G Lørdag den 7. maj 2022

Pusling, drenge, ungdom, junior, senior samt piger og kvinder



KOLDINGCUP 2022



KIF Brydning has the pleasure to invite to the 21th version of Kolding Cup in Denmark. Kolding Cup is open for Greco-Roman and female wrestlers: Kids, boys, cadets and Seniors.

Information	Organizer Date: Address:	KIF Brydning May 7 th 2022 Sydbank Arena · Ambolten 4-6 · 6000 Kolding · Denmark		
Program	Friday 6th of N 18:00 - 20:00	lay Weight-in and medical control		
	Saturday 7th o 08:00 - 08:30 09:30 10:00 -	f May Weight-in and medical control Referee meeting Competition start		
	Sauna will be available one hour before weight-in.			
Regulations	UWW regulations with Danish additions. Medals to the top three in each weight class. Best club overall wins 2.500 Dkr.			
Enrolment	Enrolment must take place before April 30 th 2022. Mail: info@kifbrydning.dk			
Contact	Web: <u>ww</u> Mail: <u>info</u>	ormation please contact us: w.kifbrydning.dk o@kifbrydning.dk 5 40 46 92 84		



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Weight classes

KoldingCup 2022								
Age	Beginner level 1-2: GR	Young boys level 3: GR	Boys GR	Youth GR	Junior/senior GR	Girls WFS	Women WFS	
ge	7 12	7 10	11 14	15 17	> 18	7 14	> 15	
	2010 - 2015	2012 - 2015	2008 - 2011	2005 - 2007	< 2004	2008 - 2015	< 2007	
For girls and boys:The wrestlers be divided into appropriate po- with 3-5 participants in each Weight	24 kg	30 kg	45 kg	55 kg	24 kg	46 kg		
	26 kg	34 kg	48 kg	60 kg	29 kg	50 kg		
	29 kg	38 kg	51 kg	63 kg	33 kg	53 kg		
		32 kg	41 kg	55 kg	67 kg	39 kg	57 kg	
	boy nto part	35 kg	44 kg	60 kg	72 kg	42 kg	62 kg	
	app app	38 kg	48 kg	65 kg	77 kg	46 kg	68 kg	
ht	s:The wrestlers appropriate po icipants in each eight	42 kg	52 kg	71 kg	82 kg	50 kg	76 kg	
		47 kg	57 kg	80 kg	87 kg	58 kg		
	stle te p eac	53 kg	62 kg	92 kg	97 kg	66 kg		
ch.	lers wi pools ach.		68 kg	110 kg	130 kg			
	will ols							
Tol.	-	0 kg	0 kg	+ 1 kg	+ 2 kg	0 kg	+2 kg	
Tid	2x2 min	2x2 min	2x2 min	2x2 min	2x3 min	2x2 min	2x3 min	

Beginner

Kolding Cup introduces a new category for beginners. The beginner category is for boys and girls ages 7-12 years, who have been wrestling for less than one year and have limited experience in competitions like KoldingCup.

Participants in the beginner category are weighed in as normal and divided into appropriate weight classes with 3-5 wrestlers in each group.

Rules are like normal with the following exceptions:

- Greco-Roman style unless two girls, then free style

- The match can't be won by fall. The performing wrestler collects a point and both wrestlers are called to standing position
- Technical fall is achieved at 10 excessive points





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Accommodation	We offer cheap and easy accommodation at the local school. NOTE: Accommodation at the school includes breakfast Saturday morning.					
Financial conditions	Participant fee: Entry fee: Referee fee: Reduced referee fee:	EUR 20,- EUR 65,- EUR 40,-	•			
	Accommodation and meals: Accommodation at school EUR 10,- breakfast included It is possible to buy lunch in Sydbank Arena Please book accommodation together with enrolment for the compo					
Hotels	Kolding Sportel <u>http://www.koldinghallerne.dk</u> Tlf.: +45 76 32 60 00 Scandic Hotel <u>http://www.scandichotels.dk</u>					

Tlf.: +45 75 51 77 00

WELCOME TO GREAT WRESTLING EXPERIECES IN KOLDING



