

WEEKLY GROUP INFORMATION

MONDAYS

Day Services (Adults) Design
12.30 to 3.15 pm (Half day)
MENCAP CENTRE
Leader - Carla Bishop
01664 564237



SWIMMING CLUB (age 14 upwards)
6.30 to 8.00 pm (6.45 to 7.45 pm in pool)
WATERFIELD LEISURE CENTRE
Leader - Leah Griffiths
01664 564237



TUESDAYS

Day Services (Adults) cookery
9.15 am to 3.15 pm (Full or half day)
MENCAP CENTRE
Leader – Sue Mayhew
01664 564237



TUESDAY GATEWAY CLUB (Adults)
7.00 to 9.00 pm
OUT AND ABOUT Social & Leisure Group
Leader - Leah Griffiths
01664 564237

WEDNESDAYS

WEDNESDAY GATEWAY CLUB (Adults)
7.00 to 9.00 pm
MENCAP CENTRE - Social & Leisure Group
Leader - Lorraine Simmonds
07867 727467



THURSDAYS

AFTER SCHOOL CLUB (14 to 19 years)
3.30 to 6.30 pm
MENCAP CENTRE - Relaxing fun for friends to
have dinner together
Leader - Mary Le Fevre-Smith
07952 545849

YOUTH GROUP (14 to 19 years)
6.30 to 8.30 pm
MENCAP CENTRE

Leader - Mary Le Fevre-Smith



FRIDAYS

Day Services (Adults) Music & Drama

9.15 am to 3.15 pm (Full or half day)

MENCAP CENTRE

Leader - Sue Mayhew

01664 564237



GATEWAY CLUB (Adults –over 18s)

7.30 to 9.30 pm

OUT AND ABOUT Social & Leisure Group

Leader - Lorraine Simmonds

07867 727467

SATURDAYS

FUN & FRIENDSHIP (4 years and up)

Alternate Saturdays - 10.00 to 12 noon

MENCAP CENTRE - Fun for Children

Leader - Lorraine Simmonds

07867 727467

FUNSTERS (10 years and up)

Alternate Saturdays - 10.00 to 3.00 pm

MENCAP CENTRE - Fun for Children

Leader - Lorraine Simmonds

07867 727467

YOUTH CLUB (13 years and over)

First Saturday of Month - 10.00 to 4.00 pm

OUT AND ABOUT Leisure Group

Leader - Mary Le Fevre-Smith

07952 455849



For more information
on our activities
and services
please call our office on
01664 564237
or email us at
info@meltonmencap.org.uk

