



Dear Karen ,

We have launched the State of Caring survey 2021 and we need your help to encourage carers to take part.

The survey is the UK's most comprehensive research into the lives and experience of carers and many professionals who work with carers find the results provide a useful evidence base for their work locally. We want to understand carers' priorities for the future and what support they need to help recover from the pandemic, and to create a positive legacy for the future. We will use the evidence to continue to campaign for carers to get better support.

Over the last year, our research and responses to our surveys have helped us to highlight carers' experiences across the UK to the media. It helped us campaign successfully for better guidance, testing for carers, PPE for unpaid carers, carers' 'support bubbles' and exemptions to allow carers to get a break. Carers were included in the priority list for the COVID-19 vaccination and we campaigned for specific advice to support juggling work and care. Carers telling us what their priorities are has also helped to focus our work and help decision makers know what matters to carers.

Please share this survey with your contacts locally and fill it in if you are a carer yourself.

The survey will close on 13 September and we will be releasing a research report in November.

If you have any questions about the research, please get in touch with our policy team by emailing policy@carersuk.org.

Thank you for all you do to support carers locally.

Best wishes,

Ruby Peacock
Head of Policy and Public Affairs
Carers UK

KEEP IN TOUCH