

HORSE HEALTH CHECK

● ALL GOOD WHEN...

● FOLLOW UP IF...

● TREAT WHEN...

EYES

Clear & bright

Glassy

Fixed stare, cloudy
sunken eye

MUCOUS MEMBRANES

Pink, moist

Pale, tacky

Dry, purple, blue, red,
hot

CAPILLARY REFILL TIME

0-1 seconds

2-3 seconds

4+ seconds

DEMEANOUR

Attentive & interested,
good appetite

Sluggish, uninterested

Dull, depressed, not
eating, drinking,
urinating or defecating

JUGULAR VEIN REFILL TIME

1-2 seconds

2-3 seconds

4+ seconds

SKIN PINCH

0-2 seconds

2-3 seconds

4+ seconds

MOVEMENT

Free, easy movement

Uneven stepping

Gait change, avoiding
putting weight

GIRTH

No marks

Swelling, heat,
tenderness

Bleeding, painful

BACK & MUSCLES

Relaxed, flexible

Tight, tender

Tight, hard, sore, very
tender

GUT SOUNDS

Continuous gurgling

Reduced / increased
gurgling

Abnormal or absent
gut sounds

RESPIRATORY RATE

Relaxed & regular

Panting, irregular

Strained, unusual

RESTING HEART RATE

Around 40 bpm

50-60 bpm

Over 80 bpm

RESTING TEMPERATURE

Resting 37.5°C

During ride 39.5°C

During ride 39.5-40.4°C

Over 40.5°C

ANAL TONE

Tight, responsive

Slightly loose

Completely relaxed

JOINTS & LEGS

Smooth, no swelling

Bumps, scratches,
warm, tender

Broken skin, bleeding,
swelling, hot to the
touch, painful