

Monday, 14th April 2025

Monday Strollers:

Location: Furnace

Length: 4 miles (approx)

Maximum Number of Participants: 20

Walk Leader: Sandra Bennett Back Marker: Eileen Beaumont

To register: Contact Eileen on 07837 157 175 (*by text preferably, please*)

Registration will open at 10am on Friday, 11th April 2025 and will close at 8am on Monday, 14th April 2025

Additional Information: This week's leisurely stroll will be in the Furnace area of Llanelli.

Please note that

- there are a few short inclines along the route and a 'slightly longer' one near the end of the walk
- there is one 'awkward' stile *but* there will be support for those who would like 'a bit of help' to get over it!
- we will need to walk along a short section of a road *and* go up a few steps onto the cycle path on the return route
- walking boots are recommended, especially if there has been rain, as parts of the route could be muddy

There will be an opportunity to 'have a coffee' in the Stradey Park Hotel *at the end of the walk.*

Parking for the walk will be in the car park at Furnace Pond. The walk will start from this area at 10am.

Wednesday, 16th April 2025

Walk 1:

Location: Ferryside

Length: 6 miles (approx) Grade: C+

Walk Leader: Heather Stretch Back Marker: Eirwen Stephens

To register: Contact Heather on 07815 010 417 (*by text preferably, please*)

Registration will open at 9am on Sunday, 13th April 2025 and will close at 9am on Wednesday, 16th April 2025

Additional Information: After leaving the car park in Ferryside, we will make our way along 'The Cliff', from where we should have some superb views over the estuary towards Llansteffan (*weather permitting*). We will then climb a steep set of steps and walk across fields to the trig point and Pengay Farm. The route will then take us down through another field and through woodland to a country lane before we climb back up on the other side and come out on the outskirts of the village of Llansaint. We will continue our walk by descending along a country lane before we return to Ferryside *either* along the beach (*depending on the tide*) or along an alternative route.

Please note that there is one ascending and one descending set of steep steps through woodland along the route and that the fields could be wet and muddy in places if we have rain before the walk. Walking boots are therefore essential and a walking pole would also be very useful in places.

Parking for the walk will be in the car park in the centre of Ferryside opposite CKs supermarket and the railway station (Postcode: SA17 5TD). Currently there is no fee for parking. The walk will start from this car park at 10.30am.

Details of the venue for post-walk refreshments will be available during registration.

Walk 2:

There is no Walk 2 scheduled for this Wednesday at the moment.
Details will be sent out separately if one becomes available.

**Friday, 18th April 2025 - Monday, 21st April 2025
EASTER WEEKEND**

Saturday, 19th April 2025 / Sunday, 20th April 2025

There is no walk scheduled for this weekend at the moment.
Details will be sent out separately if one becomes available.