



PSHE and RSE Whole School Curriculum Overview- Based on Kapow Scheme of Work

How is the RSE & PSHE scheme of work organised?

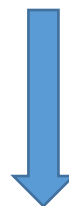
RSE Statutory guidance

PSHE National Curriculum Programme of Study



Kapow Scheme of work

Adopted and personalised to Lord Blyton Primary School



Topics taught across the school each half term

Family and relationships Health and wellbeing Safety and the changing body Citizenship Economic wellbeing Identity (Y6)

Lord Blyton Primary's RSE and PSHE scheme of work has been designed as a spiral curriculum with the following key principles in mind:

- ✓ Cyclical: Pupils revisit the five key areas throughout KS1 and KS2.
- ✓ Increasing depth: Each time a key area is revisited, it is covered with greater depth and increasing maturity.
- ✓ Prior knowledge: Upon returning to each key area, prior knowledge is utilised so pupils can build on previous foundations, rather than starting again.

	Autumn Term	Autumn Term 2	Spring Term 1	Spring Term 2	Summer Term 1	Summer Term 2
Early Years 2 year old Nursery	Manage transitions from parents to key person. Find ways to calm themselves with support. Express a range of emotions.	Establish a sense of self. Try new things. Express likes and dislikes. Engage in play with others. Enjoy exploring new places with confidence.	Develop self assurance. Playing with increasing confidence on their own.	Playing with increasing confidence with others. Safely explore emotions through play and stories.	Growing in independence. Beginning to show effortful control. i.e. waiting for a turn with support. Develop friendships.	Talk about and manage emotions. Notice and ask questions about differences between themselves and others.

3 year old Nursery	Following rules and routines Select and choose activities and resources independently. Become more confident in a familiar setting.	Remember rules. Develop independence beginning to manage basic care needs. Play with others.	Talk about feeling and emotions and begin to understand how others might be feeling.	Develop a sense of responsibility and membership of a community.	Make healthy choices about food, drink, activity and tooth brushing.	Talk and find solutions to solve conflicts.
Reception	Self-regulation: My feelings	Building relationships: Special relationships	Managing self: Taking on challenges	Self-regulation: Listening and following instructions	Building relationships: My family and friends	Managing self: My wellbeing
Year 1	Families and Relationships	Health and Wellbeing	Safety and Changing body	Citizenship	Economic Wellbeing	Transition
Year 2	Families and Relationships	Health and Wellbeing	Safety and Changing body	Citizenship	Economic Wellbeing	Transition
Year 3	Families and Relationships	Health and Wellbeing	Safety and Changing body	Citizenship	Economic Wellbeing	Transition
Year 4	Families and Relationships	Health and Wellbeing	Safety and Changing body	Citizenship	Economic Wellbeing	Transition

Year 5	Families and Relationships	Health and Wellbeing	Safety and Changing body	Citizenship	Economic Wellbeing	Transition
Year 6	Families and Relationships	Health and Wellbeing	Safety and Changing body	Citizenship	Economic Wellbeing	Identity and Transition