

Monday, 8th July 2024

Monday Strollers:

Location: Loughor Circular

Length: 4 miles (approx)

Maximum Number of Participants: 20

Walk Leader: Marie Hoey Back Marker: Siân Davies

To register: Contact Eileen on 07837 157 175 (*by text preferably, please*)

Registration will open at 10am on Friday, 5th July 2024 and will close at 8am on Monday, 8th July 2024

Additional Information: This will be a leisurely stroll along the river bank before we continue on to the castle and the park where we will have a 'special picnic' for Mark. The paths are firm underfoot. We will then return to the Reverend James Public House for a drink and a piece of cake!

Parking for the walk will be in the car park of the Reverend James, Borough Road, Loughor, SA4 6RZ, where the walk will start at 10am.

Roamers By Bus:

Location: Pwll to Burry Port (*via the lakes*)

Length: 4 miles (approx)

Maximum Number of Participants: 20

Walk Leader: Sue Barrett Back Marker: Carolyn White

To register: Contact Sue on 07887 774 880 (*by text preferably, please*)

Registration will open at 10am on Friday, 5th July 2024 and will close at 10pm on Sunday, 7th July 2024

Additional Information: This will be an easy walk along the coast path and footpaths around the lakes. Some paths may be muddy - walking boots are therefore recommended and a walking pole could be useful.

Travel Information: Please take the X11 bus service which leaves Llanelli Bus Station at 10.40am for the Pavilion Café

Wednesday, 10th July 2024

Walk 1:

Location: Garnant and Brynamman, *including Ynys Dawela Nature Park*

Length: 6 miles (approx) Grade: C

Walk Leader: Alun Clement Back Marker: Marina Clement

To register: Contact Alun on 07582 828 755 (*by text preferably, please*)

Registration will open at 9am on Thursday, 4th July 2024 and will close at 6pm on Tuesday, 9th July 2024

Additional Information: The route of this walk, which is both scenic and quite sheltered, will take us from the car park in Garnant along the cycle track and minor lanes to Upper Brynamman. We will also walk through Ynys Dawela Nature Park before we return along the cycle track to the car park.

Parking for the walk will be in the car park in Parc Glanffrwd in Garnant where the walk will start at 10.30am.

Directions to the car park:

- In Garnant, turn left into Folland Road - just before the roundabout and Garnant Square. The village pharmacy on the right hand side of the road is a good landmark. Please use the Postcode: SA18 1NB for the pharmacy as a guide.
- Drive down Folland Road - the car park will be just a little way along this road.

Post-walk refreshments will be in Garnant Golf Club (Postcode: SA18 1NP).

Walk 2:

There is no Walk 2 scheduled for this Wednesday at the moment.

Details will be sent out separately if one becomes available.

Thursday, 11th July 2024

An Early Evening Walk

There is no walk scheduled for this Thursday evening at the moment.

Details will be sent out separately if one becomes available.

Saturday, 13th July 2024 / Sunday, 14th July 2024

There is no walk scheduled for this weekend at the moment.

Details will be sent out separately if one becomes available.

