				October 2022			
Day	Date	Grade	Miles			Leader	Registration
						Back Marker	
				WALES COAST PATH (North Wales)			
C - 1 /C	04 /40 /22		15	October 2022 – 7 th October 2022 NO WALK			
Sat/S Wed	01/10/22 05/10/22	С	5			Heather Stretch	9am Sat 1 st -
vveu	Walk 1)	Pontyberem / Cwm Mawr Circular		Fran Balch	9pm Tues 4 th
							Oct
Wed	05/10/22			NO WALK			
	Walk 2						
Sat/S	08/10/22			NO WALK			.1
Wed	12/10/22 Walk 1	C+	5	Carreg Cennen		Keith Jones Colin Wright	10am Sat 8 th Oct
Wed	12/10/22	C+	7	Frenni Fawr		Rob Davies	9.30am Sun
	Walk 2			Circular		Jan Davies	9 th - 8pm
2 12	. = 1 . = 1 = =			(Crymych)			Tues 11 th Oct
Sat/S	15/10/22	-	-	NO WALK			0.00
Wed	19/10/22 Walk 1	C+	6	Llanmadoc /		Alun & Marina	9.30am Sun 16 th Oct
Wed	19/10/22			Burry Holm NO WALK		Clement	10 OCI
vveu	Walk 2			NO WALK			
Sat/S	22/10/22	В	8.5	Pontsticill &		Jeff and Diana	10am Tues
55.45	,,			Cefyn yr Ystrad		Davies	18 th Oct – 6pm Fri 21 st Oct
Wed	26/10/22 Walk 1	С	6	Rosebush		Jan and Rob Davies	9.30am Sun 9 th Oct – 8pm on Tues 11 th Oct
Wed	26/10/22	C+	8.5	Llanmadoc Hill		Dave Sealey	9am Sun 23 rd –
	Walk 2			Circular		Phil Rogers	10am Weds 26th
Sat/S	29/10/22	В	8.5	Teifi Pools		Jeff & Diana Davies	10am Tues 25 th Oct – 6pm
						Bavies	Fri 28 th Oct
				November 2022			
Wed	02/11/22 Walk 1	С	6	Clydach		Eirwen Stephens	9.30am Sat 29 th Oct –
				POSTPONED owing to extreme weather conditions		Nina Clement	10pm Tues 1 st Nov
Wed	02/11/22 Walk 2	С	8	St Nicholas		Phil Rogers Alan John	10am Sun 30 th Oct – 10pm Tues 1 st Nov
Sun	06/11/22	C+	8	Cwm Gwrelych / Rhigos / Penderyn		John Davies David Roach	10am Tues 1 st Nov – 8.30am Sun 6 th Nov

Wed	09/11/22	С	6	Tycroes		Sue Thomas	10am Sun 6 th
	Walk 1					Fran Balch	Nov – 9pm
Wed	09/11/22			No Walk			Tues 8 th Nov
,,,,	Walk 2			140 Walk			
SUN	13/11/22	C+	6	REMEMBRANCE		Alwyn Williams	10am Fri 11 th
				SUNDAY WALK		Elaine Jenkins	Nov – 6pm
Wed	16/11/22	С	5	Upper Gwendraeth		Heather Stretch	Sat 12 th Nov 5pm Sun 13 th
Wed	Walk 1	C	3	Valley (Tumble /		Sue Thomas /	Nov – 9pm
				Cross Hands)		Fran Balch	Tues 15 th
							Nov
Wed	16/11/22 Walk 2	C+	8.5	Oxwich Bay/		Steve Brown	10am Mon
	vvaik 2			Port Eynon		Ray Lloyd	14 th – 8pm Tues 15 th
							Nov
Sat	19/11/22	B+	11	Heol-Y-Cyw		lan Rooney	10am Mon
				Nr Bridgend		Peter Clark	14 th Nov –
							4pm Fri 18 th Nov
Wed	23/11/22	C+	5	Burry Port		Colin Wright	10am Sun
Wed	Walk 1	C.	3	Barry Fore		Tony John	20 th Nov –
						·	9am on
							Weds 23 rd
Wed	23/11/22	C	8.5	Cowbridge		David	Nov 10am Sun
vveu	23/11/22 Walk 2	C	6.5	Cowbildge		Workman	20 th Nov –
							6pm Tues
							22 nd Nov
Sat/S	26/11/22	В	11.5	Canaston Woods /		Rob and Jan	9.30am
				Gelli Circular		Davies	Weds 23 rd Nov – 10pm
							Fri 25 th Nov
Wed	30/11/22	С	6	Clydach		Eirwen Stephens	9.30am Sat
	Walk 1					Nina Clements	26 th Nov –
							10pm Tues 29 th Nov
Wed	30/11/22	С	8	Green Cwm – Parc		John Coates	2.30pm Sun
	Walk 2			le Breos		Dai Roach	27 th – 10am
							Weds 30 th
							Nov
				December 2022	2		
Sat/S	03/12/22	С	8	Newton /		David	10am Mon
				Merthyr Mawr		Workman	28 th Nov –
							6pm Fri 2 nd Dec
Wed	07/12/22						Dec
	Walk 1						

Wed	07/12/22 Walk 2			CHRISTMAS LUNCH THOMAS ARMS LLANELLI		
Sat	10/12/22	В	8.5	Epynt Way (TBC)	Peter Clark Ian Rooney	8am Thurs 1 st – 6pm on Fri 9 th Dec
Wed	14/12/22 Walk 1	C+	6	Cwm Ivy (towards Landimore) POSTPONED owing to extreme weather conditions	Alun & Marina Clement	9.30am Fri 9 th – 7pm Tues 13 th Dec
Wed	14/12/22 Walk 2	C+	9.25	Ferryside - Kidwelly (linear) (by bus)	Huw Francis Robert Davies	11am Sun 11 th – 8pm Tues 13 th Dec
Sat	17/12/22	C+	9	'Jeff's Birthday Walk' Burry Port and Pembrey Scenic Trail	Jeff & Diana Davies	10am Fri 9 th - 5pm weds 14 th Dec
Wed	21/12/22 Walk 1	С	6	Kidwelly	Heather Stretch Eirwen Stephens	9am Sat 17 th – 9pm Tues 20 th Dec
Wed	21/12/22 Walk 2			No Walk		
Sat	24/12/22			Christmas Eve		
Sun	25/12/22			Christmas Day		
Mon	26/12/22			Boxing Day		
Wed	28/12/22 Walk 1	D	3 - 4	Annual Santa Trail	Alwyn & Elaine Diana & Jeff	9am Mon 26 th – 10am Weds 28 th Dec
Wed	28/12/22 Walk 2					
Sat	31/12/22			New Year's Eve		