MONDAY CLUB ROAMERS PROGRAMME 2016

***** JANUARY *****

4 th Pembrey Square to Pwll

Catch 10.03am bus x11 to Pembrey Square arrives 10.27. Leisurely 4-mile walk on firm ground along old canal then across golf course onto coastal path via Burry Port harbour to Pwll for food at 'Pavilion' café'. Shorter option walk join at Burry Port harbour at around 11.20. Leader David 01792 904133

11 th 'Dylan Thomas Walk' Swansea

Catch 9.23am bus x11 to Swansea arrives 10.03, then 10.30am bus 20A to Uplands P.O. arrives 10.40. From Dylan Thomas house 4-mile walk via Cwmdonkin park down to Oystermouth road then coastal path to marina, past Dylan Thomas theatre to Swansea Castle. Food at 'Yates Wine Lodge'. Bus x11 back to Llanelli at 20/50 past hour from bus station.

Leaders Terri 749699 and Meg 757004

18 th Bryn to Tai-Bach

Catch 9.48am bus x11 to Swansea arrives 10.28, then the 11.00am bus x3 to Bryn arrives 11.47. Leisurely 4mile walk on firm ground following old railway track down to Goytre then onto Tai-Bach for food at 'Somerset Arms'. Return bus x1 to Swansea at 15/45 past hour.

Leader David 01792 904133

25 th Burry Port to Llanelli

Catch 10.03am bus x11 to Burry Port harbour arrives 10.23. Leisurely 4½ miles walk along the coastal path into Llanelli. Short break after 2½ miles at 'Pavilion' café for drink/toilets then onto Llanelli for food at 'Wetherspoons'.

Leader Dorothy (T) 834729

***** FEBRUARY *****

1 st Pontardawe to Clydach

Catch 9.48am bus x11 to Swansea to meet our leader Janice with bus details to Pontardawe. 4-mile riverside/ canal walk on firm ground to Clydach then onto 'Millers Arms' for food. Bus back to Swansea every half hour. Leader Janice 01792 844121

8 th Ovstermouth to Swansea

Catch 10.18am bus x11 to Swansea arrives 10.58. Choice of buses to start walk in Oystermouth. 4-mile walk on coastal path into Swansea. First 21/2-miles for food stop at 'Inn on the Pond'. Then for those who wish to continue a further 1½-miles through Singleton Park onto coastal path into Swansea. Bus x11 to Llanelli at 20/50 past the hour.

Leader Dot (T) 834729

15th Llandovery circular (by train)

Meet at Llanelli rail station at 9.40am for the 9.54am 'Heart of Wales' train to Llandovery arrives 10.55. 4-mile walk around golf course, fields, riverside, returning by road to town centre for food at 'Kings Head'. Return bus 281 at 2.00pm to Carmarthen then x11 bus arrives Llanelli 4.40.

Leader David 01792 904133

22 nd Parc Howard to Pwll

Catch 9.55am bus 128 arrives 'Parc Howard' at 10.01. Leisurely 3-mile walk firstly a tour of Parc Howard and grounds then join cycle track to Pwll for food at 'Pavilion' café. Bus x11 back to Llanelli at 25/55 past the hour. Leader Meg 757004

29 th Briton Ferry to Neath

Catch 9.48am bus x11 to Swansea arrives 10.28, then 11.00am bus 157 arrives Briton Ferry 11.20. Gentle 3½-mile walk through small estate then canal towpath to Neath. Choice of café/pubs in town centre. Return bus to Swansea every 30 minutes from Neath bus station. Leader David 01792 904133

***** MARCH *****

7 th Five Roads to Furnace

Catch 9.45am bus 195 to Five Roads arrives 9.55.Leisurely walk first down quiet road to disused railtrack then 3½-mile walk on cycle track (firm ground) to Furnace for food at 'Stradey Arms' or 'Fish n Chip' café. Leaders Jan 759287 and Jackie 774203

14 th Resolven to Clyne/Tonna (Neath Canal)

Catch 9.48am bus x11 to Swansea arrives 10.28, then the 10.45 bus x5 arrives Resolven 11.34. Leisurely 3 to 4 mile canal walk to Clyne/Tonna, then return to main road for short bus ride x5 to Neath town centre for food (various choices). Return bus x5 to Swansea at 15/45 past hour. Leader Dorothy (W) 07783925082

THURSDAY 17th SPRING MEETING 11 30am * * Halfway Hotel, Llanelli * *

21 st Llandrindod Wells Circular (by train)

Meet at Llanelli rail station at 9.40am for the 9.54am train to Llandrindod Wells arrives 12.01 for a circular $3\frac{1}{2}$ -mile walk. First a $1\frac{1}{2}$ -mile walk up to and around lake for drink/toilet break at 'Lakeside' café . Then 2-mile walk to 'Rock Spa/ Lovers Leap' returning to town centre for food. Return train at 3.41pm. arrives Llanelli at 5.52.

Leaders David 01792 904133

28 th (Bank Holiday) Bynea to Loughor

Catch 10.00am bus 111 to Bynea station arrives 10.18. 3½-mile leisurely walk via Llanelli marshes, coastal path, over Loughor bridge then onto 'Porterhouse Grill' or 'Reverand James' pub for food. Return bus 111 to Llanelli at 1.33 and 2.33pm.

Leader David 01792 904133

***** APRIL *****

4 th Llansteffen Circular

Catch 10.03am bus x11 to Carmarthen arrives 11.03, then the 11.40am bus 227 arrives Llansteffen 12.02. 3-mile circular walk around village returning to 'Castle Inn' for food. Return bus 227 to Carmarthen at 2.52pm . Leaders Ken and Eirlys 835306.

11 th Oystermouth to Swansea Bay

Catch 10.18am bus x11 to Swansea arrives 10.58. Choice of buses to start walk in Oystermouth. 4-mile walk on coastal path into Swansea. First 2½-miles for food stop at 'Inn on the Pond'. Then for those who wish to continue a further 1½-miles through Singleton Park onto coastal path into Swansea. Bus x11 to Llanelli at 20/50 past the hour.

Leader Dot (T) 834729

18th Felin - Foel to Trostre

Catch 10.25am bus L2 to Felin - Foel arrives 10.34.Firstly, visit/tour of the Felin - Foel Brewery, then approx. 2-mile walk to Trostre taking-in food on the way. At Trostre visit/tour of the Steel Works Museum. Return bus to Llanelli/Swansea from side of Tesco.

Leader Kay 07968 739420

25 th Margam - A walk in the Park

Catch 9.18am bus x11 to Swansea arrives 10.03, then the 10.30am bus x1 arrives Margam Park 11.16. 4-mile circular walk mainly flat (one incline) returning to park cafe for food (or bring picnic). Bus x1 back to Swansea at 07/37 past the hour.

Leader Dorothy 07783925082

***** MAY *****

2 nd May Day (Bank Holiday) Burry Port Saunter

Meet at Llanelli rail station for the 11.18am train to Burry Port arrives 11.24, or go direct and meet at station carpark Leisurely 3-mile stroll around the town and harbour. Food arranged on day. Return train to Llanelli at 2.23/2.53pm. Leaders Ken and Eirlys 835306.

9 th Kidwelly Circular

Catch 10.03am bus x11 to Kidwelly arrives 10.38. 4-mile circular walk on old railroads and footpaths, mainly firm and good underfoot (one incline) passing industrial museum then onto 'Farm Shop' for food. Return bus x11 to Llanelli at 02/32 past the hour

Leaders Pat 780211 and David.

16th Spring Break . . Holiday in Criccieth (16 to 21 May)

Leader David 07840410750

23 rd Cynheidre to Pontyberem

Catch 9.45am bus 195 arriving Cynheidre 9.58. Easy,

2½-mile walk, firm underfoot with one short stretch on busy main road. Food at 'Caffi Cynnes'. Return bus 195 to Llanelli at 1.25pm.

Leaders Meg 757004 and Terri 821283.

30 th Llanelli Ramblers Festival of Walks (Walk 14)

Ffos Las circular . . . 5-mile, easy. Stroll through Glyn Abbey golf course, then around perimeter of Ffos Las race course, finishing with a tour of the race complex.

As in previous years all walks are followed by a 'Welsh Tea' in the Catholic Hall, Llanelli.

See Festival Programme and book directly on the Festival booking forms including the 'Welsh Tea'...

***** JUNE *****

6th Enterprise Park to Clydach

Catch 9.48am bus x11 to Swansea arrives 10.28, then the 10.40am bus 159 arrives Enterprise Park 10.57. 3½-mile flat riverside walk on firm ground to Clydach for food at 'Millers Arms'. Bus back to Swansea every half hour.

Leader Janice 01792 844121.

13th Parkmill - Penmaen - Parkmill

Catch 10.18am bus x11 to Swansea arrives 10.58, then the 11.20am bus118 arrives Parkmill Heritage Centre 11.53. 3½-mile circular wooded /pasture walk with incline at start before levelling out. Snacks at 'Shepherds' or food at 'Heritage Centre'. Return bus 118 to Swansea 3.06pm.

Leader David 07840410750

THURSDAY 16 th SUMMER MEETING 11 30am * * Halfway Hotel , Llanelli * *

20th Resolven to Glynneath (Canal side walk)

Catch 9.18am bus x11 to Swansea arrives 10.03, then the 10.15am bus x55 arrives Resolven at 11.06. 4-mile walk through forestry and canal towpath to Glynneath. Food at Mc Donalds. Return bus x55 to Swansea at 25/55 past hour.

Leader Dorothy (W) 07469185159

27 th Mewslade Bay to Rhossili

Catch 9.18am bus x11 to Swansea arrives 9.58,then the 10.20am bus 118 arrives Mewslade Bay 11.10. 3½-mile coastal walk at a leisurely pace to Rhossili. Its an up/down terrain, but not steep or hilly. If bright/sunny bring picnic or food at 'Worms Head Hotel'/cafe in Rhossili. Return bus 118 to Swansea 2.34pm.

Leader David 07840410750

***** JULY *****

4 th St. Clears Circular

Catch 10.03am bus x11 to Carmarthen arrives 11.03, then the 11.25am bus 222 to St. Clears. Easy 2-mile circular walk around the town. Choice of food in St. Clears. Return bus 222 to Carmarthen at 2.34pm. Leaders Jan 759287 and Jackie 774203.

11 th South Cornelly to Pyle (New)

Catch 8.43am bus x11 to Swansea arrives 9.23, then the 9.30am bus x1 to Port Talbot arrives 9.56. Then 10.00am bus 225 to South Cornelly arrives 10.27. Picturesque, rural 4-mile walk through fields/coastal/woodland paths (3 stiles) to Pyle. Food at 'Ye Old Wine House. Return bus x1 at 2.33pm. arrives Swansea 3.25.

Leader David 01656 716341

18 th Caswell Bay to Mumbles Head/Oystermouth

Catch 9.23am bus x11 to Swansea arrives 10.03, then 10.30am bus 2 to Caswell Drive. Short walk down to Caswell Bay for 4-mile coastal path walk via Langland/ Limeslade Bay then onto Mumbles or Oystermouth for food. Return bus to Swansea every 15 mins.from Oystermouth. Leader Janice 01792 844121

25 th Llwynhendy Footpaths via Llangennech

Catch 10.10am bus 110 arrives Joiners Arms 10.20. Circular 3½-mile walk on footpaths/roads, first part slightly uphill and may be muddy in parts. Returning for food at 'Joiners Arms'. Return bus 110 at 17/47 past hour.

Leader Terri 749699

***** AUGUST *****

1 st North Cornelly to Porthcawl

Catch 9.23am bus x11 to Swansea arrives 10.03, then 10.30am bus x1 to Pyle connects with bus 63 arrives North Cornelly 11.35. Flat, 4½-mile walk through 'Grove' golf course, hedgerows/coastal path to Porthcawl. Choice of local café/pubs or bring picnic. Return bus 63 at 2.57pm to Pyle then bus x1 at 3.33 to Swansea arrives 4.25.

Leader David 01656 716341

8 th Singleton Saunter

Catch 9.48am bus x11 to Swansea arrives 10.28, then a bus to Singleton for a 3½-mile parkland saunter taking in the Botanical Gardens on route. Food at 'Pub on the Pond', Choice of bus back to Swansea every 15 minutes.

Leaders Ken and Eirly,s 835306

15th Discovering the Afan Vallev

Catch 8.43am bus x11 to Swansea arrives 9.23, then the 10.00am bus x3 changing at Port Talbot to bus 23 arrives Pont-rhyd-y-fen at 11.05.Pleasant 4-mile walk from Richard Burton's birthplace following dis-used rail track past Cwmafon to Port Talbot for food at 'Wetherspoons'.

Return buses to Swansea every half hour at 00/30.

Leader David 01656 716341

22 nd Kidwelly Circular

Catch 10.03am bus x11 to Kidwelly arrives 10.38. 4-mile circular walk on old railtrack/footpaths, mainly firm ground and good underfoot. Stop/visit to 'Industrial Museum' (one hour) then picnic lunch on site before continuing walk. Return bus x11 to Llanelli at 02/32 past the hour. Leader Dorothy (T) 834729

29 th (Bank Holiday) Burry Port Saunter

Meet at Llanelli rail station for the 11.18am train to Burry Port arrives 11.24, or go direct and meet at station carpark. Leisurely 3-mile stroll around the town/harbour with food arranged on day. Return train to Llanelli at 2.23/2.53pm.

Leaders Ken and Eirly,s 835306.

**** SEPTEMBER *****

5th Cardiff Bay and Wetlands

Catch 9.23am bus x11 to Swansea arrives 10.03, then the 10.15am bus x10 (Cardiff Shuttle) arrives 11.17 Mermaid Quay in Cardiff Bay. 3-mile walk around the riverside park/wetlands. Choice of food outlets in the bay. Return Shuttle bus to Swansea at 2.35pm arrives 3.45.

Leader David 01656 716341

THURSDAY 8 th AUTUMN MEETING 11 30am * * Halfway Hotel, Llanelli * *

12th Bryn to Llangennech (New)

Catch 10.30am bus 16 to Bryn arrives 10.42. Leisurely 4-mile walk firstly down lovely country lane, then at roundabout, cross road and follow new footpath/cycle track into Llangennech. Cross road and follow path to the 'Bridge' pub or 'Chip-shop' for food. Return bus 16 to Llanelli at 2.00pm. Leader Dorothy (W) 07469185159

19th Whitland Circular

Catch 9.03am bus x11 to Carmarthen arrives 10.03, then 10.27am bus 322 to Whitland arrives 10.55. 31/2-mile walk on firm ground around Whitland with food arranged on the day. Return bus 224 to Carmarthen at 2.40pm. Leaders Jackie 774203 and Jan 759287

26 th Penllergare Valley Woods Circular Catch 9.48am bus x11 to Fforestfach arrives 10.14. 4mile circular walk on firm but sometimes wet ground past streams/lakes to waterfall. Break for tea/coffee. Return to 'Mary Dillwyn' pub at Fforestfach for food. Return bus x11 to Llanelli at 29/59 past hour. Leader David 01656 716341

***** OCTOBER *****

3 rd Carmarthen Circular

Catch 10.03am bus x11 to Carmarthen arrives 11.03

3½-mile circular walk around town and surrounding areas close to the river, then into town centre for food at 'Wetherspoons'. Return bus x11 to Llanelli every half-hour. Leader Jackie 774203.

10 th Llanwrtyd Wells Circular (Train)

Meet at Llanelli rail station at 9.40am for the 9.54am (Heart of Wales) train to Llanwrtyd Wells arrives 11.20. 4-mile circular walk following the river along a picturesque valley (boots recommended) to church and then returning on the opposite side of river for food at the 'Neuadd Arms'.

Return train at 4.23pm arrives Llanelli 5.52.

Leader David 01656 716341

17 th Dunvant to Ovstermouth

Catch 9.48am bus x11 to Swansea arrives 10.28 then 10.44am bus 20 arrives Dunvant 11.18. 4-mile walk on dis-used rail/cycle track to Blackpill then coastal path onto 'West Cross Inn' for food or continue a little further into Oystermouth. (Those wishing to end walk at Blackpill can take bus to 'West Cross' or Oystermouth and meet up for food). Return bus to every 15 mins from Oystermouth.

Leader Janice 01792 844121

24 th Bryn - Dafen Pond - Trostre

Catch 10.05am bus L3 to Bryn arrives 10.24. Easy 3½-mile walk on public footpaths to Dafen Pond then quiet roads to Trostre for food at the 'Sessile Oak'. Buses back to Llanelli every 15 minutes from outside Morrisons.

Leader Dorothy 07469185159

31 st Jersey Marine to Swansea

Catch 9.48am bus x11 to Swansea arrives 10.28 then the 10.58am bus x58 to Jersey Marine arrives 11.15. 4mile walk firstly along canal then quiet roads onto Swansea Marina and into city centre. Food at 'Yates Wine

(or other options). Return bus to Llanelli at 15/45 past hour Leader Terri 749699 and Maggie 758568

NOVEMBER *****

7th Cilmeri to Builth Wells (Train)

Meet at Llanelli rail station at 9.40am for the 9.53am

(Heart of Wales) train to Cilmeri arrives 11.36, 4-mile rural walk (boots recommended) on roads/fields/tracks into Builth Wells for food. Short walk to Builth Road station for return train at 3.50pm (or option to take bus to Llandrindod Wells if time allows) arrives Llanelli 5.52. Leader Janice 01792 844121

14 th Burry Port - Pavilion - Llanelli

Catch 10.03am bus x11 to Burry Port arrives 10.21. 3½-mile linear walk along the welsh coastal path with a half-way tea/coffee break at the 'Pavilion Café' before moving on into Llanelli for food at 'Wetherspoons'. (Those wishing to leave or join at the 'Pavilion' are welcome). Leader Dorothy T 834729

21 st Pontydawe to Clydach

Catch 9.48am bus x11 to Swansea arrives 10.23, then the 10.35am bus x50 arrives Pontardawe 11.23. 4-mile riverside/canal walk on firm ground to Clydach then onto 'Millers Arms' for food. Buses back to Swansea every 30mins.

Leader Janice 01792 844121 and David 01656 716341

28 th Five Roads to Furnace

Catch 9.45am bus 195 to Five Roads arrives 9.55. Leisurely walk firstly down quiet road to dis-used railtrack then a 3½-mile linear walkon cycle track (firm ground) to Furnace for food at the 'Stradey Arms' or a little further to the 'Sandpiper'. After food short walk to Llanelli.

Leaders Jan 759287 and Jackie 774203

***** DECEMBER *****

5th Joiners Arms to Lougher via Wetlands

Catch 10.10am bus 110 arrives 'Joiners Arms' Llwynhendy at 10.20. Leisurely 4-mile linear walk down to the wetlands centre, then on the coastal path over the Loughor Bridge onto 'Rev. James' pub for food. Return buses to Llanelli every 20 minutes.

Leaders Maggie 758568 and Terri 749699

THURSDAY 8 th WINTER MEETING 11 30am * * Hungry Horse, Llanelli * *

12th Burry port Christmas Saunter

Catch 11.03am bus x11 to Burry Port arrives 11.21.

Leisurely 3-mile stroll around the area a bit of 'Christmas' cheer thanks to our leaders Ken and Eirlys.For those still standing its onto the 'Cornish Arms' for food. Bus x11 back to Llanelli at 20/50 past hour. Leaders Ken and Eirlys 835306

19th Ramblers Christmas Dinner (meetings choice)

Due to bad weather conditions in the last two years and minor train time changes at the Autumn meeting it was agreed to try a new venue for our Christmas Dinner. Ashburnham Golf Club' at Burry Port. Leaders David and Brenda 01656 716341