# **RUURD VAN ELBURG**

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## Professor of Early Life Nutrition, Chief Medical Officer/Chief Scientific Officer

Chief Medical Officer/Chief Scientific and Senior Research Director Officer with broad experience within an international commercial environment specializing in Early Life Nutrition and Pediatric medicine

Extensive medical knowledge in Pediatrics & Neonatology and in designing, performing and analysing clinical studies. A Go-getter with pragmatic mindset that makes things happen. The ability to communicate and influence at all levels by making data, concepts and mechanisms understandable.

A doctor first, a scientist second who maintains Independent scientific research with a strong moral for independence to Improve the outcome of infants and children through educating healthcare professionals on the best way to use nutrition as a solution

## WORK EXPERIENCE

## 2017 - 2020 Chief Medical Officer and Preterm Science and Program Director Danone Nutricia Research Utrecht

- Evaluation of medical aspects of global complaints possibly related to our products for children (crisis management)
- Development of scientific evidence through (pre)clinical research for the preterm category
- Strategy to develop the best nutritional solutions for preterm born children.
- Testing nutritional concepts for clinical practice in large clinical nutritional intervention studies.

## 2011 - 2017 Chief Scientific Officer

#### **Danone Nutricia Research Utrecht**

- Scientific and medical evaluation and strategy of the scientific programs in the division Early Life Nutrition related to the 4 key health benefit areas growth, gut, immunity and brain.
- Main ambassador for the first 1000 days program (internal training programs & external education of health care professionals of the importance of the first 1000 days).

## 2000 - 2011

## Consultant Pediatrician-Neonatologist

- VU University Medical Center Amsterdam.
- Clinical care for newborn infants at a level III NICU
- Clinical research program on nutrition and the gut.
- Coordinator of clinical education of interns, residents in Pediatrics and fellow in Neonatology.
- Development of teaching programs for newborn and pediatric life support.

## LEADERSHIP AND TEACHING

2015- Present Professor of Early Life Nutrition, University of Amsterdam (Chair initiated by the Nutricia Research Foundation, 0.2 FTE)
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2001-2019 Instructor and Course Director at Foundation for the Emergency Care for
Children (non-profit work): (Newborn and Advanced Pediatric Life Support)
2010-2015 Scientific Advisory Board, Dutch Resuscitation Council
2007-2012 Board of Foundation for the Emergency Care for Children
1994-1998 Scientific Advisory Board, Dutch Celiac Association.

## SKILLS

- Designing, performing and analysing clinical studies.
- Broad experience in the development of strategies for new global nutritional solutions.
- Excellent presenter for internal and external meetings with diverse audience
- Experienced facilitator of meetings.
- Able to deal with ambiguity
- Very good coaching and supervising skills.
- Leadership and strategy development including chairmanship of advisory boards and member of leadership teams
- Extensive medical experience in Pediatrics and Neonatology.

## SCIENTIFIC ACHIEVEMENTS

Scientific publications

>160 scientific publications in PUBMED, and (co)author of >20 (book)chapters, editor of 2 books. (<u>https://www.ncbi.nlm.nih.gov/pubmed/?term=van+Elburg+RM+OR+Elburg+RM+OR+van+Elburg%2C+Ruurd</u>). My H-factor is 32.

#### AWARDS

Travel Grant European Academy Allergology Clinical Immunology 1992 NESPEN Award for best abstract 2003

## SUPERVISION OF PHD STUDENTS

- 7 finished PhD students (2 with honour/Cum Laude).
- 6 ongoing PhD students (Netherlands, UK and Bonaire (Dutch Antilles).

## LANGUAGES

Dutch native speaker English very good both verbal and written

#### HOBBIES

- Running
- Reading
- Travelling
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## EDUCATION

2014	Cobuild Colead course. Leadership and management course. Henley's Business School London, UK.
2011	National certificate for Basic Qualifications of Education, The Netherlands.
2002-2004	Teach the Teacher courses part I – II – III Vrije Universiteit Amsterdam
	Certified educational courses on teaching and supervising Medial Doctors.
2000	Generic Instructor Course Tilburg The Netherlands. (European Resuscitation
	Council certified).
1998-2000	Fellowship in Neonatology VU University Medical Center Amsterdam
1993-1998	Residency in Pediatrics Beatrix Children's Hospital Groningen and Isala Clinics
	Zwolle The Netherlands
1989-1995	PhD Thesis The Sugar Absorption Test: Clinico-pathophysiological considerations.
	University of Groningen The Netherlands
1980-1989	Medical School Vrije University Amsterdam The Netherlands