Mentor in GCCP

Agenda:

- About GCCP
- Who are in the room
- Experiences with other cultures &
- Exchange of good practice







PERSPECTIV

COACHING MENTORING STRESSHÅNDTERING

G - CCP

- Started in 2012 with a 3 months pilot program as CCP
- Received funding in 2013 for 3 years with one admission per year
- CCP in 2015 it expanded to <u>Greater</u> CCP and got Foreningen Nydansker as a partner for the mentor program
- In 2016 GCCP got more funding and now have two admissions per year with up to 160 students p.a. and with a contract until 2019
- In 2020, the funding was extended by 7 rounds until September 2023. Relocare took over the mentoring work from Nydansker.



PERSPECTIV

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The participants GCCP13

- 155 applicants 76 participants
 - Perspectiv have 31 participants this time
- 33 different countries
- 9 educational institutions most from KU, DTU and CBS

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PERSPECTIV

+45 24 27 07 83 lisaott@perspectiv.dk www.perspectiv.dk • Read more at <u>lisaott.dk</u> – mentors toolbox



Mentee workshop & presentation

CV, Let Pho Københavns Kommune

LinkedIn, About our mentors

WHO ARE OUR MENTORS?

Mentors are <u>employees</u> or <u>entrepreneurs</u> from <u>different</u> companies in the Copenhagen <u>area</u> - <u>within</u> <u>your</u> professional <u>field</u>. They work on a <u>voluntary</u> basis WHAT HAPPENS WHEN YOU GET A MENTOR?

6 months' commitment

Meetings and correspondance with your mentor

Matchmail in mid November (incl. invitation to our LinkedIn group

Two online courses





goals strategies portunities ligher goals Driving force Long-term Concepts Innovative Changes Senses Visions Intuitive Direct On time Energetic Impatient Efficiency Daily results Best results Time efficient Unick results ily routines term goal oriented suits

Mentees workshops



Punctuality Procedures Fixed frames Self-controlled One thing at a

Results

The mentoring rules as we know them...

- 1. Mentee is responsible for agendas and has the responsibility to transfer the learning into daily practice and to be active in the relationship with the mentor
- Mentor has the responsibility to be present at the meetings in body and mind – and is not responsible for keeping the mentee active in the relationship
 - Sign an alignment of expectations at the first meeting.
 - Confidentiality is crucial
 - The official mentorship ends after 6 months





PERSPECTIV

3.

4.

5.

STRESSHÅNDTERING

Mentors Toolbox find it on lisaott.dk



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- The mentees' program
- Slides from mentor meetings
- Alignment of expectations (at the first meeting)
- Mentees preparation (before first meeting)
- Question to the mock job interview
- SMART goals
- Eisenhowers Matrix
- About Garuda profile
- "Mentors Motivation" by David Clutterbuck
- Links: Erin Meyer and Geert Hofstede and more....



Mentor's good practice

	Walk and talk for the first meeting -> "Motion your emotions"	Don't be tempted by templates	Human capabilities are needed	Ask the mentee to find some job-ads or companies they are attracted to – then ask why they liked them	Talk about the values of the company
PERSPECTIV COACHING MENTORING STRESSHÅNDTERING +45 24 27 07 ⁸ 3 lisaott@perspectiv.dk www.perspectiv.dk	Use mentors own network to link mentee to a person in a related job	If the mentee is narrow in their wish for a company: Use DI's homepage – here you can see all kinds of companies	Use mentors own experience in job search	Having a framework from the beginning	Use the alignment of expectation – flexibly
	Ask and listen	Address the most important problem first – seen from the mentee's point of view	Remember that IDA – and other unions - have a discount for students	Help the mentee to be aware of who they are and	Help the mentee to write a cv that shows who mentee are
			ntee to learn Ik Danish Let's use Lini		EUROPEAN UNON Surgeon Socia Fund Investing in your future TALENT TO DENMAR DENMAR

DK

Danmarks Erhvervsfremmebestyrelse

Happy GCCP13

• GCCP13 ends in March 2022

 GCCP14 starts in April 2022 – with a mentor meeting April 4. 1715 – 1930



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