

Monday, 22nd April 2024

Monday Strollers:

Location: Bynea to Penclacwydd

Length: 3 - 5 miles (approx) *(please see additional information below)*

Maximum Number of Participants: 20

Walk Leader: Andrew Harry Back Marker: Eileen Beaumont

To register: Contact Eileen on 07837 157 175 *(by text preferably, please)*

Registration will open at 10am on Friday, 19th April 2024 and will close at 8am on Monday, 22nd April 2024

Additional Information: This will be an easy, flat walk taken at a leisurely pace. The route will take us along the Millennium Coastal Path to Penclacwydd *(a distance of 2.7 miles)* where we will have a mid-walk break. Following our break we will return to Bynea *or* there will be the opportunity to finish the walk at Penclacwydd for those who wish to do so.

Please note that the walk will be along the coastal path / cycle path - walking shoes or trainers will therefore be suitable.

Parking is available opposite the Lewis Arms or in the lay-by in Yspitty Road in Bynea.

Please meet in the car park in Bynea where the walk will start at 10am.

Roamers By Bus:

Location: Halfway to Llanelli

Length: 4 miles (approx)

Maximum Number of Participants: 20

Walk Leader: Terri Lupini Back Marker: Sue Barrett

To register: Contact Terri on 07503 180 240 *(by text, please)*

Registration will open at 10am on Friday, 19th April 2024 and will close at 10pm on Sunday, 21st April 2024

Additional Information: This will be an easy walk along a paved route. We will have a break at the 'Goods Shed'.

Travel Information: Please catch the 111 bus service which leaves Llanelli Bus Station at 10.50am.

Wednesday, 24th April 2024

Walk 1:

Location: Pwll

Length: 5 miles (approx) Grade: C+

Walk Leader: Sue Roberts Back Marker: Bernard Dezelu

To register: Contact Sue on 07889 926 277 (*by text preferably, please*)

Registration will open at 10am on Saturday, 20th April 2024 and will close at 8pm on Tuesday, 23rd April 2024

Additional Information: The route of this walk will take us through countryside in the hills above Pwll. *Please note that* there are a couple of fairly long, steady climbs as well as a few stiles along the route. *Please note also* that walking boots are essential and *that* you are 'strongly advised' to bring walking poles.

The walk will start at 10.30am from the car park adjacent to the playing field on Tramway Road in Pwll (nearest postcode is SA15 4BB). There is no charge for parking.

Walk 2

There is no Walk 2 scheduled for this Wednesday at the moment.

Details will be sent out separately if one becomes available.

Saturday, 27th April 2024 / Sunday, 28th April 2024

Some members of the group will be walking a section of the All Wales Coast Path from Saturday, 27th April 2024 to Friday, 3rd May 2024

There is no local walk scheduled for this weekend at the moment.

Details will be sent out separately if one becomes available.