



## GRADING REQUIREMENTS

To achieve each belt you are required to attend the TASK gradings. These take place 3 times a year in March, July and November.

There are a minimum number of lessons you must attend to be considered for being put forward for grading, these are shown below:

| <b>Kyu Grade</b>                            | <b>Minimum lessons needed</b> |
|---|-------------------------------|
| 10 <sup>th</sup> (Blue)                     | 10                            |
| 9 <sup>th</sup> (Red)                       | 12                            |
| 8 <sup>th</sup> (Orange)                    | 14                            |
| 7 <sup>th</sup> (Yellow)                    | 16                            |
| 6 <sup>th</sup> (Green)                     | 16                            |
| 5 <sup>th</sup> (Purple)                    | 18                            |
| 4 <sup>th</sup> (Purple with white stripes) | 20                            |
| 3 <sup>rd</sup> (Brown)                     | 25                            |
| 2 <sup>nd</sup> (Brown with white stripes)  | 35                            |
| 1 <sup>st</sup> (Brown with red stripes)    | 50                            |

Please note that while these are the minimum number of lessons needed, if we believe you are of a standard that you are able to grade before the minimum number of lessons have been achieved, we will use Sensei discretion and let you know.

If you are not told you can grade while you may feel disappointed please remember that this will be a decision that we haven't taken lightly. It could be that you don't have enough lessons or that you would benefit from the extra lessons to improve on some of your techniques or your kata.

When putting our students through for grading this is not just a reflection on the club but mainly on your abilities and we want you to be able to go into a grading knowing you deserve to be there and that you are going to pass with confidence.

As you move up the grades you will also find that there just aren't enough lessons available to grade each time especially if you are only able to train once a week, however we do encourage you to come to the gradings if you can to support your fellow karate-ka but also to train with other students and sensei from other TASK clubs.