# Information to mentors in GCCP

### PERSPECTIV

COACHING MENTORING STRESSHÅNDTERING



THE EUROPEAN UNION

The European Social Fund

Investing in your future

Danmarks Erhvervsfremmebestyrelse



### Greater Copenhagen Career Program

#### **Purpose:**

• To help international students find a job in Denmark after graduation

#### How:

- Through participation in the Greater Copenhagen Career Program they get tools for job search and get in contact with the labour market during their studies
- Each participant will be matched with a professional **mentor** who can provide information about job possibilities, (in)formal rules at the work place, job seeking strategies etc. combined with the personal mentorship.
- The Mentor and Networking Program is taking place October 2020 May 2021. In this period the participants will be meeting with their mentor 5-8 times (preferably at the mentor's work place)

#### **Partners:**

- <u>Relocare</u>
- Perspectiv by Lisa Ott

GCCP is a partnership between Københavns Erhvervshus (Business House Copenhagen), Copenhagen Capacity, Danish Industry and a number of universities. Financed by EU Social Fund and Copenhagen Municipality



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### Program period: March – November 2021

#### March/April:

- Garuda Profile
- Symbion Visit - Presentation
- Technique & Mentee Workshop

Mentor match Contact information send April 19.

- CV, Cover Letter and Phone Call Workshop (April/May) May/June Talent Conference with participation of Danish companies / company visits May 26<sup>th</sup> and 27<sup>th</sup>

Job- and Mock Interview June/September

LinkedIn, Networking & Unsolicited Applications (May/Ju ne) August/September: Online course: Appearance and Social Interaction by Jasper Frost (August/September) **October/November:** - After Graduation

with trade unions, unemployment fund and SIRI October 26th

Active participation  $\rightarrow$  Diploma

Graduation Ceremony November 17th

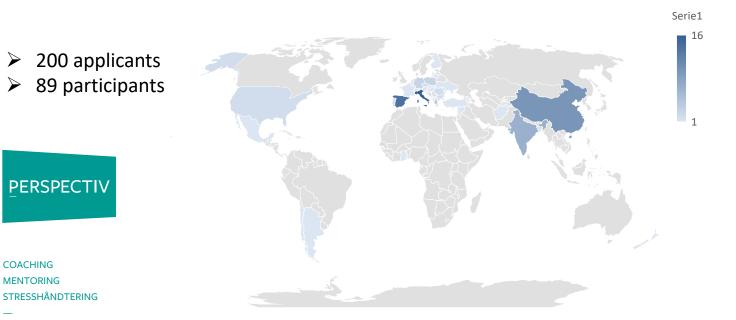




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### THE GCCP12 GROUP: FROM 34 DIFFERENT COUNTRIES



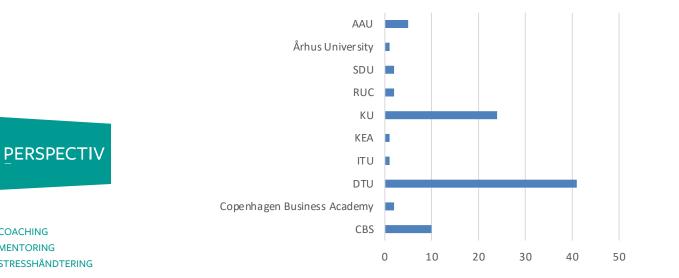
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### **FROM 10 EDUCATIONAL INSTITUTIONS**



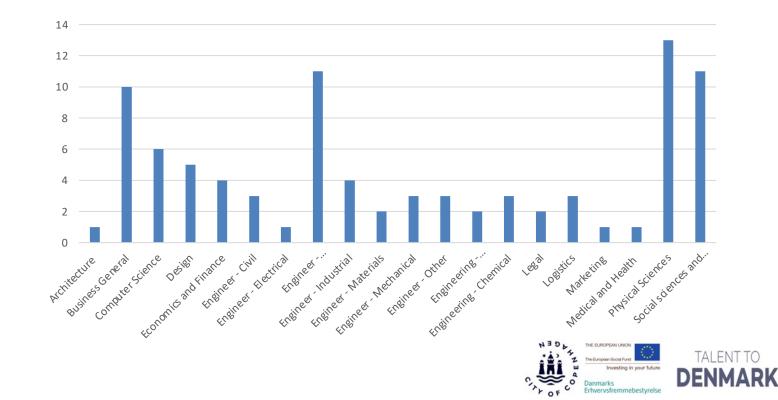
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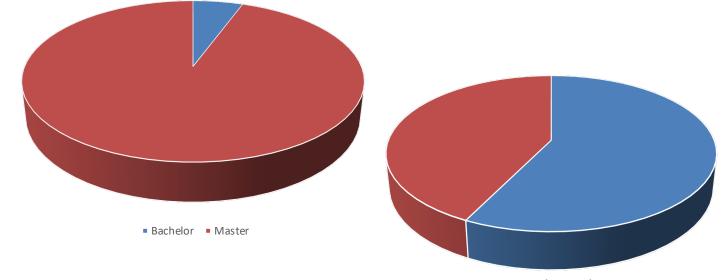




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### **Educational level and gender**



Female Male



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# The mentoring rules:

- 1. Mentee is responsible for agendas and has the responsibility to transfer the learning into daily practice and to be active in the relationship with the mentor
- Mentor has the responsibility to be present at the meetings in body and mind – and is not responsible for keeping the mentee active in the relationship
  - Sign an alignment of expectations at the first meeting.
  - Confidentiality is crucial
  - The official mentorship ends in November 2021





3.

4.

5.

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### What are the mentees told about the mentors?

 Helps the mentee create a career for him/herself -Encourages the mentee to take action - Shares their own experiences - Believes that the mentees are capable of handling their own challenges - Knows how to deal with career obstacles

### BUT

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- Not the ones to give the mentee a job
  - Not (necessarily) in the mentees specific line of study
  - Not (necessarily) in mentees dream company



The

Mentor

TAI FNT

## Good to know: Time registration

- The GCCP is funded by the European Social Fund that means, that the mentees need to register the hours, they spend on GCCP activities and other career related activities each month.
- They receive an EU timesheet in an Excel document, and this will be where they register the time spent improving their career in Denmark.
- At each mentee workshop the mentee must fill in hours spent at the workshop and work done at home.
- All time sheets need to be signed by the mentee date & signature.



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## Roles of mentee and mentor

#### Mentee

Takes initiative to arrange meetings, with additional dates in the calendar

Writes summaries after the

meetings

#### Mentor

Attends meetings and awaits the mentee's initiatives

Follows up if too much time passes between meetings

#### Shared

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+45 24 27 07 83 lisaott@perspectiv.dk www.perspectiv.dk Formulate alignment of expectations together Remind each other of agreements, evaluations and progress



## How to get started

- The mentees are asked to contact you within a week from receiving the e-mail with the contact informations
- Individual meeting:
  - Set a **goal** for the mentor relationship
  - Place expectations to each other
  - Plan your meetings







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