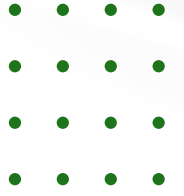




**M T E E Z**  
HEALTHCARE LTD



# HOME CARE SERVICES



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# ABOUT US

Welcome to MTEEZ Healthcare Ltd, where we prioritise your health and well-being. Our organisation was formed with a simple goal in mind: to deliver the highest quality healthcare services to people in order to help them live healthier and happier lives.

Patience Mutesva, our director, saw the need for a healthcare organisation that would push beyond the limitations of standard healthcare practices in 2022. She set out to develop a company that would make a difference in people's lives, with a background in nursing and a passion for promoting holistic well-being. Patience transformed her idea into a reality through devotion, hard work, and a team of competent professionals, giving birth to MTEEZ Healthcare Ltd.

## Our Mission

Our mission at MTEEZ Healthcare Ltd is straightforward: to deliver superior home care services that enable individuals to reach optimum well-being. We think that everyone has the right to comprehensive healthcare that is provided with expertise, compassion, and honesty. We seek to care for both the physical and emotional elements of health via our varied variety of services, fostering holistic wellbeing.



# Live-in care

## What is live-in care?

MTEEZ Healthcare Ltd. understands that many people need 24-hour care and support due to medical conditions, disabilities, or age-related issues. Our live-in care service provides a caring and reliable solution. A qualified and trained carer is assigned to live in the home of your loved one, giving devoted care and support throughout the day and night.

## The Benefits of Live-In Care:

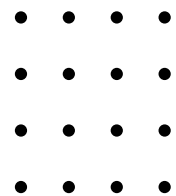
Choosing our live-in care service has various advantages for you or your loved one. These benefits include:

- Ongoing companionship: Our carers become trusted companions to your loved ones, providing emotional support and cultivating a sense of belonging.
- Tailored care: With undivided attention, our carers are able to fulfil each client's unique requirements and preferences, guaranteeing a high degree of care.
- Family peace of mind: Having a competent carer there at all times allows families to have peace of mind that their loved one is safe and getting thorough care.





# Domiciliary care



What is domiciliary care?

Domiciliary services refer to a wide variety of healthcare and support services provided directly to individuals in their homes. These services are tailored to meet the specific requirements of those who prefer to receive professional care in the comfort and safety of their own homes.

Range of services

MTEEZ Healthcare Ltd provides an extensive array of domiciliary services to meet the diverse requirements of our clients. Our services include, but are not limited to, the following:

- Medication management: carers ensure proper medication administration, monitor dosages, and keep accurate records.
- Personal care: support with activities of daily living (ADLs) such as cleansing, dressing, hygiene, and using the restroom.
- Meal preparation: Our carers are proficient at preparing healthy and appetising dishes while adhering to any dietary restrictions or allergies.
- Companionship: Our carers engage in conversations, social activities, games, and outings with you to promote your mental and emotional health.
- Light housekeeping: assistance with light domestic tasks and the maintenance of cleanliness and order in the home
- Transportation: We provide safe and dependable transportation services for medical appointments, ensuring you arrive on time and in comfort.

# Respite care

Providing quality respite care to promote your peace of mind

At MTEEZ Healthcare Ltd., we recognise the difficulties associated with providing care for loved ones. Through our individualised respite care services, we strive to alleviate stress and provide vital support.

Whether you require a brief respite or long-term relief, our team of dedicated carers is here to assist you. Allow us to share with you the different types of respite services we offer to ensure the highest level of care for your loved ones.

## Visiting Respite Care:

Our highly trained carers will visit your loved one for a predetermined period of time, allowing you to take time for yourself or attend to other responsibilities.

## Live-in Respite Care:

MTEEZ Healthcare Ltd recognises that certain circumstances necessitate 24-hour care, which is why we offer live-in care respite services.

## Overnight Respite Care:

We understand the significance of uninterrupted sleep and personal time for carers, so for your convenience, we offer overnight respite care services.





# Complex care

We are committed to providing exceptional complex care services that are tailored to our clients' specific requirements. With a primary concentration on tracheostomy care, gastronomy care, and catheter care, we are committed to assuring your loved ones' utmost comfort and wellbeing.

MTEEZ Healthcare Ltd. is the best option for comprehensive care due to our skilled nurse-led team and individualised approach.

## Tracheostomy Care:

Our comprehensive strategy consists of routine tracheostomy tube cleansing, ensuring appropriate hygiene, suctioning to manage secretions, and managing potential complications to prevent infections. At MTEEZ Healthcare Ltd., we prioritise the safety and comfort of our clients, giving them and their families peace of mind.

## Gastronomy Care:

At MTEEZ Healthcare Ltd., our gastronomy care services are centred on ensuring the nutritional requirements of clients with a gastronomy tube. Our caregiving staff is equipped to handle the insertion, care, cleansing, and maintenance of gastronomy tubes.

## Catheter Care:

Our strategy emphasises regular catheter maintenance, the management of potential complications, and optimal hygiene. Your loved ones can rest assured that they will receive the highest level of care and support, which will promote their comfort and reduce the risk of urinary-related complications.

# Night care



Individuals who require assistance and supervision during the night are served by Night Care Services. During these hours, it is an essential service for individuals who are vulnerable or have complex care requirements, ensuring their safety, comfort, and well-being.

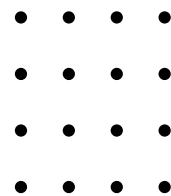
Sleeping-night care is when a professional carer stays with you in your home and is available to assist you up to twice during the night, providing you with comfort and the peace of mind that someone is available to assist you with daytime care requirements.

Waking-night care is when a professional carer provides overnight care but remains conscious during the night to monitor your well-being, respond appropriately to changes in your health, and provide you with all the assistance you require.





# Palliative care



## What is palliative care?

Palliative care is a specialised approach aimed at enhancing the quality of life for individuals with life-threatening conditions. This holistic and compassionate care aims to relieve pain, manage symptoms, and offer emotional support to you or your loved ones.

MTEEZ Healthcare Ltd understands the unique demands and challenges of those receiving palliative care, and our services are tailored to meet these needs.

## Range of available services

### Managing pain and symptoms

Our primary objective is to alleviate pain and effectively manage distressing symptoms.

### Emotional and psychological support:

Our professional team provides counselling and emotional support to assist individuals in navigating such difficult circumstances.

### Communication and Decision-Making:

Our specialists are trained to facilitate these conversations, empowering you and your loved ones to make decisions that reflect your values and preferences.







# Our process



## 01. Contact MTEEZ Healthcare Ltd.

The first step in getting care from MTEEZ Healthcare Ltd. is to contact us. You can do this by visiting our website or calling our office.



## 02. Schedule an appointment.

We will schedule an appointment with you. This will be done at your home.



## 03. Assessment

At the appointment, we will perform an assessment to evaluate your care needs.

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## 04. Develop a care plan.

After the assessment, we will develop a care plan tailored to your needs.



## 05. Implement the care plan

Once the care plan is developed, we will implement it.



## 06. Monitoring and follow-up

After implementing the care plan, we will regularly monitor how we care for you to ensure that the plan is working. We will also schedule follow-up appointments or consultations to make adjustments to the plan if needed.





## Contact

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