

## Monday, 29th April 2024

### Monday Strollers:

Location: Dinefwr Park (Llandeilo): Bluebells and Deer Walk

Length: 4 miles (approx)

Maximum Number of Participants: 20

Walk Leader: Eileen Beaumont    Back Marker: Julia Clark

To register: Contact Eileen on 07837 157 175 (*by text preferably, please*)

Registration will open at 10am on Friday, 26th April 2024 and will close at 8am on Monday, 29th April 2024

Additional Information: This week's walk will be a leisurely stroll through Dinefwr Park where we will see bluebells and, hopefully, deer. *Please note that* dogs are NOT allowed on this walk. Thank you.

After entering the grounds of Dinefwr Park, we will follow a track across parkland towards Home Farm. We will then take a footpath and enter the Deer Park - *please note that* paths within the Deer Park are a little uneven in places. At the Mill Pond, we will walk along the boardwalk for a short distance before taking a wide, grassy track up to the View Point - *please note that* this track is a gradual incline which we can all take at our own pace. From the View Point we will then make our way towards Newton House before continuing our walk across parkland and entering Castle Wood. After visiting Castle Wood we will continue walking over the parkland to the Gate House.

During the walk we will see bluebells in the Deer Park and in Castle Wood and, hopefully, some deer - during the recce there were deer near the View Point.

*Please note that* there are *twelve steps* on the path down to the Mill Pond and *sixteen descending steps* in Castle Wood.

*Please note also that...* owing to the nature of the terrain on this walk walking boots are essential and a walking pole would be useful.

Please bring a drink and a snack for our mid-walk break.

Parking for the walk will be in the main car park in Crescent Road, Llandeilo (behind the shops). The walk will start from this car park at 10am.

### Roamers By Bus:

Location: Carmarthen Circular

Length: 3 - 4 miles

Maximum Number of Participants: 20

Walk Leader: Jackie Thomas      Back Marker: Jean Witheridge

To register: Contact Jackie on 01267 469431 (*please leave a message on the answerphone*)

Registration will open at 10am on Friday, 26th April 2024 and will close at 10pm on Sunday, 28th April 2024

Additional Information: The route of this walk may be muddy in places - walking boots are therefore recommended.

Travel Information: Please catch the X11 bus service which leaves Llanelli Bus Station at 9.40am for Carmarthen.

### **Wednesday, 1st May 2024**

#### **Walk 1:**

Location: Drefach Felindre

Length: 5.5 miles    Grade: C+

Walk Leader: Colin Wright      Back Marker: Caroline Wright

To register: Contact Colin on 07970 532 117 (*by text preferably, please*)

Registration will open at 9am on Saturday, 27th April 2024 and will close at 9am on Wednesday, 1st May 2024

Additional Information: The route of this walk will take us from the National Wool Museum in Drefach Felindre along country lanes and bridle paths as well as through woodland - and hopefully through a carpet of bluebells, if the timing is right! This is a pleasant area for walking and we should be treated to some wonderful views, weather permitting!

*Please note that* walking boots and walking poles are strongly recommended as sections of the route could be wet and muddy owing to the recent excessive rain. *Please note also that* there are some inclines along the route (hence the C+ grading) and *that* there is one stone stile.

Parking for the walk will be in the rear car park of the National Wool Museum in Drefach Felindre (Postcode: SA44 5UP) where the walk will start at 10.30am.

Post-walk refreshments will be in Tafarn John Y Gwas.

## Walk 2:

*Please note that this walk was originally scheduled for Wednesday, 8th May 2024 but has been brought forward a week.*

Location: Llanedi to Pontarddulais (*a linear walk*)

Length: 7 miles    Grade: C+

Walk Leader: David Clementson    Back Marker: Keith Williams

To register: Contact Dave on 01792 884777 (*please leave a message if there is no answer*)

Registration will open at 9am on Monday, 29th April 2024 and will close at 9pm on Tuesday, 30th April 2024

Additional Information: This is a pleasant walk which entails a local bus ride from Pontarddulais to Llanedi - PLEASE REMEMBER TO BRING YOUR BUS PASS!

After getting off the bus, we will walk a 3 - 4 mile 'loop' in Llanedi before we walk back to Pontarddulais. We should have some lovely views of the Loughor valley when walking the 'loop', which will take us over farmland and along a quiet country road. The linear element of the route, which will take us back to Pontarddulais, will be over farmland and through a forested area, with the final section back into Pontarddulais along a road.

*Please note that ...* although the recent weather has been largely dry, this walk is often inclined to be muddy - good walking boots are therefore essential and a walking pole would be useful.

The parking and meeting place for the walk will be in Coedbach Park in Pontarddulais (Postcode: SA4 8LG). Please meet there at 9.30am as we will need to catch the X13 bus service from the main street in Pontarddulais to take us to Llanedi to start the walk.

Directions to Coedbach Park from Llanelli:

- Travel along the A4138 through Hendy to the Black Horse roundabout
- Turn RIGHT onto the A48 across the bridge and follow the one-way system on the A48 to the traffic lights at the new Co-op supermarket
- Turn RIGHT at the lights onto Pentre Road (B4296) and then ..
- Take the FIRST RIGHT into Gwynfryn Road and then turn LEFT into Coedbach Park

Please park adjacent to the rugby pitch in Coedbach Park and NOT by the tennis courts.  
NB: Please ensure that you are there for 9.30am! Thank you.

**Saturday, 4th May 2024 / Sunday, 5th May 2024**

There is no walk scheduled for this weekend at the moment.

Details will be sent out separately if one becomes available.