worldwide body of Christ, that God will deliver us from lethargy and cowardice, and help us to be diligent in serving Christ, making Him known, believed, loved, and followed.
2. Pray for an encounter with Christ for the unsaved around the world. Pray that God will transform their hearts and lead them to submit to Christ and joyfully and passionately serve His purposes.
3. Pray for governments and national leaders around the world that they may lead with diligence, compassion, integrity, and commitment to the welfare of the people they serve.

EVENING PRAYER SERVICE – 6:30PM TO 7:30PM

- Join in person or see the last page to connect online.

NOTES

EFFECTIVENESS

When [Barnabas] came and saw the grace of God, he was glad, and he exhorted them all to remain faithful to the Lord with steadfast purpose, for he was a good man, full of the Holy Spirit and of faith. And a great many people were added to the Lord. (Acts 11:23-24).

MORNING PRAYER MEETING ON ZOOM – 6AM TO 6.30AM

- See the last pages of this booklet to connect on Zoom.

PERSONAL - 6AM TO 9AM

1. Pray for a more intimate relationship with Christ. Ask God for spiritual insight, wisdom, and discernment to be effective in fulfilling God's purposes for your life.
2. Ask for God's grace to overcome obstacles, develop new skills, and reflect Christ's character, leading to fruitfulness in all areas of your life.
3. Pray that your words and actions will have a positive impact on those you interact with. Pray for opportunities to share God's love, wisdom, and encouragement with those around you.

FAMILY AND CHURCH - 11AM TO 2PM

1. Pray for your family members and friends that they may walk worthy of the Lord and may please Him in every way. Pray that they will bear fruit in every good work and increase in the knowledge of the Lord.
2. Pray for the spiritual growth and effectiveness of each member of our church family in their field of endeavours. Ask that we will use the strength, wisdom, and spiritual gifts God has given us to effectively work the works of God.
3. Ask for success for our church's outreach and discipleship activities. Pray that lives may be transformed, people will grow in their faith, and our community may be positively affected by the Word of Christ.

WORLD - 3PM TO 6PM

1. Pray for missionaries, evangelists, and believers around the world to be effective in spreading the message of salvation, leading many into a relationship with Christ.
2. Ask for greater faith and unity within the body of Christ worldwide. Pray that believers will collaborate effectively to fulfil God's plans and purposes.
3. Pray for unity and cooperation among nations. Ask God to guide leaders and citizens to work together effectively for the common good and well-being of all people.

NOTES

THE POWER OF GOD

Ah, Lord God! It is you who have made the heavens and the earth by your great power and by your outstretched arm! Nothing is too hard for you.

(Jeremiah 32:17)

MORNING PRAYER MEETING ON ZOOM – 6AM TO 6.30AM

- See the last pages of this booklet to connect on Zoom.

PERSONAL - 6AM TO 9AM

1. Thank God for the immeasurable greatness of His power that is available to you to overcome obstacles and accomplish His purposes.
2. Pray that you may experience the fullness of God's power working within you, empowering you to pursue His will, and to glorify His name in all that you do.
3. Ask for God's grace to walk in complete dependence on His power, confident that He will fulfil His promises and accomplish His plans in and through you.

FAMILY AND CHURCH - 11AM TO 2PM

1. Intercede for your friends and family members who may be facing challenges of diverse kinds that the power of God will bring healing, provision and restoration.
2. Pray for the manifestation of God's presence in our church services, that His Word may be proclaimed with power and bring comfort to the downhearted, healing to the sick, and deliverance to the oppressed.
3. Pray for our church's ministries, missions, and outreach efforts, that they may bear witness to the power of God and draw many to Christ.

WORLD - 3PM TO 6PM

1. Ask God to strengthen and empower missionaries worldwide. Pray that they will experience boldness and strength from the Holy Spirit to proclaim the gospel faithfully.
2. Pray for believers worldwide that God would strengthen their resolve for every good work, grant them victory in spiritual warfare, and success in gospel witness.
3. Pray for the manifestation of the power of God in every part of the world, ushering in revival, renewal, and a widespread turning of hearts toward Him.

EVENING WORSHIP SERVICE – 6:30PM TO 8:00PM

- Join in person or see the last page to connect online.

NOTES

WISDOM

For the Lord gives wisdom; from his mouth come knowledge and understanding. (Proverbs 2:6)

PERSONAL - 6AM TO 9AM

1. Pray for wisdom to discern and follow God's will in every aspect of your life. Ask for the ability to make choices that align with God's purposes and fulfil the works He has prepared for you.
2. Ask for God's wisdom in your relationships. Pray that you will navigate conflicts with grace, build relationships that reflect God's love, and enable you to fulfil His purposes in your life and those around you.
3. Pray that God will help you to walk wisely among those who do not yet believe in Christ. Seek God's help to conduct all your affairs with wisdom and integrity of heart.

FAMILY AND CHURCH - 11AM TO 2PM

1. Pray that God will guide your family members in choices regarding work, relationships, and other personal endeavours. Pray that they will know and follow God's will and plan for their lives.
2. Pray for love and unity in your family. Ask God to bind your hearts with genuine affection, mutual understanding, and a common commitment to support one another in every situation.
3. Pray for members of our church family that God will help us to apply our hearts to wisdom, to do all our work with excellence, and to glorify Him, even in the most mundane activities of our lives.

WORLD - 3PM TO 6PM

1. Pray that the Word of God will prevail in every corner of the world and destroy arguments and every lofty opinion raised against the knowledge of God and take every thought captive to obey Christ.
2. Pray for God's guidance, wisdom, and discernment for church leaders. Pray that they may lead with unwavering integrity, genuine compassion, and unyielding commitment to God's Word.
3. Pray that God will restrain the hand of evil in the world and bring conviction, godly wisdom, and transformation to the hearts of those who do harm.

EVENING PRAYER SERVICE – 6:30PM TO 7:30PM

- Join in person or see the last page to connect online.

NOTES

DAY 7 | 11TH FEBRUARY

SANCTIFICATION

Therefore, if anyone cleanses himself from what is dishonourable, he will be a vessel for honourable use, set apart as holy, useful to the master of the house, ready for every good work. (2 Timothy 2:21)

PERSONAL - 6AM TO 9AM

1. Ask God to purify your thoughts, desires, and actions, and make you a vessel fit for His use.
2. Pray that God will guard you from the desires of the flesh, the lust of the eyes, and the pride of life that often tend to draw you away from God's will.
3. Ask for God's help to faithfully obey His commands in every area of your life.

FAMILY AND CHURCH - 11AM TO 2PM

1. Ask God to sanctify your family members. Pray that you will be united in holiness and that your homes will be a reflection of Christ's love and righteousness.
2. Pray for members of our church family that God will purify our thoughts and actions, help us to resist the world's temptations, and to keep our focus on Him and His eternal purposes.
3. Pray that God will sanctify us completely, that our whole spirit, soul and body will be kept blameless at the coming of our Lord Jesus Christ.

WORLD - 3PM TO 6PM

1. Pray for the body of Christ worldwide that we will reflect Christ's holiness and be prepared for effective service in the world.
2. Pray for Christian leaders worldwide to be continually purified. Ask for God's grace for them to walk in holiness and lead God's people with integrity and godliness.
3. Pray against every plan of the devil against the church of God. Thank God that He is building His church and the gates of hell shall not overcome it.

REGISTER YOUR DECISION

Did you pray asking Christ Jesus to be your Lord and Saviour? Or did you recommit your life to Jesus? We would love to assist you know more about what it means to follow Him.

Please connect on any of these platforms.

Pentecost International, Pingstkyrkan Lund

- *YouTube: /pentecostinternational*
- *Facebook: /pentecostinternational*
- *Instagram: /pentecostinternational*
- *Email: info@pentecostinternational.se*

A. REQUEST PRAYER

You can request prayer by sending an email.

prayer@pentecostinternational.se

Alternatively you can use the form on the church's website. You can scan or click the QR code below.



B. JOIN THE MORNING PRAYER ON ZOOM

The prayer on Zoom is from 6:00am to 6:30am, Monday to Friday. You can join the meeting using the link sent to your weekly email. Send a message to *info@pentecostinternational.se* if you don't have the link.

C. JOIN THE OTHER MEETINGS ON YOUTUBE

The evening prayer meeting is from 6:30pm to 7:30pm, Monday to Thursday but we end at 8pm on Friday. Sunday service is at 2:00pm to 4:00pm.

Join in person or on YouTube. Go to the church website or scan/click the QR code below.



5 FEB - 11 FEB, 2024

PRAYER GUIDE

WEEK OF PRAYER & FASTING

THEME

WORKING THE WORKS OF GOD

1 MONDAY - FRIDAY

Morning Prayer on Zoom
6am - 6.30am

2 MONDAY - THURSDAY

Evening Prayer Meeting
6.30pm - 7.30pm

3 FRIDAY

Worship Night
6.30pm - 8pm

4 SATURDAY

Personal Prayer
No Meeting

5 SUNDAY

Communion Service
2pm - 4pm



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