

Lavaflow surf Covid-19 Policy

Review date	Reviewers	Signatory
01/08/2020	Paul Cardwell Hounam	PCH

References:

SWIM ENGLAND

RLSS UK

RNLI

STA

ILS

SURF ENGLAND

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Covid - 19 policy update

Whilst surfing in open water has been classed as low risk, proximity of individuals is at present high risk. To minimise the possibility of cross-infection, we are putting the following steps in place to reduce the transmission risk of Covid -19 at Lavaflow surf Lanzarote surf session, private coaching and venues.

Procedures for Lavaflow surf Lanzarote Sessions

Timings:

2.5 hour slots for your exclusive travelling party or family surf lesson.

2.5 hours for lone traveler group surfing session.

2 hour session for private 1-2-1 surf coaching

Number of surfers: maximum of 5 surfers per group session to 1 instructor with social distancing steps in place.

Our aim is to take your household or travelling party only surfing per session.

1. Payment and pre-registration options

- Cash: A payment container will be provided for correct money only, with a no change policy in place.
- This container will be disinfected at the end of each session and left for a 24hr / 48hr period.
- Lavaflow surf Lanzarote staff removing cash from the cash-box must wash hands/ sanitize after handling cash.
- **PayPal:** Payment via PayPal is available.

2. Registration procedures

- Online check in via email, WhatsApp or social media
- Face masks will be worn by all participants when arriving to and departing from the venue, when social distancing cannot be avoided.
- No exchange of cards.

- **Covid health declaration / signs**
 - Online declaration via our email, whatsapp or social media messenger service, highlighting likely symptoms.
 - All surfers to self-declare they do not have any signs or symptoms of Covid-19
 - Surfers will be require to answer two screening questions -
 - If they have a temperature and or a new cough, this will be recorded by Lavaflow surf Lanzarote.

3. New surfers

New member procedures form completion

- To minimize infection risk this will be completed by Lavaflow surf lanzarote staff.
- Consideration was given to a printable online form, but this will increase the risk to Lavaflow surf Lanzarote team members.
- An online form with digital signature will be created

New surfer briefings

- A briefing area with the appropriate safe distancing areas marked on the beach will be created and the briefings will only be held in these areas.
- A separate designated area for new surfers will be established to avoid congestion once they're in the water.

4. Beach procedures

- Check in at the beach as per session time procedure -i.e. log kept on digital sheet of entry and exit of surfers including any problems that may need to be amended.
- Surfers will be asked again to self-declare fitness i.e. no signs or symptoms of covid-19, Lavaflow surf Lanzarote will cross the box on digital form.

Water access / egress

- A one-way system in and out of the water will be established with 2 meter social distancing while cueing.
- Distancing cones will be established to create a safe space on the dry sand area this will be made aware to all surfers at the start of each session.
- Surfers will be given a numbered cone which will be their point of access and egress

Coach safety – distancing

- A designated no go area will be created for the coaches, surfers will be instructed not to enter these areas for coaches' safety.
- Coaches will be 2m away from surfers except during emergency recovery
- Coaches will be provided with masks to use in case of providing casualty recovery assistance

Communal beach areas - contact points

- As far as reasonably practicable all communal areas will be sanitized prior to and at the end of each session with contact points (cones) given special attention.
- No contact between surfers or staff / volunteers, this includes help with wetsuits or assistance in and out of the water.

Changing areas

- Changing area on the beach will be at your assigned area and surfers will be directed to change and socially distance at the numbered cone provided from the start of the session.
- This area will be moved from session to session.

5. Rescue procedures

- In the event of a rescue the team will be requested to wear a face mask and face shield if the casualty requires CPR. (Laerdal face mask)
- Hand sanitizing will be required after any casualty contact. Soap and water best after casualty contact if practicable.
- Lavaflow surf Lanzarote will provide hand sanitizer and face masks / face shields and gloves.
- This procedure will also apply for shore side casualty assistance where given.

First Aid Procedures

- First aid will be administered to existing standing operating procedures with the additional PPE, face masks and hand sanitizing requirements implemented when required.
- CPR will continue to be applied in full, via the use of resuscitation face shields in order to minimize the risk of cross infection between the casualty and first aider.
- Hand washing procedures to be adhered to with the use of soap and water in the first aid room or hand sanitizers where this facility is not available.
- In the event of a person showing symptoms of covid-19, 112 is the first point of contact for the casualty.
- In the event of anyone showing covid-19 symptoms all contact must be minimized and a detailed account of onsite contact history to be made in full by Lavaflow surf Lanzarote including name and address of each affected person.

Safety equipment disinfecting procedures

- Lavaflow surf Lanzarote will issue safety equipment as far as practicable to be used by qualified beach lifeguard team members - this will be specific to them in order to minimize the risk of cross infection.
- Any shared equipment must be sanitized before and after use and an equipment checklist will be created for this purpose.

Radio/communications disinfecting procedures – radio/mobile distribution

- Lavaflow surf Lanzarote will issue telephony equipment to each waterside member, this will be specific to them in order to minimize the risk of cross infection.
- Any shared radios/mobile must be sanitized before and after use and a radio/mobile checklist will be created for this purpose.
- All radios/mobile must be in a waterproof case (provided) to ensure effective sanitizing and minimize the risk of infection from radio/mobile casings.

Casualty recovery procedures, CPR face shields gloves handsanitizer

- The casualty recovery process will be completed as previously documented and practiced, with these additional steps in place to minimize infection.
- Face mask must be worn during the rescue and at all times during a casualty recovery and transport.
- Contact points must be cleaned and sanitized after the rescue crews must use hand sanitizer as soon as reasonably practicable after.
- Gloves may be used as a last resort, but they must be disposed of safely after each rescue and all contact points sanitized.
- During CPR the only face mask to be used is a laerdal pocket mask with filter.

Lavaflow surf equipment sanitizing procedures

- All boards, (surf/SUP) will be sprayed after each use with ox-virin and left to dry/evaporate in the open air.
- All leashes will be sanitized after each use with ox-virin
- All paddles will be sprayed after each use with ox-virin
- All wetsuits and rash vests will be sanitized with ox-virin and left to dry naturally. (In the case of surfers surfing more days the wetsuit will be given to them with instructions regarding cleaning and after their stay with us the wetsuit will be sanitized with ox-virin and allowed to dry naturally.
- All buckets for wetsuits will be sanitized after use and left to dry naturally
- All cones will be sanitized when leaving the beach and then sanitized again once back at base.

Other Users

- A copy of this policy will be made available to other organizations and water users in order to maintain effective social distancing procedures.
- In the event that these procedures are jeopardized by a third party Lavaflow surf Lanzarote will immediately suspend the session in order to maintain a safe environment for our instructors and surfers.

This policy will be continually reviewed and updated as required.