

Learning and Evaluation

(to be used at the individual meetings)

To be answered by the mentee

1. At the start of or before the meeting: What do I remember from the last meeting?

2. The aim defined at the last meeting:

- How have I worked with it?
- What went well?
- What has been difficult?

3. At the end of the meeting:

Take a few minutes to answer, and discuss with your mentor, the questions below.

- What has been useful during this meeting?
 - What should the mentor do more often?
 - What am I going to work on for next time?
 - How will I be able to tell that I am making progress?
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To be answered by the mentor

1. At the start of or before the meeting: What do I remember from the last meeting?

2. The aim defined at the last meeting: _____

3. At the end of the meeting:

Take a few minutes to answer, and discuss with your mentee, the questions below – or use them as the basis for a conversation with your mentor.

- In what situations did I feel interested and energy in my role as a mentor?
- What have I taken away from this meeting?
- What aspects of myself have I become more aware of during this meeting?