



**ROTARY CLUB OF KETTERING**

# **MEMORY CAFÉ**

**For those living with Dementia,  
their families and carers**

*Relax in our café style surroundings*

*Be entertained*

*Make new friends*

*Maybe share any difficulties with us*

*Exchange ideas with Carers*

*Enjoy free cakes and cuppas*

**Second Tuesday every month**

**2pm to 4pm**

**Rockingham Road Baptist Church**

**Community Hall, Kettering NN16 9JA**

*Opposite Kettering Athletics WM Club*

**No charge**

Accessible Free Car Park

No need to book - just come and join us

**Our team includes experienced helpers**

For more details

**Call**

**Yvonne 07866 367964**

