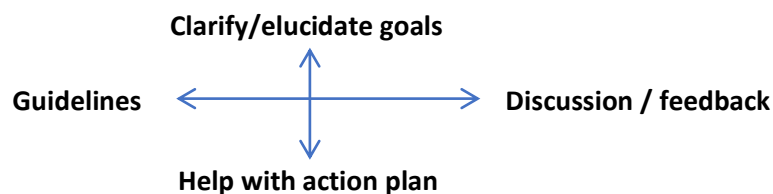


Mentee: How to prepare for the first mentoring meeting

1. What do you wish to get out of the mentoring process? Describe your expectations in general terms.

2. What sort of help do you need right now? For example:



3. What do you need to know about your mentor?

4. What do you want your mentor to know about you?

5. What do you think should be included in the alignment of expectations?

6. What can you offer your mentor (e.g., enthusiasm, challenges, openness)?

7. How will you deal with the issue of confidentiality in the mentoring relationship?

8. What are your strong points? What are your greatest needs?

9. What topics do you wish to discuss straight away? Which ones are most important to you?

10. What examples can you use to illustrate the topics that are most important to you?

(Source prof. David Clutterbuck)