

AFTERCARE FOR TATTOOS

The recommended aftercare routine will vary for each tattoo, and it may even differ from time to time. This is because we recommend different procedures based on the placement, size, and skin type. Do not despair though, this is a summary of our routines.

For plastic wrap:

- Always wash your hands before touching the tattoo.
- Keep the applied foil for a minimum of 2 hours. Carefully rinse the tattoo in lukewarm water with an anti-bacterial soap. Always dry using a clean towel or paper towel.
- When the tattoo is completely dry, apply a neutral, perfume free, lotion carefully on the tattoo. This step is repeated about every 4th hour until the tattoo has shed the scab and is even with the skin.
- If recommended by the Tattoo artist: Apply new foil every 3 hours the first 3 days, especially the first few nights. It is completely normal for the tattoo to eject some ink or blood in the beginning.

For Second Skin:

- If recommended by the artist, keep the second skin cover on until it starts to loosen in the edges. You can keep it on up to 1,5 weeks. If you take the second skin off the first couple of days you need to cover the tattoo when it is chances for it to come in contact with dirty surroundings/places with a lot of bacteria flow.
- When you peel the second skin off, do so carefully. It is not unusual that some ink and/or blood will come off the tattoo. It might also have a print of the tattoo on the second skin. This is completely normal.

After you have peeled off the second skin, wash it gently with lukewarm water with an anti-bacterial soap. When the tattoo is completely dry, apply a neutral, perfume free lotion every 4th hour until the tattoo has shed the scab and is even with the skin.

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- We recommend you to wear clean, loose clothes, and change to fresh bedsheets.
 - It is completely normal for it to form some scabs on the tattoo after a few days. Remember not to pick the scabs. Let it heal, and the scabs will fall off naturally.
 - The tattoo is healed when it is even with the skin and there is no more scabs falling off.
 - Avoid at all cost bathing/sauna/pools/jacuzzi until the tattoo is fully healed. You can still shower without any issues.
 - Avoid direct sunlight and solariums until the tattoo is fully healed. We recommend to always apply sunscreen with high sun factor, even after it is healed.
 - Avoid any training the first week, especially contact sport, and gym's. This is to avoid sweating and environments with a lot of bacteria.
 - Do not hesitate to contact us should you have any questions regarding the routines!

