

Inaugural Forum of King's Centre for Integrative Chinese Medicine initiative held in London

On 5 Jan. 2025, the inaugural forum of the King's Centre for Integrative Chinese Medicine (CICM) entitled *Integrative Chinese Medicine: An Innovative Approach to Clinical Innovation* was held in London, United Kingdom. The forum was hosted by King's College London and co-organised by the UK Centre of Chinese Medicine (CCMUK).

The event brought together leading international researchers, academics, and practitioners to discuss the convergence of Traditional Chinese Medicine (TCM) with modern scientific methodologies to address global health challenges. The hybrid meeting held on the Denmark Hill Campus of King's College London was attended by professionals from the UK, Europe, Asia and America, both in person and online. It provided a platform to explore cutting-edge research, foster collaboration, and chart a path forward for integrative Chinese medicine in clinical practice and research.



Three keynote speakers: Prof. Yung-Chi Cheng, Prof. Duolao Wang and Prof. Jiangang Shen

The forum opened with a session co-chaired by Dr Qihe Xu, Director of the King's CICM initiative 2.0, Board Member of the Good Practice in Traditional Chinese Medicine Research Association (GP-TCM RA) and Chair of the UK Branch of the Consortium for Globalization of Chinese Medicine (CGCM), and Mr George He, Executive Director of UK Centre of Chinese Medicine (CCMUK), King's CICM Honorary Advisor, Co-treasurer of GP-TCM RA and Co-Chair of CGCM-UK. Together, they set the stage by highlighting the importance of blending traditional medicine and bio-medicine practices to improve healthcare outcomes. Welcome remarks were delivered via video messages from King's College London and King's Health Partners. Dr. Xu and Mr. He then formally introduced the missions of King's CICM and the CCMUK, and their shared commitment to advancing integrative Chinese medicine through research, education and collaboration.

The forum featured three distinguished speakers, each presenting ground-breaking research and insights into the integration of Chinese and Western medicine:

1. Professor Yung-Chi Cheng, Chair of King's CICM Honorary Advisory Board; Chairman of CGCM; Henry Bronson Professor of Pharmacology, Yale University, USA.

•**Topic:** The Convergence of Conventional Western Medicine and Experience-Based Eastern Medicine (WE Medicine) for Unmet Health Needs

2. Professor Duolao Wang, King's CICM Honorary Advisor; Chair in Biostatistics, Liverpool School of Tropical Medicine, Liverpool, UK.

•**Topic:** Statistical Insights for High-Impact Clinical Research Publications



3. Professor Jiangang Shen, King's CICM Honorary Advisor; School of Chinese Medicine, State Key Laboratory of Pharmaceutical Biotechnology University of Hong Kong, China.

•**Topic:** TCM for Cardiovascular Diseases Treatment: From Case Report to Evidence-based Therapeutic Approach

Panel Discussion: Bridging Research and Practice



The forum concluded with a panel discussion moderated by Mr George He and Dr Sukvinder Kaur Bhamra (King's CICM Honorary Advisor, Senior Lecturer in Pharmacy, Clinical and Professional Practice, University of Kent, UK). Panellists included all keynote speakers and other honorary advisors of King's CICM. The discussion centred on two key questions: How can scientific evidence help TCM practice and improve patient care? How can TCM practitioners actively participate in and contribute to research? The audience engaged in a lively exchange of ideas with the panellists, addressing challenges such as integrating scientific research into clinical practice, improving the accessibility of research opportunities for TCM practitioners, and fostering collaboration between Eastern and Western medicine.



Impact and Future Directions: The inaugural forum was a significant milestone in the collaboration between King's CICM and CCMUK, laying a strong foundation for future initiatives aimed at integrating TCM with modern healthcare practices. By bringing together leading experts and fostering interdisciplinary dialogue, the forum highlighted the immense potential of integrative Chinese medicine to address unmet health needs, advance clinical innovation, and improve patient outcomes. Both King's CICM and CCMUK expressed their commitment to continuing their joint efforts in research, education and collaboration to promote the development and recognition of integrative Chinese medicine worldwide.

The forum video and highlights of the event can be accessed here:

<https://www.youtube.com/watch?v=1N9fdbFouLE>

<https://www.instagram.com/ukcentreofchinesemedicine/>