

Monday, 13th January 2025

Monday Strollers:

Location: Grovesend to Pontarddulais Garden Centre (*and back!*)

Length: 3 miles (approx)

Walk Leader: Eileen Beaumont Back Marker: Sue Howells

To register: Contact Eileen on 07837 157 175 (*by text preferably, please*)

Registration will open at 10am on Friday, 10th January 2025 and will close at 8am on Monday, 13th January 2025

Additional Information: The route of this short leisurely walk from Grovesend to Pontarddulais Garden Centre is fairly flat. We will stroll along the cycle path from Grovesend initially before walking along Allt Y Graban Road, which will take us to Pontarddulais Garden Centre where there will be an opportunity for us to have a 'coffee break!' *Please note that* Allt Y Graban Road is a narrow road and we will need to walk along it in single file. Walking shoes or trainers would be suitable for this walk but *please note that*, if weather conditions remain / become wintery, then walking boots are recommended and a walking pole would be useful as the cycle path becomes slippery in icy conditions.

Parking for the walk will be at the lower end of Station Road in Grovesend (Postcode for Station Road: SA4 4GY). The walk will start from this area at 10am.

Wednesday, 15th January 2025

Walk 1:

Location: Newton, Porthcawl

Length: 6 miles (approx) Grade: C

Walk Leader: Dave Clementson Back Marker: Colin Wright

To register: Contact Dave on 01792 884 777 (*please leave a message on the answerphone, if there is no answer*)

Registration will open at 9am on Monday, 13th January 2025 and will close at 9pm on Tuesday, 14th January 2025

Additional Information: The route of this walk, which will start in the pretty village of Newton (near Porthcawl), skirts essentially around the Merthyr Mawr sand dune area. Initially, we will follow the northern edge of the Merthyr Mawr Warren and then pass

Candleston Castle and through the dunes to reach the estuary of the River Ogmore. We will have some great views across to Ogmore itself as we make our way back to Newton along the beach and the coastal path, which will be mainly on sand. *Please note that* some of the paths in the earlier section of the walk are muddy and a little rough in places - strong footwear is therefore essential and walking poles would be useful.

Parking for the walk will be at, or near, the lovely St John's Church (Postcode: CF36 5PD). *Please note that* parking is limited *and that it is essential that* we minimise the number of cars - *please* would you make every effort therefore to 'car share' for this walk. Thank you.

Directions to the parking area for this walk:

- Take the M4 (towards Cardiff) and leave the motorway at Junction 37
- Take the A4229 towards Porthcawl (THIRD exit)
- At the next roundabout, take the SECOND exit (A4229)
- At the next roundabout, take the THIRD exit (A4229)
- At the next roundabout, take the FIRST exit (A4106) (Newton Nottage Road) - *please note that* this is a 20mph zone
- At the next roundabout, take the THIRD exit onto Bridgend Road
- Turn LEFT into Clevis Crescent
- Drive up Clevis Hill
- Turn LEFT onto Church Street and park at, or near, St John's Church

The walk will start from the area around the Church at 10.30am.

Post-walk refreshments will be in the Jolly Sailor.

Walk 2:

There is no walk scheduled for this Wednesday at the moment.

Details will be sent out separately if one becomes available.

Saturday, 18th January 2025 / Sunday, 19th January 2025

There is no walk scheduled for this weekend at the moment.

Details will be sent out separately if one becomes available.