

Monday, 20th November 2023

Monday Strollers:

Location: East Llanelli

Length: 3.5 miles (approx)

Maximum Number of Participants: 20

Leader: Huw Francis Back Marker: Adrienne Francis

To register: Contact Eileen on 07837 157 175 (*by text preferably, please*)

Registration will open at 10am on Friday, 17th November 2023 and will close at 8am on Monday, 20th November 2023

Additional Information: This week's walk will be a leisurely stroll along a route that crosses several footbridges. *Please note that* there will be a gradual incline up to Penyfan Park where we will stop for a mid-walk break. Following our break we will then continue on towards Pemberton before we return to our starting point along cycle tracks. Walking boots and walking poles are recommended as the paths and tracks could be muddy. Please bring a drink and a snack for our mid-walk break.

Parking for the walk will be along the road that runs alongside the Lidl Store (Postcode: SA15 2DP).

Roamers By Bus:

Location: Jersey Marine to Swansea

Length: 4 miles (approx)

Maximum Number of Participants: 20

Leader: David Quarmby Back Marker: Janice Evans

To register: Contact David on 07840 410 750

Registration will open at 5pm on Friday, 17th November 2023 and will close at 10pm on Sunday, 19th November 2023

Additional Information: The route of this walk, which is flat, will take us along the Neath and Swansea Canals.

Wednesday, 22nd November 2023

Walk 1:

Location: Upper Gwendraeth Valley (Tumble / Cross Hands)

Length: 6 miles (approx) Grade: C

Leader: Heather Stretch Back Marker: Fran Balch

To register: Contact Heather on 07815 010 417 (*by text preferably, please*)

Registration will open at 9am on Saturday, 18th November 2023 and will close at 9am on Wednesday, 22nd November 2023

Additional Information: The route of this walk (*specifically chosen to avoid very muddy and wet paths*) will take us initially along the cycle path as well as along a quiet country lane and a section of main road (with a pavement) between the villages of Tumble and Cross Hands. On the return route we will walk down over a section of opencast ground before entering a woodland area where we will walk along riverside paths. These paths are firm underfoot and the mud is superficial. *Nevertheless*, walking boots are essential and a walking pole would be useful!

Parking for the walk will be in the large car park opposite Emerald Vets and Tumble Stores in Tumble (Postcode for Tumble Stores: SA14 6EL).

Directions to the car park from Llanelli:

- Take the road through Felinfoel and Swiss Valley towards Cross Hands
- After driving through Upper Tumble, bear *left* on the corner (at Maddocks) *and*
- Drive down through the residential area of Tumble until you come to the start of the shops, *and then*
- Turn *right* just after the bend in the road (where the cycle track crosses the road) and drive along the access road into the car park

The walk will start from this car park at 10.30am

Walk 2:

Location: Pembrey Mountain

Length: 7.5 miles Grade: C+

Leader: Carole Lydon Back Marker: Helen McNally

To register: Contact Carole on 07836 356 651 (*by text preferably, please*)

Registration will open at 9am on Friday, 17th November 2023 and will close at 6pm on Tuesday, 21st November 2023

Additional Information: This will be a circular walk which will start in Burry Port. *Please note that* some paths will be muddy - but they have been kept to a minimum hopefully! There are also two stiles. We should be treated to some great views over the surrounding area, weather permitting! We will return to our starting point along the coastal path and the beach.

The walk will start at 10am from the main car park near the railway station in Burry Port (Postcode: SA16 0LW). There is no charge for parking.

Saturday, 25th November 2023 / Sunday, 26th November 2023

There is no walk scheduled for this weekend at the moment.

Details will be sent out separately if one becomes available.