











THIS PROGRAMME IS SUBJECT TO CHANGES WHICH ARE NOTIFIED BY EMAIL AND UPDATED ON THE WEBSITE.  
PLEASE CONTACT THE LEADER IF YOU DO NOT HAVE ACCESS TO THE INTERNET IN ORDER TO ENSURE ACCURACY.

**PLEASE NOTE THAT AS OF 6 NOVEMBER 2018, WALK LEADERS ARE NO LONGER REQUIRED TO GO TO THE LEISURE CENTRE BEFORE TRAVELLING TO THE WALK'S START POINT. THE TIME LISTED ON THE WALKS PROGRAMME WILL REMAIN AS NOW AS IF STARTING FROM THE LEISURE CENTRE. NEW WALKERS ARE ADVISED TO CONTACT THE WALK LEADER BEFORE SETTING OUT.**

Day	Date	Time	Grade	Miles	Walk Details	Contact	Tel No
<b>NOVEMBER 2018</b>							
Sat	3rd	1.30	C	3.5	Beating the Bounds, Llangennech. Light refreshments after the walk. Meet at Llangennech railway station at 2.00 pm	Alwyn Williams	01554 773597
Sun	4th						
Weds	7th	9.30	D	6	Cefn Sidan + beach cleaning	Dave Clementson & Rob Norris	01792 884777
Sat	10th						
Sun 11th		8.00	C+	6	Remembrance Sunday Walk. Wellington Bomber Site. 8 am start to arrive at crash site before 11 am.	Alwyn & Elaine	01554 773597
							
Weds	14th	9.30	C	6.5	Ewenny	Phil Rogers	07730 474970
Thurs	15th	6.30	D	3	Moonlight Stroll in Pembrey Park (Meet outside gates of Pembrey Park)	Alwyn & Elaine	01554 773597
Sat	17th	9.00	B	8-9	Llanfynydd Circular Walk	Marilla	07833 55333
Sun	18th						
Weds	21st		C	6	Meidrim	Rob and Jan Davies	07974 102864
Sat	24th	9.33	B	10	Llanwrtyd Wells Beer Festival. <b>Train walk</b> via Heart of Wales line (HOWL), food and drink in Llanwrtyd.	John Maudsley	01792 298354
							
Sun	25th						
Weds	28th	9.00	C+	6.5	Manorbier / Freshwater East	Dave Clementson	01792 884777

<b>DECEMBER 2018</b>							
Sat	1st	9.00	C+	8.5	Pyle Circular	John Davies	01792 864525
Sun	2nd						
Weds	5th	10.00	C+	6	Thurba Head, Gower	Keith Williams	07582 266932
Sat	8th	9.43	C+	9.5	Pontardulais to Llangennech. <b>Train walk (HOWL)– catch train in Llangennech.</b>	Huw & Adrienne	01554 751777
							
Sun	9th						
Weds	12th	10.00	C	6	Pembrey Mountain	Huw & Adrienne	01554 751777
Sat	15th	9.33	C+	9	Llandybie to Llandeilo- <b>train walk (HOWL)</b> Meet at Llanelli station	Alwyn and Elaine	01554 773597
							
Sun	16th						
Weds	19th				<b>CHRISTMAS LUNCH at the Ashburnham Hotel</b>		
Sat	22nd	9.30	C	6.5	Lliw Reservoirs & Torclawdd	John Davies	01792 864525
Sun	23rd						

Tues	25th				Merry Christmas to you all.		
Weds	26th						
Sat	29th	10.30 	D	4	<b>SANTA TRAIL.</b> Meet outside Pembrey Country Park.	Alwyn with Mr & Mrs Santa.	01554 773597
Sun	30th						
<b>JANUARY 2019: Happy New Year!</b>							
Weds	2nd	10.00	C	6	New Year Walk (Burry Port)	Teresa	07974 757806
Sat	5th						
Sun	6th	9.15	C+	9	Three Hills and Swansea's Lower Tawe Valley.	John Maudsley	01792 298354
Weds	9th	9.30	C	6	Cilycwm	Huw & Adrienne	01554 751777
Sat	12th	9.00	9.6	B	St Brides – Marloes Beach Circular	Rob and Jan	07974 102864
Sun	13th						
Weds	16th	10.00	C	6	Cilonen - Gower	David Workman	01792 390791
Sat	19th						
Sun	20th	9.00	B	8	Resolfen	John Davies	01792 864525
Weds	23rd	9.00	C	6	Points Castle, Solva	Rob & Jan	07974 102864
Sat	26th	9.00 	C+	8	Kidwelly to Ferryside ( <b>train walk</b> )	Huw and Adrienne	01554 751777
Sun	27th						
Weds	30th	10.00	C	6	Carway	Heather Stretch	07815010417
<b>FEBRUARY 2019</b>							
Sat	2nd	9.33 	C	9	<b>Train walk</b> - Cynghordy to Llandovery via Heart of Wales Line Trail.	John Maudsley	01792 298354
Sun	3rd						
Weds	6th	10.00	C	5	Llanelli & Parc Howard, including a tour of the Mansion	Caroline & Colin Wright	01269 844834 07891 128798
Sat	9th	9.00	B	8	Brecon Forts	John Davies	01792 864525
Sat	10th						
Weds	13th	10.30	C	5.5	Llansteffan	Huw & Adrienne	01554 751777
Sat	16th				<b>TWMPATH</b>		
Sun	17th						
Weds	20th	9.33 	C	6	Llanwrtyd Wells <b>Train walk</b> (HOWL)	Rob and Jan	07974 102864
Sat	23rd						
Sun	24th	9.00	C+	9	Llantwit Major	Teresa	07974 757806
Weds	27th	10.30	D	4	St David's Day Walk with Cawl prepared by Jeff & Diana (bring your own dish & spoon).	Alwyn, Elaine, Jeff the Chef and Diana	01554 773597
<b>MARCH 2019</b>							
Sat	2nd	9.00	C+	11	Penmaen Circular	David Workman	01792 390791
Sun	3rd						
Weds	6th	10.00	C+	6	Afon Argoed	Phil Cody	07814 836451
Sat	9th	9.00	C	9	Llandissillio to Lampeter Velfrey (linear).	Peter Clark	01554 741480
Sun	10th						
Weds	13th	10.00	C	6	Gower (tba)	David Workman	01792 390791
Sat	16th						
Sun	17th	9.00	B	9	Foeldeg ar Pedol	John Davies	01792 864525
Weds	20th	10.00	C	6	Mynydd Mawr	Heather Stretch	07815 010417
Sat	23rd						
Sun	24th						

Weds	27th	10.00	C	5	Loughor (from the Boating Club)	Hazel	01554 755331
Sat	30th	9.00	C+	8	In the steps of the doctors (Usk Reservoir)	Alwyn and Elaine	01554 773597
Sun	31st						
<b>APRIL 2019</b>							
Weds	3rd	10.00	C+	6	Kidwelly & Mynyddygarreg	Eirwen & Sandra	01554 770268
Sat	6th	9.00	B	8.5	Melin Court	Phil Cody	07814836451
Sun	7th						
Weds	10th	10.00	C	6.5	Cwm Oergwm (Heart of the Beacons, low level, from Llanfrynach)	Teresa	07974 757806
Sat	13th	11.00	C	6	Laugharne	Carl Gower	07754 582994
Sun	14th						
Weds	17th	10.00	C+	6	Amroth and Pleasant Valley	Dave, Sue & Rolo	01792 418131
Sat	20th	10.00	C+	8.5	Ogmore by Sea and Coed y Bwl	John Davies	01792 864525
Sun	21st				<b>Easter Sunday</b>		
Weds	24th		C+	6	Cwmdu	Kath Lovatt	01558 685604
Sat	27th				Crickhowell Weekend		
Sun	28th				Crickhowell Weekend		

#### ADVANCE NOTICE

- 1) All Wales Coast Path – 3 sections, starting at Chester. Friday 17<sup>th</sup>, Saturday 18<sup>th</sup> and Sunday 19<sup>th</sup> May 2019 – led by Hannah. Prestatyn will be the base for the weekend.
- 2) Two Moors Way – either 7<sup>th</sup> or 14<sup>th</sup> June 2019, led by Ian and Peter.
- 3) Pembrey Camping Weekend - 23<sup>rd</sup> – 27<sup>th</sup> August, organised by Hazel
- 4) South West Coast Path Devon – 7<sup>th</sup> – 14<sup>th</sup> September 2019, organised by Rob, Jan, Huw and Adrienne.
- 5) Llandudno and Llanelli – Agen Randonneurs visiting Wales for one week commencing 27<sup>th</sup> September. Contact Greison, Eirwen or Nina.

#### SOCIAL EVENTS – 2018 to 2019

**Thursday, 11<sup>th</sup> October, 7.30pm** - Beetle Drive with Carolyn at the Bowls Club Old Road, Llanelli

**Friday, 9<sup>th</sup> November, 7.30pm** - Music Night – Ukulele Band, at Llanelli Cricket Club  
Tickets £4.00 from Eileen, Monica or Teresa (bring your own picnic/snacks)

**Thursday, 13<sup>th</sup> December, 7.30pm** - Christmas Social at the Bowls Club Old Road, Llanelli

**Wednesday, 19<sup>th</sup> December, 12.30 for 1.00pm** - Christmas Lunch at the Ashburnham Hotel  
Tickets £17.00 from Monica, Teresa or Eileen

**Thursday, 10<sup>th</sup> January, 7.30pm** - Map Reading with Hazel at the Bowls Club, Old Road, Llanelli

**Saturday, 16<sup>th</sup> February, 7.30pm** – Twmpath at the Catholic Hall, Llanelli  
Tickets £7.50 (Fish & Chip Supper) from Monica, Teresa or Eileen

**Wednesday, 27<sup>th</sup> February** - Cawl Walk (see programme)  
Tickets £4.00 from Monica, Teresa or Eileen

**Thursday, 14<sup>th</sup> March, 7.30pm** – Talk by David Mathias at the Bowls Club, Old Road, Llanelli

**Friday, 5<sup>th</sup> April** - Skittles & Curry Night at the Poachers Rest, Ferryside. Contact Pat (01792 881057) for more details