

# Packing Checklist – Baby

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## *Things To Confirm :*

- Is there a Travel Cot and travel cot sheets
- Is there a high Chair
- Is there a Kettle or Bottle Warmer
- Is there a cold water steriliser

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## *Things To Pack for Baby:*

- |                    |                          |                      |                          |
|--------------------|--------------------------|----------------------|--------------------------|
| Clothes & Swimwear | <input type="checkbox"/> | Sun Hat              | <input type="checkbox"/> |
| Nappies & Wipes    | <input type="checkbox"/> | Toiletries           | <input type="checkbox"/> |
| Bottles & Formula  | <input type="checkbox"/> | Sleepsuits/Sleepsack | <input type="checkbox"/> |
| Stroller           | <input type="checkbox"/> | Toys and comforter   | <input type="checkbox"/> |
| Swim Nappies       | <input type="checkbox"/> | Medications          | <input type="checkbox"/> |
| Changing Bag       | <input type="checkbox"/> | Towels               | <input type="checkbox"/> |

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## *Things I Need To Do Before I Leave:*

- Sort a passport for baby
- Check all passports are valid
- Book Airport Parking
- Charge all devices
- Pack an entertainment bag to occupy baby
- Pack adapter plugs

# T I P   S H E E T

It can be tricky to work out how much you need to pack, especially if you have a baby with reflux like we did!

As a general rule for a 7 night holiday I always packed 7 outfits and a few sleepsuits, but see my washing powder tip below - that will explain why!

Nappies - we were always very particular about so we would work out how many they use at home in a week and take at least 4 extra a day as a back up.

We used reusable swim nappies - they save the environment and save money as swim nappies can be expensive. We just washed them out and dried them between uses.

When we travelled with a baby we always packed a bottle washer and washing up liquid so that we could wash bottles. We often needed to take our cold water steriliser and sterilising tablets too.

Wherever we go we always take a thermometer, Calpol and Piriton with us as well as asthma pumps and any other medication needed.

- *I always grab some local washing powder when we arrive at our destination that way I can hand wash anything we need to re use.*
- *Take the packing list with you and cross through the list as you pack to make sure you all bring all your items home on your return.*
- *Now you have sorted packing for the baby, check out my other packing lists for the rest of the family.*