

# Jels triathlon

## Resultatliste MK ¼ Jernmandsstævne

Plac	St	Navn	Klub	Tid	Svømning	T 1	Cykling	T 2	Løb
<b>¼ Jernmandsstævne</b>									
<b>Kvinder</b>									
1	67	Kristina	TriAs	<b>02:29:27</b>	00:15:04	<b>00:01:33</b>	01:20:54	<b>00:01:07</b>	00:50:48
2	29	Henriette	SMT	<b>02:33:14</b>	00:20:58	<b>00:02:31</b>	01:19:14	<b>00:01:42</b>	00:48:47
3	47	Mette	Svendborg	<b>02:38:33</b>	00:24:10	<b>00:02:19</b>	01:19:07	<b>00:01:21</b>	00:51:34
4	44	Signe	Aarhus	<b>02:39:09</b>	00:23:45	<b>00:02:07</b>	01:24:00	<b>00:01:28</b>	00:47:47
5	36	Ute	TriAs	<b>02:40:52</b>	00:20:58	<b>00:03:01</b>	01:23:57	<b>00:01:17</b>	00:51:37
6	81	Simone	Sønderborg	<b>02:48:38</b>	00:18:21	<b>00:02:54</b>	01:29:29	<b>00:02:03</b>	00:55:49
7	21	Helle	(Odder)	<b>02:51:00</b>	00:24:00	<b>00:02:41</b>	01:27:29	<b>00:01:36</b>	00:55:12
8	34	Thea	(Kolding)	<b>02:51:53</b>	00:24:18	<b>00:03:24</b>	01:23:40	<b>00:02:04</b>	00:58:26
9	64	Hanne	Rødding	<b>03:01:09</b>	00:24:04	<b>00:03:36</b>	01:32:43	<b>00:01:52</b>	00:58:53
10	3	Louise	(Tønder)	<b>03:05:02</b>	00:26:46	<b>00:04:08</b>	01:33:07	<b>00:02:09</b>	00:58:50
11	13	Trine	(Esbjerg)	<b>03:16:48</b>	00:34:17	<b>00:03:39</b>	01:34:13	<b>00:02:23</b>	01:02:14
12	10	Camilla	Esbjerg	<b>03:16:57</b>	00:41:25	<b>00:04:00</b>	01:34:38	<b>00:02:03</b>	00:54:48
13	33	Mette	(Lundersko	<b>03:19:17</b>	00:26:24	<b>00:03:44</b>	01:45:24	<b>00:02:27</b>	01:01:18
14	74	Camilla	(Billund)	<b>03:23:37</b>	00:26:32	<b>00:05:27</b>	01:45:25	<b>00:02:44</b>	01:03:26
15	5	Solveig	Esbjerg	<b>04:07:49</b>	00:41:36	<b>00:03:59</b>	01:47:50	<b>00:03:25</b>	01:30:56
<b>Mænd</b>									
1	16	Sebastian	(Horsens)	<b>01:57:15</b>	00:14:16	<b>00:01:08</b>	01:00:46	<b>00:00:53</b>	00:40:09
2	69	Lasse Høj	Aalborg	<b>01:58:50</b>	00:14:35	<b>00:01:28</b>	01:04:04	<b>00:00:58</b>	00:37:43
3	77	Alexander	Rødekro Tri	<b>02:02:18</b>	00:14:42	<b>00:01:23</b>	01:06:07	<b>00:01:16</b>	00:38:47
4	7	Mikael	Tri8660	<b>02:09:16</b>	00:14:53	<b>00:01:21</b>	01:07:50	<b>00:00:56</b>	00:44:14
5	20	Anders	Randers	<b>02:10:15</b>	00:17:16	<b>00:01:55</b>	01:07:28	<b>00:01:15</b>	00:42:20
6	55	Allan	Rødekro Tri	<b>02:12:30</b>	00:18:37	<b>00:01:18</b>	01:09:53	<b>00:01:08</b>	00:41:31
7	90	Tobias	Odense	<b>02:14:15</b>	00:14:47	<b>00:00:52</b>	01:09:58	<b>00:00:54</b>	00:47:42
8	49	Michael	Randers	<b>02:15:09</b>	00:16:38	<b>00:01:49</b>	01:08:45	<b>00:01:16</b>	00:46:39
9	68	Daniel	Haderslev	<b>02:16:54</b>	00:17:16	<b>00:01:37</b>	01:12:23	<b>00:01:24</b>	00:44:12
10	85	Lars	Jels	<b>02:21:17</b>	00:19:12	<b>00:02:28</b>	01:12:57	<b>00:01:07</b>	00:45:32
11	31	Jonas	#iskTRI	<b>02:23:36</b>	00:20:43	<b>00:02:44</b>	01:16:19	<b>00:01:22</b>	00:42:26
12	27	Gustav	SMT	<b>02:23:52</b>	00:23:39	<b>00:02:30</b>	01:11:23	<b>00:01:50</b>	00:44:29
13	45	Jean	Esbjerg Tri	<b>02:23:58</b>	00:20:05	<b>00:01:50</b>	01:14:31	<b>00:01:12</b>	00:46:18
14	56	Dennis	Sønderborg	<b>02:25:08</b>	00:17:31	<b>00:02:59</b>	01:16:24	<b>00:01:32</b>	00:46:40
15	86	John	BillundTriatl	<b>02:26:59</b>	00:22:01	<b>00:01:55</b>	01:12:17	<b>00:01:35</b>	00:49:09
16	48	Anders	Odense	<b>02:28:10</b>	00:22:58	<b>00:02:28</b>	01:14:52	<b>00:01:05</b>	00:46:46
17	61	Rasmus	Clean	<b>02:29:17</b>	00:17:26	<b>00:01:22</b>	01:18:42	<b>00:01:10</b>	00:50:35
18	8	Carsten	Tri8660	<b>02:29:20</b>	00:17:00	<b>00:02:50</b>	01:17:46	<b>00:01:44</b>	00:49:56
19	32	Ibrahim Al	#iskTRI	<b>02:29:42</b>	00:19:41	<b>00:02:37</b>	01:21:42	<b>00:02:07</b>	00:43:33
20	51	Thomas	BillundTriatl	<b>02:30:01</b>	00:18:37	<b>00:02:34</b>	01:13:53	<b>00:01:53</b>	00:53:02
21	30	Peter	SMT	<b>02:30:25</b>	00:19:41	<b>00:02:12</b>	01:21:59	<b>00:01:40</b>	00:44:51
22	87	Henning	Bogenseløb	<b>02:31:12</b>	00:18:40	<b>00:03:29</b>	01:16:51	<b>00:01:51</b>	00:50:19
23	75	Leon	(Vamdrup)	<b>02:31:18</b>	00:21:14	<b>00:03:02</b>	01:18:33	<b>00:01:53</b>	00:46:35
24	57	Oscar	Sønderborg	<b>02:31:37</b>	00:18:12	<b>00:02:25</b>	01:15:37	<b>00:02:24</b>	00:52:57

# Jels triathlon

## Resultatliste MK ¼ Jernmandsstævne

Plac	St	Navn	Klub	Tid	Svømning	T 1	Cykling	T 2	Løb
25	40	Christian	Holbæk Tri	<b>02:31:46</b>	00:18:54	<b>00:03:50</b>	01:17:58	<b>00:01:19</b>	00:49:43
26	26	Per	SMT	<b>02:32:34</b>	00:21:47	<b>00:03:06</b>	01:12:21	<b>00:01:38</b>	00:53:40
27	54	Frederik	Kolding	<b>02:32:55</b>	00:20:10	<b>00:02:03</b>	01:15:13	<b>00:01:14</b>	00:54:14
28	82	Jesper B.	Jels	<b>02:32:57</b>	00:20:24	<b>00:02:45</b>	01:21:43	<b>00:01:19</b>	00:46:44
29	9	Ib	triathlon	<b>02:33:31</b>	00:21:32	<b>00:02:24</b>	01:16:06	<b>00:01:35</b>	00:51:52
30	91	Robert	Rødekro Tri	<b>02:33:44</b>	00:17:18	<b>00:01:39</b>	01:19:55	<b>00:01:18</b>	00:53:32
31	65	Finn	Kolding	<b>02:33:54</b>	00:19:28	<b>00:02:34</b>	01:19:24	<b>00:01:16</b>	00:51:10
32	60	Nikolaj	HGATM	<b>02:35:39</b>	00:18:47	<b>00:02:27</b>	01:16:05	<b>00:01:28</b>	00:56:50
33	63	Michael	Rødding	<b>02:35:57</b>	00:22:02	<b>00:02:10</b>	01:22:33	<b>00:01:36</b>	00:47:33
34	12	Benny	Odder	<b>02:36:22</b>	00:18:44	<b>00:02:51</b>	01:15:02	<b>00:01:55</b>	00:57:48
35	46	Henrik	Team	<b>02:36:24</b>	00:20:38	<b>00:02:26</b>	01:18:27	<b>00:01:18</b>	00:53:33
36	62	Christian	HGATM	<b>02:36:55</b>	00:16:32	<b>00:01:35</b>	01:18:47	<b>00:01:52</b>	00:58:06
37	79	Clas	(Gråsten)	<b>02:37:34</b>	00:21:30	<b>00:04:29</b>	01:15:59	<b>00:02:04</b>	00:53:30
38	17	Carsten	vakad aps	<b>02:38:17</b>	00:21:39	<b>00:02:50</b>	01:15:51	<b>00:01:43</b>	00:56:11
39	72	Jens	(GRINDST	<b>02:40:21</b>	00:24:21	<b>00:04:34</b>	01:11:49	<b>00:02:04</b>	00:57:31
40	92	Kim	(Ribe)	<b>02:42:42</b>	00:23:31	<b>00:02:44</b>	01:21:26	<b>00:01:46</b>	00:53:14
41	41	Claus	Sønderborg	<b>02:42:57</b>	00:17:27	<b>00:03:31</b>	01:21:27	<b>00:01:48</b>	00:58:41
42	89	Klaus	Rødding Tri	<b>02:43:14</b>	00:21:14	<b>00:03:57</b>	01:16:43	<b>00:02:33</b>	00:58:44
43	78	Christoffer	(Gråsten)	<b>02:43:30</b>	00:21:38	<b>00:04:34</b>	01:18:57	<b>00:02:20</b>	00:55:58
44	76	Morten	Vejle IF	<b>02:44:17</b>	00:26:32	<b>00:05:15</b>	01:17:22	<b>00:02:41</b>	00:52:26
45	2	Dave	(Ottawa)	<b>02:44:44</b>	00:18:19	<b>00:02:25</b>	01:28:55	<b>00:01:31</b>	00:53:33
46	25	Lasse	Fredericia	<b>02:44:45</b>	00:21:36	<b>00:02:12</b>	01:19:01	<b>00:02:02</b>	00:59:53
47	84	Karsten	(Vejle)	<b>02:45:19</b>	00:23:08	<b>00:04:16</b>	01:27:30	<b>00:01:50</b>	00:48:34
48	83	Keith	TIF	<b>02:45:57</b>	00:21:42	<b>00:03:14</b>	01:30:16	<b>00:02:08</b>	00:48:34
49	37	Morten	Vejen Tri og	<b>02:45:57</b>	00:19:44	<b>00:04:20</b>	01:22:31	<b>00:02:28</b>	00:56:52
50	88	Jens	OTK	<b>02:46:13</b>	00:26:31	<b>00:03:40</b>	01:20:59	<b>00:02:09</b>	00:52:52
51	28	Allan	HGATM	<b>02:46:29</b>	00:21:34	<b>00:03:49</b>	01:18:06	<b>00:02:26</b>	01:00:33
52	73	Jesper	(Grindsted)	<b>02:47:44</b>	00:25:30	<b>00:03:52</b>	01:16:50	<b>00:02:17</b>	00:59:12
53	80	Robert	(Vejle Øst)	<b>02:49:17</b>	00:20:35	<b>00:03:18</b>	01:21:26	<b>00:01:39</b>	01:02:17
54	39	Jørn	GSK	<b>02:50:33</b>	00:24:15	<b>00:04:26</b>	01:21:39	<b>00:02:17</b>	00:57:53
55	1	Bo	MMA	<b>02:50:43</b>	00:15:01	<b>00:02:05</b>	01:21:39	<b>00:02:17</b>	01:09:39
56	58	Michael	Middelfart	<b>02:51:24</b>	00:25:40	<b>00:02:28</b>	01:27:28	<b>00:01:25</b>	00:54:21
57	59	Bo	Skive AM	<b>02:52:40</b>	00:25:39	<b>00:03:37</b>	01:22:29	<b>00:01:55</b>	00:58:58
58	35	Jamie	(Kolding)	<b>02:53:31</b>	00:20:19	<b>00:04:18</b>	01:35:27	<b>00:00:57</b>	00:52:28
59	6	Jens Peter	Tri8660	<b>02:53:56</b>	00:24:02	<b>00:03:41</b>	01:24:55	<b>00:02:41</b>	00:58:35
60	66	Anton	(Aarhus)	<b>02:55:52</b>	00:22:00	<b>00:02:59</b>	01:25:12	<b>00:01:46</b>	01:03:53
61	38	Kenn	Taulov	<b>02:57:49</b>	00:23:59	<b>00:03:49</b>	01:32:47	<b>00:02:48</b>	00:54:24
62	53	Morten	Svømmeklu	<b>03:01:39</b>	00:24:07	<b>00:05:03</b>	01:21:13	<b>00:01:39</b>	01:09:35
63	23	Peter Just	(Vamdrup)	<b>03:03:36</b>	00:25:57	<b>00:03:56</b>	01:36:25	<b>00:01:48</b>	00:55:27
64	11	Henrik	TIF	<b>03:04:26</b>	00:29:09	<b>00:02:56</b>	01:27:53	<b>00:01:30</b>	01:02:56
65	43	Kim	Sønderborg	<b>03:05:59</b>	00:32:16	<b>00:04:59</b>	01:26:51	<b>00:01:59</b>	00:59:54
66	70	Tom Lund	Haderslev	<b>03:17:08</b>	00:23:45	<b>00:03:50</b>	01:36:06	<b>00:02:34</b>	01:10:51
67	42	Mogens	Rødding Tri	<b>03:34:28</b>	00:26:51	<b>00:03:12</b>	01:49:55	<b>00:02:20</b>	01:12:09

## Jels triathlon

### **Resultatliste MK ¼ Jernmandsstævne**

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<b>Plac</b>	<b>St</b>	<b>Navn</b>	<b>Klub</b>	<b>Tid</b>	<b>Svømning</b>	<b>T 1</b>	<b>Cykling</b>	<b>T 2</b>	<b>Løb</b>
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Antal deltager: 82