

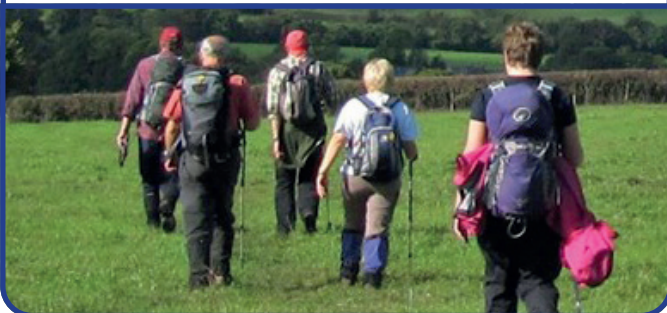
## HOW TO BOOK

### To Book your Festival Weekend By Text

Steve Brown: 07792 288 838

**Bookings Open from  
10am, Monday 3rd April 2023**

Coach Charge of £10 per Walk  
(cash only, payable on the day)



A moment to pause. Breathing in clear air.  
Sharing interests and conversations as you  
ponder the hills ahead. We have your passion  
for exploring worldwide and in the UK.

Choose any of our holidays and we'll contribute  
funds through **The Walking Partnership** to your  
group. Just tell us their name when you book.

Book a great value holiday:  
[ramblersholidays.co.uk](http://ramblersholidays.co.uk)

Walking holiday partner



**Ramblers**  
Walking  
Holidays



The Festival organisers appreciate the  
support received from the following:



Cyngor Gwledig  
LLANELLI  
Rural Council



Cyngor Tref  
LLANELLI  
Llanelli Town Council



Cyngor Tref Pen-bre a Phorth Tywyn  
Pembrey & Burry Port Town Council



Gwynne Price Transport  
Telephone: 01554 810217



Mike Clarke Printing  
9 South Avenue Llanelli  
Telephone: 01554 755321

### INSURANCE

Participants are advised to arrange their own insurance to cover any loss, damage, accident or injury to themselves or their property, as the Llanelli Group of the Ramblers' Association cannot accept responsibility. Please read the following statement from the Ramblers' Association issued on the advice of their insurance company:

*"All sporting and leisure activities have inherent hazards associated with them and rambling is no exception. In spite of the safety of members always being the paramount concern, accidents will occasionally occur. It is important, therefore, that when entering into the activity, each member appreciates that they have a responsibility to identify the hazards associated with the activity and take all reasonable steps to eliminate or minimise the potential for an accident to arise."*



## Festival of Walks

27th - 29th May 2023



[llanelliramblers.org.uk](http://llanelliramblers.org.uk)



## SATURDAY 27TH MAY 2023

### WALK 1

Bus 09.00 hrs

#### WHITE SANDS TO ST DAVID'S

If you are looking for spectacular scenery and fantastic views, then this is the walk for you. This is a wild and beautiful stretch of the Pembrokeshire coastline with clear paths and some modest ascents and descents. We will visit St Non's and Porth Clais Harbour as well as the old and new Lifeboat Stations, looking for seals, seabirds and ponies as we walk, before meandering back inland along quiet lanes and tracks.

**9 miles, fairly strenuous (Llanelli Ramblers Grade B)**

**LEADER: Teresa Howells 07974 757806**

### WALK 2

Bus 09.00 hrs

#### CAERFAI TO ST DAVID'S

Breathtaking scenery, striking geological formations and an abundance of wildlife and flora provide a stunning backdrop for the historical, legendary and industrial landscape of this short walk along the Pembrokeshire Coastal Path. We will savour the tranquillity of St Non's, said to be the birthplace of St David, and explore the picturesque harbour of Porth Clais. On our return to St David's we will visit the impressive ruins of the 14th century Bishop's Palace as well as the Cathedral dedicated to St David.

**5 miles, moderate (Llanelli Ramblers Grade C+)**

**LEADER: Heather Stretch 07815 010417**



## SUNDAY 28TH MAY 2023

### WALK 3

Bus 09.00 hrs

#### CAREW CASTLE

We walk through riverside woodland before turning inland to arrive at Carew Tidal Mill, the only one of its kind in Wales. We continue on to Carew Castle and, under its dark walls, we hear the legend of the 'Ape of Carew' before heading back to the iconic Cresselly Arms at Cresswell Quay, a Pembrokeshire gem where time has stood still.

**9 miles, moderate (Llanelli Ramblers Grade C+)**

**LEADER: Rob Davies 01554 753596 / 07974 102864**

### WALK 4

Bus 09.00 hrs

#### NARBERTH

Our walk starts and ends in Narberth, a small Welsh town which stands on the Lansker Line. We leave the town and head south through fields and along attractive bridleways. After crossing the A478 we join the Knight's Way for a short period and then head west towards Mounton Chapel. Finally we rejoin the Knight's Way to head back to Narberth, where there will be a little time to explore the various quaint shops and boutiques.

**6.5 miles, fairly easy (Llanelli Ramblers Grade C)**

**LEADER: Huw Francis 01554 751777 / 07582 555518**



## MONDAY 29TH MAY 2023

### WALK 5

Bus 09.30 hrs

#### LLANDEILO, DINEFWR CASTLE & NEWTON HOUSE

We will wander through the streets of the historic market town of Llandeilo and along the River Towy to Castle Woods where we will linger for a little while in the churchyard of Llandyfeisant Church, a small stone 19th Century church of medieval origin, nestled within the woodland. We will then continue our walk across fields and along woodland paths to Dinefwr Castle, a Grade 1 listed building, which towers over the surrounding countryside and offers spectacular views across the Towy Valley. There will then be an opportunity for those who wish to enjoy just a short walk to stroll through Dinefwr Park to Newton House, while those who wish to have a longer walk will make their way across to the lake and along the bog boardwalk to Newton House. Following a short break, we will then continue our walk, visiting the Ice House before returning through woodland overlooking the Deer Park.

**6 miles, fairly easy (Llanelli Ramblers Grade C)**

**LEADER: Sue Davies 07908 164396**



## A FEW POINTS TO BEAR IN MIND

Please wear suitable clothing and footwear and ensure you have a waterproof and food and drink.

Walk leaders have the authority to refuse to accept walkers if they are considered to be inadequately equipped.

The programme may be changed due to unforeseen circumstances.