

This Week

Coffee Morning cooking.

Yum! Who doesn't like a Chelsea bun..



Previously

Celebrating Chinese New Year - Melton Mencap style.

Sweet and Sour Pork, Spicy Chicken Wings, Stir-fried Vegetables and Crispy Spring Rolls



10 vegetable rainbow to brighten January



Working with new textures and flavours.

A lot of chopping, requiring attention to detail, hand to eye co-ordination, focus and determination. Well done all.



January Comfort Food



What fantastic creations, fantastic works of art...



Many hands make light work

Open afternoon baking in full swing.



Autumn Flavours Spiced Plum Pie

Ruby Red Plums, mulled in a melt in the mouth short pastry



Cream filled Finger Doughnuts

Freshly made doughnut oozing with jam and cream anyone??



The Mammoth Christmas Cake Bake has started



They Smell Delicious



Feeding the Cakes



**A little pre-Christmas chocolate indulgence for our cookery group with
delicious Chocolate Oreo Fudge...**



Making Doughnuts



Hand Made Pasta



Autumn Pickle Making

Piccalilli using Courgettes from our own Mencap Garden and Pickled Shallots



Making Paella



Delicious

Bean Week

We made Chipotle Chilli, burger buns and black eye bean and feta burgers.



Nathan and James are enjoying our new cookery class

The menu here is:

Meatballs in tomato sauce with conchiglioni

Caramel, honeycomb ice cream

and

Individual Rocky Road

