



KIMARCHIE

HEALTH & SOCIAL CARE



**DEDICATED TO PROVIDING
EXCEPTIONAL HOME CARE SERVICES**

About Our Company



People get care and assistance with their day-to-day lives from Kimarchie Health and Social Care in the comfort of their own homes, which is the environment in which they are most likely to thrive.

Your life will be made simpler by our compassionate, talented, and trustworthy carers, and you will have the peace of mind that comes from knowing that your loved ones are receiving care in an atmosphere that is both pleasant and safe.

Home care of the highest possible calibre is our goal, whether it be for you or a member of your family.

We take the time to discover what it is that makes life enjoyable for you, what it is that you want to accomplish in life, and how we may assist you in achieving those goals. While you strive toward achieving your goal, we not only care about you but also support you.

Live-in care

As part of our private live-in care service, a devoted carer will reside with you in your home and offer round-the-clock care. This carer will always be there whenever assistance is required.

We recognise that supporting or caring for a loved one with care needs can be difficult at times. Consequently, our individualised live-in care is tailored to match the diverse needs, routines, and preferences of each of our clients. Private live-in care from Kimarchie Health and Social Care will allow you and your loved ones to prioritise quality time spent together.



A caregiver in a white uniform is assisting an elderly woman with her clothing. The caregiver is leaning over the woman, who is seated on a bed. The caregiver is holding a blue shirt, and the woman is looking down at it. The background is a light-colored wall with a subtle floral pattern.

Domiciliary Care

Our domiciliary service helps the elderly and people with complex conditions stay in their own homes for as long as they want. We provide companionship and general help with physical, social, household, and personal care.

Consider hourly home care (also called "in-home care") if you're looking for a comprehensive, cost-effective alternative to putting a loved one in an assisted living facility.

When people leave the familiarity and comfort of their home, their mental and physical health often gets worse, they lose more independence, and their quality of life goes down.

Respite care

According to research, delivering long-term care may also be stressful. The respite care provided by Kimarchie Health and Social Care gives the primary caregiver a much-needed and appreciated break, giving them the opportunity to replenish their batteries.

A care manager will visit your home to spend time with you and your loved one. This allows us to learn about you and your loved ones, as well as your everyday habits. Together, we will create a customised care plan.

Complex care

A photograph of a caregiver in light blue scrubs smiling and supporting an elderly woman with white hair who is sitting in a hospital bed. The caregiver is standing behind the woman, with her hands on the woman's shoulders. The woman is wearing a light blue patterned hospital gown and is looking towards the caregiver with a slight smile. The background is a plain, light-colored wall.

Do you have a health issue that restricts your ability to care for yourself and so requires special attention? Are you continuously concerned about leaving your loved ones with someone who does not completely appreciate their way of life? If you answered yes to any of the above questions, complicated care may be just what you require.

A person with a chronic or long-term health problem requires complex care, which includes specialised assistance. This indicates that in order to maintain a high quality of life, patients require additional support with symptom management and daily tasks.

Due to the intricacy of the individual's demands, complex care requires competent caregivers who have received specialised training to address the client's particular health condition. We thoroughly screen in order to match you with the most qualified private carer available.

Palliative care

Individuals are allowed to choose where they will spend their final days. Many individuals will choose to remain at home in their familiar surroundings. Kimarchie Health and Social Care provides you and your family with the necessary care and assistance to make this decision.

We can create a palliative care plan in collaboration with you and, if you so choose, your family or friends. Then, our care service will be tailored to your specific needs and preferences. We value and respect each individual's spirituality, as well as their right to receive excellent care during this difficult time in their life.

HOW WE CARE FOR YOU

PERSONAL CARE



Hygiene, bathing, and grooming

We help with bathing, oral and dental hygiene, hair care, nail care, and clothing. This can be part of our personal care in-home care services or a distinct service like a morning "wake-up" or night "tuck-in."



Incontinence, Toileting

This type of personal care is handled with the utmost sensitivity to your loved one's situation and needs.



Assistance with Mobility

We help you sit, stand, and move between rooms. This method involves examining pressure points and/or sore spots, as well as breathing and digesting posture. We monitor developments and notify contacts if the situation worsens.



Special diets/feeding

Many people who need in-home care can't or won't feed themselves. We're mindful of the emotional challenges this may create and aim to make it entertaining. We're conscious of each situation's nutritional needs. Diabetes sufferers vs. stroke survivors

DOMESTIC SUPPORT



Chores, errands

Food shopping, general shopping, post office trips, and prescription pickup are examples. We organise mail, extract coupons, pay bills, etc. We vacuum, dust, mop, wash floors, clean interior windows, clean bathrooms.



Laundry, ironing

This can be done in home or taken to a facility of the family's choice. All laundry is done according to personal preferences.



Meal-planning

We are able to make, supply or help you prepare nutritious, hot and/or cold meals.



Transportation

We'll provide transportation or escort you to get to daily living appointments. Examples may include: salon/barber appointments, doctor appointments, shopping, and social engagements.

COMPANIONSHIP



Friendship, conversation

We help you stay involved and transport them to events whenever feasible. We help find new subjects and activities, such as card and board games, puzzles, and one-on-one discussions.



Interpersonal communication

We can assist you in communicating by phone, Skype, Facetime, email, letters, etc. if you have physical constraints. If your loved one has trouble using Facebook, email, Skype, FaceTime, etc.



Wellness/exercise

You may have routine or therapeutic instructions. We'll be out promoting exercise and wellness if you wish to go on a walk. Working out with a caregiver is more fun and safer.



Social Engagements

We keep you involved in the community and everyday life by helping you go to your outings, dinners, events, community center activities, church socials, etc.

Get in touch!

IN NEED OF CARE? CONTACT US. OUR TEAM WILL GLADLY ASSIST YOU.



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