

The 2015 Festival Programme



All walks meet at the Selwyn Samuel Centre/Leisure Centre Car Park, Park Crescent, Llanelli.

FRIDAY, 22 MAY 20.00 hrs:

Get together and briefing at The Selwyn Samuel Centre, Park Crescent, Llanelli, where a bar will be available. (If you miss this, any relevant information will be available at the start of your first walk). N.B. See "A few points to bear in mind" overleaf.

SATURDAY, 23 MAY

WALK 1 BLAENAVON AND COAL HOUSE (UNESCO WORLD HERITAGE SITE)

Bus 08.45 hrs

Experience the spectacular views on Coity Mountain and marvel at both natural and man-made landscapes, the focus of books by Alexander Cordell, especially "Rape of the Fair Country". Visit the best example of an 18th century ironworks in Europe, the setting of the award winning TV programme "The Coal House".

Leader: Alwyn Williams 01554 773597 9 miles, strenuous

WALK 2 BLAENAVON AND BIG PIT

(UNESCO WORLD HERITAGE SITE) Bus 08.45 hrs

The experience will begin with a visit underground to Big Pit National Museum of Wales, followed by a walk through a preserved industrial landscape and hillsides of high scenic qualities, passing Garn Lakes and the source of the Afon Lwvd. We will then steam south to Blaenavon on the Heritage Railway (cost approx.£7), returning to the Whistle Inn for optional refreshments and/or a meal.

Leader: Hazel Blewett 01554 755331 4.5 miles, easy

WALK 3 SOUTH GOWER COAST PART 1:

LLANGENNITH TO PORT EYNON Bus 09.00 hrs

An opportunity to walk 25 miles of the Gower Coast when combined with Walks 8 & 13, or choose individual walks. The walk starts at the pretty village of Llangennith, famed for its excellent beach and all year surfing, and climbs over Rhossili Downs with superb views of Rhossili Bay and Worms Head. We then follow the cliffs to Gower's most southerly point, Port Eynon.

Leader: John Maudsley 01792 298354

9.5 miles, fairly strenuous

SUNDAY, 24 MAY

WALK 6 BRECON BEACONS, PEN Y FAN VIA CWM LLWCH AND CWM SERE

Bus 08.45 hrs

Starting at Libanus we walk into Cwmllwch, and from here over Allt Ddu into Cwm Sere climbing the valley head wall, to reach the majestic summits of Pen y Fan and Corn Ddu, before descending to finish at Storey Arms.

Leader: John Davies 01792 864525 8.5 miles, strenuous

WALK 7 BRECON – TWO FORTS AND A CATHEDRAL

Bus 08.45 hrs

A walk from the riverside along a pleasant bridleway to the site of a Roman fort continues along guiet country lanes until we eventually climb to an iron-age fort, Pen-y-Crug – with terrific views of Pen y Fan. We descend towards Brecon through the Priory Groves woodlands. Leader: Pat Pope 01792 881057 7 miles, moderate

WALK 8 SOUTH GOWER COAST PART II: **PORT EYNON TO PENNARD**

Bus 09 00 hrs

An opportunity to walk 25 miles of the Gower Coast when combined with Walks 3 and 13, or choose individual walks. Following on from Walk 3, we continue from Port Eynon through Horton to Oxwich via Oxwich Point with wonderful views of the bays. A long walk along the beach (good time for a paddle) and a climb up above Three Cliffs Bay follows with superb views back towards Oxwich, before finishing at Pennard.

Leader: Huw Francis 01554 751777

8 miles, fairly strenuous

MONDAY, 25 MAY

WALK 11 FAN FAWR, CRAIG CERRIG GLEISIAD AND FAN FRYNACH

Bus 08.45 hrs

An airy walk over the less crowded summits of the Brecon Beacons National Park will provide plenty of opportunity to admire and photograph the iconic peaks of Pen y Fan and Corn Du. Good weather will permit dramatic views of the Carmarthen Fans in the west and the tops of the eastern Beacons towards Abergavenny. Leader: Rob Davies **01554753596** *7 miles, strenuous*

WALK 12 TAF FECHAN AND CYFARTHFA CASTLE

Bus 08.45 hrs

This walk based on the beautiful wooded ravine of the Taf Fechan affords wide upland views and glimpses of our often cruel past. The background can be picturesque or harsh, grandiose or pastoral, on our route past an ironmaster's last resting-place, across a listed viaduct, to end at the museum now housed in his baronial home. Leader: Greison Thomas 01792 534289 6 miles, moderate

WALK 13 SOUTH GOWER COAST PART III: PENNARD TO BRACELET BAY

Bus 09.00 hrs

An opportunity to walk 25 miles of the Gower Coast when combined with Walks 3 & 8, or choose individual walks. For the final section following on from Walk 8, we continue from Pennard to Pwlldu Bay and Caswell Bay, then follow the cliffs to Langland Bay, all favourites with holidaymakers. The walk continues along rugged coastline to Bracelet Bay with views of Mumbles Head. Superb scenery all the way.Leader: Geoff Thomas 01554 833157 7.5 miles, fairly strenuous

WALK 4 GOWER: CIRCULAR WALK FROM PORT EYNON

Bus 09.00 hrs

A scenic and varied walk to Horton incorporating both land and seascapes then climbs to Western/Eastern Slade and a quiet lane to Penrice Church where we have lunch. We follow a woodland and ridgeway track around Merrysun before returning to Port Eynon.

Leader: Eileen Beaumont 01554 741306

7 miles, fairly easy

WALK 5 CWMDU Bus 09.30 hrs

From the tiny Carmarthenshire village of Cwmdu, we make our way via wildflower meadows to Talley, pausing at the 12th century Abbey, before climbing towards Mynydd Cynros; the views make the effort worthwhile. On our return, there will be time in the volunteer-run Cwmdu Inn for a prize-winning pie and pint!

Leader: Dorothy Taylor 01269 593080

8 miles, moderate

Following each of the walks on Saturday there will be the opportunity to have a bar meal before returning to Llanelli.

WALK 9 GOWER: PENNARD TO BISHOPSTON

Bus: 09.00 hrs

From Pennard Golf Club we descend to Pobbles with dramatic views of Pennard Castle, Three Cliffs Bay and Oxwich Bay. We continue along the coastal path to Pwlldu and Brandy Cove, then inland to the medieval Church of St. Teilo via Bishopston Valley.

Leader: Heather Stretch 07815 010417

6 miles, moderate

WALK 10 DINEFWR CASTLE AND DINEFWR PARK

Bus 09.30 hrs

Dinefwr Park is the beautiful setting for our walk where we will visit the 10th century castle with its extensive views along the Tywi Valley. Also in the grounds are a medieval deer park, a unique herd of white cattle and Newton House, recently renovated by the National Trust.

Leader: Mike Corker 07790 750118

6 miles, fairly easy

Festival Party!! 19.30 hrs at the Selwyn Samuel Centre. This year the party will include a 2-course meal and disco.

• £14.00 per adult. • £7.00 per child (under 10).

WALK 14 GOWER: BRACELET BAY CIRCULAR

Bus 09.00 hrs

The popular coastal path will take us from Bracelet Bay to beautiful Caswell Bay via Langland (tea or ice cream stop). We return on higher ground overlooking the fantastic bays of south east Gower.

Leader: David Clementson 01792 884777

5 miles, fairly easy

WALK 15 KIDWELLY FAMILY RAMBLE

Bus 10.00 hrs

2015 marks the 900th anniversary of Kidwelly's heritage. Join in the celebrations by walking along ancient paths, visiting historical landmarks and seeing hidden beauty spots with guaranteed fun and surprises! The price includes a visit to Kidwelly Castle.

Leader: Elaine Jenkins 01554 890596

5 miles, easy

Welsh Tea from 16.00 to 18.00 hrs

The traditional Welsh tea and social gathering is in the Catholic Hall, Waunlanyrafon, Llanelli (backing onto the Leisure Centre).

Free for walkers, £4 for non-walkers.

Website: www.llanelliramblers.org.uk e-mail: festival@llanelliramblers.org.uk





