

Trauma Sailing

North-Sea

Aug 25

Yes, we (still) are alive, healthy, strong

10 Veterans

1 Camera man

1 Captain (Jan)

1 Trauma-Expert (Tim, CEO Ocean Wind GmbH)

Date: 24.08.25-31.08.25

Location:

IJsselmeer/Waddenmeer/North-Sea, NL

- Close to the UK and easy to reach
- Area has excellent infrastructure for sailing
- Public transportations/ferries to all islands
- Safety, political stability
- Medical access
- Sea rescue in case of emergency

Organization:

- Ocean Wind GmbH will take responsibility for organization

Documentation:

- Our work shall become a template
- We show how trauma-informed self-help can look like
- Giving hope to all injured and traumatized within and without the veteran community
- **Eventually this can be a scientific study**

Handicap:

- We welcome veterans with most disabilities* and do not discriminate on a basis of sex, gender, religion, ethnicity etc. (*Some restrictions apply)

Insurance:

„Yachtpool“ Insurance will be our partner in liability insurance.

Costs: 25.000 British Pound including travel

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Mail: tim.herwig@oceanwind.eu

The boat:



Scientific support:

Prof. Dr. Col (ret'd)

Eric Vermetten



The Captain:
Jan Pfister



CEO Ocean Wind:
Tim Herwig