

LYRICL NKECHI

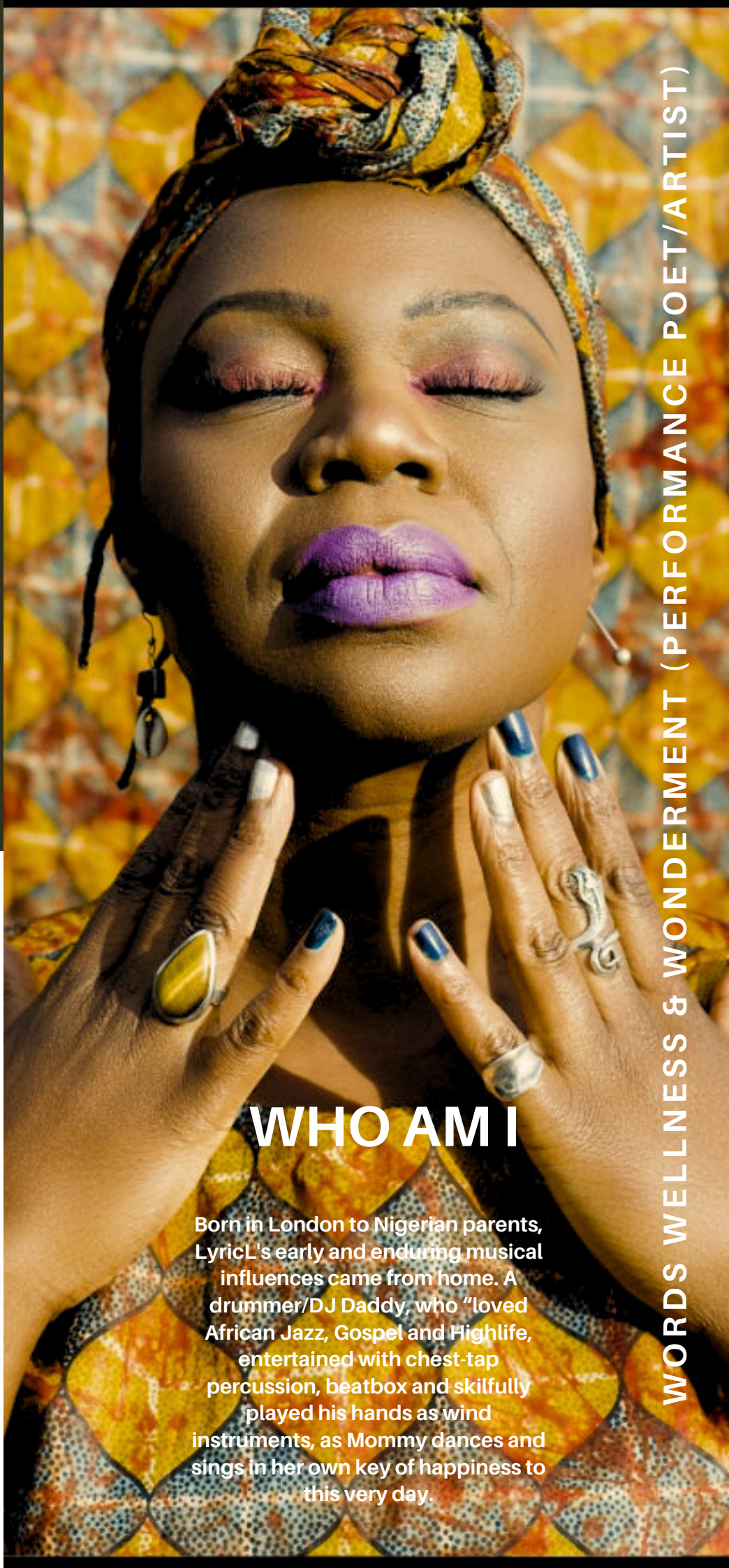
Published Performance & Music Artist, Spokenword Songwriter, Author, Voice Actor/Radio Presenter & Art Therapy Enrichment Practitioner in 'Music-Word Art,' Lyricism & Poetry.

Member of Black Girls Do Run UK (BGDRUK), & Club Music MC host & social dancer.

It is imperative to lead by example plus lead from behind, by facilitating supporting & encouraging others to do the same.

WWW.LYRICLNKECHI.COM

ENACHIWELLNESS@GMAIL.COM



WHO AM I

Born in London to Nigerian parents, LyricL's early and enduring musical influences came from home. A drummer/DJ Daddy, who "loved African Jazz, Gospel and Highlife, entertained with chest-tap percussion, beatbox and skilfully played his hands as wind instruments, as Mommy dances and sings in her own key of happiness to this very day.

WORDS WELLNESS & WONDERMENT (PERFORMANCE POET/ARTIST)

BIOGRAPHY

LYRICL NKECHI

Published Performance Artist, Spokenword Songwriter, Enrichment Mentor Practitioner for Art Therapy: 'Music-Word Art,' Lyricism and Poetry.

Born in London to Nigerian parents, LyricL's early and enduring musical influences came from home. drummer/DJ Daddy, who "loved African Jazz, Gospel and Highlife, entertained with bass tenor vocals, chest-tap percussion, beatbox and skilfully played his hands as wind instruments, as Mommy dances and sings in her own key of happiness to this very day.



MUSIC ARTISTIC DIRECTION. CREATIVE OVERSIGHT

An eclectic catalogue that spans Hip-Hop, House, Jazz through to Afro & Broken Beat with a soulful edge, stirring grooves enhanced by her lyricism & Spokenword.

Support act to Patrice Rushen, The Roots, Omar, Incognito, Big Daddy Kane, Black Thought, DJ Jazzy Jeff & Jill Scott, LyricL is an often sought after keen creative ally.

Lighting up mics & stages with her performances, LyricL has been fortunate to both tour & record with a range of talented musicians & producers; AtJazz, Seiji MJ Cole (UK) Nathan Haines (NZ) KiloBeats & David Oscar (Accra, Ghana), Roots Soul/Kyoto Jazz Massive (Japan), ReeKee (Italy), Soul Parlour (Munich), KidFonq (SA) & Guerrilla Science (Toronto).

North Sea Jazz Rotterdam, Cross The Tracks, StreetFest London, Wilderness Festival & Southport Weekender (UK), Sabolai Music Festival Ghana and the Toronto Jazz Festival (Canada), have embraced her live performances & creative works. Frankfurt Germany (Phenomenal Womens : 'Women 4 Knowledge Conference 2024 & 25'), invited as Guest Artist Speaker in Spokenword Poetry, keynote "The Colour Of Purpose" & "Shevolution"



www.LyricLNkechi.com

Spotify: LyricL

Instagram: @LyricL_

X/Twitter: @LyricL

Facebook: LyricL Nkechi

Spokenword Music Page

CONTACT/SOCIALS

Email enachiwellness@gmail.com

LYRICL

MUSIC RELEASES

DISCOGRAPHY

"YOU'VE GOT THIS" FT LYRICL & PEACEY BY ATJAZZ (ATJAZZ RECORDINGS) JAN 17 2026

"FIND MYSELF" FT LYRICL BY SOULPARLOR (ATJAZZ RECORDINGS) DEC 2025 MUNICH/UK

"CELEBRATE" FT LYRICL BY QUIET DAWN (FIRST WORD) MAY 10 2024 FRANCE/UK

• "NEVER TOO FAR" FT LYRICL - 'THE DIASPORIANS' (DELTA SOUNDS) BY DJ BEMI MAY 17 2024 NIGERIA/UK

• "PIONEERS" FT LYRICL & ANDREA CLARKE - BRUK ROGERS (TRUTHOUGHTS) APRIL 26 2024, UK

• "YES OR NO?" FT LYRICL - HAMISH BALFOUR (SHAPES OF RHYTHM) NOV 4 2022, UK

• "NOT OK" REEKEE FT LYRICL & ANDREA CLARKE - 'OUR WORLD' EP (WRONG NOTES RECORDS) SEPT 29 2022 - ITALY

• "WHEN YOU READ THIS" FT LYRICL ATJAZZ / DEEP SOUL SYNDICATE ('MAKIN' MOVES') EP, JULY 2021 UK

• "TIME" LYRICL & DON PASCAL. (R2 RECORDS), DAKAR/UK. JUNE 2020

• "LOVE THE LIFE WE LIVE" FT LYRICL & KID FONQUE, JONNY MILLER - "I MOVE TO A DIFFERENT BEAT" LP, (STAY TRUE SOUNDS), SOUTH AFRICA. 16 MAY 2019

• "AMAZED (SMBD '83MIX)" - DJ SIMBAD - 'FOMP MUSIC, UK MAY 2019

• "DA DOOM" LYRICL FT FAE SIMON (TAMBER' MUSIC) STAN ZEFF EP ATLANTA, US MAR 2019

• "UNEQUIVOCAL" LYRICL LP - PROD. INCL: VENCER CAFÉ (S.A), DAZ-I-KUE (ATLANTA), P BLOOMFIELD (NETHERLANDS) & S Busette (UK) RELEASED TOKYO DAWN RECORD MUNICH, GERMANY JAN 2018

• "AMAZED" - 16- LYRICL DEBUT ALBUM DJ/PROD & GUEST FT'S INCL.: DJ SPINNA/MDCL, HEIDI VOGEL, DREW HORLEY (FRESH ROTATIONS) UK OCT 2016

Media / artistic collaborators

Women4Knowledge' - Conference Goeth University Frankfurt Sept 2024 & 25

• Adultification Bias - Spokenword "I'm Sorry Child Q" Safe Guarding Conference Unicorn Theatre. London. Feb 2024

• Associate Producer. 'The Quick The Brave' Broadsheet Publication Journal. (Black Cultural Archives UK & Netherlands) Interviewer/Presenter/Researcher & Ass. Producer. Spring 2023 Edition

The Leading Edge - Nike Sports / Culture / Women Empowerment Ad 2022

• NHS Sussex - Video Animation - Voice Actor (Wrightly Media c/o C Cross & A Brown)

• Oxo Gallery, Waterloo & SA - "Beyond Borders" Dane Hurst & Karl Schoemaker photography 'Moving Assembly Project" SA July 2020

• BFI S.O.U.L, Southbank, Shoreditch Screening, Hackney Attic, Brixton Ritzy UK, Accra Ghana. "REASON" Screening. Ray Estaire & LyricL - UK/Ghana Oct 2017.

• Physical Theatre Spokenword "She Laughed" Humanitarian Project. 'YouPress' Creative Artists Collab UK/Bosnia. 'I Remember Srebrenica'.

LYRICL

Music Releases, Creative Art Wellness Collabs,
Radio, Film, Exhibition & Other

Written By Creative Artist & Songwriter

L Nkechi MgBado. Published - Westbury Music Ltd.

WORDS

WELLNESS & WONDERMENT

ENRICHMENT FACILITATOR
ARTIST-TUTOR & LEARNING MENTOR PRACTITIONER OF ART THERAPY,
THROUGH 'MUSIC-WORD ART' LYRICISM & SPOKENWORD POETRY.

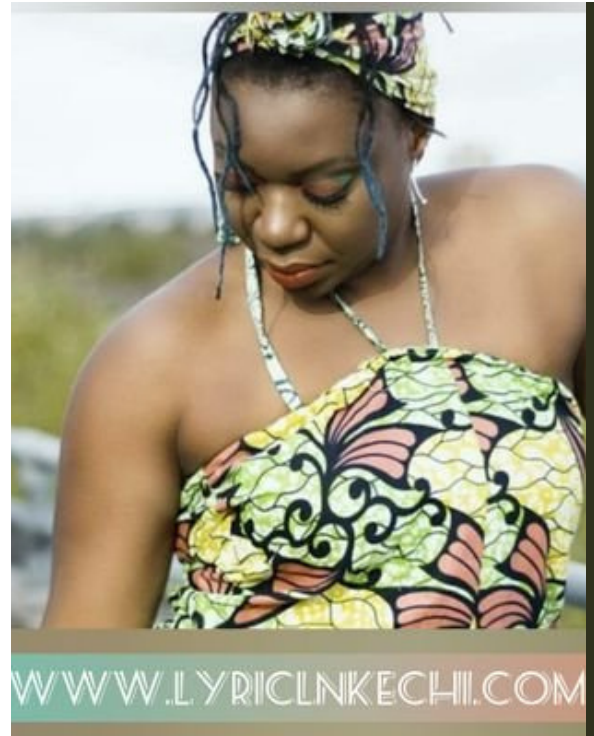
Published Performance & Music Artist,
Spokenword Songwriter, Author, Voice
Actor/Radio Presenter & Art Therapy Enrichment
Practitioner in 'Music-Word Art,' Lyricism &
Poetry. (+ Active member of Black Girls Do Run
UK & Club Music MC host/compare & social
dancer).

I believe it is imperative to lead by example as
well as lead from behind by facilitating
supporting & encouraging others in & around
our community.

As an educator & artist professional, I am an
advocate for music, dance, fitness & wellbeing.
Physically, mentally & emotionally, I love
collaborating, in order to be utilised as an
effective resource to enhance wellness.

Progressive changes can potentially be made via
experienced wellness educators who recognise
Art to be subjective, objective and imperative.

As a college Pastoral Support Officer for
enrichment, a musician, poet & performance
artist with a monthly radio show and
GamesNight, I hold spaces to empower emotive
experiences and encourage wellbeing and
highlight community joyfulness.



ARTIST DIRECTION CREATIVE OVERSIGHT

I am so thankful for the opportunity to musically
motivate and inspire people to pursue their own
creativity & poetic passion. Be it presenting,
MC/compare, rap lyricism, spokenword poetry, voice
acting, storytelling, sing/dance/laugh, and other
types of expressiveness that simply edutains...I am
here for it!

As a trained member of the colleges safeguarding
team, my focus is primarily on inclusivity community
and communication.

Creative opportunities to empower enrich and
encourage a community that has wholeheartedly
supported and encouraged me throughout my
London life, home African traditions, Black British
Club Culture, entertainment excursions, fitness & of
course selfcare stillness & wellbeing.

Additional info:

Monthly Words Wellness & Wonderment Radio Show
(UK/Canada & live online)
<https://pod.co/wordswellnesswonderment/words-wellness-wonderment>

Website & Linktree:
www.LyricLNkechi.com
www.linktr.ee/LyricLNkechi

LyricL (L Nkechi Mgbado) PGDip Applied
Anthropology & Community Arts (Goldsmiths), Design
& Media BA (Hons), (TVU/West Thames) 2023
Wellness & Counselling Level 2 Certified. Mental
Health First Aider Level 3 (Newham 2026)

Email: enachiwellness@gmail.com

