

# Kari Ghanem Announces New Transformational Coaching Program to Help Leaders Rewrite Their Life Story

PRESS RELEASE

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RevUpMarketer

Kari Ghanem, founder of [www.karighanem.com](http://www.karighanem.com), unveils a new coaching program to help high-achieving leaders realign their personal and professional lives with authenticity.

**United States, 14th Feb 2026** - In quiet moments between accomplishments, many high performers experience an unexpected tension. The accolades are there. The titles are earned. Yet something essential feels muted, as if the story they are living no longer belongs to them. Kari Ghanem has spent more than two decades meeting people precisely in that space. Her work begins where external success ends and the deeper work of self-reclamation begins.



Kari Ghanem, founder of [www.karighanem.com](http://www.karighanem.com), is a transformational coach who guides visionary leaders, founders, and executives through a process that challenges far more than habits or goals. Her coaching centers on identity, presence, and personal authorship. She does not offer formulas or motivational scripts. Instead, she helps clients examine the unseen narratives shaping their decisions and **assists her clients in rewriting** them with clarity and intention.

## A Calling That Took Shape Over Time

Kari did not arrive at coaching by accident. With more than twenty years of experience, she describes this work as something she was born to do. Early in her career, she noticed a recurring pattern among high achievers. Many were outwardly successful yet inwardly disconnected from their own sense of truth. Strategy alone could not resolve that gap.

Her mission became clear: to help people reconnect with who they are beneath titles, expectations, and inherited beliefs. Over time, her practice evolved into a deeply personal and direct form of transformational coaching that meets clients exactly where they are, without pretense or performance.

That clarity has carried her into authorship, including **one published book** and a co-authored book, and onto international stages. In March, she is scheduled to speak at I-DIAS "**She Leads / She Embraces**" **Women's Conference Conclave Week** in Paris, sharing her perspective on leadership, authenticity, and inner freedom with an international audience.

## Award Recognition: Best Transformational Coach in the United States of 2026

Kari's work has earned widespread recognition, culminating in her recent honor as the **Best Transformational Coach in the United States of 2026** by Best of Best Review. This prestigious award celebrates her dedication to helping high-achieving leaders reconnect with their authentic selves, transforming not only their careers but also their personal lives. Kari's ability to guide clients through profound inner transformations has set her apart as a true leader in the field of personal development.

## Confronting The Stories That Keep People Stuck

At the center of Kari Ghanem's work is a simple but demanding premise. Every person is living

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inside a story, often one they did not consciously choose. These stories are shaped by childhood experiences, cultural expectations, past trauma, and years of negative self-talk. Over time, they harden into scripts that define what feels possible or **impossible**.

**Kari's** coaching invites clients to examine those scripts honestly. She sheds light on the outmoded beliefs running quietly in the background of their lives. The inner critic that insists they must prove their worth. The voice that equates rest with failure. The narrative that says authenticity is risky.

"I help people become the writer, director, producer, and actor of their own life," she often explains. That process requires courage. It also requires someone willing to ask the hard questions **while staying present** when defenses fall away.

## A Coaching Style Defined By Precision And Presence

What sets Kari Ghanem apart in the crowded world of coaching is her refusal to offer a one-size-fits-all approach. Each client, she believes, is as unique as a fingerprint. Sessions are tailored, intuitive, and responsive to the individual in front of her.

**Kari** is known for being direct and transparent. There is no sugarcoating, and there is no distance. She works in the trenches with her clients, helping them crack open the protective walls they have built to survive. The goal is not to dismantle their success, but to reconnect it with meaning.

Clients often describe her as deeply present. She listens for what is said and what is avoided. She challenges without judgment and supports without enabling. This balance allows clients to move from high-performing to deeply present, from driven to grounded.



## The Turning Point From Achievement To Alignment

For many clients, the turning point comes when they realize that external success no longer compensates for internal disconnection. **Kari** helps them identify that moment not as a failure, but as an invitation.

Once the root causes of self-limitation are addressed, the work shifts toward uncovering true passion and purpose. Clients begin to recognize their own power and creativity. They learn to celebrate wins that are not defined by metrics alone, but by freedom, joy, and alignment.

**Kari** is known for celebrating those moments with her clients. When someone remembers who they are beneath the noise, it changes how they lead, relate, and live. That transformation often extends beyond the individual into families, organizations, and communities.

## A Growing Global Presence

As her message resonates with a broader audience, Kari Ghanem's influence continues to expand. Her upcoming appearance at the I-DIAS Euro Global "**She Leads / She Empowers**" Women's Conference Conclave Week in Paris reflects a growing recognition of her voice in conversations about leadership and personal evolution.

Her online presence, anchored at [www.karighanem.com](http://www.karighanem.com), offers insight into her philosophy, services, and thought leadership. Through speaking, writing, and one-on-one coaching, she continues to advocate for a model of success that honors both ambition and authenticity.

## Why Her Work Matters Now

In an era defined by constant acceleration, many leaders are questioning the cost of relentless achievement. **Kari's** work speaks directly to that moment. She offers a path that does not reject success, but redefines it.

By helping clients rewrite their internal narratives, she empowers them to lead from a place of truth rather than obligation. The result is not only personal fulfillment, but a more grounded and conscious form of leadership.

## Begin The Process Of Rewriting Your Story

### Discover Transformational Coaching With Kari Ghanem

For leaders and visionaries ready to move beyond inherited scripts and reconnect with their authentic voice, Kari Ghanem offers a deeply personal coaching experience. Explore her work, learn about her approach, and begin the process of becoming the author of your own life by visiting [www.karighanem.com](http://www.karighanem.com)

[www.karighanem.com](http://www.karighanem.com)

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
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