

ANONYMOUS

YOUNG ADDICTS *IN RECOVERY*

WWW.EDMNA.ORG

2019 - 2020

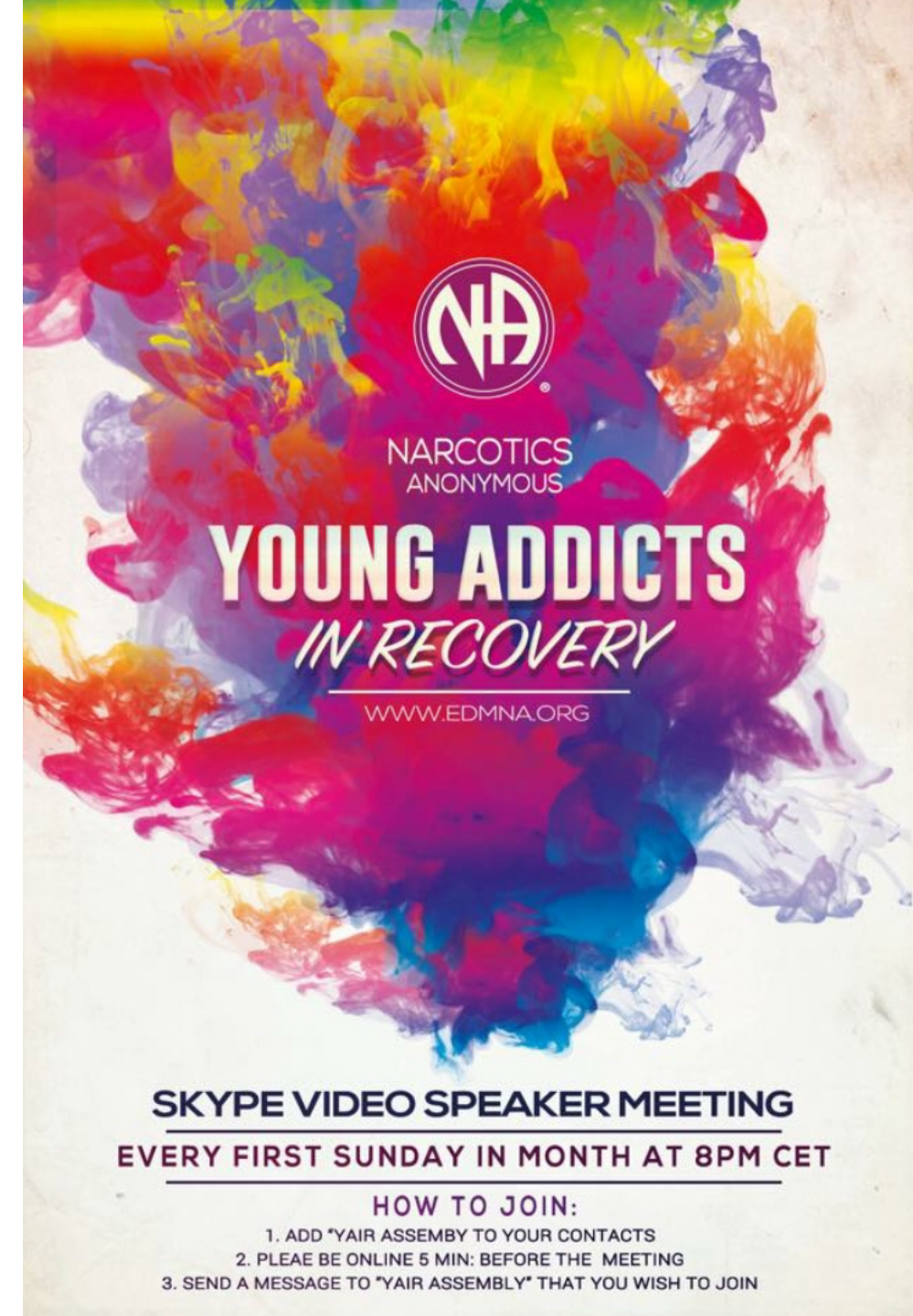
Zürich ECCNA summer 2019

E-Book: Stories written by young addicts for young addicts

- We asked addicts around the world to share their personal story
- We put together simple guidelines
 - You can see them on www.edmna.org
- We have already many stories and working together to go over them
- Mission: The book will be ready at the end of 2019 so the EDM body can go over at the winter EDM 2020
- Not before the EDM body has approved
- We put the project on hold so we could focus on the ECCNA, we will start going over more stories in August 2019

YAIR Assembly

- Skype speaker meeting
- Every NA member can join
- But youth related topics
- First Sunday every month at 8PM CET time.
- Our meeting is still going strong and growing a little bit every month.



ESL

- We did a 30-minute presentation of our project.
- Read a sample of the story from the book.
- Explained to people what we want to achieve with our book project.
- showed people what YOUNG ADDICTS have been doing (Youth conventions, groups and etc.).
- Presented what our workgroup has been doing, informed everyone about YAIR Skype meetings.
- Presented them with the HOW TO START A YOUNG ADDICTS MEETING pamphlet draft we are working on.

How to start a young addicts meeting pamphlet

- We have created a draft of a pamphlet that puts together all the information that we are asked the most.
- Things to be considered when starting a YAIR meeting, formats and so on.
- So far, it's a raw draft, that has some grammar issues.
- We will get back to this project after ECCNA



- A couple of members from Finland attended the workshop in Poland
- They reach out to us and we are helping, sharing ideas and info
- They held the workshop that we had in Poland at their convention in February 2019
- It went really well, over 60 people attended and they had a great time.

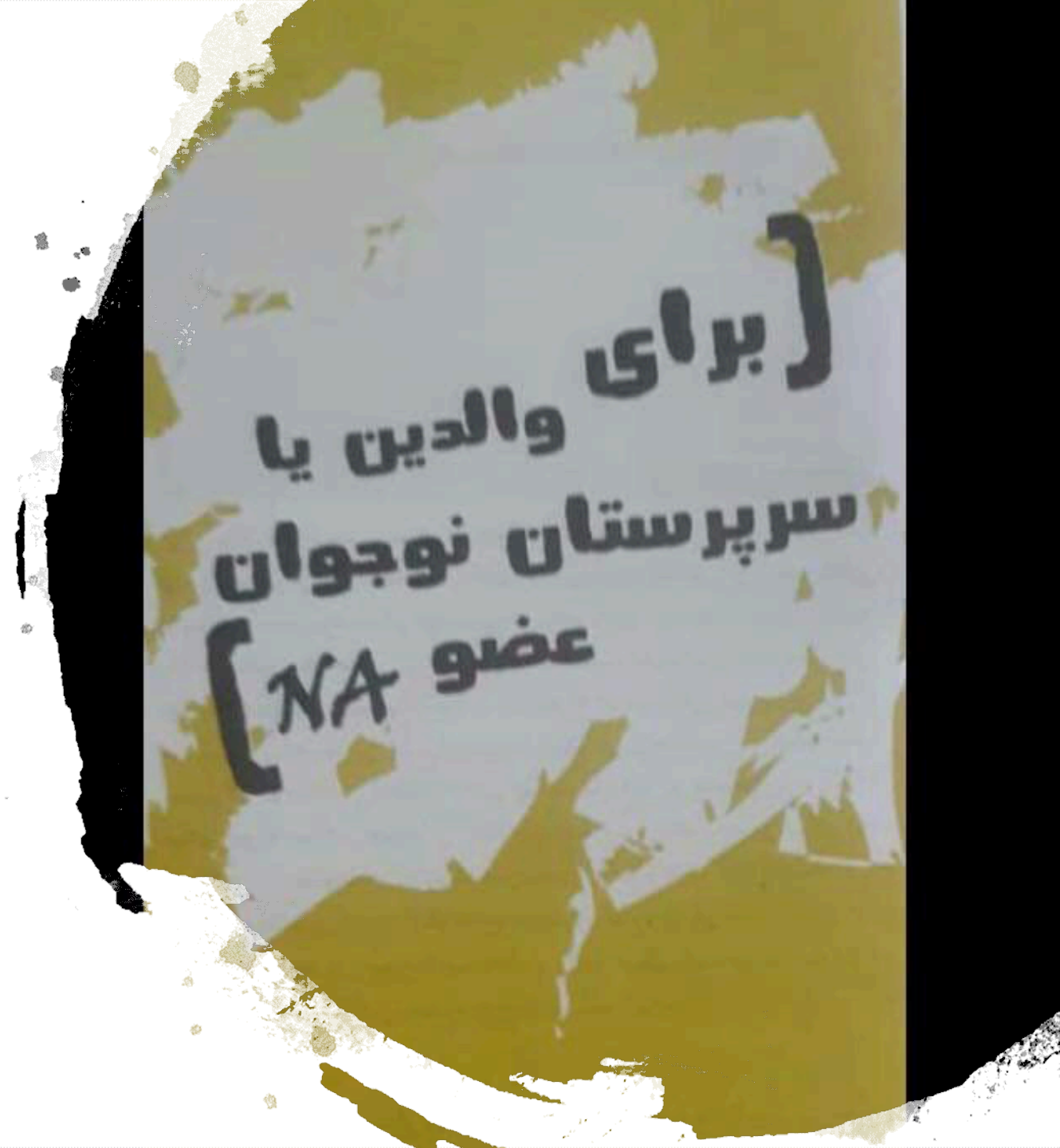
Finland



Iran

- A member from Iran reach out to our work-group
- They have a lot of young members
- We are sharing information and ideas with each other member from Iran reach out to our work-group
- They just got a pamphlet out “for parents and guardians of young addicts”. Witch is a huge step for them and for all of the young addicts that are finding NA.

They have a lot of young members



Germany

- A member reach out to Sam at ESL about our YAIR project.
- They are now two members that have been in contact with us and want to start a youth meeting/ committee where they live.
- We have been meeting on skype and sending them some material.

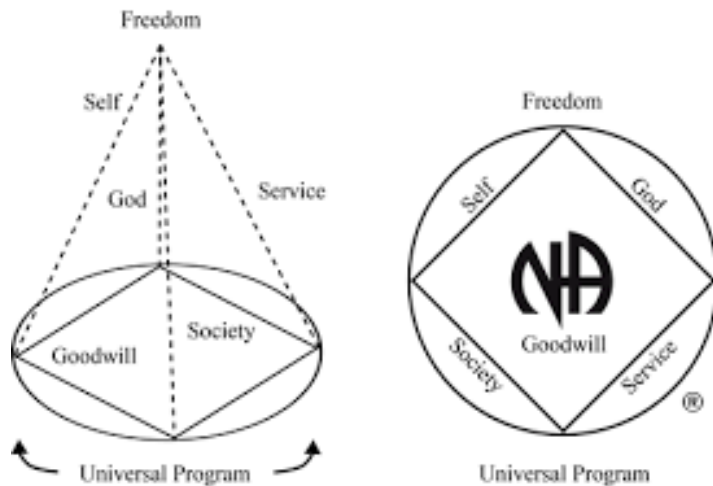
ECCNA Zurich 2019

- They put together a youth committee for the convention, Simon and Irina
- The committee and us scheduled a YAIR meeting on Thursday evening and swimming after.
- There will be a workshop on Friday at 14:30 - 16:00 pm
 - How to reach out to young addicts
 - Facilitators: Sam and Helena
- One of the main speaker meeting's on Friday will be a young addict
 - There will also be a couple of side meeting with young addicts speakers and interesting topics during the weekend.

Young Adiccts in Recovery

- YAIR EDM Workshop
"How to reach out to young Adiccts"
Friday 14:30 – 16:00
- Young Members Meeting
"Growing up in Recovery"
Friday 17:00 – 18:00
- Young Member speaks at the
Mainmeeting
"Promise of Freedom"
Friday 19:30 – 21:00
- Speaker Lottery
"Young members and oldtimers"
Saturday 10:00 – 11:00
- Young Members Meeting
"Relationship"
Saturday 14:00 – 15:00

Workshop



- Let's break into 5 groups.
- Each group should have one facilitator.
- Each group should have one secretary.
- Each group should have one presenter.
- Let's get to work: 20 min

Workshop - 5 Questions

The main topic: How to reach out to young addicts

1. How can/ should we use social media to reach out?
2. How to do PI work at schools and youth facilities? Can we maintain our anonymity?
3. The NA service structure, how to get help on a service level?
4. How should i reach out to friends/ family members who have drug problem without risking my recovery?
5. Do I discuss a family members involvement in NA with the rest of the family?

Thank you for your time and letting us serve!

www.edmna.org