

Simon Ganshorn

Easy Easy

Galleri
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Vestergade 56A, Århus
+45 20 13 80 04
galleri@lenebilgrav.dk
lenebilgrav.dk

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A text about Simon Ganshorn's (SG) artistic practice based on intuition, dialogue and Google

By Sara Hatla (SH)

SG But I can explain why I work with art. It's not really difficult for me. I have always liked creating spaces that I feel safe in. I already felt this way as a child, where I loved decorating my room. I had this urge to create a space, a mood, an atmosphere that "pressed" on my body in just the right way and where I could shut out the outside world. For me, painting is a continuation of this, of course with all sorts of other interests added, such as using unconventional materials to give them a new aesthetic, *raison d'être* and so on. The painting should not dominate the room. It's not just about the painting. It is about an orchestration or synchronization, where the painting is included as a pleasant background noise, a room divider, an accentuation, a membrane, a visual cushion, a pleasant whisper, a well-placed hard pressure on the body. It is the physical stimulation of the body through the painting that I am looking for and not the painting as a medium. It's escapism and reality at the same time. Maybe I'm really striving to create a space where we can discuss what reality is. A space that gives people a break. A free time that goes on longer and longer and where we play some fun games together.

I look around the studio. There are a bunch of bananas on the desk. I see porcelain cups placed on wooden coasters. I see a hammer with a chain of pearls wrapped around the shaft. I see paintings turned upside down, houseplants with large glossy leaves and a pack of tarot cards ... Simon opens the pack and draws a card ...

SH What do you think this text should convey? Are we talking about a general introduction? Or what should it be about?

SG I don't see it like that. It shouldn't be about anything specific. People don't need to know exactly what's going on in my art. What is going on? There are many things going on. I don't know what's going on. One can continue to not find out what's going on. For me, a good work of art is one which I don't understand, but which affects me. The worst thing is to go to an exhibition and read an informational text which explains "what it's about". It was the butler who did it. Mystery solved ...

SH Okay, but let's just talk for a bit. Maybe it'll be a little difficult then. Do you feel it's difficult? As in, to put it into words?

SG No, not really. I'm just saying that I don't have any "correct" answers that way.

SH No, I understand. But I guess we're sitting here together because we have to try to find something in your works together ... or?

SG Yes and no. Well, I can explain why we are sitting here. We are because we can't explain why we are sitting here. That is the starting point.

SH You can say that [...]

SG The Tarot card is the High Priestess. Keywords: Moon, access to intuitive powers, healing, independence, inner harmony, higher consciousness. The high priestess is represented by the moon goddess Isis. She is surrounded by a fine network of light rays, an expression of her spiritual nature.

Her essence is unlimited independence. She is in touch with her intuitive abilities, which she can trust completely. She perceives and is in touch with her own inner voice, her inner guide and healer. This manifests outwardly in her responsibility towards herself and in her self-confidence. Just as the camel can cover long distances without water through the desert, so also the human who has discovered its own inner springs radiates a contented being-with-himself-enough. You will find fertile oases (flowers and fruits) at the bottom of the card.

In this set, the High Priestess is one of the strongest cards for balance, equilibrium and harmony. The upper half of her body produces the receptive female. This is emphasized by the upward curved lines and the upward pointing crescents behind her head. The crown produces the moon, which receives the light of the sun. From the navel downwards, her body expresses the male principle;

level-headed, dynamic, purposeful. The bow and arrow in her lap emphasize this. When the string is drawn, the bow gains the tension that causes the arrow to travel forward towards the target. When we focus on our own strength, unexpected events are set in motion in our lives.

The High Priestess card can refer to supernatural perception and intuitive abilities such as clairvoyance, telepathy, creative visualization, empathy, intuitive knowledge and healing powers.

Reference: You now have access to your intuitive powers. You have to develop them further. Take care of your independence!

Question: Are there areas in your life where you allow yourself to be influenced by others and do not trust your own intuition?

Affirmation: I trust my intuitive abilities.

APPENDIX

DOORS THAT MIGHT LEAD TO REVELATIONS, INTERPRETATIONS OR ASSOCIATIONS
(Based on an Instagram correspondence)

FIVE INFATUATIONS

Fitness

OMG. Where should I start? The fear of not being able to live up to the body ideal. The craze around the diet. The conversations about different muscle groups. Guys talking about their boobs. The obsession with growth. The right fitness clothes. The sexually charged energy. Lustful glances. Scor.dk talks over the machines. Motivational posters of modern gladiators. Tension. Protein Powder. Creatine. Get a better pump. Deadlift. Dominance. Iron discs. Sweat. Smell.

Fitness Center means a facility where individuals use equipment or space for the purpose of physical exercise. (lawinsider.com)

Near-death experiences

I watch at least one near-death documentary a day. Death is merely the beginning of a new experience. Ultimate consciousness. A beautiful cosmic play showered in light. Divine infinity. The thought that I might return in the shape of an oak. These are my convictions and yet I am terrified of death.

Some people who, in connection with accidents or illness, have been dead for a short moment and have been revived, can tell that they were conscious and had some special experiences while they were dead. This is called a near-death experience. If you read the accounts of these people, you will see that there are many similarities between very different people's experiences of death. It suggests that we all go through the same things when we die, regardless of what religious beliefs we hold (or don't hold) while alive.

What people typically say is that you are in a state where you are floating above your physical body. You can see everything that is going on and hear what people are saying about you. Many become aware of a tunnel with a strong light to which they feel very attracted. In the light, you might be met by deceased family members or a being of light who has something to tell you. Many say that they feel at home in the light and do not want to leave it, but they are told that they are not going to die yet, and must return. (efterlivet.dk)

Magic Cards

Magic Cards are the essence of the mysterious (though in my mind a trip to the shopping mall is potentially just as adventurous). Magic cards represent my first intense encounter with art – or more accurately my first encounter with an art that channeled me into another world. I felt immensely attracted by the mysteriousness that these cards represented. I didn't collect to play. More than the game itself it was the aesthetics as well as the magical lyricism that had me spellbound. Holding the cards as a child I felt something magical, mysterious, and inexplicable. It was a physical sensation. A tangling excitement. It is that exact feeling I strive for in my work.

A player in Magic takes the role of a Planeswalker, a powerful wizard who can travel ("walk") between dimensions ("planes") of the Multiverse, doing battle with other players as Planeswalkers by casting spells, using artifacts, and summoning creatures as depicted on individual cards drawn from their individual decks. (wikipedia.org)

Religion

I define myself as a spiritual being. I believe in infinity. I sometimes feel the urge to start my own religion.

Origin: From Latin religio (genitive -onis) 'fear of God, piety', word 'fastening', from religare 'to fasten'.

Meaning: A society's or a culture's organized worship of a god, gods or superhuman forces and the way of life and the rituals associated with this. (ordnet.dk)

A religious community can be registered as a recognized religious community if it: 1) has at least 50 members of legal age who either have permanent

residence in Denmark or Danish citizenship, and 2) does not encourage or do anything that conflicts with provisions in law or regulations established pursuant to law. (retsinformation.dk, LAW nr 1533 af 19/12/2017)

ASMR videos

Because they take place in my body. ASMR stands for autonomous sensory meridian response. It is a sensory and emotional reaction to certain stimuli. ASMR typically causes a tingling sensation that begins at the top of the head in response to soft or gentle triggers, such as having your face lightly touched or hearing someone whisper. Also known as "brain massage," it's triggered by placid sights and sounds such as whispers, accents, and crackles. (verywellmind.com)

TWO BOOKS

Never Split the Difference: Negotiating As If Your Life Depended On It, by Chriss Voss

Someone in my gym gave me this book. It is quite corporate. It is written by a former FBI agent. He describes his hostage negotiation techniques which can also be applied to other forms of negotiations. As someone who is interested in selling my art, I thought it might be useful.

Rooted in the real-life experiences of an intelligence professional at the top of his game, Never Split the Difference will give you the competitive edge in any discussion. (goodreads.com)

Life of Jesus, by Ellen White

The other day I was walking down the street.

People from the Pentecostal Church were handing out free literature to by passers.

I kind of like the churchy graphic design.

I also like religion in general: Its stories, the rituals, the imagination, and the faith that people put into bibles, books and publications like these fascinate me.

Therefore, I took the book.

Though I like books, I rarely read them to the end. *Pentecostalism is a movement within Protestant Christianity that emphasizes the gifts of the Holy Spirit – specifically, speaking in tongues, or what scholars call glossolalia, as well as supernatural healing and other manifestations of the Holy Spirit. (pewresearch.org)*

THREE DESTINATION

Dreams

Dreams are not fiction. Dreams are just as real as reality. When I wake up, I carry the dream with me. I am unable to let go of the feelings that the dream imposes on me.

One of the most well-regarded systems for interpreting dream reports is called the Hall and Van de Castle System, which codifies dreams in terms of the characters that appear within them, the interactions these characters have and the effects these interactions subsequently have. (sciencealert.com)

Fantasy

I imagine myself as an elf living in the hills. My horse is the Shire breed. Dauntingly red. I carry my warbow and my arrows. The bow is among the objects I desire the most.

Tall as a young tree, lithe, immensely strong, able swiftly to draw a great war-bow and shoot down a Nazgûl, endowed with the tremendous vitality of Elvish bodies, so hard and resistant to hurt that he went only in light shoes over rock or through snow, the most tireless of all the fellowship. (Description of Legolas, Lord of the Rings by J.R.R. Tolkien)

Anxiety

Fiction is reality. Reality is fiction. The most evident real fiction is anxiety.

Mantras for anxiety focus on easing anxiety via spiritual support, enlightenment, and promoting feelings of calm. A mantra is a word, sound, or phrase that a person repeats while meditating or chanting. You will feel relaxation after one session but the more you do this the better you will be able to let go of the daily anxiety, stress, and tension. (medicalnewstoday.com)

Reality is the sum or aggregate of all that is real or existent within a system, as opposed to that which is only imaginary. (wikipedia.org)

All our knowledge has its origin in our perceptions (Leonardo da Vinci)