

# RESULTATER XTEP LØPSKARUSELLEN 2023 - Alle distanser totalt

## XTEP Løpskarusellen - 3 km

	Plass	Deltakere	Klubb / team	Tid	Aldersklasse	Plass klasse	Dato
Kvinner:	1	<b>Merete Bolin</b>	Team Sportsmanden	<b>13:35</b>	K50-59	1	15/4/23
	2	<b>Inger Johanne Klokset</b>	Team Sportsmanden	<b>13:53</b>	K50-59	2	13/4/23
Menn:	1	<b>Jan Rune Nuland</b>	Team Sportsmanden	<b>11:49</b>	M40-49	1	15/4/23
	2	<b>Frode Monsen</b>	Team Sportsmanden	<b>11:55</b>	M60-69	1	26/9/23
	3	<b>Vidar Ellefsen</b>	Team Sportsmanden	<b>14:50</b>	M60-69	2	19/04/23
	4	<b>Peder Guldbjørnsen</b>	Team Sportsmanden	<b>16:48</b>	M70-79	1	20/4/23
	5	<b>Rolf Nielsen</b>	IBM	<b>29:31</b>	M80+	1	08/05/23
		<b>Jan Billy Aas</b>	Team Sportsmanden	DNS	M40-49		
		<b>Morten Vestvik</b>	Team Sportsmanden	DNS	M50-59		
		<b>Hans-Jørgen Lund</b>	Team Sportsmanden	DNS	M50-59		

## XTEP Løpskarusellen - 5 km

	Plass	Deltakere	Klubb / team	Tid	Aldersklasse	Plass klasse	Dato
Kvinner:	1	<b>Merete Bolin</b>	Team Sportsmanden	<b>23:16</b>	K50-59	1	30/4/23
		<b>Inger Johanne Klokset</b>	Team Sportsmanden	DNS	K50-59		
		<b>May Lisbeth Hølmo</b>		DNS	K40-49		
Menn:	1	<b>Jan Rune Nuland</b>	Team Sportsmanden	<b>20:31</b>	M40-49	1	22/4/23
	2	<b>Frode Monsen</b>	Team Sportsmanden	<b>20:52</b>	M60-69	1	18/7/23
	3	<b>Egil Løken</b>	Team Sportsmanden	<b>20:54</b>	M50-59	1	08.04.2023
	4	<b>Vidar Ellefsen</b>	Team Sportsmanden	<b>22:25</b>	M60-69	2	19/04/23
	5	<b>Jan Billy Aas</b>	Team Sportsmanden	<b>22:51</b>	M40-49	2	23/9/23
	6	<b>Peder Guldbjørnsen</b>	Team Sportsmanden	<b>28:06</b>	M70-79	1	2/5/23
	7	<b>Rolf Nielsen</b>	IBM	<b>48:48</b>	M80+	1	07/05/23
	<b>Morten Vestvik</b>	Team Sportsmanden	DNS	M50-59			
	<b>Hans-Jørgen Lund</b>	Team Sportsmanden	DNS	M50-59			

## XTEP Løpskarusellen - 10 km

	Plass	Deltakere	Klubb / team	Tid	Aldersklasse	Plass klasse	Dato
Kvinner:	1	<b>Merete Bolin</b>	Team Sportsmanden	<b>48:55</b>	K50-59	1	17/9/23
	2	<b>Inger Johanne Klokset</b>	Team Sportsmanden	<b>49:23</b>	K50-59	2	10/9/23
Menn:	1	<b>Morten Stiansen Haugeland</b>	Team Sportsmanden	<b>41:52</b>	M40-49	1	18.05.2023
	2	<b>Jan Rune Nuland</b>	Team Sportsmanden	<b>43:25</b>	M40-49	2	30/6/23
	3	<b>Egil Løken</b>	Team Sportsmanden	<b>43:33</b>	M50-59	1	18.04.2023
	4	<b>Vidar Ellefsen</b>	Team Sportsmanden	<b>46:12</b>	M60-69	1	22/03/23
	5	<b>Morten Vestvik</b>	Team Sportsmanden	<b>46:42</b>	M50-59	2	11/8/23
	6	<b>Merete Bolin</b>	Team Sportsmanden	<b>51:42</b>	K50-59	3	10/8/23
	7	<b>Peder Guldbjørnsen</b>	Team Sportsmanden	<b>57:42</b>	M70-79	1	7/5/23
	8	<b>Arvid Mathiesen</b>	Team Sportsmanden	<b>1:02:47</b>	M60-69	2	14.04.2023
		<b>Jan Billy Aas</b>	Team Sportsmanden	DNS	M40-49		
		<b>Rolf Nielsen</b>	IBM	DNS	M80+		
	<b>Hans-Jørgen Lund</b>	Team Sportsmanden	DNS	M50-59			
	<b>Frode Monsen</b>	Team Sportsmanden	DNS	M60-69			

## XTEP Løpskarusellen - halvmaraton

	Plass	Deltakere	Klubb / team	Tid	Aldersklasse	Plass klasse	Dato
Kvinner:	1	<b>Merete Bolin</b>	Team Sportsmanden	<b>1:47:30</b>	K50-59	1	20/5/23
	2	<b>Inger Johanne Klokset</b>	Team Sportsmanden	<b>1:51:22</b>	K50-59	2	9/4/23
Menn:	1	<b>Egil Løken</b>	Team Sportsmanden	<b>1:38:31</b>	M50-59	1	14.04.2023
	2	<b>Vidar Ellefsen</b>	Team Sportsmanden	<b>1:39:21</b>	M60-69	1	10/04/23
	3	<b>Jan Rune Nuland</b>	Team Sportsmanden	<b>1:45:57</b>	M40-49	1	7/4/23
	4	<b>Morten Vestvik</b>	Team Sportsmanden	<b>1:54:43</b>	M50-59	2	18/5/23
	5	<b>Peder Guldbjørnsen</b>	Team Sportsmanden	<b>2:32:55</b>	M70-79	1	9/6/23
		<b>Jan Billy Aas</b>	Team Sportsmanden	DNS	M40-49		
		<b>Rolf Nielsen</b>	IBM	DNS	M80+		
		<b>Merete Bolin</b>	Team Sportsmanden	DNS	K50-59		
		<b>Hans-Jørgen Lund</b>	Team Sportsmanden	DNS	M50-59		
		<b>Frode Monsen</b>	Team Sportsmanden	DNS	M60-69		
	<b>Arvid Mathiesen</b>	Team Sportsmanden	DNS	M60-69			

## XTEP Løpskarusellen - maraton

	Plass	Deltakere	Klubb / team	Tid	Aldersklasse	Plass klasse	Dato
Kvinner:		<b>Merete Bolin</b>	Team Sportsmanden	DNS	K50-59		
		<b>Inger Johanne Klokset</b>	Team Sportsmanden	DNS	K50-59		
Menn:	1	<b>Jan Rune Nuland</b>	Team Sportsmanden	<b>3:55:24</b>	M40-49		17/4/23
		<b>Jan Billy Aas</b>	Team Sportsmanden	DNS	M40-49		
		<b>Morten Vestvik</b>	Team Sportsmanden	DNS	M50-59		
		<b>Hans-Jørgen Lund</b>	Team Sportsmanden	DNS	M50-59		
		<b>Vidar Ellefsen</b>	Team Sportsmanden	DNS	M60-69		
		<b>Frode Monsen</b>	Team Sportsmanden	DNS	M60-69		
		<b>Peder Guldbjørnsen</b>	Team Sportsmanden	DNS	M70-79		
	<b>Rolf Nielsen</b>	IBM	DNS	M80+			