

# KIF BRYDNING KOLDING CUP 2024

**Saturday 20<sup>th</sup> January**

Kids, Boys, Cadets, Junior, Senior, Girls and Women



# KOLDING CUP 2024

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*KIF Brydning has the pleasure to invite to the 23<sup>th</sup> version of Kolding Cup in Denmark.  
Kolding Cup is open for Greco-Roman and female wrestlers: Kids, boys, cadets and seniors.*

**Information**                      Organizer:      KIF Brydning  
   Date:              January 20<sup>th</sup> 2024  
   Address:        Sydbank Arena · Ambolten 4-6 · 6000 Kolding · Denmark

**Program**                      **Friday 19<sup>th</sup> of January**  
18:00 - 20:00      Weight-in and medical control

**Saturday 20<sup>th</sup> of January**  
07:30 - 08:15      Weight-in and medical control  
09:15                      Referee meeting  
09:45                      Entry and welcome  
10:00 -                      Competition start

Sauna will be available one hour before weight-in.

**Regulations**                      UWW regulations with Danish additions.  
   Medals to the top three in each weight class.  
   Best club overall wins 2.500 Dkr.

**Enrolment**                      Enrolment must take place before January 15<sup>th</sup> 2023.  
   Mail: [info@kifbrydning.dk](mailto:info@kifbrydning.dk)

**Contact**                      For further information please contact us:

Web:                      [www.kifbrydning.dk](http://www.kifbrydning.dk)  
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# KOLDING CUP 2024



## Weight classes

KoldingCup 2024							
Year	Beginner level 1-2: GR	Young boys level 3: GR	Boys GR	Youth GR	Junior/senior GR	Girls WFS	Women WFS
	2012 - 2017	2014 - 2017	2010 - 2013	2007 - 2009	< 2006	2010 - 2017	< 2009
Weight	For girls and boys: The wrestlers will be divided into appropriate pools with 3-5 participants in each.	24 kg	30 kg	45 kg	55 kg	24 kg	46 kg
		26 kg	34 kg	48 kg	60 kg	29 kg	50 kg
		29 kg	38 kg	51 kg	63 kg	33 kg	53 kg
		32 kg	41 kg	55 kg	67 kg	39 kg	57 kg
		35 kg	44 kg	60 kg	72 kg	42 kg	62 kg
		38 kg	48 kg	65 kg	77 kg	46 kg	68 kg
		42 kg	52 kg	71 kg	82 kg	50 kg	76 kg
		47 kg	57 kg	80 kg	87 kg	58 kg	
		53 kg	62 kg	92 kg	97 kg	66 kg	
			68 kg	110 kg	130 kg		
Tol.	-	0 kg	0 kg	+ 1 kg	+ 2 kg	0 kg	+2 kg
Tid	2x2 min	2x2 min	2x2 min	2x2 min	2x3 min	2x2 min	2x3 min

## Beginner

Kolding Cup introduces a new category for beginners. The beginner category is for boys and girls age 7-12 years, who have been wrestling for less than one year and have limited experience in competitions like Kolding Cup.

Participants in the beginner category are weighed in as normal and divided into appropriate weight classes with 3-5 wrestlers in each group.

Rules are like normal with the following exceptions:

- Greco-Roman style unless two girls, then free style
- The match can't be won by fall. The performing wrestler collects a point, and both wrestlers are called to standing position
- Technical fall is achieved at 10 excessive points



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## Accommodation

We offer cheap and easy accommodation at the local school.

NOTE: Accommodation at the school includes breakfast Saturday morning.

## Financial conditions

Participant fee:

Entry fee: EUR 20,- per entered wrestler

Referee fee: EUR 65,- per club

Reduced referee fee: EUR 40,- with less than 3 wrestlers

We want to ensure that there are always enough referees for the Kolding Cup.

Foreign clubs are therefore encouraged to also bring a referee.

Kolding Cup covers expenses for accommodation and meals for referees.

Accommodation and meals:

Accommodation at school EUR 10,- breakfast included.

It is possible to buy lunch in Sydbank Arena.

Please book accommodation together with enrolment for the competition.

## Hotels

Kolding Sportel

<http://www.koldinghallerne.dk>

Tlf.: +45 76 32 60 00

Scandic Hotel

<http://www.scandichotels.dk>

Tlf.: +45 75 51 77 00



## WELCOME TO GREAT WRESTLING EXPERIECES IN KOLDING

