

# HOLES IN ROLES

## INTRODUCTION

A key element of PBSP work is an appropriately 'fitting' healing antidote for the client, in which s/he receives the right experiences (that fulfil Basic Needs and facilitate the balancing of polarities) at the right age from the right figures.

On occasion the client is unable to 'take in' the desired antidote. The intervention entitled 'Holes in Roles' evolved to facilitate the client's receptivity for the healing antidote.

## MAKING MOVIES

There are two indicators that a 'Holes in Roles' intervention might be necessary:

### **1. Inordinate compassion: for a real figure in the past, for historical figures or groups of figures.**

In this case we say "Let's make a movie where X gets what s/he needs or they need from Ideal Figures," an "Ideal Country" or an "Ideal School".

Have the client choose items to represent the loved one/s at the designated stage and correct items to represent the antidote.

Check that items are suitable i.e. Ideal Parents are of equal size and appropriately larger than the item chosen for the loved one as a baby. An Ideal Partner will be of equal size. *Often clients unconsciously repeat the original history.* Precision in the choice and arrangement of representative items is crucial.

Get the client to hand the objects to you. They have been 'the provider of the healing' unconsciously and it's important that they don't start organising the healing movie themselves.

Follow the instruction of the client regarding what aspect of life needs to be healed:  
For Example: An Ideal Husband or Wife who would have been an Ideal Partner  
Ideal Parents who would have given the loved one what was needed as a baby  
An Ideal Government that would have protected its people

Take care with the enacting: use your playful creativity to invest the scene with vitality and meaning. Do not bounce the symbolic item off the floor or handle objects in a way that jars with what they represent.

Watch the face of the client: don't become so engrossed in the movie that you fail to register its effect on your client. Equally, don't lean eagerly towards your client so that they feel the need to please you. Watch for relaxation and relief as you enact the movie that the client's soul longs for.

Allow the client time to study the symbolic configuration. Representations are being laid down in the brain. Memories are being augmented. The inner world is changing. When in doubt, wait longer. If there is a very long pause ask, "What happens inside as you observe this ideal situation for X [your loved one/s]?"

When the antidote seems to be in place, ask: "What does that do for him/her/them?" Or "What happens to him if he gets that?"

Use the following words to further enact the healing dialogue:  
Ideal Figure comes out of the movie towards the client and says, "It is my job to do XXXXX for him/her/them, not yours." Then stage-manage the Ideal Figure returning to their caring job in the movie.

Take care with the enacting.

Watch the face of the client.

Allow the client time to study the symbolic configuration

Watch for the 'sit back' which indicates the clients is 'off the hook ' and is now likely to be ready to receive what they need from their Ideal Parents and so move into the antidote stage of their structure.

Watch for the nod of the head: "The Witness would say, 'I see how RIGHT THAT FEELS, to imagine this possibility for X.'"

This consolidates and concludes the Holes in Roles intervention.

## **2. Inability to take in the antidote: a lack of organic response and relaxation in the client's body in relation to the Ideal Figures proposed. Or a tendency to refuse Ideal Figures**

Refusal does not always indicate Holes in Roles. Clients may decline an offer of an antidote that doesn't fit, is poorly timed or an Ideal Figure that is an 'elephant pill.'

Beginners often jump to a Hole in Roles intervention too soon. Give clients a moment to feel the antidote figures you have suggested. A little pause may indicate they need a moment to settle in. The Holes in Roles intervention is not an inevitable aspect of a structure. It is only used when the client's receptivity is disturbed when their sense of justice and compassion for others is unsatisfied.

In this case you can ask "Who did you take care of/ feel sorry for?" If no family figure comes to their mind, ask about stories they heard about more distant members of the family or historical events.

Invite the client to choose representative items and follow their instructions as to what was needed. Watch for a tendency to repeat the past.

When the antidote is in place ask: "What does that do for him/her/them? Or "What happens to him if he gets that?"

Use these words to further enact the healing dialogue:

Ideal Figure comes out of the movie towards the client and says "It is my job to do XXXXX for him/her/them, not yours." Then stage-manage the Ideal Figure returning to their caring job in the movie.

Continually witness the client's responses to the 'movie' and watch for the nodding of the head (The Witness would say, "I see HOW RIGHT THAT FEELS, to imagine this possibility for X.")

### **SUBSIDIARY MOVIES**

Sometimes when you ask "What does that do for him/her/them?" there is no organic response! Or the client says "He doesn't believe it." In this circumstance AI suggests that X / 'the loved one' cannot take in the antidote provided because they need to see a healing scene for *their* loved one/s [X has been filling Holes in Roles just like the client has].

What is needed is a 'subsidiary movie'! Here the X/ the loved one watches — as on a movie screen—a healing scene for *their* needy loved one.

Ask now about this 'subsidiary' loved one, "What does that do for him/her?" Then the antidote figures address the representative for the client's loved one and say, "It is our job to give him/her s/he needs, not yours."

### **FINISHING THE HOLES IN ROLES STRUCTURE**

After all the movies have been closed off with the 'unhooking' of the client or — in the case of the subsidiary movie — the client's loved one, return to the client and say, "And what about you. What do you need?"

The structure can now conclude with you taking them back to their own Ideal Parents and the completion of their healing antidote experience.