

Olden Community Garden Vegetable Patch

Starting early with food growing - making edible pots

Aim: The aim of this activity is to give young children the experience of planting, growing and harvesting plants they can eat.

The Olden Community Garden Veg Patch continues to support food growing across Islington whenever possible. Lynne ran a session for 60 reception children from Thornhill Primary School – at the wonderful new Outdoor Classroom at Carfree Space just off Liverpool Road. This was organised in partnership with Forests for Change and Islington Clean Air Parents and is the second planting activity that Olden Garden has supported in this emerging community garden.

Each child received a large pot from Olden Garden and Lynne gave them hands on experience in filling the pots with compost, identifying different seeds and planting pea shoots, spring onions and nasturtiums. Children labelled their pots with giant lolly sticks and proudly took them home. These edible pots will provide shoots, leaves and flowers to eat all through the summer.

Lynne also produced a lesson plan so that this activity can be easily replicated.

Lynne
April 2022