COPTION

Do you wish to take part in the OPTION study, a national study about induction of labour?

Parents-to-be throughout Sweden are being asked to take part in this research study, whereby women are randomly assigned to receive induction at home or in hospital during the ripening phase of the cervix. The first step of labour induction takes place in hospital, after which you will be randomly assigned either to remain in hospital and await the ripening of the cervix and the start of active labour (current clinical practice), or to go home, await the ripening of the cervix and the start of active labour and then to return to hospital to give birth.

The objective of the study is to find out whether it makes any difference to the child, the woman, or her partner to wait for the cervix to ripen and labour to begin at home or in hospital. In particular, the study will examine whether both methods of inducing labour are equally safe and how the parents-to-be experience induction. So-called home induction (i.e., where the parents-to-be are at home during the beginning of the induction of labour) is already offered today in several other countries, including Denmark, Finland and the United

Kingdom, and several smaller studies around the world show promising results.

We are looking for you whose labour will be induced, and you who are a partner/co-parent.



Please scan the QR-code to find more information on the OPTION study and on whom to contact if you wish to take part.



Please scan the QR-code to download our brochure with more information abour the OPTION study.

optionstudien.se

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