

MONDAY CLUB ROAMERS PROGRAMME 2015

Unless otherwise indicated the walks start from Llanelli Bus Station.

***** JANUARY *****

5th Bryn - Dafen Pond - Parc y Scarlets

Catch 10.30am bus 400 to Bryn arrives 10.50. Easy 3½-mile walk on public footpaths to Dafen Pond then quiet roads to Parc y Scarlets for food. Buses back to Llanelli centre every 15 minutes .
Leaders Dorothy (W) 07936167693 and Maggie 758568

12th Pembrey to Pavilion Café Pwll.

Catch 10.00am bus x1 to Tre-nel, Pembrey arrives 10.25. Leisurely 4-mile walk on firm ground along old canal then across golf course onto coastal path via Burry Port harbour to Pavilion Café, Pwll. Shorter option walk join at Burry Port harbour around 11.15. Food at 'Pavilion Café'.
Leader David 01792 904133

19th Jersey Marine to Swansea Centre

Catch 10.00am bus x11 to Swansea, then the 11.05am bus 158 to Jersey Marine arrives 11.22. 3½-mile walk firstly along canal then quiet roads onto Swansea Marina and city centre. Food at 'Yates Wine Lodge' (or other options) Return bus to Llanelli at 15/45 past the hour
Leaders Terri 749699 and Maggie 758568.

26th Cynheidre to Pontyberem

Catch 9.45am bus 195 to Cynheidre arrives 9.58. Easy 3-mile walk on firm ground following old railway track/country roads with last short stretch on main road into Pontyberem. Food at Caffi Cynnes. Return bus 195 at 1.10pm arrives Llanelli 1.39. Leaders Meg 757004 and Terri 749699

***** FEBRUARY *****

2nd (New) Llandovery Circular (On the Train)

Meet at train station 9.20am for the 9.34am 'Heart of Wales' train to Llandovery arrives 10.38. 4 mile walk firstly around golf course perimeter, fields and river side, returning by road to Llandovery centre for food at 'Kings Head'. Return bus 281 at 2.00pm to Carmarthen arrives 3.27, then x11 bus at 3.30pm arrives Llanelli 4.25. Leaders David and Brenda 01792 904133

9th Pembrey Tre-Nel to Burry Port.

Catch 10.00am bus x11 to Tre-Nel, Pembrey arrives 10.28. 3-mile walk through the Country Park then along the beach track to Burry Port Harbour. Toilet/coffee stop at Country Park Café. Tarmac surface all the way. Food at 'Cornish Arms'. Return bus to Llanelli every half hour.
Leaders Carol and Mike 835273.

16th Ystalyfera to Pontardawe

Catch 8.55am bus x11 to Swansea then 9.50am bus 120 to Ystalyfera arrives 11.02. Easy 4-mile walk following the river on tarmac track to Pontardawe. Food at 'Dilwyn Arms'. Return bus to Swansea at 2.42pm. Leader Janice 01792 844121.

23rd Llwynhendy Footpaths via Llangennech

Catch 10.10am bus 110 arrives Joiners Arms Llwynhendy 10.20. 3½-mile walk on footpaths and roads, with first part slightly uphill and may be muddy in places. Circular walk returning for food at 'Joiners Arms'. Return bus 110 to Llanelli at 17/47 mins. Past the hour.
Leaders Maggie 758568 and Terri 749699

******* MARCH *******

2nd Swansea Bay to Oystermouth

Catch 10.00am bus x11 to Swansea arrives 10.36. then bendy-bus to start of walk. Leisurely 4-mile walk on coastal path to Oystermouth. On-route stop drinks/toilet break at coastal cafe. Food at 'Treasures' or other eatery if preferred. Bus back to Swansea every 20 minutes.
Leaders Ken 755659 and Dorothy (T) 834729

9th Cilmeri to Builth Wells (On the Train)

Meet at the station for the 9.34am 'Heart of Wales' train arrives Cilmeri 11.21. 3½-mile walk into Builth Wells for shops/food then short walk to Builth Road station for the return train at 3.49pm arrives Llanelli 5.48. Leaders Jan 759287 and Janice 01792 844121.

**THURSDAY 12th SPRING MEETING 11.30am.
* * Selwyn Samuel Centre, Llanelli * ***

16th Melin Court Falls or Canal Clyne to Neath

Catch 9.30am bus x11 to Swansea, then the 10.15am (or 10.45) bus x5 to Clyne for Melin Court arrives 11.00am (or 11.30). Flat, easy 3½-mile walk except for short climb up to waterfall or 4-mile canal walk into Neath. Food in Neath. Return bus x5 to Swansea every 15 minutes.
Leader Dorothy 820812

23rd Whitland Circular

Catch 9.30am bus x11 to Carmarthen arrives 10.20, then 10.30am bus 322 to Whitland arrives 10.55. 3½-mile rural walk on firm ground around Whitland with food arranged on the day. Return bus 224 to Carmarthen at 2.40pm. Leaders Jackie 774203 and Jan 759287

30th (New) Llanwrtyd to Llangammarch (On the Train)

Meet at train station 9.20am for the 9.34am 'Heart of Wales' train to Llanwrtyd arrives 11.05. 3½-mile walk on quite country roads/footpaths to Llangammarch. Catch 12.47pm bus 48 for ride back to Llanwrtyd. Then a short ½-mile riverside walk before returning for food at 'Neuadd Arms'. Return train to Llanelli 4.11pm. arrives 5.40. Leader David 01792 904133

******* APRIL *******

6th (Easter Monday) Bynea to Loughor

Catch 10.05am bus 111 to Bynea station arrives 10.18. 3½-mile walk via Llanelli marshes, coastal path, over Loughor bridge then onto 'Porterhouse' grill for food. Return bus 111 to Llanelli at 1.33 and 2.33pm Leaders David and Brenda 01792 904133

13th Pontardawe to Clydach (Millers)

Catch 9.30am bus x11 to Swansea to meet our leader Janice with bus details to Pontardawe. 4-mile riverside/canal walk to Clydach then onto 'Millers Arms' for food. Buses back to Swansea every half hour. Leader Janice 01792 844121

20th Pontarddulais to Garden Village

Catch 10.05am bus L3 to Pontarddulais arrives 10.40, then the 10.52am bus x13 arrives 11.00. 3½-mile walk on quiet road, grass and disused rail track to Gorseinon. Food at 'Riverside Inn' or 'Wetherspoons'. Short walk to Garden Village for return bus 110/111 every 15 mins. to Llanelli. Leaders David and Brenda 01792 904133

27th Carmarthen Circular

Catch 10.00am bus x11 to Carmarthen arrives 10.55. 3½-mile circular walk around town and surrounding area close to the river, then onto 'Wetherspoons' for food. Return bus x11 to Llanelli every half hour. Leaders Jackie 774203 and Jan 759287

***** MAY *****

4th (Bank Holiday) Joint walk with Homers

Meet at leisure centre car park 10.30am. or check with Eileen 741306.

5th Spring Break . . Holiday in Aberystwyth (5 to 9 May)

11th University/Clyne Gardens to West Cross

Catch 10.00am bus x11 to Swansea arrives 10.37 then choice of bus to start of walk at University. 3½-mile walk on coastal path to Clyne Gardens to see flowers/shrubs, then onto 'West Cross' Inn for food. Return bus to Swansea every 15 minutes. Leader Janice 01792 844121

18th Resolven to Glynneath

Catch 10.00am bus x11 to Swansea, then the 10.15am bus x5 arrives Resolven 11.04. Easy, flat 4-mile walk on the Riverside (if dry) or Canal towpath (if wet) into Glynneath. Food at 'Lamb and Flag' or café,s in town. Leader Dorothy 07936167693

25th Llanelli Ramblers Festival of Walks (2 options)

Bracelet Bay circular . . . 5 miles, fairly easy (stop for tea/ice cream) or Kidwelly Family ramble . . . 5 miles, easy (includes visit to Kidwelly Castle). See festival programme for more details and book directly on the festival forms. (walk 15 preferred). The two walks are followed by a 'Welsh Tea' in the Catholic Hall, Waunlanyragon, Llanelli.

***** JUNE *****

1st Pembrey Square to Pavilion Café Pwll.

Catch 10.00am bus x11 to Pembrey Square arrives 10.25. Leisurely 4-mile walk on firm ground along old canal then across golf course onto coastal path via Burry Port harbour to Pwll for food at 'Pavilion Café'. Shorter option walk join at Burry Port harbour at around 11.15. Leader David 01792 904133

8th Bryn to Pemberton

Catch 10.30am bus 16 to Bryn arrives 10.50. 3½-mile walk on public footpaths and quiet streets to Pemberton. May be muddy in parts. Food at 'Scarlets' Stadium. Return buses to Llanelli every 20 minutes. Leaders Terri 749699 and Maggi 758568

THURSDAY 11th SUMMER MEETING 11 30am
* * Selwyn Samuel Centre, Llanelli * *

15th Caswell Bay to Mumbles Head/Oystermouth

Catch 9.30am bus x11 to Swansea, then 10.30am bus 2 to Caswell Drive. Short walk down to Caswell Bay for 4-mile coastal path walk to Langland/Limeslade Bay then onto Mumbles Head or Oystermouth for food. Return bus to Swansea every 15 minutes from Oystermouth. Leader Janice 01792 844121

22nd A Roam around Kidwelly

Catch 10.30am bus x11 to Kidwelly centre arrives 10.58. Two hour walk around town, coastal path, harbour and canal with food at 'Time for Tea'. Bring drink for half-way break. Return bus x11 at 22/52 past the hour. Leaders Eirlys and Ken 835306

29th Loughor to Penclawdd

Catch 10.10am bus 110 to Loughor arrives 10.26. 4-mile walk along Welsh Coastal path on tarmac tracks, pavements, fields, wood and park (firm underfoot except field/wood) to Penclawdd. Food at 'Royal Oak'. Return bus 116 at 14.33pm to Gowerton, then bus 16 to Llanelli. Leader David 01792 904133

***** JULY *****

6th Penyfai Lane to Furnace Pond

Catch 9.45am bus 195 to Maengwyn arrives 9.54. 3-mile walk down Penyfai Lane then taking the path across fields to Furnace Pond. Food at 'Stradey Arms'. Bus 197 back to Llanelli at 1.05pm, or short walk back into Llanelli. Leader Dorothy 07936167693

13th (New) Jersey Marine to Neath (via Neath Abbey)

Catch 9.30am bus x11 to Swansea, then 10.30am bus x55 to Jersey Marine arrives 10.45. Flat, leisurely 4½-mile canal side walk with stop at 'Neath Abbey' for drinks/toilet break. Then following canal into Neath centre for food, various options. Return bus to Swansea every 15 mins
Leader David 01792 904133

20th Laugharne - including Dylan's Birthday Walk

Catch 10.00am bus x11 to Carmarthen, then the 11.25am bus 222 to Broadway arrives 11.58. 3½-mile coastal path walk on firm ground (one stile/ one steep incline) taking in Dylan's birthday walk to Laugharne. Food in square at café/ fish shop or bring picnic. Return bus 222 at 2.27pm
Leaders Jan 759287 and Jackie 774203

27th Singleton Saunter

Catch 10.00am bus x11 to Swansea, then a bus to Singleton for a 3½-mile parkland saunter taking in the Botanic Gardens on route. Food at 'Pub on the Pond'. Choice of buses back to Swansea.
Leaders Ken and Eirlys 835306

***** AUGUST *****

3rd Penllergaer Valley Woods

Catch 10.00am bus x11 to Fforestfach arrives 10.20. Choice 2½-mile linear walk/4½-mile circular walk on firm but sometimes wet ground past streams, lakes and waterfall. Food at 'Lezzet' café Penllergaer. Linear walk return bus x13 via Pontarddulais every 20 mins. or circular walkers return on x11 to Llanelli at Fforestfach. Buses 00/30 past hour. Leader David 01792 904133

10th Margam - A walk in the Park

Catch 9.30am bus x11 to Swansea, then the 10.30am bus x1 to Margam Park arrives 11.16. 4-mile circular walk mainly flat (one hill) return to park café for food (or bring picnic) Bus x1 back to Swansea at 07/37 past hour. Leader Dorothy 07936167693

17th Pen-y-Mynydd to Burry Port

Catch 9.20am bus 197 to Pen-y-Mynydd (Heol Ddu) arrives 9.38. 3½-mile leisurely stroll over the common then down through fields and tracks to Burry port for food at 'Cornish Arms'. Return bus to Llanelli at 00/30 past hour. Leaders Carol 835273 and Joyce 752991

24th Llansteffen Circular

Catch 10.30am bus x11 to Carmarthen arrives 11.25, then 11.40am bus 227 arrives Llansteffen 12.02. 3-mile circular walk around village returning to 'Castle Inn' for food. Return bus 227 to Carmarthen at 2.52pm. Leaders Ken and Eirlys 835306

31st (Bank Holiday) Bynea to Loughor

Catch 10.05am bus 111 to Bynea station arrives 10.18. . 3½-mile leisurely walk via Llanelli marshes, coastal path, over Loughor bridge then onto 'Porterhouse Grill' for food. Return bus 111 to Llanelli at 1.33 and 2.33pm. Leader David 01792 904133

***** SEPTEMBER *****

7th North Cornelly to Porthcawl

Catch 9.30am bus x11 to Swansea arrives 10.13, then the 10.30am bus x1 to Pyle connects with bus 63 arrives North Cornelly 11.35. Flat, leisurely 4-mile walk through golf course, hedgerows, and

coastal path to porthcawl. Choice of local eateries or bring picnic. Return bus 63 at 2.57pm to Pyle then bus x1 at 3.33 to Swansea. Leader David 01792 904133.

14th Swiss Valley to Furnace

Catch 10.25am bus L2 to Swiss Valley Shops arrives 10.47. 4-mile leisurely walk through fields down to reservoir onto Felinfoel then cycle track to Furnace. Food at 'Stradey Arms'. Bus 195 back to Llanelli at 1.33pm, or short walk back into Llanelli. Leader Joyce 752991

THURSDAY 17th AUTUMN MEETING 11 30am *** * Halfway Hotel , Llanelli * ***

21st Kidwelly Circular (part of the Festival Walk)

Catch 10.00am bus x11 to Kidwelly arrives 10.28. 4-mile circular walk on old railroads and footpaths, mainly firm ground and good underfoot (one incline), then returning to centre via Kidwelly castle. Food at 'The Gate Cafe', or bring a picnic. Return bus x11 back to Llanelli at 20/50 past the hour. Leaders Joyce 752991 and Pat 780211

28th St Clears Circular

Catch 10.00am bus x11 to Carmarthen arrives 10.55, then the 11.25am bus 222 to St Clears. Easy 2-mile circular walk around town. Choice of food in St Clears. Return bus 222 to Carmarthen at 2.40pm. Leaders Jan 759287 and Jackie 774203

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5th Llwynhendy Footpaths via Llangenneth

Catch 10.10am bus 110 arrives Joiners Arms Llwynhendy 10.20. Circular 3½-mile walk on footpaths and roads, first part slightly uphill and may be muddy in parts. Returning for food at 'Joiners Arms'. Return bus 110 at 17/47 past hour. Leaders Terri 749699 and Maggie 758568

12th Cilmeri to Builth Wells (Train)

Meet at rail station for the 9.54 'Heart of Wales' train arrives Cilmeri 11.36. 4-mile rural walk on roads/ tracks into Builth Wells for shops and food. Short walk to Builth Road station for train at 3.50pm arrives Llanelli 5.52. Leaders Jan 759287 and Janice 01792 844121

19th Enterprise Park to Clydach

Catch 9.48am bus x11 to Swansea Bus Station arrives 10.28 and join our leader Janice for bus to Enterprise Park. Leisurely 3½-mile walk beside the river to Clydach and onto 'Millers Arms' for food. Bus back to Swansea every half hour. Leader Janice 01792 844121

26th Llanwrtyd Wells Circular via Neuadd Arms (Train)

Meet at rail station for the 9.54am 'Heart of Wales' train arrives Llanwrtyd 11.20. 4-mile circular walk following river along picturesque valley (boots recommended) to church and then returning for lunch at the 'Neuadd Arms'. Return train at 4.23pm arrives Llanelli 5.52. Leader David 01792 904133

*** * * * * NOVEMBER * * * * ***

2nd Duvant to West Cross

Catch 9.48am bus x11 to Swansea arrives 10.28, then 11.00am bus 21A to Duvant arrives 11.34. Leisurely 4-mile on cycle track down to Blackpill (pick-up bus to Inn) or carry on coastal path to 'West Cross Inn' for food. Buses back to Swansea every 15 minutes. Leader Janice 01792 844121

9th Cardiff Bay to Penarth or Jersey Marine to Swansea

Catch 9.23am. bus x11 to Swansea arrives 10.03, then the 10.30am Greyhound 100 Shuttle bus direct to Mermaid Quay (Cardiff Bay) arrives 11.32. 1½-mile linear walk on the coastal path to the marine barrage. Short break, returning (1½-mile) for food to 'Wetherspoons at the Mermaid Quay in Cardiff Bay. Return bus Greyhound 100 Shuttle at 2.58pm arrives Swansea 4.00. Leader David 01792 904133 or Terri 749699

16th Carmarthen Circular

Catch 10.00am bus x11 to Carmarthen arrives 10.55.

3½-mile circular walk around town and surrounding areas close to the river, then back into town to 'Wetherspoons' for food. Return bus x11 to Llanelli at 00/30 past hour.

Leaders Jackie 774203 and Jan 759287

23rd Whitland Circular

Catch 9.03am bus x11 to Carmarthen arrives 9.58, then 10.30am bus 322 to Whitland arrives 10.55.

3½-mile rural walk on firm ground around Whitland with food arranged on the day. Return bus 224 to Carmarthen at 2.40pm. Leaders Jackie 774203 and Jan 759287

30th Oystermouth to Swansea Bay

Catch 9.48am bus x11 to Swansea arrives 10.28, then choice of buses to start of walk at

Oystermouth. Leisurely 4-mile walk on coastal path to Swansea Bay with on-route stop at coastal café for drinks/toilet. Choice of café/pubs for food in town centre. Bus x11 back to Llanelli every 30 minutes

15/45 past hour. Leader Dorothy (T) 834729

******* DECEMBER *******

7th Bryn to Parc y Scarlets (via Dafen Pond)

Catch 10.30am bus 400 to Bryn arrives 10.50. 3½-mile walk on public footpaths to Dafen Pond then quiet roads to Parc y Scarlets for food. Buses back to Llanelli opposite Morrisons every 15 minutes.

Leaders Dorothy (W) and Maggie 758568.

THURSDAY 10th WINTER MEETING 11 30am

*** * Halfway Hotel , Llanelli * ***

14th Burry Port Christmas Saunter

Catch 11.00am bus x11 to Burry Port arrives 11.20. Leisurely 3-mile stroll around the area including a bit of 'Christmas' cheer thanks to our leaders Ken and Eirlys. Food at the 'Cornish Arms'. Bus back to Llanelli at 05/35 past hour. Leaders Ken and Eirlys 835306

21st Christmas Dinner at Neuadd Arms (Llanwrtyd Wells)

Meet at Llanelli rail station at 9.20am for the 9.54am train to Llanwrtyd Wells arrives 11.05. Short walk to the 'Neuadd Arms' to confirm numbers, then weather permitting an optional short walk approx. 1-mile along the riverside and back for Christmas lunch in the restaurant. Please confirm your Christmas booking/menu choice with David. Return train at 4.23pm. arrives Llanelli at 5.52.

Leaders David and Brenda 01792 904133

28th No planned walk (unless requested)

Have a Merry Christmas and Happy New Year. Hopefully see you all in 2016.