

Trans Tyrol: Garmisch – Innsbruck

YOUR GUIDE FOR 8 DAYS



EUROHIKE
WALKING HOLIDAYS



TOUR OPERATOR

EUROHIKE
WALKING HOLIDAYS



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(daily between 8am and 8pm)

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ARRIVAL

Hotel Vier Jahreszeiten

Bahnhofstraße 23
82467 Garmisch-Partenkirchen
Phone: +49 (0)8821 9160
www.vierjahreszeiten.cc



Hotel Drei Mohren

Ludwigstraße 65
82467 Garmisch-Partenkirchen
Phone: +49 (0)8821 9130
www.dreimohren.de



Hotel Bavaria

Partnachstraße 51
82467 Garmisch-Partenkirchen
Tel.: +49 (0)8821 34 66
www.hotel-bavaria-garmisch.com



Hotel Garmischer Hof

Charmonixstraße 10
82467 Garmisch-Partenkirchen
Tel.: +49 (0)8821 91 10
www.garmischer-hof.de



Werdenfelsner Hof

Ludwigstraße 58
82467 Garmisch-Partenkirchen
Tel.: +49 (0)8821 36 21
www.werdenfelsner-hof.de



Hotel Meruce

Mittenwaldstraße 2
82467 Garmisch-Partenkirchen
Tel.: +49 (0)8821 9130
www.dreimohren.de



Hotel Alpenguß

Gehfeldstraße 10
82467 Garmisch-Partenkirchen
Tel.: +49 (0)8821 2616
www.hotel-alpengruss-de



Hotel Staudacherhof

Höllentalstraße 48
82467 Garmisch-Partenkirchen
Tel.: +49 (0)8821 9290
www.staudacherhof.de



Reindl's Partenkirchner Hof

Bahnhofstraße 23
82467 Garmisch-Partenkirchen
Tel.: +49 (0)8821 943870
www.reindls.de



Arrival by plane

From Munich Airport by train (S-Bahn) in about 45 minutes to Munich railway station (Hauptbahnhof). Further on to Garmisch see "Arrival by train".

Arrival by train

From Munich/Innsbruck railway station in about 1,5 hours to Garmisch-Partenkirchen (direct connections).

The **Hotel Vier Jahreszeiten** and the **Reindl's Partenkirchner Hof** is located directly opposite the train station. The **Hotel Garmischer Hof**, **Hotel Bavaria** and **Hotel Alpengruß**, are only a few minutes walk from the train station. **Hotel Drei Mohren** and **Werdenfelsner Hof** are about 1 km from the station, take the Garmisch city bus (line 1 or 2) to the Ludwigstraße stop.

The **Hotel Mercue** is approx. 1.5 km from the train station. Take the Garmisch city bus (line 1 or 2) to the Ludwigstraße stop and follow Ludwigstraße 450m to the hotel. The **Hotel Staudacherhof** is approx. 15 minutes walk from the station.

For planing your arrival by public transport we recommend www.bahn.de.

Arrival by car

You reach Garmisch-Partenkirchen via the motorway No. 95 from Munich in approx. 60 minutes. The road E533 connects Garmisch with Innsbruck.

For the access road to your hotel please follow the hotel guidance system in Garmisch, that way you will reach your destination very quickly.

For planning your arrival we recommend www.viamichelin.de.

Parking

There is a limited number of hotel parking spaces available free of charge, no reservation possible. There are plenty of public parking options e.g. at the hockey arena or Wittelsbacher park P1 (off-site for events).

WELCOME BRIEFING

The personal tour information will be given on the day of arrival between 17:00 and 19:00 at your arrival hotel. The exact time and any changes can be found in the tour folder at your hotel.

If you arrive after 17:00, please inform us at the time of booking or at the latest before departure.

ACCOMMODATION & BOARD

For this hiking tour, we selected 3***-hotels and country hotels. The three nights on the huts (Schachenhaus and Halleranger Alm) are more simple, but very cosy (accommodation in shared rooms).

Catering includes daily breakfast on this walking tour.

Your food for the hike is not included in your package. This however, you can easily buy in local stores.

TOURIST TAX

Any arising visitor's taxes or tourist fees are not included in the tour price and hence payable by the guest in cash directly to the hotel on site.

LUGGAGE TRANSFER

During the welcome meeting you receive Eurohike-luggage tags. Please fill in your name as well as the total number of items of luggage to be transported under this name and please make sure you attach tags to each piece of luggage. Please

deposit your luggage at hotel reception by 9am at the latest when changing accommodation. Your luggage will be available at reception of the next accommodation by 6pm at the latest. Any exceptions to the timing will be announced during the welcome meeting.

Important information: Please note that on day 3 your luggage will not be transferred up to the Schachenhaus, but onwards to Scharnitz. Therefore please pack your hiking rucksack for just one night.

Note: Any loss or damage of luggage can only be covered by us if it was caused by our staff and if it is reported immediately. Liability is limited to the amount of EUR 200 per person. No claims will be accepted for the following: any items not usually carried in luggage, any means of payment, visible damage of handles and rolls, any damage of luggage exceeding a weight of 20 kg etc.

TRAVEL DOCUMENTS

Your on-site travel documents package contains as follows:

- ✗ Your hotel list
- ✗ Route book "Your Guide" in printed form
- ✗ Map material
- ✗ Any service vouchers or original tickets
- ✗ Luggage tags
- ✗ Maps & brochures

Hotel List

Initially only one name appears on your hotel list! This is your booking name. Guests who have booked together are listed under this booking name – this should ensure accommodation for all in the same place. The hotel list contains number and type of room (single, double, triple), as well as the board you have chosen (B&B, half board). Please hand in your hotel list as hotel-voucher, when checking in.

Service-Voucher

Depending on the arrangement for different services you either receive original tickets (i.e. train journeys) or vouchers (i.e. cable car, etc.). Please present them/it accordingly for each service required.



Luggage Tags

Please fill in the white spaces on each luggage tag and attach the tag to each piece of luggage. Enter the booking name in the long white space, enter the total number of luggage to be transported under the booking name in the small white space. In the sample below the guests „Mustermann“ (2 persons) have a total number of 3 pieces of luggage.



THE LAST DAY

This walking tour ends with an overnight in Innsbruck. Therefore you have all possibilities on the day of departure for a return journey home or additional nights. For your return journey from Innsbruck to Garmisch we recommend going by direct

train with a duration of ca. 1,5 hours. Details can be found on www.oebb.at.

EQUIPMENT

For a pleasant hiking holiday appropriate hiking equipment is essential. This means choosing hiking equipment which is light and takes up very little space when packed up. Excessive weight not only influences energy reserves but also restricts general mobility and movement during the hike. Clothing needs to be comfortable and appropriate for the region. Always bring a jacket/jumper since weather conditions can change quickly.

Tip: Layering of clothing is best for both warm and cold conditions.

Recommended Equipment List:

Documents

- ✗ valid passport or ID card
- ✗ money, cheques and/or credit card
- ✗ international travel health insurance certificate

Clothing

- ✗ climbing boot with good grip sole
- ✗ functional sports underwear
- ✗ T-shirts
- ✗ scarf (if required)
- ✗ hat or cap – Sun protection is important!
- ✗ jacket (wind breaker)
- ✗ shorts
- ✗ hiking socks
- ✗ rain cover
- ✗ warm clothing
- ✗ towel
- ✗ toiletry

Hiking equipment

- ✗ rucksack (approx. 20l)
- ✗ torch light (for the hut)
- ✗ towel (for the hut)
- ✗ small backpack pharmacy
- ✗ first aid pack
- ✗ walking/trekking poles
- ✗ mobile phone and charger
- ✗ sunglasses/sun protection
- ✗ pocket knife
- ✗ water (drinking bottle, recommendation 1-2 l per person)
- ✗ food (eg bread, salami, cheese, chocolate, dried fruit, nuts)
- ✗ container for waste

Notes:

- To make sure that you can continue to hike through such unspoiled nature, we recommend not leaving any kind of waste along the hiking trails. Thank you very much!
- Please note that for your overnight stays in the huts you require a ‚sleeping bag for huts‘. It is a customary item very common in Alpine areas and by now (at least for huts of the Alpine Association) a requirement. This type of sleeping bag is very light, made from thin cotton or silk cloth in the shape of a sleeping bag, in which you slip into tired and worn out before covering yourself with the blanket (provided by the hut). These sleeping bags also have a piece covering the cushion (provided by the hut). That way each guest has clean bed covers, since everyone brings ‚their very own bedclothes‘ so to speak. You do not need a large, heavy and warm sleeping bag! A standard sleeping bag for huts when packed is approx. as big as a plastic bottle and very light in weight. You can purchase this item of equipment, characteristic for mountaineers in sport shops, from the Alpine Association or online (cost approx. EUR 15 to EUR 20).
- At the hut overnight stays (Schachenhaus and Halleranger Alm) it is only possible to pay in cash!

OUR EQUIPMENT PARTNER

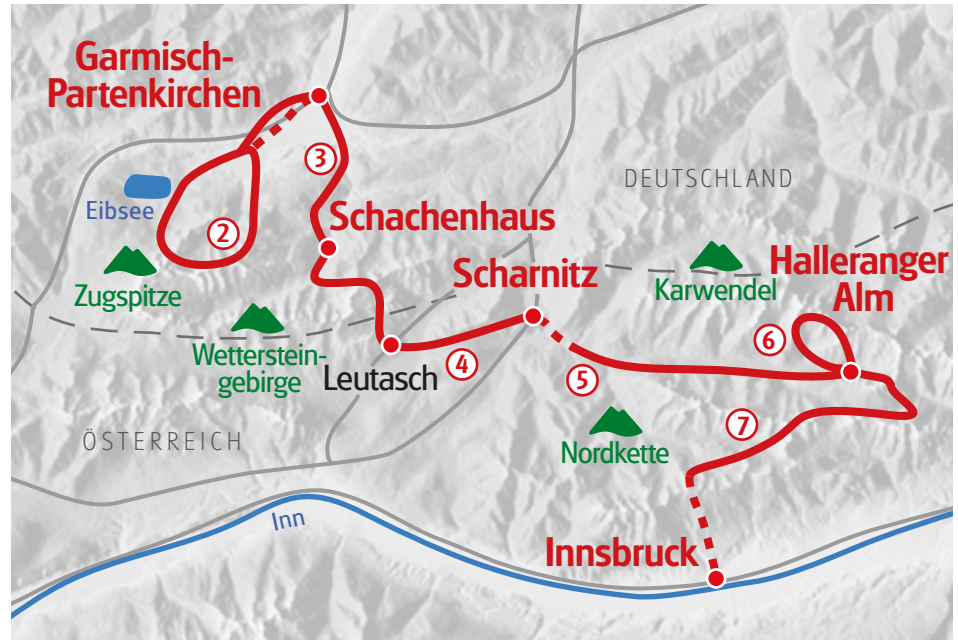


HERE WE GO!



We are delighted you have chosen a Eurohike holiday and hope all your questions will be answered with our detailed programme. In case any queries should arise after looking through our documentation, please don't hesitate to contact us or your booking agent. We wish you an exciting walking holiday!

Your Eurohike-Team





ITINERARY

Day 1: Arrival to Garmisch-Partenkirchen

Day 2: Round trip high altitude path Höllental- klamm (Hell valley gorge)

🕒 ca. 5 h ↔ 12 km ≈ 1.090 m ≈ 180 m

Walk deep into Höllentalklamm to alpine pasture Höllentalangeralm at the foot of Zugspitze. Take the high altitude path above the gorge to Hupfleitenjoch and cross alpine pastures to Kreuzeck. Overnight in Garmisch, take the cable car down.

Day 3: Garmisch – Schachenhaus, 'Wetterstein massif'

🕒 ca. 4,5 h ↔ 12 km ≈ 1.170 m ≈ 30 m

In the beginning of the day you once more walk through a gorge on the foot of Wetterstein. A hiking trail leads steeply uphill on Königsweg to castle Schachen, once built by King Louis II. Rather unpresumptuous on the outside the inside is very glamorous. Overnight in comfortable Schachenhaus.

Day 4: Schachenhaus – Scharnitz/Surroundings, 'sun rise'

🕒 ca. 7,5 h ↔ 20 km ≈ 900 m ≈ 1.800 m

The climb up to the pass and walk to the border cabin has everything that makes mountain hiking so attractive. Afterwards down into Leutasch valley and on to Scharnitz. In the beginning you cross rocky landscape, then through a little valley and in the end of the day another pass waits for you. Possibility to shortcut by coach.

Day 5: From Scharnitz/Surroundings to Halleran- ger Alp,

'Isar spring'

🕒 ca. 2,5 to 5 h ↔ 5 km ≈ 550 m ≈ 0 m

Transfer deep into Karwendel valley. Comfortable start with walk up to Halleranger alpine pasture which takes about 2 hrs. Take it easy or hike up to Überschalljoch. The next two nights are spent on Halleranger Alm.

Day 6: Rest day or summit tour Karwendel massif

🕒 ca. 2 to 3 h ↔ 5 km ≈ 500 m ≈ 500 m

Today it is up to you: do you enjoy a relaxing rest day at the alpine cabin or do you undertake a couple of interesting summit tours in beautiful Karwendel massif. According to your mood you can choose between one of our hiking suggestions or relax.

Day 7: Halleranger Alp – Innsbruck, 'Karwendel crossing'

🕒 ca. 6 h ↔ 13 km ≈ 1.000 m ≈ 500 m

A marvellous high altitude path crosses several ridges (passes) to well known Northern Chain. A couple of sections require surefootedness and stamina. Afterwards you head on to the summit station of Hafelekar and glide majestically downhill to Innsbruck.

Day 8: Departure or extension



GENERAL INFORMATION

Accommodation

During your tour you will only in parts stay overnight in or near villages with modest infrastructure, i.e. small shops and ATM machines. Up in the mountains in the chalets and lodges you cannot buy any provisions. In case you are desperate, ask the hut keeper for advice. Please find your bookings in the hotel list attached. In order to find your hotel and the start of each walk effortlessly, please read the end section (and at times the beginning) of your route description for each stage of the tour carefully.

Note: At the huts you can only pay in cash!

Guest Card

In your first hotel you receive a gratis guest card for Garmisch. With it you can drive free by bus. To reach your walking start on Day 2 and 3 you will need the card for the bus, for the end of the walking tour of Day 3 as well. Enquire at your first and following hotels about this card and they should provide it for you!

Lunch Break

Please note suggestions in the route notes! However always carry enough food and drinks with you at all times. Some of the days you only arrive very late at huts and inns. Private huts and alps are not restaurants, the service can vary and some might be closed. However they are most likely to be open for hikers during the main season, see signposting!

Signposting and Markings

Along most path you will find yellow signposts and red-white markings. Walking times stated are only a rough guideline. The signposting and markings are however not consistent everywhere and not always very obvious. Read notes in the text carefully and do not continue you walk for very long, once you realise you have lost your way! In that case always return to the last marking!

Note: Route descriptions in this routebook are checked and revised regularly. Please note that descriptions can slightly differ. Thank you for your understanding.

GPS-Tracks



Our free EUROHIKE APP offers you simple orientation through your smartphone. The app is free to download on Android devices and on iPhones. More details available at: www.eurohike.at/en/app

We will happily provide you with the GPX files. Please request the files before the start of your holiday.



GENERAL INFORMATION

Bad Weather

Advice on fog and bad weather you find in the daily introduction sections of your route description. In case of a thunderstorm or thick fog, some tours are not possible! Snow fields in spring are a general danger for hikers. Along steep slopes in the shade snow remains there often until the summer. Please be very cautious! Danger of slipping and in parts risk of falling! If in doubt always turn around! On this please take a look at the pictures on the next page.

Please inform yourself daily regarding weather conditions on TV, in the hotel, in newspapers or speak to the lodge keeper and take any warnings very seriously! Each daily stage also provides you with a bad weather alternative which is marked in pink on the map. We suggest you choose them in fog or in case of a thunderstorm! In case it is all impossible then just take the bus/train (or possibly with the luggage transfer) to the next day finish, any public transport cost you are payable by yourself.

Character and Requirements

The Tirolerweg-path from Garmisch to Innsbruck is rated by Eurohike as a trekking tour. It is a challenging tour on alpine hiking paths and narrow, sometimes stoney and in parts unsecured trails on heights of partly 2.000 m in altitude. Surefootedness and a head for heights is a prerequisite! We always offer an alternative (i. e. in case of bad weather, lack of time,...) and we recommend you go for the alternative route, in case you struggled with the

tour on Day 2 – it is getting even more challenging! Please look at the pictures on the next page to give you an idea.

This is a brilliant trekking tour, however we suggest caution and advise you to consider weather conditions, situation and your daily physical form locally and then decide which route you choose.

WHAT TO DO IN CASE OF EMERGENCY

- ✗ Dial the European Emergency Number 112 if required
- ✗ Communicate your position as precisely as possible (helpful for this are also maps and route description)
- ✗ After medical treatment please contact us in order to assist you with organisational issues (change hotel booking, transfers, etc.)

Please note that mobile phone reception in the mountains is in parts limited and that calls are not possible everywhere!

GENERAL INFORMATION



High-altitude path to the Hupfleitenjoch-ridge.



Narrow high-altitude paths, in parts secured with ropes.



From Lafatscher to the Stempeljoch-ridge.



Typical gravel field in the Karwendel and Wetterstein mountain ranges



Descent from the Meiler chalet.



Stempeljoch-ridge

GENERAL INFORMATION



Wilde Bande-high altitude trail



The two pictures above were taken on the same day. The difference in altitude is a mere 300 metres!



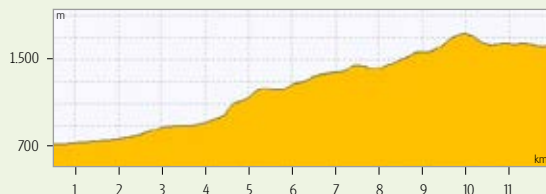
Fog suddenly appears and makes orientation and finding the path particularly difficult. Please always watch out for the markings!



DAY 2: Trek through the Höllental-ravine and via the Hupfleiten-ridge to the cable car station Kreuzeck

- Walking Time: approx. 5 hours

Altitude Profile: +1.090 m and -180 m in altitude



Programme

Take bus number 2 to bus stop ‚Hammersbacher Fußweg‘ which is the start of today’s tour. Please ask at your hotel for the nearest bus stop. Current timetables in the travel documents on site. From Hammersbach you walk through the ravine and via the Hupfleitenjoch-ridge to the Kreuzeck. From here you take a cable car ride back down into the valley.

Caution: final cable car descent at 5:30 pm between July and September. In June at 4:30 pm. Please find vouchers in your documents on spot. You then return to your hotel by bus number 2 again from the lower terminus of the Kreuzeck cable car.

The Route

Initially you walk on flat terrain across fields and along the river and then you ascend steeply to the entrance of the ravine. Through the ravine you

walk on partly very slippery steps and adventurous tunnel-paths. Afterwards you hike up to the hut Höllentalangererhütte, where a fantastic high-altitude path starts which was in parts carved into the rock-faces and leads you up to the ridge Hupfleitenjoch. Then downhill for a bit to the Kreuzeck-cable car for an effortless descent into the valley.

Places for Lunch

- Lodge at the entrance to the ravine
- Höllentalangerer-hut
- Lodge at Kreuzeck near the cable car station

Options/Bad Weather

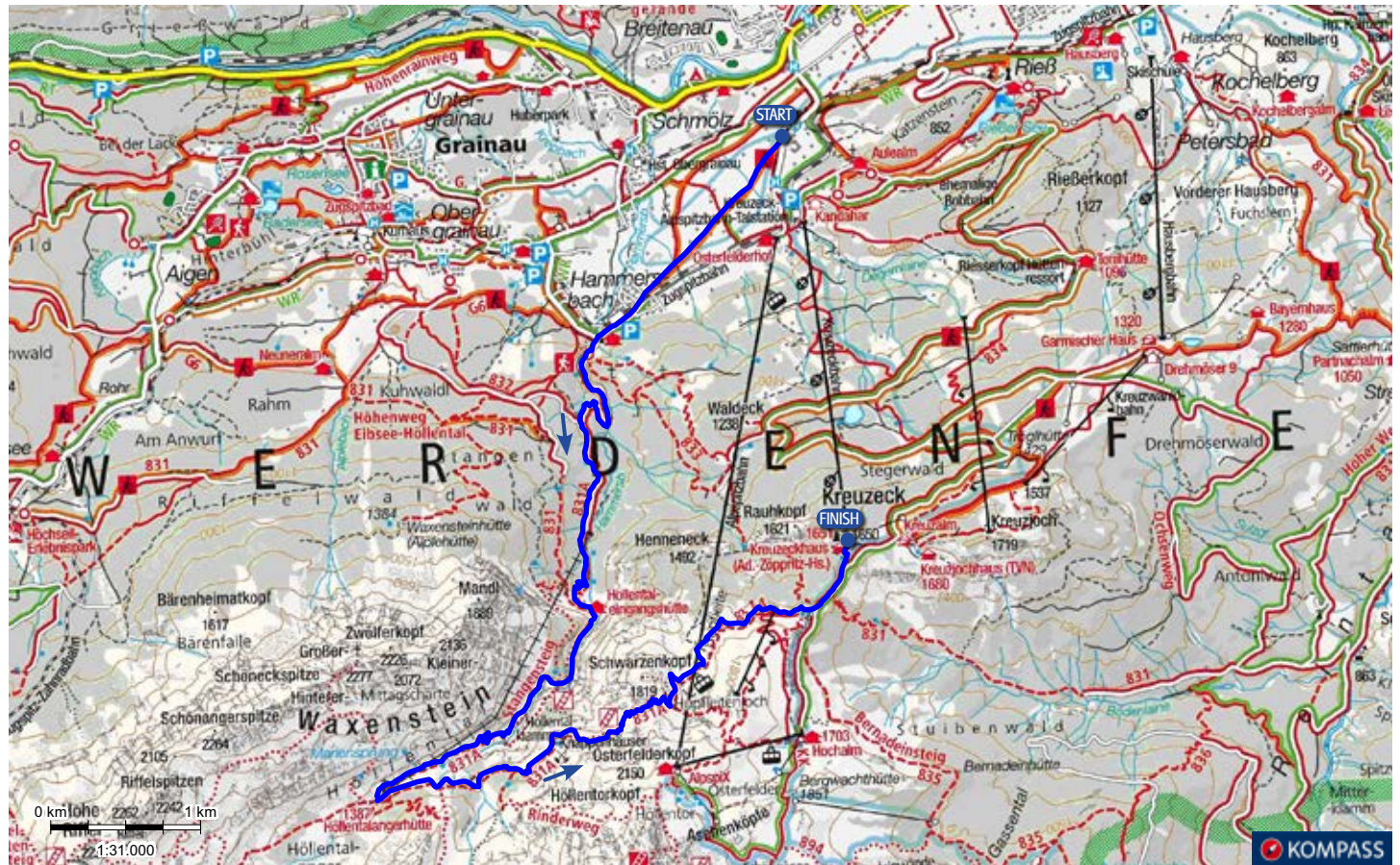
The path until the hut Höllentalangererhütte is definitely no problem in bad weather conditions and the ravine is worth seeing. However the route after the Höllentalangererhütte is not recommendable in bad weather!

Simply return on the same route through the ravine!

Points of Interest

- Höllental-ravine (approx. EUR 5 per person)
- Alpine Club chalet Höllentalangerer-Hütte
- Zugspitze summit in the distance
- miners’ houses en route to the Hupfleiten-ridge

DAY 2: Trek through the Höllental-ravine and via the Hupfleiten-ridge to the cable car station Kreuzeck



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Picture 1: KM 0,00

The walking path starts directly at the bus stop 'Hammersbacher Fußweg' and continues through the meadows. Follow it always straight ahead until Hammersbach.



Picture 2: KM 1,40

Walk across the railway tracks in Hammersbach and follow the road straight ahead into the centre.



Picture 3: KM 1,40

Follow the signpost.



Picture 4: KM 1,80

Turn left at the chapel before the bridge and follow the signposting to the Höllental-ravine.



Picture 5: KM 1,95

Keep walking straight ahead to the ravine, soon you walk uphill!



Picture 6: KM 3,00

After the first ascent please continue straight ahead here.

DAY 2: Trek through the Höllental-ravine and via the Hupfleiten-ridge to the cable car station Kreuzeck



Picture 7: KM 4,50

Continue left along the rockface to the entrance to the ravine.



Picture 8: KM 4,60

The entrance is past the ticket office. **Caution!** We suggest you put on your raincoat since there are drips coming from above!



Picture 9: KM 4,75

Follow the path through this unique ravine.



Picture 10: KM 5,20

After the ravine turn left and cross the bridge and after that turn right and walk up to the Höllentalanger-hut.



Picture 11: KM 5,80

Continue further uphill until you reach the hut Höllentalangerhütte. Ignore all turn-offs!



Picture 12: KM 700 Höllentalanger-hut. This picture

only shows you the old former hut. Enjoy a quaint rest! In case of bad weather we recommend you return on the same route through the ravine back into the valley!

DAY 2: Trek through the Höllental-ravine and via the Hupfleiten-ridge to the cable car station Kreuzeck



Picture 13: KM 705

The path to the Kreuzeck cable car starts directly at the hut, please watch out for respective hiking signs. Do not walk further uphill towards the Zugspitze summit!



Picture 14: KM 740

From here always walk along this narrow path uphill! Careful when wet! In the background you can already spot the white minerworkers houses.



Picture 15: KM 8,20

Turn left and continue towards the Kreuzeck.



Picture 16: KM 8,65

Walk between the miners' houses straight ahead, the path continues to the right behind the last building.



Picture 17: KM 905

Always follow the narrow hiking path, soon you descend steeply in zig-zags to the Hupfleitenjoch-ridge.



Picture 18: KM 9,80

Turn right at the Hupfleitenjoch ridge and descend to the Kreuzeck.

DAY 2: Trek through the Höllental-ravine and via the Hupfleiten-ridge to the cable car station Kreuzeck



Picture 19: KM 9,80

From here you walk a long a lovely path slightly downhill.



Picture 20: KM 9,85

Follow the left-bend and at the signpost continue straight ahead towards the Kreuzeck!



Picture 21: KM 10,35

Continue straight ahead.



Picture 22: KM 11,20

Turn left and continue along the wider path.



Picture 23: KM 11,30

Continue uphill and follow the gravel path.



Picture 24: KM 11,35

Keep left and continue along the forest road.

DAY 2: Trek through the Höllental-ravine and via the Hupfleiten-ridge to the cable car station Kreuzeck



Picture 25: KM 11,45
Continue straight ahead.



Picture 26: KM 11,65
Always straight ahead, a final ascent and you reach the lodge and cable car station.



Picture 27: KM 11,90
Turn right before the lodge towards the cable station or enjoy a well-earned break before!



Picture 28: KM 12,00
The cable car station. Please note the time for the last descent!



Picture 29:
Take bus number 2 from the Kreuzeck-cable car terminus back to your hotel. The bus departs directly from the lower terminus. Current timetables in the travel documents on site.

Restaurant recommendations in Garmisch-Partenkirchen

- **To Wildschütz:** traditional restaurant with traditional, rustic wooden furniture, classic Bavarian food and steaks (daily open)
- **Schloderer Bierstüberl:** cozy Bavarian restaurant with many specialties (Monday closed)
- **Wolpertinger:** nice ambience with very good local cuisine, cozy Bavarian! (Tuesday/Wednesday closed)



DAY 3: From Garmisch through the Partnach-ravine and along the Kälbersteig-trail up to the Schachenhaus

- Walking Time: approx. 4,5 hours

Altitude Profile: +1.170 m and -30 m in altitude



Programme

Please note that today your luggage will not be transferred up to the Schachenhaus, but onwards to Scharnitz. Therefore please pack your hiking rucksack to cater for an overnight stay at the lodge.

Today's tour starts at the 'Skistadium'. Please take either bus number 1 or 2 there and enquire at your hotel about the nearest bus stop. Current timetable in documents on-site.

Option to walk: from the train station (Hotel Vier Jahreszeiten) walk along the river to the Skistadion (approx. 30 minutes, see route description 'Walk from Train station'). From the Skistadion you walk uphill through the Partnachklamm-ravine. After that you walk up the steep Kälbersteig-trail to the Schachen, where the royal palace and the Schachen lodge await.

The Route

This ravine is less steep than yesterday's one, however just as impressive! The route via the Kälbersteig-trail is along an overall very steep trekking trail all the way up to the Schachenweg-path. The final half an hour you walk on a slightly ascending forest road over to the Schachen.

Places for Lunch

During the tour there is nothing only up at the Schachen there is a lodge. Wetterstein-alp only if you do the option via the forest road.

Option/Bad Weather

To avoid the Kälbersteig-trail you can also walk on the forest road up to the Schachen. Although it is less steep it is longer and a break at the Wetterstein alp is possible. This option is also recommended in

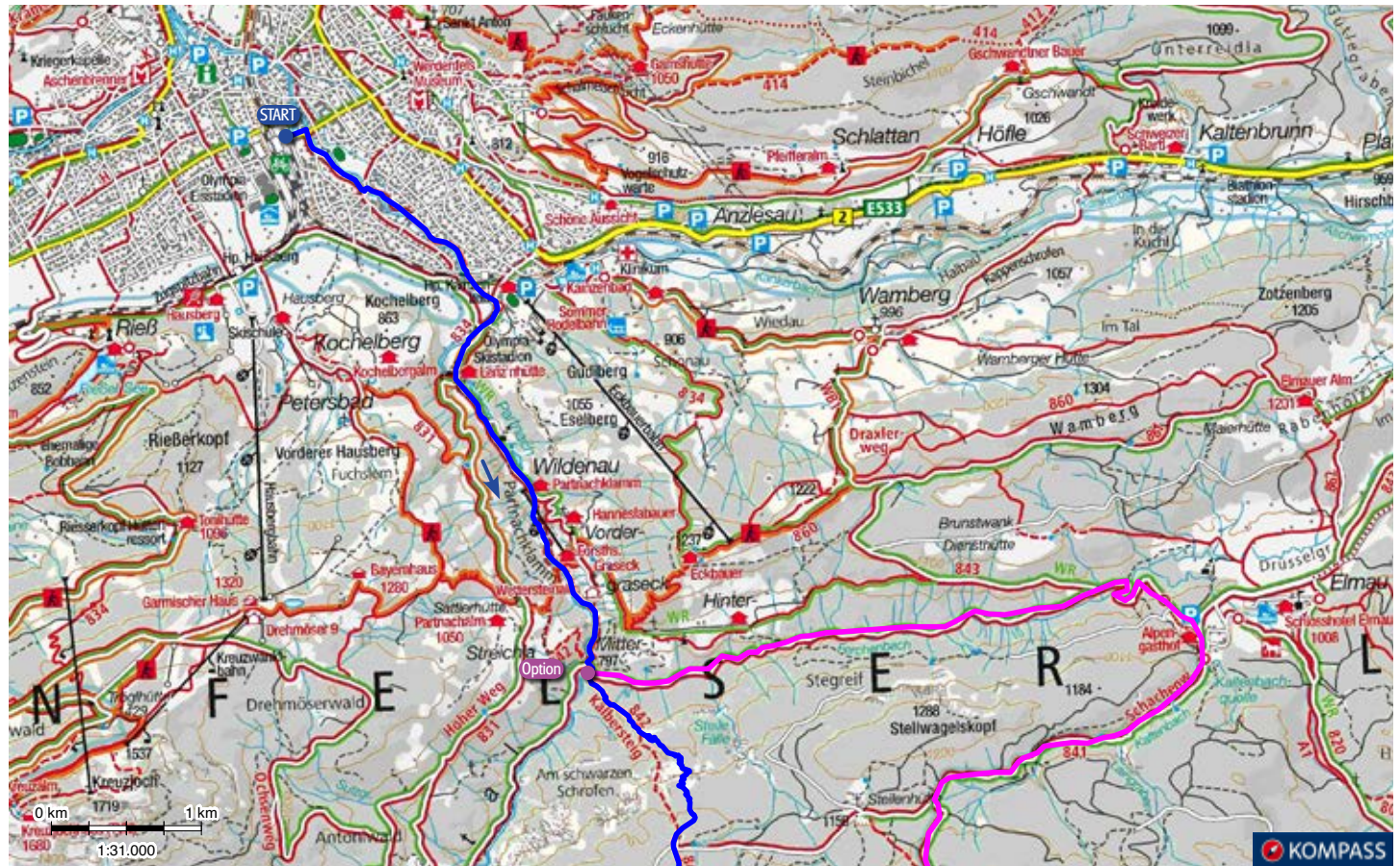
fog or really wet weather, since the Kälbersteig-trail gets in parts very slippery and muddy. See pink markings on the map.

Tip: If the weather forecast for the next day (Day 4) is bad (and you consequently choose the option to Mitterwald), then we suggest you walk today up to the impressive Meilerhütte-lodge. Walking time approx. 2,5 hours there and back, for details see Day 4.

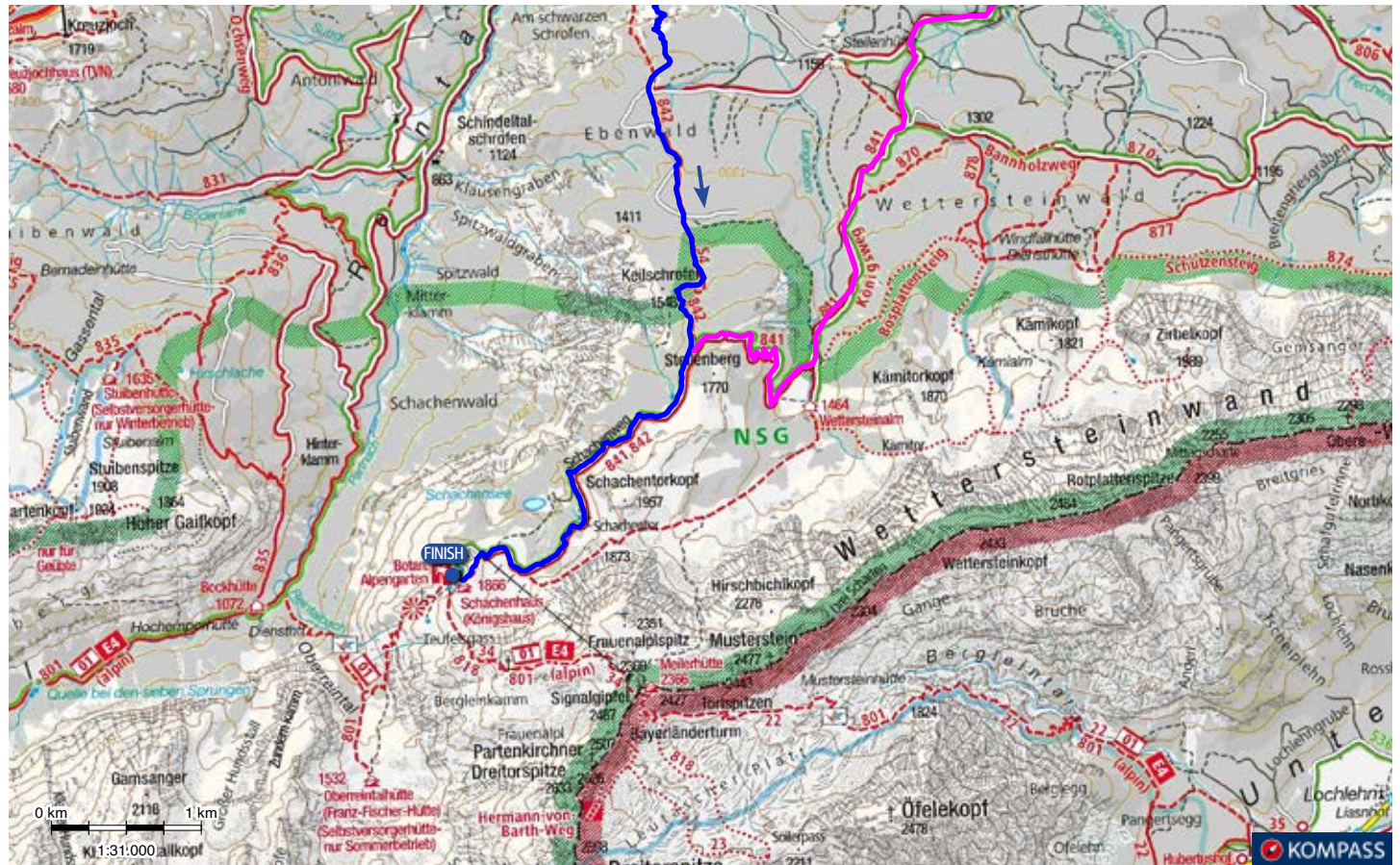
Points of Interest

- Partnach gorge (entrance reduced by guest-card approx. EUR 5 per person)
- Royal palace up at the Schachen: King Louis' Alpine refuge, last palace visit at 3 pm, approx. EUR 4 per person (reduced with guest card).
- Alpine Garden: home of numerous Alpine plants and maintained by the Botanical Gardens of Munich, open until 5 pm.

DAY 3: From Garmisch through the Partnach-ravine and along the Kälbersteig-trail up to the Schachenhaus



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Walk from the train station (Hotel Vier Jahreszeiten) to the ski stadium

KM 0,00 from the train station across the road, past the bus stops and straight ahead towards Hotel Vier Jahreszeiten.

KM 0,10 Walk past Hotel Vier Jahreszeiten (from the hotel exit to the right).

KM 0,15 Turn right directly before the bridge into Partnachauenstraße and follow the signposting ‚Partnachuferweg‘. From here you always walk along the river.

KM 0,75 Turn left after the chapel across the bridge and then immediately after turn right. Watch out for signposting.

KM 1,00 Straight ahead along the narrow footpath.

KM 1,65 Continue straight ahead on the footpath and under the underpass (not to the right across the bridge).

KM 1,80 Continue straight ahead across the meadow to the ski stadium.

KM 1,90 Turn right at the road at the ski stadium towards the Partnach-ravine. Now continue with Picture 1.

DAY 3: From Garmisch through the Partnach-ravine and along the Kälbersteig-trail up to the Schachenhaus



Picture 1: KM 0,00

Walk past the ski stadium (on your left) and follow the road towards the Partnachklamm-ravine.



Picture 2: KM 2,20

Continue straight ahead along the road.



Picture 3: KM 2,60

Turn left at the wayside cross and info board. Now always continue straight ahead until you reach the ravine.



Picture 4: KM 3,50

Turn right here after the restaurants for the entrance to the ravine.



Picture 5: KM 3,55

The adventurous ravine starts at the ticket office. With your guest-card you will get a reduction on the entrance fee.



Picture 6: KM 4,60

Turn right here after the ravine and continue downhill towards the river and then continue keeping left.

DAY 3: From Garmisch through the Partnach-ravine and along the Kälbersteig-trail up to the Schachenhaus



Picture 7: KM 4,80

Please turn right across the bridge.



Picture 8: KM 4,85

Walk across the riverbed and turn left towards the next signpost.



Picture 9: KM 4,90

The Kälbersteig-trail starts at this signpost. Turn right into the forest. Alternatively turn left and continue along the forest road to the Schachen (then continue at Picture 17).



Picture 10: KM 4,90

Now you ascend steeply on the Kälbersteig-trail. From here now always follow the trail and the markings.



Picture 11: KM 6,80

After the initial steep ascent, a short flat interval follows. Cross the forest road and continue straight ahead.



Picture 12: KM 6,80

Always follow the signposting and ascend along the main path, ignore all turn-offs.

DAY 3: From Garmisch through the Partnach-ravine and along the Kälbersteig-trail up to the Schachenhaus



Picture 13: KM 7,10

Turn left and continue for a little bit on the forest road.



Picture 14: KM 7,40

Caution: Do not miss this! Immediately after a right-bend the trail leads to the left into the forest again. Note the little sign S4 on the tree.



Picture 15: KM 7,70

Cross the forest road. Another steep ascent through the forest follows, then soon you walk across the slope and then one more steep ascent to the Schachenweg-path.



Picture 16: KM 8,85

You have now reached the Schachenweg-path.

» **Option:** along the forest road arrives from the right) and turn right.



Picture 17: 9,80

Follow the Schachenweg-path to the lodge.



Picture 18: KM 10,30

Please stay on the main path.

DAY 3: From Garmisch through the Partnach-ravine and along the Kälbersteig-trail up to the Schachenhaus



Picture 19: KM 11,55

After the hut of the supply-cable car you can either turn left and walk directly to the lodge or continue straight ahead to the palace and continue from there to the lodge.



Picture 20: KM 11,80

Schachenhaus. Enjoy your overnight stay on the mountain.



Picture 21: KM 11,90

This is King Louis' Alpine palace on the Schachen. Situated only 100 m next to the Schachenhaus!

DAY 4: Via the Wetterstein mountain range into the Leutasch-valley. Onwards via the ‚Hohen Sattel‘-ridge to Scharnitz.



- Walking Time: approx. 7.5 to 8.5 hours

Altitude Profile: +900 m and -1.800 m in altitude



Programme

Today you cross the Wetterstein mountain range and cross over into the Tyrol into the Leutasch-valley. Onwards by bus or on foot via the ‚Hohen Sattel‘ to Scharnitz. Optionally you can choose a walk to Mittenwald and take the train to Scharnitz.

The Route

Today's tour is very challenging and very long! You decide whether you prefer the easier option to Mittenwald. The ascent to the Meiler lodge takes approx. 1.5 hours, however the descent through the Bergelein valley takes approx. 3 hours. You cover more than 1.100 m in altitude and in parts steeply downhill! In the Leutasch-valley we suggest you choose whether you take a comfortable bus ride to Scharnitz or fancy yet another ascent via the ‚Hoher Sattel‘-ridge (forest road) and descend along a trekking trail to Scharnitz

(additional 3 hours walking time). The optional route to Mittenwald leads along a forest road and the ‚Bannholz‘-hiking path to the lakes Ferchensee and Lautersee. Along a gorge trail you soon reach the lovely village of Mittenwald and then continue by train. Current timetables in the travel documents on site.

Places for Lunch

- Meiler lodge located on the highest point of the tour (daily open)
- inn Gasthof Naturwirt in Leutasch Ahrn

Places for Lunch with option

- Wetterstein alp (daily open)
- Gasthaus Ferchensee (Friday closed)
- Lautersee-Alm (Monday closed, open in summer when the weather is good)

Option/Bad Weather

In bad visibility or thunderstorm you cannot ascend into the Wetterstein mountains! Orientation becomes very difficult, a sudden fall in temperature and thunderstorms are life-threatening!

Option

As an alternative route you walk along the Schachen-forest road via the Wetterstein alp and past Lake Lautersee and Lake Ferchensee to Mittenwald. From there you take the train to Scharnitz. See route description after the standard route, pink markings on the map.

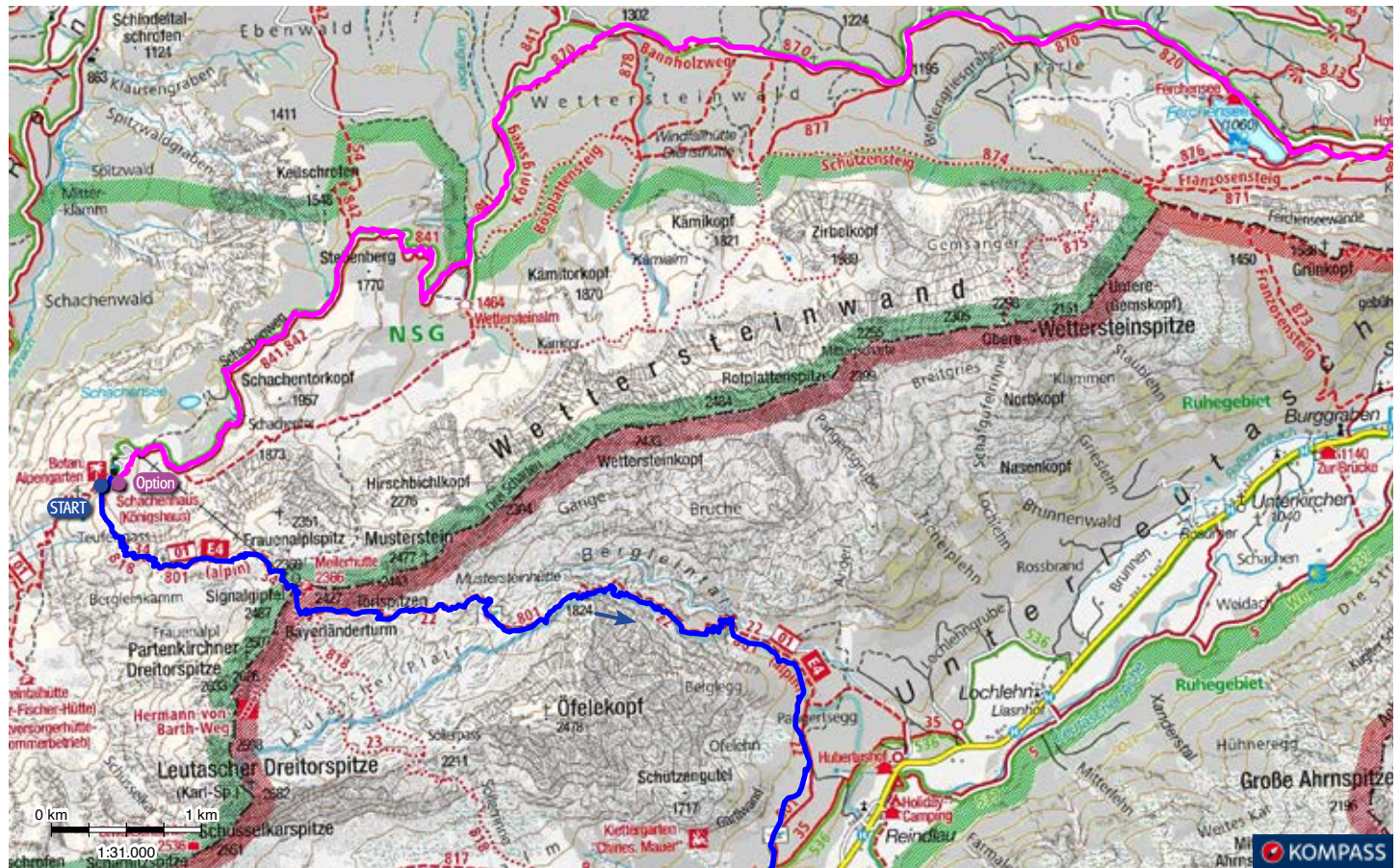
Shortcut

We recommend a bus ride to Scharnitz after you have crossed the Wetterstein mountains in Leutasch Ahrn. That way you avoid another 3 hours walking time over the ridge.

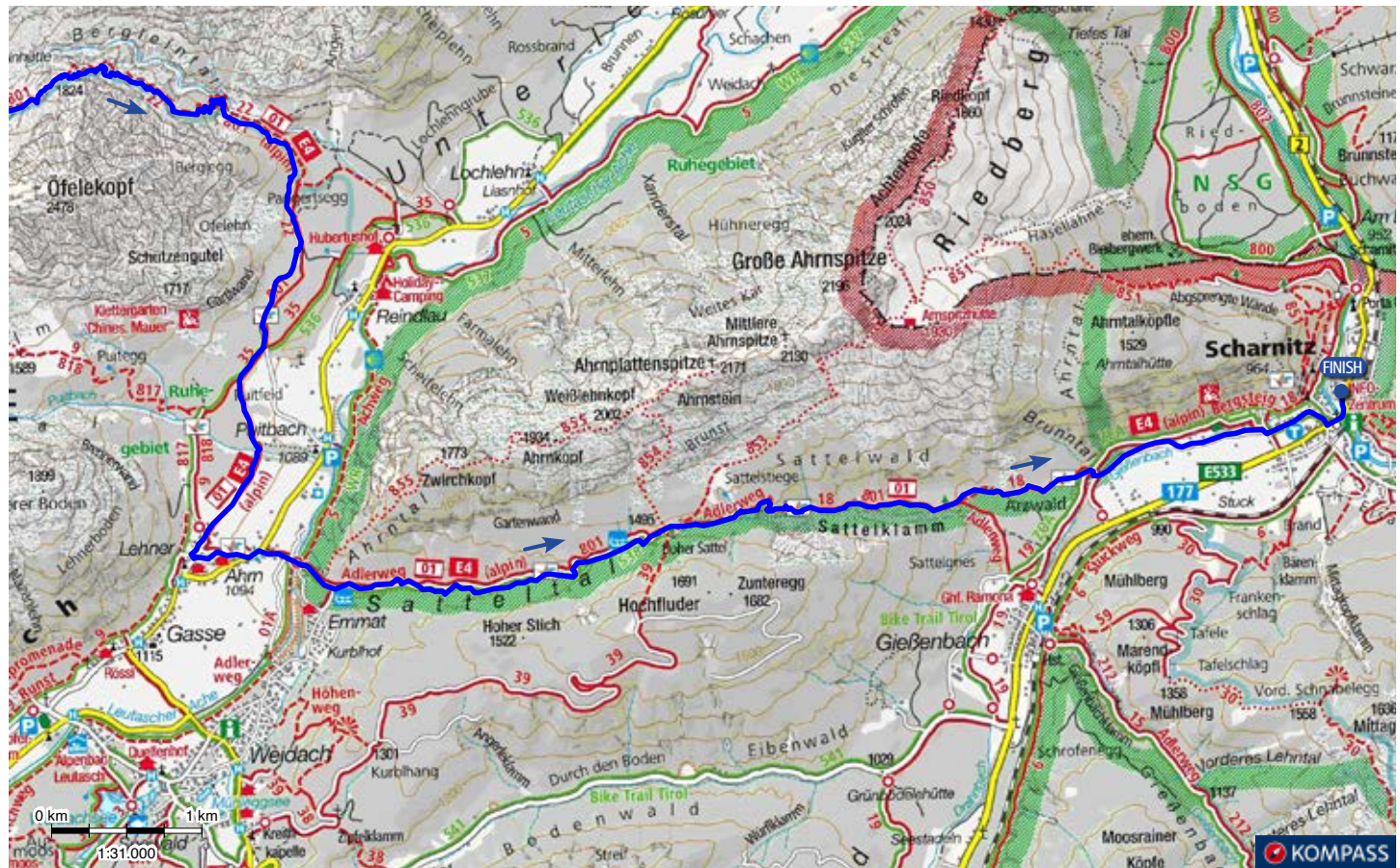
Points of Interest

- Meiler lodge with its impressive location below the Wetterstein peak, situated directly on the boundary ridge between Bavaria and the Tyrol.
- Lake Lautersee and Lake Ferchensee
- Mittenwald: well-known place for violin making and the ‚Lüftlmalerei‘, lovely pedestrian area with painted houses.

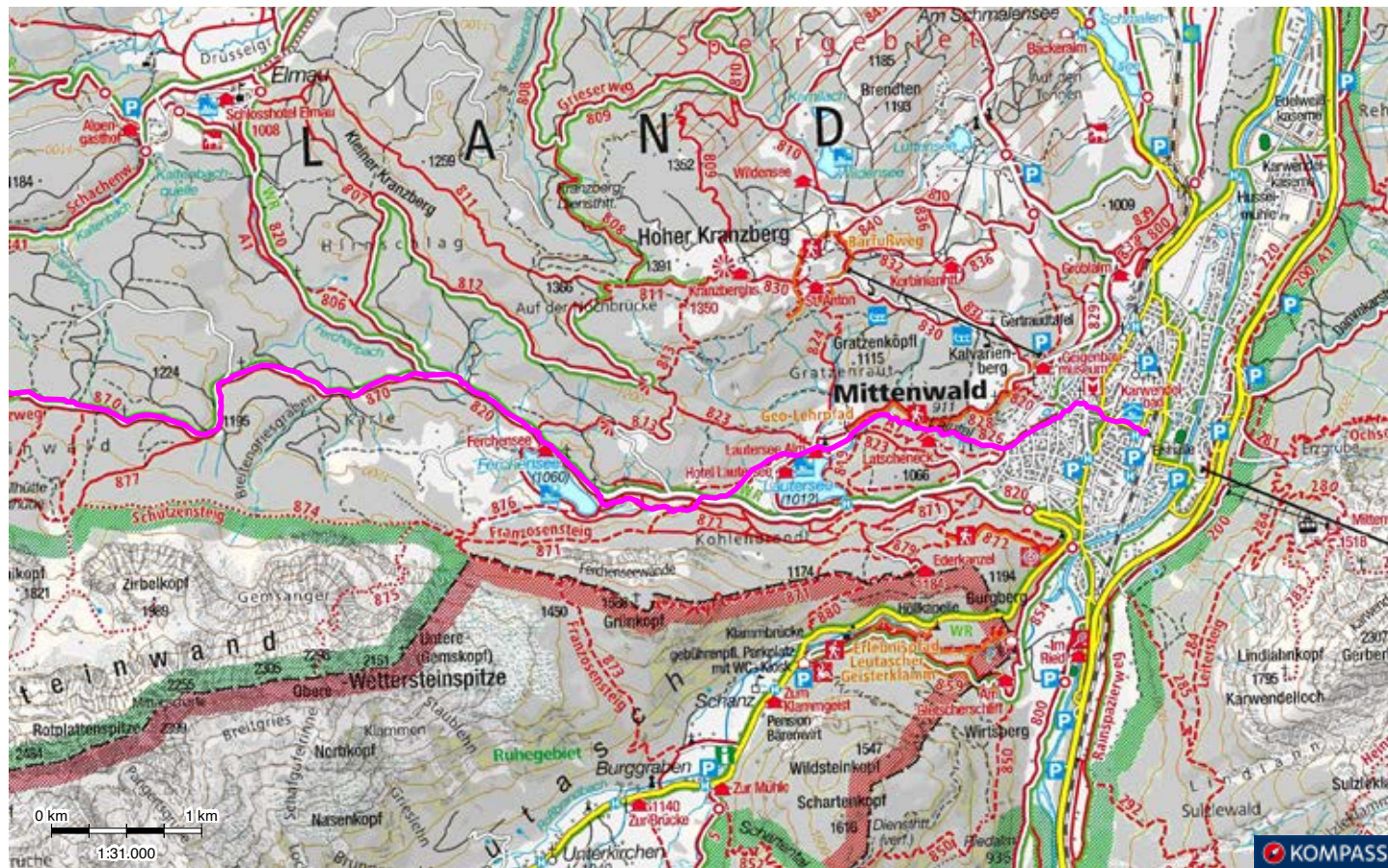
DAY 4: Via the Wetterstein mountain range into the Leutasch-valley. Onwards via the ‚Hohen Sattel‘-ridge to Scharnitz.



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DAY 4: Via the Wetterstein mountain range into the Leutasch-valley. Onwards via the ‚Hohen Sattel‘-ridge to Scharnitz.



Picture 1: KM 0,00

Directly at the hut is the start of the path to the Meiler-lodge. Please proceed uphill between the two buildings.



Picture 2: KM 0,05

Continue to the left up at the ridge (to the right is the Schachen-palace).



Picture 3: KM 0,05

Turn left and follow the path uphill to the Meiler-lodge!



Picture 4: KM 0,45

Follow the path up over the mountain crest.



Picture 5: KM 1,30

Now walk up the stairs. Please watch your step, steep section!



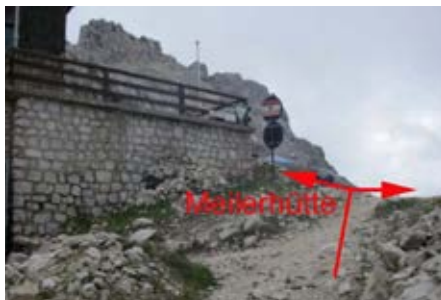
Picture 6: KM 1,60

These poles are for orientation purposes on the high-altitude plateau. Watch out for the correct direction and each individual marking!



Picture 7: KM 2,10

A zig-zag path leads up to the ridge. Further up you descend to the right for a bit and walk through a rock gate - watch out for markings!



Picture 8: KM 2,50

Turn left to the lodge which is located directly on the crossover from Bavaria into the Tyrol. After a break you continue to the right.



Picture 9: KM 2,50

You pass a small gate and follow the hiking trail straight ahead downhill.



Picture 10: KM 2,55

You soon see the signposts on the left attached to a rock. You descend through the Berglen-valley into the Leutasch.



Picture 11: KM 2,55

Turn left here shortly after the ork (do not cross the gravel field straight ahead!). Watch out for markings.



Picture 12: KM 2,55

Always watch out for these markings. The initial section of the trail is very difficult and steep, soon the terrain becomes easier.

DAY 4: Via the Wetterstein mountain range into the Leutasch-valley. Onwards via the ‚Hohen Sattel‘-ridge to Scharnitz.



Picture 13: KM 2,70

Here you can see the course of the route coming up along the left edge of the Berglen-valley.



Picture 14: KM 3,30

Continue straight ahead across the gravel slope, do not turn right!



Picture 15: KM 4,10

On the left you pass a shepherd's hut. After that the trail continues along the right side of the valley.



Picture 16: KM 4,35

Soon you enter the forest, please be careful since the trail is steep and partly slippery.



Picture 17: KM 7,05

After several steep sections and a memorial cross you reach the valley bottom at the stream (bench). After that you continue straight ahead into the forest.



Picture 18: KM 7,90

Continue straight ahead. From here always follow the main path and watch out for markings. You descend slightly through the forest. (Left: shortcut to a bus stop).

DAY 4: Via the Wetterstein mountain range into the Leutasch-valley. Onwards via the ‚Hohen Sattel‘-ridge to Scharnitz.



Picture 19: KM 9,10

Turn right at the junction with signposts and continue towards Leutasch - district Lehner. Follow the forest road into the forest.



Picture 20: KM 9,30

Veer left at the first fork, soon you walk through a gate and across meadows.



Picture 21: KM 9,35

Please always follow the signs to Leutasch Lehner, across the stream and across the meadows.



Picture 22: KM 10,50

Once in Leutasch Lehner continue always straight ahead through the district.



Picture 23: KM 10,65

Turn left at the junction with signposts and continue towards Leutasch Ahrn (bus stop Ahrn) and to Scharnitz. Straight ahead for the inn Gasthof Naturwirt (bus stop Naturwirt).



Picture 24: KM 11,10

At the road you find the bus stop Ahrn. Turn right for the inn Gasthof Naturwirt (bus stop). We recommend a bus ride, only hikers with lots of stamina can continue for another 3 hours!

DAY 4: Via the Wetterstein mountain range into the Leutasch-valley. Onwards via the ‚Hohen Sattel‘-ridge to Scharnitz.



Picture 25: KM 11,15

Turn right here to continue to Scharnitz.



Picture 26: KM 11,15

Follow the signposts to Scharnitz.



Picture 27: KM 11,40

Straight ahead across the bridge.



Picture 28: KM 11,50

From here you walk straight ahead onto the high-altitude ridge. Always follow the main gravel road.



Picture 29: KM 14,40

On the ridge you can have a rest on the right at the bench. Afterwards continue straight ahead.



Picture 30: KM 14,50

Turn right and continue downhill.

DAY 4: Via the Wetterstein mountain range into the Leutasch-valley. Onwards via the ‚Hohen Sattel‘-ridge to Scharnitz.



Picture 31: KM 15,00

Turn right and continue along the walking path. A brief zig-zag section follows leading you down to the river.



Picture 32: KM 15,40

Follow the path downhill into the valley.



Picture 33: KM 16,30

Turn left at the signpost and continue along the forest path to Scharnitz.



Picture 34: KM 16,70

Caution! The path continues to the left here, watch out for the marking!



Picture 35: KM 17,30

Continue along the forest road.



Picture 36: KM 17,35

Please continue straight ahead.

DAY 4: Via the Wetterstein mountain range into the Leutasch-valley. Onwards via the ‚Hohen Sattel‘-ridge to Scharnitz.



Picture 37: KM 17,50

Turn right at the signpost and continue towards Scharnitz.



Picture 38: KM 17,55

Turn left after the bridge and continue on the path along the river.



Picture 39: KM 18,75

Turn right at the bridge.



Picture 40: KM 18,80

Immediately after turn left.



Picture 41: KM 19,10

Turn right at this house and continue to the main road. Directly at the entry of the main road you will see the **Pension Frankenhof** on the right side.



Picture 42: KM 19,30

Turn left at the main road and follow it. After the church you see **Hotel Goldener Adler** on the right hand side.



DAY 4: Via the Wetterstein mountain range into the Leutasch-valley. Onwards via the ‚Hohen Sattel‘-ridge to Scharnitz.

Gasthof Ramona is located in a district of Scharnitz, in Gießenbach. Guests of Gasthof Ramona follow the signs to Gießenbach (Adlerweg) from picture 33. Your accommodation is located directly on the local road.

Restaurant recommendations in Scharnitz

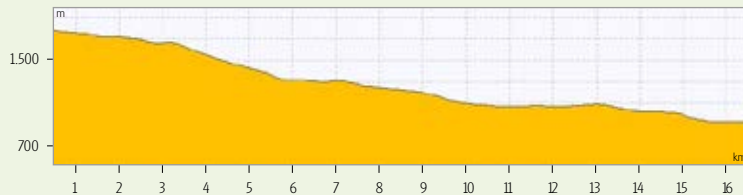
- **Wirtshaus Alte Mühle:** traditional Italian dishes as well as finger food, burgers and BIO certified specialities (Monday closed)
- **Pizzeria Bella Vista:** delicious Italian specialities such as pizza and pasta (daily open)



DAY 4: Option: From the Schachen via the lakes Ferchensee and Lautersee to Mittenwald.

- Walking Time: 4.5 to 5 hours

Altitude Profile: +50 m and -970 m in altitude



DAY 4: Option: From the Schachen via the lakes Ferchensee and Lautersee to Mittenwald.



Picture 1: KM 0,00

From the Schachenhaus you return on the same way along the forest road towards Garmisch. Initially it is the same route you ascended on yesterday. Ignore all turn-offs.



Picture 2: KM 3,00

Turn-off to the Kälbersteig-trail: at this point the Kälbersteig-trail turns off to Garmisch. You however continue straight ahead and always follow the forest road downhill.



Picture 3: KM 3,40

Sometimes you can take a shortcut on the forest road for a bit. However in wet weather we suggest you always stay on the gravel road.



Picture 4: KM 4,70

For in the path at the Wetterstein alp: turn right for a possible detour to the Wetterstein alp. Otherwise continue to the left and follow the forest road into the valley.



Picture 5: KM 5,90 Caution! Watch out for turn-off! Turn right here onto the Bannholz-path to Mittenwald. » Option: you can continue along the forest road and turn right later to Mittenwald, see signpost.



Picture 6: KM 5,90

Once you are on the Bannholz-path please follow always the markings straight ahead in the forest.

DAY 4: Option: From the Schachen via the lakes Ferchensee and Lautersee to Mittenwald.



Picture 7: KM 6,80

Cross the forest road straight ahead and then opposite continue along the ascending gravel road to Mittenwald.



Picture 8: KM 9,35

Continue straight ahead into the valley.



Picture 9: KM 10,70

You join a forest road. Continue straight ahead, soon you will reach the lake.



Picture 10: KM 11,85

Inn at Lake Ferchensee. Here is another bus stop. Follow the path straight ahead along the lake. **Option:** Turn right along the path around the lake - you rejoin the route at Picture 12.



Picture 11: KM 12,30

At the end of the lake turn right onto the hiking path.



Picture 12: KM 12,40

Keep left to Mittenwald. In the forest simply follow the great signposting to Mittenwald.



DAY 4: Option: From the Schachen via the lakes Ferchensee and Lautersee to Mittenwald.



Picture 13: KM 13,10

You reach another forest road and cross it straight ahead. After that turn right onto the path towards Lake Lautersee.



Picture 14: KM 13,30

Turn left here onto the hiking path above Lake Lautersee. Continue along this remarkable high-altitude path with brilliant views onto the lake.



Picture 15: KM 13,95

Turn left and continue along the lake.



Picture 16: KM 14,10

After the beergarden turn right before the chapel onto the hiking path, then follow the signposting to Mittenwald across lovely meadows.



Picture 17: KM 14,35

The most beautiful route to Mittenwald leads through the Laintal-valley. First turn left here.



Picture 18: KM 14,50

Here immediately again to the right and continue through the Lain-valley.

DAY 4: Option: From the Schachen via the lakes Ferchensee and Lautersee to Mittenwald.



Picture 19: KM 14,90

Continue straight ahead. Do not cross the bridge!
A little bit further you come across another signpost to Mittenwald.



Picture 20: KM 14,95

Now turn right to Mittenwald and continue through the Laintal-gorge.



Picture 21: KM 15,50

Turn left in the village and follow the signposting into the centre and to the train station. Marvel at the remarkable ‚Lüftlmalerei‘-painting on the houses and enjoy the lovely pedestrian zone.



Picture 22: KM 16,60

Day Finish: Mittenwald, train station.
From here you take the train to Scharnitz.

Restaurant recommendations in Mittenwald

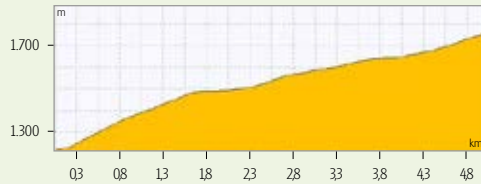
- **The market restaurant:** in the modern vaulted cellar, an exceptional restaurant where fine Bavarian dishes are served (Sunday/Monday closed)
- **Espetada:** very good restaurant, burger, meat, baked potatoes and much more (daily open)
- **Ristorante Da Mamma Lucia:** Italian specialties (daily open)



DAY 5: From the Isar source via the Kastenalp up to the Halleranger.

- Walking Time: approx. 2.5 to 5 hours

Altitude Profile: +550 m and -0 m in altitude



Programme

At 9am the national park taxi picks you up from your hotel and takes you all the way to the Kastenalp. Taxi Mair +43 (0)5213 53 63.

If you prefer you can hop out earlier and walk the along the flat path deep into the Karwendel. For example exit at the Isar source. See options. After that a short hike up to the Halleranger awaits, where you will spend the next two nights.

In Scharnitz you will not find many shopping opportunities or a supermarket for your packed lunch. There is however a baker, butcher and a small gas station shop. And at Hotel Risserhof you can buy vegetables on request.

The Route

Today's tour starts from the Kastenalp and is a rather easy and shorter route along a steadily ascending forest road. This means you have a chance to just recuperate or enjoy one of the options.

Places for lunch

- at the Kastenalp and at the top of Halleranger
- The Halleranger alp and the Halleranger house.

Option/Bad Weather

Hop off earlier and walk along the river through the valley, ascending softly towards the Kastenalp. Just let the driver know where you want to get off.

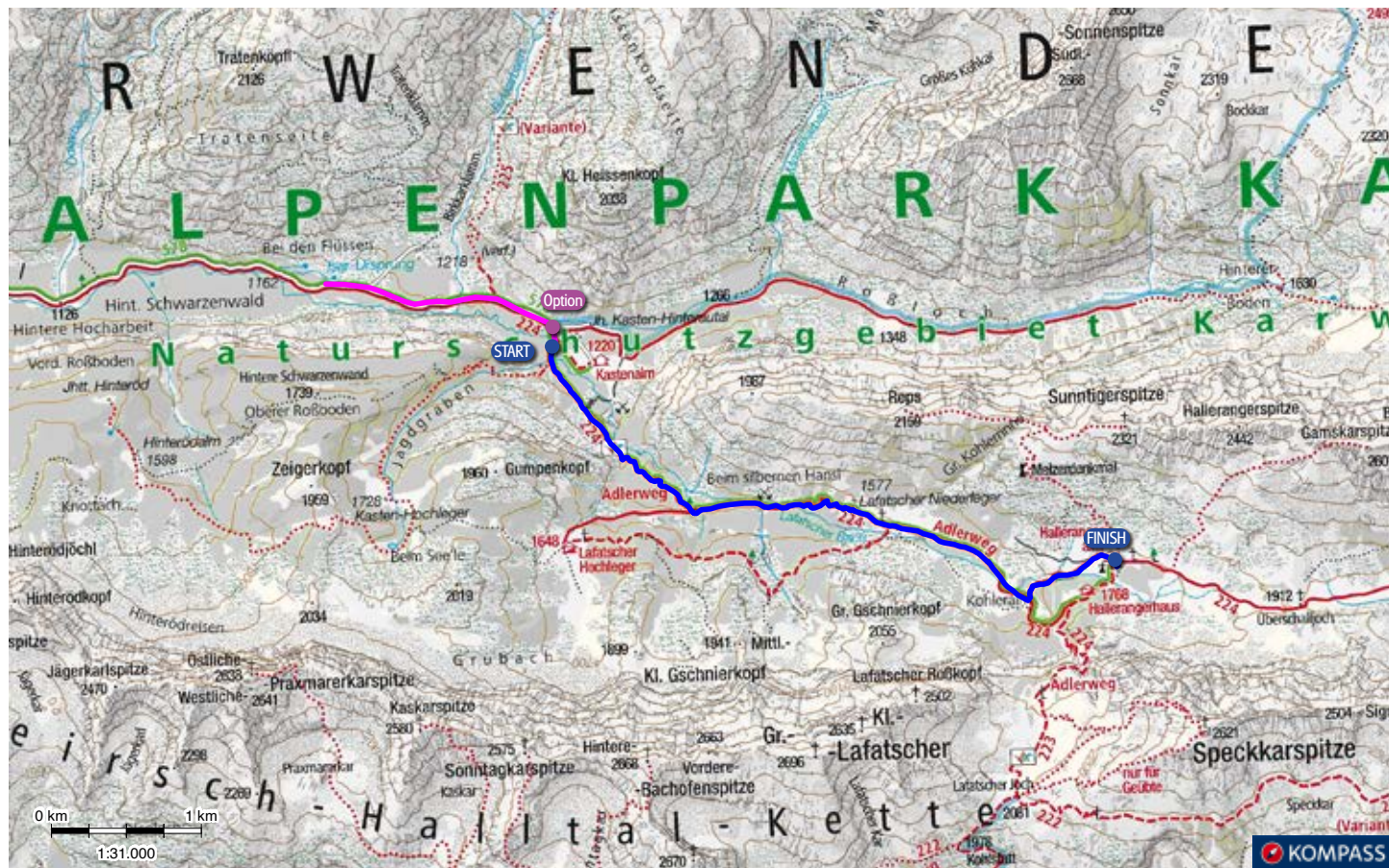
Tip: Have a look at the Isar source (head waters with info boards). From there to the Kastenalp approx. 30 minutes walking time (pink markings on the map).

In case the weather forecast for tomorrow is bad, you can naturally choose to do the Day 6-tour already today.

Points of Interest

- **Isar source:** head waters of this well-known river of Munich
- **Karwendel:** mighty mountain range, steep rock-faces, gravel gullies and deep plunging valleys.
- **Wild life:** if you are patient you might spot a few chamois, ibexes or birds of prey.

DAY 5: From the Isar source via the Kasternalm up to the Hallanger.





DAY 5: From the Isar source via the Kastenalalm up to the Halleranger.



Picture 1: KM 0,00

Today you walk from the Kastenalalm up to the Halleranger. Both lodges are in an idyllic location below the mountain summits on an alpine pasture.



Picture 2: KM 0,00

Ascend steadily on this forest road. Enjoy the scenery - there is no rush today.



Picture 3: KM 1,70

Please follow the forest road to the left.



Picture 4: KM 2,25

There are great places for a rest everywhere, in order to observe nature. Continue always along the forest road.



Picture 5: KM 3,00

Walk past the Lafatscher Niederleger and his amazing lodge!



Picture 6: KM 3,25

Continue along the forest road.



DAY 5: From the Isar source via the Kastenalm up to the Halleranger.



Picture 7: KM 4,35

Turn left to the inn Gasthof Halleranger Alm and turn right to the Halleranger house.



Picture 8: KM 5,10

Halleranger house.



Picture 9: KM 5,20

Inn Gasthof Halleranger Alm.



Picture 10:

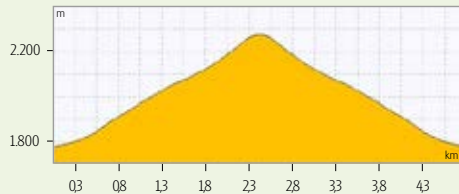
Both huts are connected by a path and are not far apart, which means on your day of rest you can go and check out the neighbouring lodge.



DAY 6: Day off Rest at the Halleranger.

- Walking Time: you choose!
Sunntiger Spitze-peak: approx. 2 to 3 hours

Altitude Profile: +500 m and -500 m in altitude



Programme

Today the day is all yours. If you fancy a walk you can do the tour up to the Sunntiger peak or walk comfortably over to the Überschalljoch-ridge. Afterwards you can walk over to the neighbouring lodge for coffee! Enjoy your day of rest!

The Route

The tour up to the Sunntiger peak (approx. 2 hours walking time) is challenging and in the final part very steep with slippery rocks and gravel fields. Surefootedness and a head for heights are prerequisite! Alternatively you can walk along the ridge to the left over to the Reps peaks (walking time approx. 1,5 hours, pink marking on the map), this tour is less challenging. The tour to the Überschalljoch-ridge (approx. 30 minutes walking

time, orange marking on the map) is short and easy and the terrain is relatively flat, only in parts a bit muddy.

Places for Lunch

We recommend you also visit the neighbouring lodge. A nice cool beer and freshly brewed coffee and cakes are available in both lodges.

Option/Bad Weather

Be careful in thunderstorms or fog. Orientation on alpine pastures can prove difficult and thunderstorms are dangerous! A change in weather and temperature can be very sudden! Always tell the lodge keeper which tour you have chosen for your own safety!

There is also much to be said for a relaxing day with interesting conversations over coffee with other fellow hikers in the lodge!

Points of Interest

Discover life on mountain lodges, the different light during the day and the sounds of nature... keep your eyes peeled and all your senses wide open. With ease you will surely have plenty of new experiences!

DAY 6: Day off Rest at the Halleranger.



At the inn Gasthof Halleranger Alm is the start of the ascent to the Sunntigerspitze-peak and the Reps peaks. **Caution:** for the Sunntiger-peak a head of heights and surefootedness is required.

Instead of ascending to the peaks you can choose a comfortable tour over to the Überschalljoch-ridge instead. You might even spot some chamois up at the gravel fields! Listen to and tune into nature!

DAY 6: Day off Rest at the Halleranger.





DAY 6: Day off Rest at the Halleranger.



Picture 1: KM 0,00

Next to the inn Gasthof Hallerangeralm the path up to the Sunntigerspitze-peak and to the Überschalljoch-ridge starts.



Picture 2: KM 0,00

You start at these signposts! In case the signpost got taken down due to grazing cattle, please note the following pictures.



Picture 3: KM 0,00

Here you walk up to the Sunntiger-peak.



Picture 4: KM 0,10

Up on the right is the Sunntiger-peak. The final ascent requires surefootedness and a head for heights!



Picture 5: KM 0,20

Follow the markings. The path soon becomes easier.



Picture 6: KM 0,25

This is what markings along the way look like.

DAY 6: Day off Rest at the Halleranger.



Picture 7: KM 1,15

Turn right at the memorial and continue uphill. Maybe you bump into a few sheep.



Picture 8: KM 1,60

Turn right at the stone pyramids and continue uphill.



Picture 9: KM 1,85

You decide up at the ridge: Turn right to the Sunntiger-peak (more challenging! Surefootedness and a head for height are prerequisite!) or turn left for an easier route to the little Reps-peaks.



Picture 10: KM 1,85

This is the route to the Reps-peaks (2.160m), which also offer fantastic panoramic views. Follow the course of the ridge to the left and the red markings!



Picture 11: KM 1,85

At this point you head for the Sunntiger peak, following the red markings. Tread carefully and slowly!



Picture 12: KM 2,40

At the summit of the Sunntiger Spitze (2.321m). Enjoy the break at the top and the panorama! Afterwards return along the same route!

DAY 6: Day off Rest at the Halleranger.



Walking tour Überschalljoch-ridge

Walk up along this forest path (near the Hallerangeralm) and always stay on the main path and continue in the same direction. After approx. 30 minutes you reach the memorial on the Überschalljoch-ridge (1.912 m). Return along the same route.



DAY 7: Via the Lafatscherjoch-ridge to the Hafelekar-cable car into the Inn river valley.

- Walking Time: approx. 6 hours

Altitude Profile: +1.000 m and -500 m in altitude



Programme

Today we suggest you have an early start since the tour is fairly long. You walk all the way to the Hafelekar from where you will take a cable car ride down to Innsbruck. Last descent at 5 pm! At the bottom take the citybus to your hotel.

The Route

Today's tour is very challenging and long. You walk across several mountain passes and walk along unsecured alpine trail. Several times there are gravel gullies to be crossed.

In fog, wet weather and especially in thunderstorms it is too dangerous to do this tour! Alternatively you can descend from the Lafatscher ridge into the Halltal-valley and at the bottom continue by bus or walk into the beautiful village of Hall and take the

train. This option is shorter, technically less challenging and historically and scenically very interesting! We recommend this option in bad weather conditions!

Places for Lunch

- Pfeishütte-hut
- Hafelekarhaus at the cable car station

Places for Lunch with option

- Herrenhäuser-manor houses (sometimes open and running)
- inn Gasthof Walderbrücke in Eichat near Hall (Wednesday/Thursday closed)

Option/Bad Weather

- in bad weather conditions please choose the option via the Halltal-valley (alternatively via

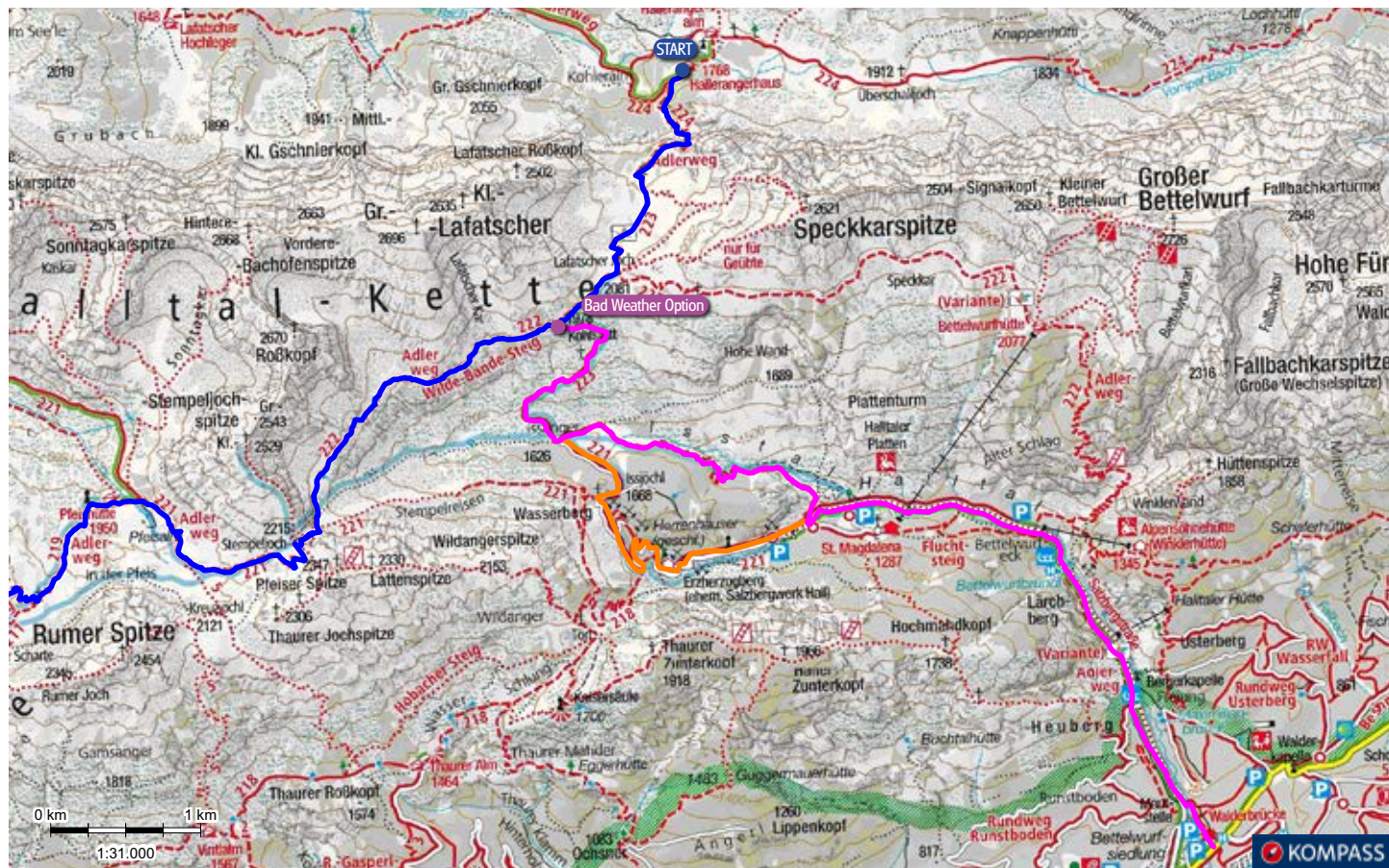
Issanger or Herrenhäuser - please find details in the text). See respective route description and pink and orange markings on the map.

- In case of thick fog or thunderstorms you must not walk up to the ridge. Instead we suggest you walk back to Scharnitz or/and call the national park taxi Mair and get a ride from the Kastental to Scharnitz train station.
- In case of a change of weather or temperature during your tour: From the hut Pfeishütte at KM point 720 you can proceed along the forest road to Scharnitz, light-blue marking on the map. You walk past the lodge Möslalm where you can have a break, even borrow a bike to ride down into the valley or call the taxi company Mair!
- From Scharnitz there are trains to Innsbruck and with the option via the Halltal-valley there are buses to Innsbruck. In addition to that there are also trains running from the village of Hall to Innsbruck.

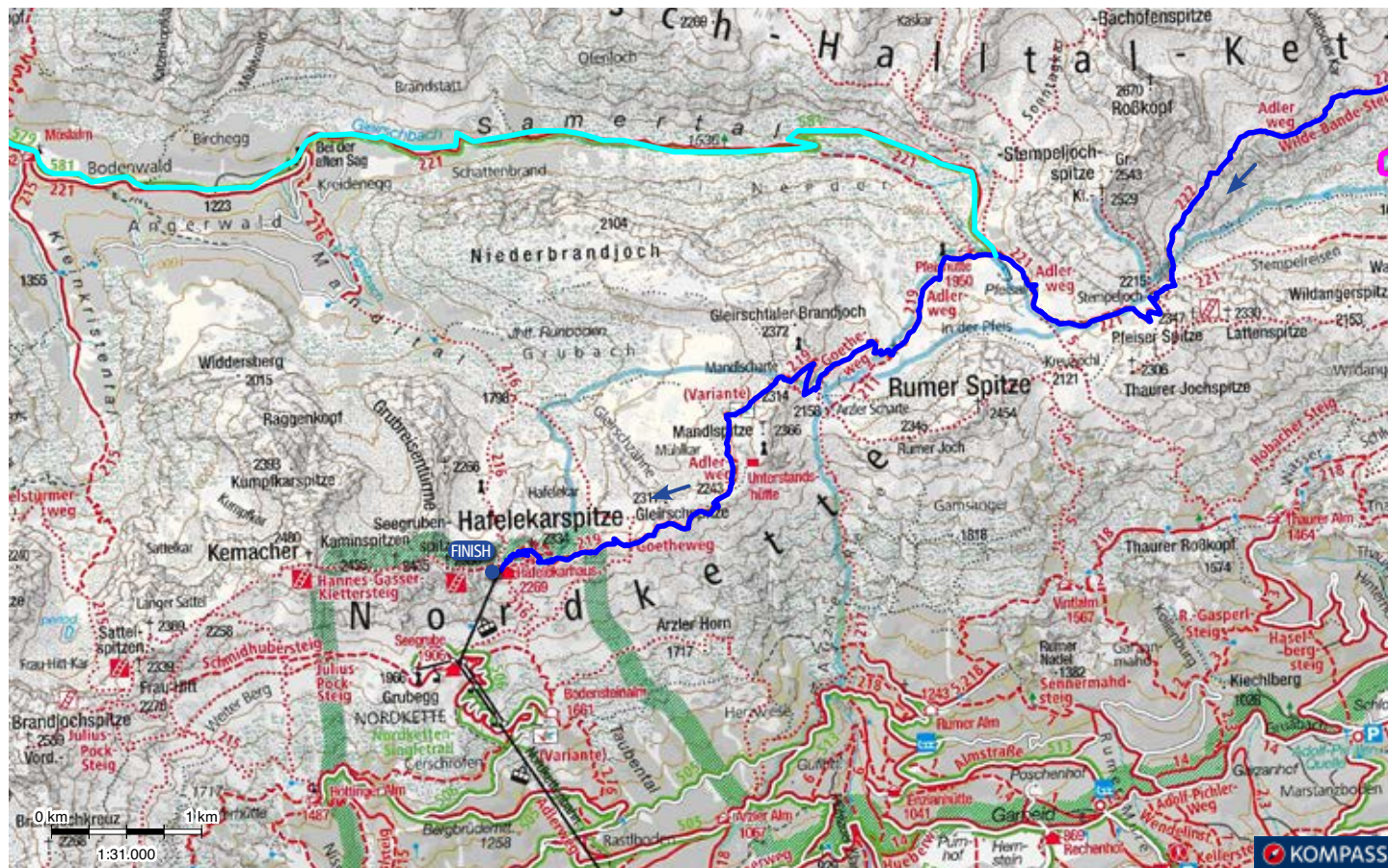
Points of Interest

- **Herrenhäuser (manor houses) and the Halltal-valley (Option):** centre for the former mining industry.
- **The village of Hall (Option):** former saltwork city, historic old part of town.
- high-altitude alpine trail and the peaks of the Karwendel mountain range.
- view onto Innsbruck during your cable car ride.

DAY 7: Via the Lafatscherjoch-ridge to the Hafelekar-cable car into the Inn river valley.



DAY 7: Via the Lafatscherjoch-ridge to the Hafelekar-cable car into the Inn river valley.



DAY 7: Via the Lafatscherjoch-ridge to the Hafelekar-cable car into the Inn river valley.



Picture 1: KM 0,00

Today's tour starts at the Hallerangerhaus.



Picture 2: KM 0,10

Follow the path up to the right (do not walk along the forest road leading down to the valley)!



Picture 3: KM 0,10

Signpost with data on walking times. It goes without saying that you should plan plenty of breaks into your tour!



Picture 4: KM 0,30

Walk up the steep gravel field in zig-zag turns! Watch out for markings!



Picture 5: KM 0,70

After the passage a nicer path starts.



Picture 6: KM 1,15

Follow the trail uphill.

DAY 7: Via the Lafatscherjoch-ridge to the Hafelekar-cable car into the Inn river valley.



Picture 7: KM 1,40

At the top continue to the right.



Picture 8: KM 1,65

Continue straight ahead and stay on the main path.



Picture 9: KM 2,10 You have now reached the top of the Lafatscher ridge. In the background you can already see the Stempeljoch-ridge, across which an alpine trail leads. This is only possible in good weather conditions!



Picture 10: KM 2,10

Continue downhill from the Lafatscher ridge now towards Issanger and Pfeis-lodge.



Picture 11: KM 2,60

At this point you choose: either turn right for the alpine route via the Wilde Bande-trail to the Hafelekar or the option via the Halltal-valley towards Hall.



Picture 12: KM 2,60 Only choose the tour via Stempeljoch, if you are absolutely up for it and in good & stable weather conditions! If not turn left and continue downhill into the Halltalvalley, after that continue with **Option through the Halltalvalley.**

DAY 7: Via the Lafatscherjoch-ridge to the Hafelekar-cable car into the Inn river valley.



Picture 13: KM 4,50

Walk across this trench using the two iron poles in the rockface.



Picture 14: KM 4,80 These snow fields can be dangerous. That is why it is a good idea to always carry trekking poles with you. If the snow fields are very hard and slippery, you must turn around due to risk of falling.



Picture 15: KM 5,10

Access to the Stempeljoch-ridge. Tread carefully when crossing possible snow fields. Afterwards you continue ascending steeply along the gravel field.



Picture 16: KM 5,30

You continue ascending in zig-zag turns on rather difficult terrain. The ascent however is short but steep. (Picture taken from the top).



Picture 17: KM 5,30

The final section of the ascent was secured with wooden beams, but is nevertheless still very steep and slippery.



Picture 18: KM 5,50

From the top of the Stempeljoch-ridge you turn right and continue downhill towards the Pfeis-lodge.

DAY 7: Via the Lafatscherjoch-ridge to the Hafelekar-cable car into the Inn river valley.



Picture 19: KM 5,55

Please follow the trail downhill towards the valley.



Picture 20: KM 5,60

Turn left at the signpost.



Picture 21: KM 5,90

Turn right and walk over to the Pfeis-lodge.



Picture 22: KM 6,70

Follow the path straight ahead to the lodge.



Picture 23: KM 7,20 Continue straight ahead to the lodge. Option in case of change in weather and temperature: turn right and continue along the forest road via the Mösl-alp into the valley. In the alp you can call a taxi or borrow a bike if you like.



Picture 24: KM 7,40

After the Pfeis-lodge you continue to the Mandelscharte and the Hafelekar.

DAY 7: Via the Lafatscherjoch-ridge to the Hafelekar-cable car into the Inn river valley.



Picture 25: KM 7,50

Follow the signposting Hafelekar and Goetheweg-path.



Picture 26: KM 8,20

Keep right. You ascend here up to the Mandelscharte.



Picture 27: KM 8,65

Follow the path 'Goetheweg'.



Picture 28: KM 9,15

Turn right and continue uphill. The ascent to the Mandelscharte follows.



Picture 29: KM 9,55

At the top of the Mandelscharte you turn right and then descend steeply.



Picture 30: KM 9,60

Carefully descend in zig-zag-turns.

DAY 7: Via the Lafatscherjoch-ridge to the Hafelekar-cable car into the Inn river valley.



Picture 31: KM 9,85

From here you always follow the fantastic Goetheweg-path all the way across to the Hafelekar. Always watch out for the correct path and markings!



Picture 32: KM 10,90

Turn left and follow the markings, you walk downhill for a bit. Tread carefully!



Picture 33: KM 11,70

Please ascend straight ahead and continue towards the Hafelekar.



Picture 34: KM 12,25

Either straight ahead up to the summit cross Hafelekar-peak or turn left for shortcut to cable car summit station! The summit is very rewarding and not far at all!



Picture 35: KM 12,65

Turn left for the summit cross and same way back. Afterwards continue straight ahead down to the summit station.



Picture 36: KM 12,85

The summit cross (at 2.334 m) and then viewing platform offer a brilliant panoramic view onto Innsbruck and the mountain world.



DAY 7: Via the Lafatscherjoch-ridge to the Hafelekar-cable car into the Inn river valley.



Picture 37: KM 13,20

The cable car ride down has two segments to the Hungerburg castle. Last descent at 5pm.

Bus ride

At the bottom you take the bus directly into the centre. The bus stop is located to the left of the cable car terminus at the end of the car park in front of the church. Take the bus and exit at the bus stop ‚Museumsstraße‘. The bus runs approx. every 10 minutes. Your hotel is only a few minutes walk from the bus stop.

Direction to the hotels

To **Hotel Zach** follow straight ahead the street and then turn right into Wilhelm-Greil-Straße, where you can see soon your hotel on the left side.

To **Hotel Central** follow straight ahead the street and then turn right into Elerstraße, where you can see soon your hotel on the left side.

For **Austria Trend Hotel Congress** go back a little and take the Burgergraben, to the left of the restaurant ‚Ludwig‘. At the end you will reach the Universitätsstraße, which you will follow straight to the T-junction. Walk slightly to the right and continue straight until you see your accommodation on the right.

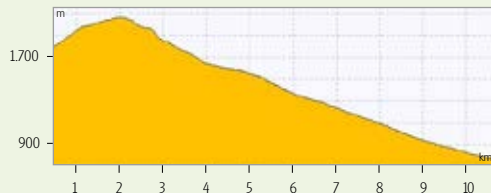
Restaurant-Empfehlungen in Innsbruck

- **Gasthof LAMM:** This is a nice, stylish place with many Austrian grill specialities, also suitable for vegetarians and vegans (Monday/Sunday closed)
- **Altstadtbeisl:** delicious Austrian cuisine
- **Die Wilderin:** very good food, friendly service and nice atmosphere (Monday closed)



DAY 7: Option: Via the Lafatscherjoch-ridge and through the Halltal-valley into the Inn river valley.

Altitude Profile: +310m and -1300m in altitude



Picture 1: KM 2,60

Turn left here and continue downhill towards Issanger.



Picture 2:

On this picture you can see the route down into the Halltal-valley: you walk in zig-zag turns downhill through the mountain pines, across a gravel bed and reach another flat section and a signpost.



Picture 3: KM 4,10 Turn left at the signpost and continue along the trail through the Issanger! Option: Continue straight ahead along the forest road, which is an easier route but slightly longer and recommended in bad weather, orange marking on the map.

DAY 7: Option: Via the Lafatscherjoch-ridge and through the Halltal-valley into the Inn river valley.



Picture 4: KM 4,15

This is the start of the hiking path through the Issanger. Soon you come across markings on trees again.



Picture 5: KM 4,65

Always follow the path through the idyllic Issanger.



Picture 6: KM 4,95

Turn left here and continue downhill.



Picture 7: KM 6,40

Across the bridge and then turn left. From here always follow the road downhill along the river.



Picture 8: KM 8,50

Turn right at the power station facility onto the hiking path (optionally you can continue along the road).



Picture 9: KM 9,60

Turn left here and follow the forest road, do not continue uphill!

DAY 7: Option: Via the Lafatscherjoch-ridge and through the Halltal-valley into the Inn river valley.



Picture 10: KM 10,30

You are now at the bottom and turn left here towards the signposts.



Picture 11: KM 10,35

Cross the bridge and then turn right.



Picture 12: KM 10,40

Keep right and follow the lower path.



Picture 13: KM 10,60 Continue straight ahead at the buildings and walk past them. Soon you reach the inn Gasthof Walderbrücke, the day finish of this tour. Now you can have a break and then make your way to Innsbruck.

Turn right at the road from the inn **Gasthof Walderbrücke**. Soon you see the bus stop ‚Bettelwursiedlung‘ on the left. Alternatively you can turn left before the bus stop into Daniel-Swarowski-Straße and follow it until the bus stop ‚Föhrenwald‘. Take bus to Innsbruck main station. From the station forecourt go right and then follow the Brixner Straße.

Direction to the hotels

For **Hotel Zach** is located on Brixner Straße and second street on the right, where your hotel is located at the corner.

For **Hotel Central** pass the Hotel Zach and take the first turn to the left. Soon your accommodation will be on the left side of the road.

To get to the **Austria Trend Hotel Congress**, take the bus (line 4127) to the Congress/Hofburg stop. When you get off, continue along the Rennweg. At the T-intersection slightly right and soon your accommodation will be on the right.

Current timetables in the documents on-site.

FOR YOUR NOTES



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