



**MCO**  
Healthcare  
your health matters



**Personalised**  
Home Care Services

# ABOUT US



At MCO Healthcare, we select care professionals who are trained to the highest standards and committed to providing a person-centred, professional service.

You are not alone if you notice that routine chores are becoming more challenging. Our live-in care services are provided pleasant home by professionals care committed to helping you maximise your life.

At MCO Healthcare, we believe that everyone has the right to get the treatment they require in a manner that is convenient for them. To us, home is where the heart is, and we have made it our purpose to assist individuals in the environment in which they feel most at ease.

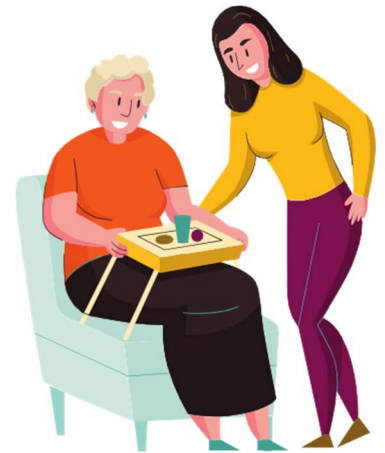
Our live-in care services are individualized—we do not believe in a one-size-fits-all approach— so that our service recipients receive individualised, compassionate, and economical care in the comfort of their own homes.

## LIVE-IN CARE

Live-in care is a type of care provided at an individual's residence by a professional caregiver.

For instance, 24-hour live-in care provides you with a full-time carer who resides with you and offers round-the-clock assistance with meals, clothing, bathing, shopping, and prescriptions.

Whether you want round-the-clock care for a serious health condition or simply need aid with daily duties, live-in care services offer assistance that is tailored to your unique requirements.



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## DOMICILIARY CARE

People who live in their own homes and require additional assistance with day-to-day activities are eligible to receive domiciliary care, often known as home care. A trained carer will come to your home to assist you with activities of daily living such as light housework, personal care, preparing and cooking meals, or any other duty that enables you to preserve your independence and quality of life.

Additionally, domiciliary care gives the family carer who is looking after their loved one the option to take a much-needed vacation from their responsibilities.





## RESPIRE CARE

Even though you care about other people, you still need time to focus on yourself every once in a while. When you have access to respite care, you are able to take a much-needed break while your loved one is being cared for when you have access to respite care.

MCO Healthcare is able to offer you with services related to respite care within 12 hours\* of your request, regardless of whether you are going on vacation, in need of a brief break, or want emergency support.

Therefore, you can relax knowing that your loved one will get exceptional care and support from a warm and welcoming team of carers who have all completed the necessary training, regardless of how quickly you require our services.



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## PALLIATIVE CARE

Our End-of-Life (Palliative) Care services are here to guarantee that you may make the most of the time you have left with your loved one because we recognise that the most important thing is for you to be able to spend quality time with them.

To ensure that you are able to spend as much quality time as possible with your loved one during their final weeks or months, our team of trained carers is here to handle all of the day-to-day responsibilities so that you can focus on your loved one.





## COMPANIONSHIP CARE

Companionship care at home is when a professional carer comes to your home and lives with you to provide around-the-clock care and support so you can live well with as much choice and dignity as possible, in the comfort and familiarity of your own home, surrounded by all the things you love.

Using highly individualised and adaptable companionship care, they will focus on assisting you to live independently, allowing you to continue doing all you used to.

For many, the most important thing is companionship—a listening and sympathetic ear, someone to share ideas and feelings with, someone to make us feel comforted or to improve our confidence in how we live our lives, and for others, it is having someone there whenever you need them. Companionship care at home can significantly lessen feelings of loneliness and isolation in older adults.



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## SPECIALIST CARE

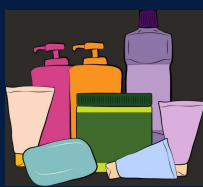
If you or a loved one has one or more complex health conditions, you may not know which type of care is best for you.

Your needs may require specialist care services that can cover all the bases and create a care package that fits you.

At MCO Healthcare, we help people with learning disabilities and other complex care needs with our specialised care services. Our carers are highly trained and have a lot of experience in all kinds of specialist care services, such as for people with spinal cord injuries, acquired brain injuries, breathing problems, and feeding tubes.



# OUR CARE SERVICES



## PERSONAL CARE

Our Carers assist you to maintain your personal hygiene and appearance. These activities include things like washing, clothing, grooming, and using the restroom.



## MOBILITY SUPPORT

If you have trouble moving around the home safely because of mobility issues, the visiting carer will make sure you get up and walk around at regular intervals throughout the day.



## COMPANIONSHIP

When they pay you a visit at your home, caregivers provide patients with the benefit of companionship.



## CONVALESCENCE CARE

Carers are able to provide convalescence care in the comfort of your own home if you require assistance following hospital treatment or an operation.



## **MEDICATION ADMINISTRATION AND MANAGEMENT**

In order to guarantee that you are able to stay on top of your routine, the carer will support you with the administration of your prescriptions.



## **PLANNING MEALS AND PREPARING THEM**

To ensure that you eat at the appropriate times throughout the day, carers will prepare your meals and, if there is enough time, they will also cook for you.



## **DOMESTIC AND HOUSEHOLD SUPPORT**

If you hire a carer, they may assist you with household chores so that you can stay on top of your cleaning routine.



## HOW DOES LIVE-IN CARE WORK?



Live-in care services provide an alternative to institutional care, allowing you to get the necessary care in the comfort of your own home. Our services are individualised, but general advantages of 24-hour live-in care include the following:

- The ability to remain in a comfortable, familiar environment as opposed to 'relocating'
- Reduced average prices
- Minimal interference with your usual routine.
- Customised 1-on-1 assistance, tailored to your specific requirements.
- Our one-of-a-kind approach to live-in care



## COSTS OF LIVE-IN CARE

At MCO Healthcare, we believe that everyone should have access to expert, cost-effective live-in care services, and we provide a selection of individualised, cost-effective packages.



People frequently believe that live-in care will be prohibitively expensive. This is not the case. In fact, by customising your treatment, you will be able to control your expenses since you will only pay for the services you require.

And our helpful care advisers will assist you through the process, explaining your options and working with you to create a live-in care package that matches your needs, as well as designing affordable payment plans that allow you to manage every part of your live-in care expenditures.

# WHAT IS NEXT?

## STEP 1

Kindly get in touch to book a free consultation with us.

**0330 113 0959**

**[enquiries@mcohealth.care](mailto:enquiries@mcohealth.care)**

## STEP 2

Once the consultation date is confirmed, our Assessment team will visit you at your home to discuss your care needs and formulate a care plan.

## STEP 3

You will be matched with a Carer with similar interests and preferences as you. Care will commence.

## STEP 4

Monitoring and evaluation to see if you are being given the best care you deserve.

# *GET IN TOUCH*



**Vulcan House, Oxford Street, Bilston,  
Wolverhampton, WV14 7LF**

**[www.mcohealth.care](http://www.mcohealth.care)**