

Monday, 11th December 2023

Monday Strollers:

Location: Pontyates / Ponthenri Circular

Length: 4 miles (approx)

Maximum Number of Participants: 20

Leader: Heather Stretch Back Marker: Eileen Beaumont

To register: Contact Eileen on 07837 157 175 (*by text preferably, please*)

Registration will open at 10am on Friday, 8th December 2023 and will close at 8am on Monday, 11th December 2023

Additional Information: This circular walk, which will offer great views over the Gwendraeth Valley (*weather permitting*), will take us initially from Pontyates along the route of the former Burry Port and Gwendraeth Valley Railway line towards Ponthenri. We will then walk through the lower part of the village and return to the upper area of Pontyates through woodland.

The paths are reasonably firm under foot although many of them are covered in wet leaves. There are also a few short sections of shallow running water and also some muddy patches. Most of the paths are flat but the one which takes us through the woodlands back to Pontyates is 'uphill'! There are some exposed roots along some paths and there is also a small area of muddy and marshy ground near a gate. A section of the route will take us along a quiet country lane and there is one very short descent (0.25 mile approx) along a pavement. *Please note that* walking boots are essential and a walking pole would be very useful. Please bring a drink and a snack for the mid-walk break.

Parking for the walk will be in the car park in Pontyates (between the rugby club - post code SA15 5TR - and the garage / Asda store). The walk will start from this car park at 10am.

Roamers By Bus:

Location: Clyne Valley

Length: 4 miles (approx)

Maximum Number of Participants: 20

Leader: Janice Evans Back Marker: Carolyn White

To register: Contact Janice on 07967 967 411

Registration will open at 10am on Friday, 8th December 2023 and will close at 10pm on Sunday, 10th December 2023

Wednesday, 13th December 2023

'Clive's Ferryside Revisited'

Please note that this walk is being arranged as a joint 'Wednesday Walk 1 and Walk 2' walk. Clive used to walk with the Wednesday group when he lived locally and often led a walk in and around Ferryside. All Ramblers are more than welcome to come along on the walk - however, a shorter and less strenuous route will not be available on this occasion.

Location: Ferryside

Length: 6 miles Grade: C / C+

Leader: Tony Bennett Back Marker: Keith Williams

To register: Contact Tony on 07908 322 722 (*by text preferably, please*)

Registration will open at 9am on Monday, 11th December 2023 and will close at 5pm on Monday, 11th December 2023. *It will then open again* at 9am on Tuesday, 12th December 2023 and will close at 12 noon on Tuesday, 12th December 2023

Additional Information: Leaving the car park in Ferryside, we will walk along a tarmac path for over a mile before we ascend a steep set of steps leading to fields. We will then continue for another 1.5 miles before we descend steeply through woods to a road and then ascend on the other side until we eventually start our slow descent to sea level along tarmac, arriving at the Carmarthen Bay Holiday Centre. From there we will then walk a few miles along the beach (*or we will take an alternative route inland*) back to the car park.

Please note that, as mentioned above, there are some steep steps to climb up early on in the walk and an equally steep descent through the woods later on in the walk. There are no stiles. Walking boots, walking poles and walking clothes are highly recommended. Please note also that during the recce the 'tunnel' under the railway line at the caravan park had holding water to a depth of 6" - 9". 'Protective covers' for footwear will be made available!

Please note that the walk will start at 10am from the car park in Eva Terrace in Ferryside, which is opposite the train station and the Ferry Cabin (Postcode: SA17 5SF).

Saturday, 16th December 2023 / Sunday, 17th December 2023

There is no walk scheduled for this weekend at the moment.

Details will be sent out separately if one becomes available.