



Kosher Guide for the Czech Republic

Part I.

Products under Prague Chief Rabbinate's Supervision

2024

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1. LIST OF PROBLEMATIC INGREDIENTS

Many food items have problematic additives or preservatives:

- **Tartaric acid (kyselina vinná):** produced from wine-stone, but can be also artificial (synthetic)
- **Grape sugar (hroznový cukr):** usually produced by the enzymatic cleavage of sucrose, but can be from non-kosher grape juice as well
- **Glycerin:** sometimes made from animal fats
- **Gelatine:** made from bones, leather or from non-kosher sea animals


WITHOUT ANY PROBLEMS

- Milk acid (kyselina mléčná) – always pareve, not a milk derivative
- Formic acid (kyselina mravenčí) – always pareve, not made from ants
- Pyrogrape acid (kyselina pyrohroznová) – not made from grapes

INGREDIENTS WITH DAIRY CHARACTER

- Lactosis (laktóza)
- Casein (kazein)
- Dried whey (sušená syrovátka)

2. ABBREVIATIONS

- **(M):** dairy (chalav stam)
- **(MZ):** product doesn't contain milk but is made on a dairy line
- **(P):** pareve
-  : new products or changes in products

All pictures shown are for illustration purpose only.

3. BREAD AND PASTRY

- **Habrous, s.r.o.:** pita bread and Lebanese Arabic bread, "**Pat Palter**", [Výroba arabského - libanonského chleba \(arabskychleb.cz\)](http://vyroba-arabskeho-libanonskeho-chleba-arabskychleb.cz)
- **Le Caveau (Jiří z Poděbrad Sqr. 9, Prague 3):** "**Pat Israel**", Kosher certificate with a complete list is in the bakery shop. Bread and baguettes **(P)**, pastry **(M)**
- **Mansson Danish bakery & café (Bílková Str. 8, Prague 1):** "**Pat Israel**", Kosher certificate with a complete list is in the bakery shop.
Bread, sandwich bread, breakfast pastry **(P)**
- ★ ➤ **Nuevo Progreso s.r.o.:** Wheat Flour Tortillas Natural, Corn Tortillas Natural, Tortilla Chips Natural „**pat palter**“
- **PITA CHLÉB s.r.o.:** "**Pat Yisrael**", white flour and whole wheat pita bread **(P)**, <http://pitachleb.cz/cs/>
- **Pekárna a pečivo Plasy s.r.o.:** bread, rolls, buns, sandwich bread **(P)**, "**Pat Palter**"
- **Penam a.s.:** "**Pat Palter**"
Packed bread – it is recommended to check the production code, unpacked bread – check that it was produced in PENAM Praha/Herink.
 - **Bread (P):**
 - 32101 Chléb konzumní s kmínem 500 g
 - 32114 Chléb konzumní s kmínem 1200 g
 - 32202 Chléb Šumava – kulatý 700 g
 - 32204 Chléb konzumní s kmínem 800 g
 - 32979 Chléb konzumní s kmínem 500 g Lidl
 - 32127 Chléb konzumní s kmínem 500 g BK
 - 32134 Chléb konzumní s kmínem 1200 g BK
 - 32135 Chléb konzumní s kmínem 570 g BK
 - 32206 Chléb konzumní s kmínem 800 g BK
 - 32224 Chléb konzumní s kmínem 550 g BK
 - 32298 Chléb konzumní s kmínem 500 g BK
 - 32980 Chléb dřevorubecký 800 g BK
 - 32964 Chléb konzumní s kmínem 570 g BK AQ
 - 32984 Chléb konzumní s kmínem 800 g BK TESCO
 - 33159 Chléb Zábřdovický 500 g BK – with the logo of "KLASA"
 - 33198 Chléb Zábřdovický 550 g – with the logo of "KLASA"
 - 33199 Chléb Zábřdovický 1100 g – with the logo of "KLASA"
 - 33160 Chléb Zábřdovický 1100 g BK – with the logo of "KLASA"
 - 32760 Chléb Mušketýr 450 g BK
 - **White bread, rolls and buns (P):**
 - 33247 Veka 360 g
 - 33318 Veka 400 g
 - 33248 Veka 360 g B
 - 33398 Veka 360 g BK AQ
 - 33327 Veka 360 g BK

- 33398 Veka 360 g BK AQ
- 33323 Veka 360 g BK TS
- 33457 Veka farmářská 360 g BK
- 33276 Raženka 43 g (Buns)
- 33444 Raženka sypaná mákem 60 g (Buns with poppy seeds)
- 33453 Raženka 43 g Lidl
- 33222 Houska 50 g
- 33369 Raženka cereální 60 g (Cereal Buns)
- 33803 Dalamánek 60 g
- 33254 Rohlík 43 g (Rolls) **BK = packed, sliced**
- **Toast Bread:** Světlý TOUST (White Toast Bread; 250g BK, 500g BK), Tmavý vícezrný TOUST (Dark Toast Bread; 250g BK, 500g BK), Celozrný TOUST (Whole Wheat Toast Bread; 500g BK) **WARNING! Máslový TOUST (Butter Toast Bread) isn't kosher!**
- **Penam a.s. (bakery in Olomouc): "Pat Palter"**, chléb (bread), veka (white bread), rohlíky (rolls) **(P)**
- **Penam a.s. (bakery in Zlín): "Pat Palter"**, chléb konzumní (bread), rohlíky 43 g (rolls 43g), raženka 43 g (buns 43g) **(P)**
- **Středovy pekárny s.r.o.: "Pat Palter"** <http://www.stredovypekarny.cz/>
 - Chléb Středův 900g (Středův Bread 900g), Rohlík velký 53g (Rolls 43g), Houska 58g (Buns 58g), Čiroková raženka se špaldou 58g (Sorghum Buns with Spelt 58g), Rohlík chlebový 55g (Bread Roll 55g), Chléb samožitný se slunečnicí 700g (Rye Bread with Sunflower Seeds 700g), Chlebík s ořechy 270g (Small Bread with Nuts 270g), Chléb kateřinský 650g (Kateřinský Bread 650g), Vesnický chléb 400g (Country Bread 400g), Vesnický bochník 1000g (Country Loaf 1000g), Chlebík pikolík 260g (Pikolík Bread 260g). Chléb Vrchlice 1100g (Vrchlice Bread 1100g), Chléb celozrný s dýní 450g (Wholewheat Bread with Pumpkin Seeds 450g)
- **United Bakeries a.s. (Delta): "Pat Palter"**, in Prague and Central Bohemia region **WARNING! Bread must be produced in the factory in Pekařská St. 1, Prague 5!**
 - Chléb konzumní 500g **(P)**
 - Chléb konzumní 800g **(P)**
 - Chléb konzumní 1200g **(P)**
 - Chléb rustikální **(P)**
 - Veka **(P)**
- **Terpet s.r.o. (TRDELNÍK & COFFEE, U Starého hřbitova Str. 42/2, Prague 1):** trdelník (chimney cake) **(P)** with sugar and cinnamon, with Nutella **(M)**, with vanilla ice-cream **(M)**, with fresh fruit and whipped cream **(M)**, etc. **"pat Yisrael"**



4. BREAKFAST CEREALS, CEREAL PRODUCTS

CEREAL FLAKES

- **BONAVITA spol. s r.o.:** Corn flakes, Bran flakes (wheat flakes with bran), Ovesné lupínky (oat flakes), Pohankové lupínky (buckwheat flakes), Špaldové lupínky (spelt flakes), Vícezrnné lupínky (multigrain flakes), Vícezrnné lupínky – Cereal fit, Vícezrnné lupínky – Cereal fit mini
- **Emco s.r.o.:** Corn flakes

CEREAL CAKES

- **BONAVITA spol. s r.o.:** all kinds without topping
- **RACIO s.r.o.:** all kinds without topping, Cornies with dark chocolate **(P)**, Cornies with milk chocolate **(M)**

CRISPBREAD

- ★ ➤ **Extrudo Bečice s.r.o.:** crisp breads Crispins BIO Cizrnový (Chickpeas), Crispins BIO proteinový (Protein), Crispins BIO Dýňový (Pumpkin), Crispins BIO Amarantový (Amaranth), Crispins BIO Kaštanový (Chestnut), Crispins BIO Veggie Garden, Crispins BIO Pohankový (Buckwheat), Crispins BIO špaldový (Spelt), Crispins BIO 7zrnný (7 Grains), Křehký plátek kukuřičný (Corn), Křehký plátek jarní zelenina (Spring Veggies), Křehký plátek pohankový (Buckwheat)

WARNING! Cheese flavoured crisp breads are not kosher!

PUFFED CRISPS

- ★ ➤ **Extrudo Bečice s.r.o.:** BIO Kukuřičná křupka (Corn Puffed Crisps), Crispins BIO tyčka Amarantová (Amaranth Puffed Sticks), Crispins BIO tyčka Kukuřičná (Corn Puffed Sticks), Crispins BIO tyčka Žitná (Rye Puffed Sticks), Crispin BIO tyčka teffová s pepřem (Teff Puffed Sticks with Pepper)

WARNING! Crispins tyčka sýrová (Cheese Flavoured Puffed Sticks) and Crispins tyčka Pizza (Pizza Flavoured Puffed Sticks) aren't kosher!

SPONGE BISCUIT

- **Mokate, s.r.o. (producer):** dětské piškoty (baby sponge biscuits)

BREADCRUMBS

- **Extrudo Bečice s.r.o.:** Strouhanka kukuřičná křupavá (Crispy Corn Breadcrumbs), Kukuřičná strouhanka s lupínky (Corn Flake Crumbs), Strouhanka kukuřičná (Corn Breadcrumbs), Obalovací směs italská (Italian-style Crumbs)
- **NOMINAL CZ OBCHODNÍ s.r.o.:** Kukuřičná strouhanka (Corn Breadcrumbs)

INSTANT PORRIDGES

- ★ ➤ **NOMINAL CZ OBCHODNÍ s.r.o.:** BIO Cereální kaše NOMINA pohanková (Instant BIO Buckwheat Porridge), BIO cereální kaše NOMINA špaldová (Instant BIO Spelt Porridge), Cereální

kaše Nomík (Instant Cereal Porridge), Cereální kaše NOMINA pohanková (Instant Buckwheat Porridge), Cereální kaše NOMINA rýžová (Instant Rice Porridge), Cereální kaše NOMINA lahodná (Yummy Cereal Porridge), Cereální kaše NOMINA čiroková (Instant Sorghum Porridge), Cereální kaše NOMINA špaldová (Instant Spelt Porridge), Cereální kaše NOMINA ovesná (Instant Oat Porridge), Cereální kaše NOMINA semínková (Instant Porridge with Seeds), Cereální kaše NOMINA vícezrnná (Instant Multigrain Porridge), Cereální kaše NOMINA ječná (Instant Barley Porridge), Cereální kaše NOMINA office (Cereal Porridge Office), Cereální kaše NOMINA sport (Cereal Porridge Sport); Cereální kaše NOMINA outdoor (Cereal Porridge Outdoor) (M)



5. HEALTHY LIFE-STYLE PRODUCTS, SOYA PRODUCTS

FALAFEL

- **Extrudo Bečice s.r.o.:** Falafel

HUMMUS

- **Extrudo Bečice s.r.o.:** Hummus

TAHINI

General rule: tahini paste imported from Arabic countries (e.g. from Lebanon) are 100% pure vegetable.

SEAWEED

- **Sunfood s.r.o.:** Agar-agar algae natural, Arame, Hijiki, Kombu, Nori, Wakame, Wakame Instant

INSTANT MIXES

- **Extrudo Bečice s.r.o.:** Crispins Cizrnové placičky (Chickpeas Flatcakes), Crispins Cizrnové lívanečky (Chickpeas Pancakes)



SOYA MILK

General rule: all plain soya milk is permitted.

SOYA MEAT

- ★ ➤ **Bonavita spol. s r.o.:** Sójové kostky, nudličky, granulát, plátky (soya chunks)
- **Ecoproduct spol. s r.o.:** Sójové kostky (soya chunks)



TOFU AND OTHER SOYA PRODUCTS

- **SUNFOOD s.r.o.:**



- Tofu natural, uzené KLASIK (Smoked Tofu KLASIK), česnekové (Garlic Tofu), marinované (Marinated Tofu), jemně kořeněné (Spiced Tofu), uzené (Smoked Tofu), s pórkem (Tofu with Leek), bylinkové speciál (Special Herb Tofu), fritované (Fried Tofu)
- Lunchmeat
- Tofu salám paprikový (Pepper Tofu Salami), česnekový (Garlic Tofu salami), cibulový (Onion Tofu Salami), bylinkový (Tofu Salami with Herbs), pikant (Spicy), mozaika (Tofu Salami "Mosaic")
- Dobrušské párečky (Dobruška Sausages), Dobrušské pickles (Dobruška Pickels), Brněnský závitok (Brno Roll)
- Seitan natural, speciál, speciál se zeleninou (Seitan with Vegetable), kousky (pieces), plátky (slices), kostky (cubes), guláš (goulash), na houbách (with mushrooms), guláš shiitake (shiitake goulash), spec. se shiitake, guláš fazole (goulash w beans),

Svíčková omáčka (sour-sweet vegetable sauce), Dršťková polévka (tripe soup), Segedín (sauerkraut goulash)

- Tempeh čerstvý (Fresh), smažený (Fried), uzený (Smoked), plátky (Sliced), kostky (Cubes)
- Karbanátky tofu (Tofu Burger), Karbanátek sójový (Soya Burger), Karbanátek sejtanový (Seitan Burger)
- Seitánky (seitan small burgers)
- Okara, Natto
- Lahůdka fazolová (Beans Spread), čočková (Lentil Spread), cizrnová (Chickpeas Spread), křenová (Horseradish Spread), hrachová (Peas Spread), Tofu lahůdka (Tofu Spread)
- Obilný salát (cereal salad)
- Klaso jemné (tender), lahůdkové na řízky (delicate for schnitzels), klobása (sausage), prejt (hash), tatarská pomazánka (tartar spread), lesácká pomazánka (ranger's spread), šohaj pomazánka (šohaj spread), kavalír pomazánka (cavalier spread), kostky na čínu (cubes for china food), řízek smažený (fried schnitzel), sekaná (meatloaf), plátek na kabráčka (steak), hrsty
- Vegilife hamburgery (burgers), nugety (nuggets), řízky (schnitzels), snack kuličky (snack balls), snack kuličky+omáčka (snack balls+sauce), guláš (goulash), kostky+koprová omáčka (cubes and dill sauce), čínské ragú (Chinese ragout)

WARNING! Tofunéza SUNFOOD (tofunaise) is not kosher!

PRODUCTS OF JAPANESE CUISINE

- ★ ➤ **Kojibakers s.r.o.:** shiro miso hrachové (pea shiro miso), genmai miso hrachové (pea genmai miso), aka miso hrachové (pea aka miso), shiro miso sójové (soya shiro miso), genmai miso sójové (soya genmai miso), aka miso sójové (soya aka miso), shiro miso jáhlové (millet shiro miso), shiro miso čočkové (lentil shiro miso), shiro miso pohankové (buckwheat shiro miso), shiro miso špaldové (spelt shiro miso), shiro miso cizrnové (chickpea shiro miso), mugí miso hrachové (pea mugí miso), mugí miso sójové (soya mugí miso), mugí miso cizrnové (chickpea mugí miso), karamelové miso (caramel miso), lískooříškové miso (hazelnut miso), mandlové miso (almond miso), makové miso (poppy miso), miso polévka kimchi (kimchi miso soup), miso polévka shiitake (shiitake miso soup), miso polévka červená (red miso soup), miso polévka zelná (cabbage miso soup), miso polévka česneková (garlic miso soup), miso polévka cibulová (onion miso soup), miso polévka chilli (chilli miso soup), miso polévka s řasami (seaweed miso soup), miso polévka kari (curry miso soup), miso polévka houbová (mushroom miso soup), světlá shiokoji (white shiokoji), tmavá shiokoji (brown shiokoji), zlatá shiokoji (golden shiokoji), komekoi, zlatá komekoi (golden komekoi), genmaikoi, mugikoi, sušená shiitake (dried shiitake), tamari hrachová (pea tamari), tamari pohanková (buckwheat tamari) www.kojibakers.cz



6. SOMETHING FOR THE SWEET TOOTH

CHOCOLATE

General rule: all kinds of chocolate which contain 70 and more percent of cocoa, cocoa butter, sugar and lecithin are kosher.

★ ➤ **Choco-Café (Liliová Str. 250/4, Prague 1; Nerudova Str. 49, Prague 1):** bitter, milk and white chocolate with fruit, spices, or salt; dairy or pareve:



- **Chocolate tablets (M) or (P):** Pineapple, Banana, Blueberry, Cranberry, Blackcurrant, Dates, Chilli, Cocoa Beans with Sea Salt, Coffee Beans, Cashew, Kiwi, Coconut, Hazelnut, Almonds with Smoked Sea Salt, Sea Salt, Melon, Apricot, Para, Pistacchio, Pecan, Orange, Pink Pepper, Cinnamon, Cherry, Walnut, Ginger, Spices and Herbs
- **Dark Chocolate (P):** Nougat Chocolate Gianduia, Madagascar 71%, Peru Pachiza 70%, Dominicana 75%, Equador 74%, Sao Thome 71%, Mexico 68%, Chimelb 65%, Los Palmaritos 75%, Los Vasquez 75%, Los Bejucos 45%, Los Bejucos 70%, Uganda 78%, Peru 75%, cooking chocolate 60%, Cuba 66%, Sur del Lago 72%
- **Milk Chocolate (M):** Peru 39%, Nougat Milk Chocolate Gianduia, Salted Caramel, Madagascar 40%
- **Chocolate Chips (P):** Peru Bagua 81%, Dominicana 75%, Equador 74%, Los Bejucos 46%, Los Bejucos 70%, Los Palmaritos 75%, Madagascar 71%, Peru Pachiza 70%, Sao Thome 71%, Sur del Lago 72%, Uganda 78%, Dark Chocolate 72%, Milk Chocolate 39% (M), White Chocolate 43% (M)

SNACKS

➤ **DMHERMES TRADE s.r.o. (P):**



- Bombus Raw Energy Coconut & Cocoa, Bombus Raw Energy Maracuja & Coconut, Bombus Raw Energy Peanuts & Dates, Bombus Raw Energy Cocoa & Cocoa Beans, Bombus Raw Energy Banana & Coconut
- Bombus Raw Protein Banana, Bombus Raw Protein Cocoa Beans, Bombus Raw Protein Peanut Butter, Bombus Raw Protein Cocoa & Cocoa

HONEY CAKE

➤ **VIZARD s.r.o.: "Pat Palter" www.medovnik.cz**

- Medovník originál Classic (M) (honey cake)
- Medovník originál Ořechový (M) (honey cake with nuts)
- Medovním Pikao (M) (honey cake with cocoa)
- Medovník bez lepku (M) (honey cake gluten-free)



7. JAMS, NUT CREAMS

☆ ➤ Orkla Foods/Hamé:

WARNING! Always check if the jam contains grape juice, especially in the variation with red fruits, if it does, it isn't kosher!



- **Extra Jams:** Extra džem Rybíz (Currant), Extra džem Jahoda (Strawberry), Extra džem Meruňka (Apricot), Extra džem Borůvka (Blueberry), Extra džem Lesní směs (Forest Mix), Extra džem Višeň (Sour Cherry), Extra džem Šípek (Rosehip), Pomerančová marmeláda (Orange Marmelade), Extra džem Malina (Raspberry), Extra džem Malina méně cukru (Raspberry with less sugar)
 - **Jams:** Džem Meruňka a jablko (Apricot-Apple Jam), Džem Borůvka a jablko (Blueberry-Apple Jam), Džem Višeň a jablko (Sour Cherry-Apple Jam), Džem Malina a jablko (Raspberry-Apple Jam), Džem Jahoda a jablko (Strawberry-Apple Jam), Ovocná pomazánka Borůvka a jablko se sníženým obsahem cukru (Apple-Blueberry Jam with Less Sugar), Ovocná pomazánka Lesní směs a jablko se sníženým obsahem cukru (Forest Fruit Jam with Less Sugar), Ovocná pomazánka Jahoda se sníženým obsahem cukru (Strawberry Jam with Less Sugar), Ovocná pomazánka Meruňka se sníženým obsahem cukru (Apricot Jam with Less Sugar)
 - **Ovocné směsi (Fruit Mixtures):** Ovocná směs (Fruit Mixture), Ovocná směs jablečno-jahodová Jahoda (Fruit Mixture with Strawberries), Ovocná směs Meruňka (Fruit Mixture with Apricot), Linecká směs (Fruit Mixture for Linz Cake)
 - **Povidla (Plum Jam):** Slazená švestková povidla (Sweetened Plum Jam)
- **NOVÁK konzervárna a.s.:** plum, apricot and strawberry jams (big packages 5kg)
- **Voices International s.r.o. (under the brand name "Kvasnička")** – the whole jam production:
- **Jams with 80% fruit content:** Jahodový (Strawberry), Meruňkový (Apricot), Višňový (Sour Cherry), Broskvový (Peach), Malinový (Raspberry), Borůvkový (Blueberry), Ostružinový (Blackberry), Brusinkový (Cranberry), Černý rybíz (Black currant), Červený rybíz (Red currant), Rakytníkový (Sea-buckthorn), Šípkový (Rosehip)
 - **Jams with no added sugar:** Jahodový (Strawberry), Mangový (Mango), Malinový (Raspberry), Borůvkový (Blueberry), Broskvový (Peach), Švestkový (Plum)
 - **Jams sweetened with honey:** Brusinkový džem (Cranberry Jam), Malinový džem (Raspberry Jam), Ostružinový džem (Blackberry Jam), Pomerančový džem se zázvorem (Orange Jam with Ginger), Rakytníkový džem (Sea-buckthorn Jam), Višňový džem (Sour Cherry Jam)
 - **Tropical jams:** Fíkový (Fig), Pomerančový (Orange)

☆ ➤ Choco-cafe (Liliová 250/4, Prague 1; Nerudova 49, Prague 1): Peanut cream with a pinch of salt, Almond Cream with cinnamon, Hazelnut cream with cocoa (M)

8. BABY FOOD

☆ ➤ Orkla Foods/Hamé:

WARNING! Always check that the baby food doesn't contain grape juice, especially in the variation with red fruits. If it does, it isn't kosher!



- **Ovocné svačinky Hamánek (Baby Fruit Puree Hamánek in glass jars) (MZ):** Jablko (Apple); Jablko & Borůvka (Apple & Blueberry); Jablko & Hruška (Apple & Pear); Jablko & Malina (Apple & Raspberry); Jablko & Lesní směs (Apple & Forest Fruit); Jablko & Mango (Apple & Mango); Banán & Jablko (Banana & Apple); Jablko & Višň (Apple & Sour Cherry); Jablko & Jahoda (bez přidaného cukru) (Apple & Strawberry without added sugar); Jablko & Meruňka (bez přidaného cukru) (Apple & Apricot without added sugar); Jablko & Broskev (Apple & Peach); Jablko & Meruňka (Apple & Apricot)



- **Kojenecké výživy Hamánek v kapsičkách (Baby Fruit Puree Hamánek in pouches) (MZ):** Jahoda & Jablko (Strawberry & Apple);, Červené ovoce (Red Fruits); Jahoda, meruňka, jablko (Strawberry, Apricot, Apple); Švestka & Jablko (Plum & Apple); Broskev, Bezinka, Jablko (Peach, Elderberry, Apple); Mango & Jablko (Mango & Apple); Meruňka & Jablko (Apricot & Apple); Hruška, rakytník, jablko (Pear, Buckthorn, Apple); Hruška & Banán (Pear & Banana); Meruňka, broskev, jablko (Apricot, Peach, Apple); Banán, broskev, jablko (Banana, Peach, Apple); Jablko s banánem & špenátem (Apple, Banana & Spinach); Jablko s mrkví (Apple & Carrot); Jablko s dýní (Apple & Pumpkin); Jablko s mrkví & červenou řepou (Apple Carrot & Beetroot)

- **Kojenecké výživy „Cvrček“ ovocné (Baby Fruit Puree „Cvrček“ in glass jars) 190g (MZ):** Cvrček jahoda (Strawberry), Cvrček jablko (Apple), Cvrček broskev (Peach), Cvrček meruňka (Apricot), Cvrček borůvka (Blueberry), Cvrček malina (Raspberry), Cvrček banán (Banana)

☆ ➤ LINEA NIVNICE, a.s.:



- **Ovocné přesnídávky HELLO kapsičkách 100g (Baby Fruit Puree HELLO in pouches 100g):** Ovocná přesnídávka s banány (Banana), Ovocná přesnídávka s jablky (Apple), Ovocná přesnídávka s meruňkami (Apricot); Ovocná přesnídávka s jahodami (Strawberry), Ovocná přesnídávka s broskvemi (Peach), Ovocná přesnídávka s mangem (Mango), Ovocná kapsička s mrkví (Carrot), Ovocná přesnídávka s malinami (Raspberry), Ovocná přesnídávka s višněm (Sour Cherry), Ovocná přesnídávka s pomeranči (Orange), Ovocná přesnídávka s hruškami (Pear), Ovocná přesnídávka se švestkami (Plum), 100% ovocná kapsička s banány (100% Fruit Puree with Banana), 100% ovocná kapsička s mangem (100% Fruit Puree with Mango) 100% ovocná kapsička s meruňkami (100% Fruit Puree with Apricot), 100% ovocná kapsička s jahodami (100% Fruit Puree with Strawberry)
- **Ovocné přesnídávky HELLO XXL v kapsičkách 200g (Baby Fruit Puree HELLO in pouches 200g):** Ovocná přesnídávka s jablky (Apple), Ovocná přesnídávka s meruňkami (Apricot), Ovocná přesnídávka s broskvemi (Peach), Ovocná přesnídávka

s malinami (Raspberry), Ovocná přesnídávka s jahodami (Strawberry), Ovocná přesnídávka s mangem a banány (Mango and Banana)

- **Ovocná přesnídávka HELLO sklo 190g (Baby Fruit Puree HELLO in glass jars):** Ovocná přesnídávka s meruňkami (Apricot), Ovocná přesnídávka s broskvemi (Peach), Ovocná přesnídávka s jablky (Apple), Ovocná přesnídávka s jahodami (Strawberry), Ovocná přesnídávka s banánem (Banana), Ovocná přesnídávka s mangem (Mango), Ovocná přesnídávka s malinami (Raspberry), Ovocná přesnídávka s višněmi (Sour Cherry), Ovocná přesnídávka s pomeranči (Orange), Ovocná přesnídávka se švestkami (Plum), Ovocná přesnídávka s mrkví (Carrot), Jablečný protlak (100% Apple)



9. MILK AND DAIRY PRODUCTS (CHALAV STAM)

MILK

General rule: 100% unflavoured, fresh or long-life milk from Czech dairies, e.g.: Mlékárna Hlinsko a.s. (Tatra), OLMA a.s., MADETA a.s. etc.

Milk Chalav Yisrael is available in a kosher shop (Maiselova Str. 18, Prague 1).

- **Struhy Farm:** Organic Farm Milk

FLAVOURED MILK

- **Mlékárna Hlinsko a.s. (Tatra):** Kravík banánový (Banana), kakaový (Cocoa), jahodový (Strawberry), vanilkový (Vanilla)

CONDENSED MILK

- **Mlékárna Hlinsko a.s. (Tatra):** Kondenzované mléko neslazené (Unsweetened Condensed Milk), Kondenzované mléko slazené (Salko) (Sweetened Condensed Milk "Salko"), Kondenzované mléko slazené karamelizované (Sweetened Condensed Milk Caramelised), Kondenzované mléko slazené s kakaem (Pikao) (Sweetened Condensed Milk with Cocoa "Pikao"); Kondenzované slazené mléko v tubě (Jesenka, Pikao, Piknik) (Sweetened Condensed Milk in Tubes "Jesenka", "Pikao", "Piknik")

POWDERED MILK

General rule: 100% powdered milk, e.g.: Mlékárna Hlinsko a.s. (Tatra), OLMA a.s.

FERMENTED MILK PRODUCTS

General rule: kefir, acidophylic milk, etc. only unflavoured.

YOGURTS

General rule: white, plain yogurts. Rabbinate also permits yogurts with chocolate flavour which contains only sugar, chocolate powder, cocoa powder, cocoa butter, cocoa mass and aroma.

WARNING! Long-life and low-fat yogurts may contain gelatine (želatina)!

- **Struhy Farm:** White Organic Yogurt, Flavoured Organic Yogurt (strawberry, blueberry, apricot), Organic White and Flavoured Yoghurt Milk (strawberry, blueberry, apricot)
- **OLMA a.s.:** Olmíci vanilla, chocolate.

WARNING! Only the flavoured yogurt is kosher! Jelly bears or biscuits in a lid are not approved!

DAIRY DESERTS

- **OLMA a.s.:** Míša tvarohový mls, Míša tvarohový mls čokoládový (Míša Curd Cheese Dessert, Míša Curd Cheese Dessert chocolate flavour)
- **LACRUM Velké Meziříčí, s.r.o.:** Velkomeziříčský tvarohový dezert (Curd Dessert)

HEAVY CREAM

General rule: plain, unflavoured heavy, whipping or sour cream.

WARNING! Long lasting cream may contain problematic preservatives!

BUTTER

General rule: plain, fresh butter without any colourings.

BUTTER SPREAD

- **OLMA a.s.:** Tradiční pomazánkové natur

CURD CHEESE

- **Farma Struhy:** Bio selský tvaroh měkký bílý i ochucený (jahoda, borůvka, meruňka) (Organic Cottage Cheese Plain, Organic Cottage Cheese Strawberry/Blueberry/Apricot)
- **Mlékárna Olešnice a.s.:** all kinds of cottage cheese including lactose-free
- **Mlékárna Hlinsko a.s. (Tatra):** all kinds

CHEESE

Cheese Chalav Yisrael is available in a kosher shop (Maiselova Str. 18, Prague 1)

- **A.W. spol. s r.o., Loštice:** Olomoucké tvarůžky (Olomouc Curd Cheese)
- **LACRUM Velké Meziříčí, s.r.o.:** Velkomeziříčský smetanový krém (cream cheese)

ATTENTION! All the following kinds of cheese are kosher only when produced in special batches which are under the supervision of the Rabbinate!! They are available only in a kosher shop (Maiselova Str. 18, Prague 1)!!

- **Brazzale Moravia a.s.:** Parmezán Gran Moravia (Parmesan Gran Moravia)
- **Mlékárna Otinoves s.r.o.:** sýr s modrou plísní NIVA (Blue Cheese NIVA)
- **Mlékárna Polná spol. s r.o.:** Balkánský sýr (White Brine Sirene), Eidam 30%, Eidam 45%, Eidam uzený (Smoked Eidam), Jadel, Jadel uzený (Smoked Jadel Cheese), Pařený sýr Koliba (steamed cheese Koliba), Pařený sýr Koliba uzený (smoked steamed cheese Koliba), Zlatá Praha (Golden Prague)
- **SAVENCIA Fromage & Dairy Czech Republic a.s. (Pribina Přebyslav):** Král sýrů Hermelín (Camembert style cheese "Hermelín")
- **LACRUM Velké Meziříčí, s.r.o.:** Eidam 30%, Eidam 45%, Gouda



10. MARGARINE AND EGGS

MARGARINE

Available in a kosher shop in Maiselova Str. 18, Prague 1

EGGS

Check whether there is a blood spot in the egg yolk, if so, the egg is considered non-kosher; if there is a blood spot in the egg white, the blood spot should be removed and the rest of the egg may be used.

11. MEAT AND MEAT PRODUCTS

Kosher meat should be bought only in the kosher shop in Maiselova Str. 18, Prague 1

12. HONEY

General rule: 100% pure bee honey.

- **Zelená Bohdaneč s.r.o. (Agnes):** honey
- **Ing. Tomáš Husák** (Semice): honey

13. RAW MATERIALS FOR BAKING

BAKING INGREDIENTS

- **Cocoa and cocoa raw material:** 100% without additives
Choco-Cafe (Liliová 250/4, Prague 1; Nerudova 49, Prague 1): Cocoa Powder 22/24, Organic Cocoa 20/24, Organic Cocoa Beans, Organic Cocoa Butter
- **Baking powder:** LABETA a.s., Dr. Oetker spol. s r.o. etc.
WARNING! Check that it doesn't contain cream of tartar!
- **Baking soda:** LABETA a.s., Dr. Oetker spol. s r.o. etc.
- **Flour:** 100% flour (need to be sifted before using)
- **Starch:** Natura a.s. – Solamyl, Naturamyl
- **Vanilla sugar:** Dr. Oetker spol. s r.o. etc.
- **Yeast:** Lesaffre – Fala, Vivo, Noli, dried yeast Saf-Instant

PUDDING

- **Amylon a.s.:** Vanilla/Chocolate/Cocoa/Banana/Caramel Pudding, Rice with cinnamon, Matcha
- **Alnatura:** BIO Vanilla and Chocolate Pudding
- **Dr. Oetker:** Naturmyl Vanilla, Chocolate, Banana, Original with coconut flavor, Premium extra caramel, Premium apple and cinnamon

GLUTEN FREE BREADMIXES

- **Benkor s.r.o.:** Gluten-free bread mix CALTA
- **Jizerské pekárny s.r.o.:** Gluten-free bread mix and gluten free flour JIZERKA

- **NOMINAL CZ OBCHODNÍ s.r.o.:** Bezlepková mouka Nomix (Gluten-free Bread Flour), Směs na chléb s chia semínky (Gluten-free Bread Mix with Chia Seeds), Směs na chléb rustikální (Gluten-free Bread Mix Artisan), Směs na chléb s pohankovou vlákninou (Gluten-free Bread Mix with Buckwheat Fiber), Směs na chléb s lněnou vlákninou (Gluten-free Bread Mix with Flaxseed Fiber), Směs na chléb se sojovou vlákninou (Gluten-free Bread Mix with Soya Fiber), Směs na bramborové těsto (Potato Dough Mix)

14. SPICES AND CONDIMENTS

SPICES

General rule: 100% pure whole as well as ground spices, except for paprika, only Kotányi and Vegeta paprika are approved.

- **Jiří Červenka:** spices and spice mixes
- **SUNFOOD s.r.o.:** Klaso Maha spices (soup spices)
- **TEREZIA COMPANY:** VEGI VEGI all kinds of spice mixes
- **PODRAVKA:** Natur, Na salát bez přidaného MSG (Seasoning for Salad without added MSG), Na gril bez přidaného MSG (Seasoning for Grilling without added MSG), Na ryby bez přidaného MSG (Seasoning for Fish without added MSG), Na kuře bez přidaného MSG (Seasoning for Chicken without added MSG); Maestro sladká paprika mletá (Maestro Sweet Paprika) (**r. Dr. Kotel Dadon, Croatia**)



SUGAR

General rule: 100% sugar

WARNING! Check that powdered sugar doesn't contain problematic additives!

- **Choco-café (Liliová 250/4, Prague 1):** Raw Cane Sugar

SALT

General rule: 100% salt

Warning! Check that it doesn't contain problematic additives!

VINEGAR

- **OKL a.s.:** Bzenecký ocet kvasný lihový (Distilled vinegar)
- **SUNFOOD s.r.o.:** Sladký rýžový ocet (Rice vinegar), Umeocet (Ume vinegar)

Warning! Wine vinegar and balsamic vinegar are kosher only with a hechsher! They are available in a kosher shop in Maiselova Str. 18, Prague 1.

OIL

General rule: 100% pure, cold pressed (extra virgin) olive oil.

- ★ ➤ **FABIO PRODUKT s.r.o.:** 100% rapeseed oil, MANKA (rapeseed oil), FRITO, SLUNKA (sunflower oil)

MUSTARD

- **SPAK Foods s.r.o.:** Hořčice anglická (English-style Mustard), Klasická (Classic Mustard), Vídeňská (Viennese Mustard)

KETCHUP

- **NOVÁK konzervárna a.s.:** all kinds
- **SPAK Foods s.r.o.:** all kinds

MAYONNAISE

- **SPAK Foods s.r.o.:** Majonéza lahůdková 50%, Majonéza 50%, Majonéza 75%, Majonéza NATUR, Vegan majonéza 50% (vegan mayonnaise)
- **Kosher mayonnaise is also available in a kosher shop in Maiselova Str. 18, P1**

SOYA SAUCE

- **SUNFOOD s.r.o.:** Shoyu, Shoyu Johnsen, Tamari Mansan

SYRUP

- **SUNFOOD s.r.o.:** Maple syrup, Rice syrup



15. PASTA

General rule: all kinds that don't contain eggs.

16. RICE

General rule: plain, uncooked rice, including parboiled.

17. FISH

General rule: Kosher fish must have scales and fins. Kosher species include: anchovy, dace, bream, halibut, hake, brill, carp, tench, graylink, salmon, mackerel, burbot, sole, bass, mullet, flatfish, trout, sardines, herring, sprat, pike, cod, tuna-fish etc.

FRESH AND FROZEN FISH

- Company **Bidfood Czech Republic s.r.o.** guarantees that non-breadcrumbs fillets from sea-pike (mořská štika), Alaska cod (aljašská treska) and salmon (losos) which are distributed under the brand name **"Nowaco"** cannot contain non-kosher fish.

CANNED FISH

General rule: tuna cans which are marked "Dolphin friendly" or "Dolphin Safe" in brine or in olive oil, canned salmon and sardines in brine or in olive oil.

PICKLED HERRING

- **Delimax, a.s. (Varmuža):** Zavináče (pickled herring in vinegar stock and oil containing rollmops, onion and carrot); Matjesy v oleji (Herring in oil)

SMOKED

General rule: cold smoked salmon.

Check that it doesn't contain problematic additives!



18. FRUIT AND VEGETABLE

FRESH

- **All kinds, however, it needs to be checked for insects.**

FRENCH FRIES

- **FRITAGRO Nížkov s.r.o.:** French fries

FROZEN

- **AGRIMEX Vestec a.s. (Dione):** all kinds of frozen fruit and vegetable, **except for mixtures with pasta**
- **AGRO Jesenice a.s.:** all kinds of frozen fruit and vegetable including spinach

PRESERVED VEGETABLE

- **Alibona a.s.:** green beans, white beans, red beans, dill, sauerkraut, peas, corn, carrot, carrot and peas, gherkins, vegetable mixture, letcho
- **Hamé s.r.o.:** all kinds of preserved vegetable, **except for canned sauerkraut**
- **Novák konzervárna a.s.:** all kinds of pickled cucumbers, pickled pepper, pickled white and red cabbage, sauerkraut, pickled red beet, carrot in brine (cubes), celery in brine (cubes), zucchini(cubes), vegetable mix/letcho, Halali, potato salad mixture, Moravian salad, Kunovský salad, Hraběcí salad, mixture for sour-sweet sauce, cabbage salad, pepper salad

SAUERKRAUT

- **AGRO Brno-Tuřany a.s.** – Tuřanské kysané zelí,
- **Jiří Kubíček** – Kubíčkovsko-hanácké zelí
- **Zelárna Lobkowicz** – Křimické zelí
- **ZP Otice a.s.** – Otické kysané zelí
- **Krouhárna zelí Tuchlovice**
- **SAMIR kysané zelí s.r.o.**
- **Hušek - Zelárna Křivice**
- **Jihočeská zelenina a.s.**



Sauerkraut must always be produced in a traditional way of lactic acid fermentation. We advice to always buy the sauerkraut packed and to make sure that it contains only the following ingredients: cabbage, salt, caraway seeds, mustard seeds, E202, E224 or E210.

TOMATO PUREE, TOMATO CANS

General rule: tomato sauce consisting of tomatoes, salt or E330 (citric acid), produced in Italy.

OLIVES

General rule: any kind without filling and problematic preservatives or wine vinegar.

DRIED VEGETABLE

General rule: all kinds of 100% dried vegetables without any additives.

DRIED FRUIT

General rule: all kinds of 100% dried fruit without added oil.

- ☆ ➤ **Diana Company s.r.o.** distributes dried fruit and nuts that are kosher certified by foreign kashrut organisations:
- Medjool Dates (country of origin: Israel), Kokos zlomky BIO (Coconut BIO), Chia semínka BIO, Klikva (Cranberry), Para ořechy (Brasil nuts), Pekany (Pecan nuts), Arašidy loupané Jumbo (Peanuts peeled Jumbo), Tykev (Pumpkin seeds), Mandle natural Valencia BIO (Almonds Valencia BIO), Rozinky Thompson BIO (Raisin Thompson BIO), Kakaové zlomky BIO (Cocoa Nibs BIO), Tygří ořechy BIO (Tiger nuts BIO), Mandle loupané 23/25 (Almonds), Kousky z loupaných mandlí 2–5mm (Almond pieces), Mandle hranolky (Almond chips), Mandle plátky 0,7-0,9 mm (Almonds slices 0,9mm), Mandle plátky 1mm (Almond slices 1mm), Mouka z loupaných mandlí (Almond flour), Mouka z loupaných mandlí x-fine (Almond fine flour), Jablka kousky se skořicí (Apple pieces with cinnamon), Kiwi, Meloun (Melon), Kokos strouhaný hrubý tučný BIO (Coconut grated BIO), Kokos strouhaný jemný BIO (Coconut finely grated BIO), Moruše bílá (White mulberry), Moruše černá (Black Mulberry), Lísková jádra BIO (Hazelnuts BIO), Kakaové zlomky BIO (Cococa nibs BIO), Banana chips, Kokos chips (Coconut chips), Rozinky Flame Jumbo (Raisins Flame Jumbo), Pinie, Fíky natural č.2 (Figs), Fíky baby (Baby figs), Meruňky sířené vel. 1 (Apricots sulfured s. 1), Meruňky sířené vel. 4 (Apricots sulfured s. 4), Meruňky nesířené vel. 1 (Apricots unsulfured s. 1)
- **Vital Country:** raisins without any additives or oil: Rozinky černé Uzbekistán (Black Raisins), Rozinky zelené JUMBO (Green Rasins JUMBO), Rozinky zelené (Green Raisins)
www.vitalcountry.cz

COMPOTES

Regarding drupes, it is preferable to buy them halved for easier checking of worms.

- ☆ **Exotic fruit in cans (tangerine, pine-apple etc.) are allowed if they don't contain E120 or grape juice.**
- **Alibona a.s.:** gooseberry, peach, apricot, greengage, sour cherry, pear, rowanberry, strawberry, raspberry, mirabelle, plum, apple slices
 - **Novák konzervárna a.s.:** all kinds (plums, apricot, sour cherry, cherry, greengage, pumpkin with pineapple flavour)



19. BEVERAGES

COFFEE

General rule: 100% pure coffee (also instant and decaffeinated).

- **Ebel Cafe (Kaprova Str. 11, Řetězová Str. 9, Prague 1):** 100% roasted coffee
- **Choco Café (Liliová Str. 250/4, Prague 1; Nerudova Str. 49, Prague 1):** Organic Green unroasted Coffee beans, Organic Roasted Coffee
- **Mamacoffee (Londýnská Str. 49, Vodičkova Str. 6, Jiřího z Poděbrad Sqr. 12, Jaromírova Str. 576, Podolská Str. 23):** 100% roasted café

TEA

General rule: loose tea and tea bags, 100% pure tea (black, green, herbal) without aroma.

JUICE

General rule: 100% pure, without preservatives and aromas.

WARNING! Check that a multivitamine juice doesn't contain grape juice. If it does, it isn't kosher!

- **Grape juice: only with a hechsher!** Available in a kosher shop in Maiselova Str. 18, P 1
 - **České vinařství Chrámeč s.r.o.:** red grape juice Šošana, white grape juice Einav
- **Zelená Bohdaneč s.r.o. (Agnes):** natural apple juice, pear juice, apple-pear juice, apple-beet juice

FRUIT SYRUPS

General rule: if a fruit syrup doesn't contain ingredients of animal origin, e.g. colourings, or grape origin, and if it is known that during the production the syrup doesn't come into contact with animal production.

- **Voices International s.r.o. (under the brand name "Kvasnička"):** the whole syrup production: Rakytník (Buckthorn), Pomerančový (Orange), Citrónový (Lemon), Červenorybízový (Red currant), Černorybízový (Blackcurrant), Malinový (Raspberry), Černý bez – plody se skořicí a hřebíčkem (Elderberry with Cinnamon and Clove); Grepový (Grapefruit), Mojito

MINERAL WATER

General rule: all kinds of mineral water without flavourings.

OTHER NON-ALCOHOLIC BEVERAGES

General rule: all soft drinks (with the exception of grape juice and grape flavoured drinks) which don't contain forbidden additives, are kosher.

WINE

WARNING! Production of kosher wine needs a special supervision and therefore only wine which bears a kosher certificate is kosher!

- **České vinařství Chrámce s.r.o.:** various kinds, available in Maiselova Str. 18, Praha 1
- **French and Israeli kosher wines can be purchased also in several wineshops in Prague. Foreign kosher wines are available also in a kosher shop in Maiselova Str. 18, Prague 1.**

BEER

General rule: all kinds of Czech light, unflavoured beer.

- **Budějovický Budvar n.p.:** all kinds (light and dark)
- **PRIMÁTOR a.s.:** PRIMÁTOR Premium, PRIMÁTOR Dark, PRIMÁTOR 11 Lager, PRIMÁTOR Antonín, PRIMÁTOR 13 Polotmavé, PRIMÁTOR 16 Exkluziv, PRIMÁTOR 21 Imperial, PRIMÁTOR 24 Double, PRIMÁTOR Weizen, PRIMÁTOR Diamant, PRIMÁTOR Nealko, PRIMÁTOR India Pale Ale
- **Rodinný pivovar Berounský medvěd:** Světlé 8° Cyklopivo, Tmavé 8° Cyklopivo, Světlé 8° se sníženým obsahem cukru (DIA pivo), Světlé 11° Zlatý kůň, Polotmavé 11° Medové, Tmavé 13° Berounský medvěd, Polotmavé 14° Klepáček, Světlé 15° Lord, Speciál tmavé 18° Grizzly, Bond pivo 11° světlé, Bond pivo 13° tmavé, Bond pivo 15° světlé, Bond pivo 18° tmavý speciál, Berounský Jubilejní Dobroděj 20°, František 10°, František 12°
- **Rodinný pivovar Bernard a.s.:** all kinds including alcohol free beer
- **Plzeňský Prazdroj:** all kinds of unflavoured beer, e.g. Gambrinus, Kozel, Pilsner Urquell, Radegast etc.; **alcohol-free beer:** Birell Limetka & Malina (Lime & Raspberry), Birell Pomelo & Grep (Pomelo & Grapefruit), Birell Zázvor (Ginger), Birell Polotmavý citrón (Dark Lemon), Birell Botanicals Bezový květ s tymiánem a citrónem (Elderflower with Thyme and Lemon), Birell Botanicals s příchutí Zelený čaj s jasmínem a bergamotem (Green Tea with Jasmine and Bergamot); **flavoured beer:** Gambrinus Řízný citrón (Lemon), Gambrinus Šťavnatý grep (Juicy Grapefruit), Gambrinus Limetka & Bezinka (Lime & Elderflower); **apple cider:** Kingswood Original, Kingswood Dry, Kingswood Rosé, Kingswood Spiced Apple, Frisco Brusinka CIDER (Cranberry), Frisco Jablko & Citrón CIDER (Apple & Lemon), Frisco Ananas & Lemon Grass CIDER (Pineapple & Lemon Grass), Frisco Lesní Ovoce CIDER (Forest Fruit)
- **Sousedský pivovar Bašta:** Tábořská Str. 49, Prague 4 – Nusle

SLIVOVITZ, LIQUERS, WHISKY

General rule: all kinds of pure distillate.

- **Agnes Zelená Bohdaneč, s.r.o.:** mead, cider, fruit brandy, liquers etc.
- **ČESKÁ WHISKY s.r.o.:** TREBITSCH Czech Single Malt Whisky, TREBITSCH Czech Single Malt Whisky with Rum Finishing
- **Jan Becher – Karlovarská Becherovka a.s.:** BECHEROVKA Original - **only from special kosher batches produced under the supervision of the Prague Rabbinate, available in a Kosher shop of the JC Prague**
- **Palírna U Zeleného stromu a.s.:** Slivovitz, Cherry Distillate, Columbia Caffé (coffee liqueur), Griotte, SILVER PLUM, WILD PIN, SOUR CHERRY
- **RATAFIA ALMOND SPIRIT s.r.o.:** Mandlička – Almond Spriti, Višnička – Sour Cherry with a Touch of Almond, Jeřabinka – Aronia with a Touch of Almond
- **Rodinný pivovar Berounský medvěd:** Chmelovice ("hop brandy")

- **STOCK PLZEŇ-BOŽKOV, s.r.o.:** Fernet Stock, Hruškovice Košer (Pear Distillate), Slivovice Košer (Slivovitz), Marhulovice Košer (Apricot Distillate), Višňovice Košer (Sour Cherry Distillate), Jablkovice Košer (Apple Distillate), Slivovice Excellent, Hruškovice Excellent

WARNING! Be carefull that the alcoholic beverages don't contain non-kosher wine or grape juice! Wine brandy is added to Becherovka, Stará myslivecká! Commonly available brandy, cognac, Martini etc. are not kosher!



20. MEDICINES, VITAMINS, COSMETICS

There is no question regarding medicine and vitamin pills, which are swallowed or injected (e.g. pork insulin). Although some antibiotics contain gelatine capsule, their consuming is not classified by the Torah as "enjoying forbidden thing" (hana'at ha-isur).

However, many creams contain animal fat, thus make sure that the cream won't get into the mouth. The same applies to lip balms and lipsticks.

DIETARY SUPPLEMENTS

- **AROMEDICA s.r.o.:** pastilky pro ústní hygienu: Kardamon a citron, Mandarinka a tea tree, Šalvěj a eukalyptus, Máta a echinacea, Grapefruit a schizandra, Skořice a hřebíček, Q10 a eleuterokok, Zázvor a chilli, Aromed Mandarinka, tea-tree a vanilka, Aromed Grapefruit a schizandra, Aromed Šalvěj a eukalyptus, Aromed Máta, Aromed Skořice a vanilka, Aromed Růže, Aromed Ostropestřec
- **IREL a.s.:** Ostropestřecový olej v konvenční a bio kvalitě (Thistle Oil in Conventional/Organic Quality), Ostropestřec mariánský sypký v konvenční a bio kvalitě (Thistle Powder in Conventional/Organic Quality), Ostropestřec mariánský granulovaný v konvenční a bio kvalitě (Thistle Granulated in Conventional/Organic Quality)

COSMETICS

- **AROMEDICA s.r.o.:** Angiomed, Balzám pro citlivou pleť, Balzám pro smíšenou pleť, Balzám pro suchou pleť, Balzám pro zralou pleť, Balzám regenerační, Bylinný masážní olej, Celugel, Celumed, Čistá pleť, Dolormed, Escino, Facial Washing Gel, Feminol, Femiwash, Gallotin, Gel myrťový, Gel pro mastnou pleť, Hair and shower gel, Heřmánek německý v jojobě, Heřmánek římský v jojobě, Heřmánková voda, Heřmánková voda destilát, Intimed, Jasmín v jojobě, Jasmínová voda, Krém na jemnou a citlivou pleť, Krém na mastnou a smíšenou pleť, Krém na suchou pleť, Krém na zralou pleť, Krém pro děti a dospívající, Krém pro kojence a batolata, Krém pro narušenou pleť, Krém Q10, Krém regenerační, Labiamed, Levandulová voda, Lymfomed, Masážní olej dětský relaxační, Masážní olej dětský stimulující, Masážní olej kojenecký pro spánek, Maska pro citlivou pleť, Maska pro mastnou pleť, Maska regenerační, Maska stahující, Maska zklidňující, Meduňková voda, Must have (Miracle balm), Mykolmed, Mykolmed sprej, Neroli v jojobě, Neroliová voda, Oční gel, Voda na oční okolí, Okurková voda, Opalovací emulze, Pedimed, Pleťová voda na suchou pleť, Pleťová tonikum na mastnou pleť, Pleťové tonikum odličovací zklidňující, Psorimed, Rheumed, Rheumed Gel, Ritoniol, Ruže v jojobě, Růžová voda, Růžové sérum na oční okolí, Tělový olej relaxační, Třezalková voda, Vlasová voda ML, Vlasová voda P, Manukrém, Vlasový balzám – gel, Vlasový balzám – olej, Vlasový zábal, Voda ze zeleného čaje, Zubní pasta



21. KOSHER RESTAURANTS, CAFÉS, BAKERIES IN PRAGUE

RESTAURANTS

Restaurants that are under the supervision of the Rabbinate:

- **Shalom Restaurant (Maiselova Str. 18, Prague 1):** standard kosher fleishig restaurant, meat is only chalak/glatt
- **Restaurants in King David Hotel (Hybernská 42, Prague 1):** dairy restaurant in the lobby, meat restaurant, **glatt kosher**
- ✧ ➤ **Mizlala Restaurant (Hybernská 26, Prague 1):** standard kosher fleishig restaurant, meat is only chalak/glatt

CAFÉS

- **"Mamacoffee" branches:** the whole food production in the bakery in Krásova Str. 37, Prague 3 is kosher certified. The products are kosher dairy in the category **chalav akum**, the bread in the category **Pat Yisrael**. It is possible to get the products in Mamacoffee branches over Prague:
 - **Mamacoffee Jiřího z Poděbrad** (Jiřího z Poděbrad Sq. 12, Prague 3)
 - **Mamacoffee Jaromírova** (Jaromírova Str. 576, Prague 2)
 - **Mamacoffee Londýnská** (Londýnská Str. 49, Prague 2)
 - **Mamacoffee Podolská** (Podolská Str. 23, Prague 4)
 - **Mamacoffee Vodičkova** (Vodičkova Str. 6, Prague 1)
- **Ebel Cafe (Kaprova ul. 11, Řetězová ul. 9, Praha 1):** 100% roasted coffee
- **Choco-Café (Liliová Str. 250/4 Prague 1; Nerudova Str. 49, Prague 1):** dark 72%, milk 44%, white chocolates, chocolate with fruits, spices, sea salts, one region pure chocolate bars, weighted chocolates – kosher parve/kosher dairy (**chalav stam**) except for the period of Pesach

BAKERIES

- **Mansson Danish Bakery & Café (Bílkova Str. 8, Prague 1):** "pat Yisrael"
- **Le Caveau (Jiřího z Poděbrad Sq. 9, Prague 3):** "pat Yisrael"

TRDELNÍK

- **Terpet s.r.o. TRDELNÍK & COFFEE (U Starého hřbitova 42/2, Prague 1):** trdelník (chimney cake) **(P)** with sugar and cinnamon, with Nuttela **(M)**, with vanilla ice-cream **(M)**, with fresh fruit and whipped cream **(M)**, "pat Yisrael", kosher mulled wine

22. DETAILED LIST OF PROBLEMATIC ADDITIVES

Code	Full name	Source	Notes
E120	Cochineal/carmine	Dried insects, dactylopius cocus	Non-kosher
E140	Chlorophyll+chlorophyllin	Vegetable source,e.g. nettle, spinach	Must be verified
E141	Cu komplex of chlorophyll	Vegetable source	Must be verified
E153	Medicinal coal	Vegetable source	Must be verified
E160a	Carotene mixture	Veg. Source, rarely animal	Must be verified
E 160c	Cryptoxantin	Vegetable source	Must be verified
E161g	Kanthaxanthin	Veg. and animal sources	Must be verified
E163	Anthocyanins	Fruit, vegetables	Must be verified
E 214	Ethylparahydroxybenzoat	Synthetic source	Must be verified
E 215	Ethylparahydroxybenzoat sodium	Synthetic source	Must be verified
E234	Nisin	Bacteria-Lactococcus lactis	Must be verified
E235	Natamycin	Bacteria – Streptomyces natalensis	Must be verified
E 253	Acetic acid		Must be verified
E 261	Potassium acetate	Synthetic source	Must be verified
E 262	Sodium acetate	Synthetic source	Must be verified
E 263	Calcium acetate	Synthetic source	Must be verified
E 304	Fatty acid esters of ascorbic acid	Synthetic source	Must be verified

E 306	Tocopherol (vitamin E)	Vegetable source	Must be verified
E 307-309	Tocopherols	Synthetic source	Must be verified
E310-312	Gallats	Synthetic soure	Must be verified
E334-337	Tartaric acid; tartrates	Veg. and synthetic source	Must be verified
E353	Metatartaric acid	Wine stone	Must be verified
E 354	Calcium tartrate	Vegetable source	Must be verified
E 363	Succinic acid	Veg. and animal sources	Must be verified
E400-405	Alginates	Vegetable source	Must be verified
E418	Guma gellan	Product of microorganisms	Must be verified
E422	Glycerol	Vegetable and animal sources	Must be verified
E430-431	Stearates	Also animal source	Must be verified
E432-436	Polysorbates	Also animal source	Must be verified
E442	Ammonium phosphatides	Vegetable and animal sources	Must be verified
E 445	Glycerol ester of wood resin	Vegetable source	Must be verified
E470-479	Fatty acids derivates	Vegetable and animal sources	Must be verified
E480-492	Stearic acid derivates	Vegetable and animal sources	Must be verified
E493-495	Sorbitans	Synthetic and animal sources	Must be verified
E542	Edible bone phoshate	Animal bones	Non-kosher
E570-573	Stearic acid and salts	Vegetable and animal sources	Must be verified
E626-629	Guanylic acid and salts	Vegetable and animal sources	Must be verified

E 630-633	Inosinic acid and salts	Vegetable and animal sources	Must be verified
E 634-635	Ribonucleotides - salt	Vegetable and animal sources	Must be verified
E 637	Ethylmaltol	Synthetic source	Must be verified
E 640	Glycine	Synthetic and animal sources	Must be verified
E 642	Lysine hydrochloride	Animal bones	Non-kosher
E 904	Shellac	Secretion of insect lacifer lacca	Non-kosher
E 910	Waxester	Fatty acids	Must be verified
E 912	Montanic acid esters	Peat and brown coal	Must be verified
E 913	Lanolin	Fat of sheep wool	Non-kosher
E 920-921	L-cystein; L-cystine	Human hair, horsehair	Non-kosher
E 966	Lacticol	Milk	It's not chalav Israel
E 1105	Lysozyme	Eggwhites	Must be verified
E 1518	Triacetin	Vegetable and animal sources	Must be verified

If you have any questions, feel free to contact us at:

kosher@kehilaprag.cz

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