

# Jels triathlon

## Resultatliste MK ¼ Jernmandsstævne

Plac	St	Navn	Klub	Tid	Svømning	T 1	Cykling	T 2	Løb
<b>¼ Jernmandsstævne</b>									
<b>Kvinder</b>									
1	16	Charlotte	Randers	<b>02:16:28</b>	00:15:33	<b>00:01:30</b>	01:15:24	<b>00:01:42</b>	00:42:18
2	12	Nicoline	Silkeborg	<b>02:26:03</b>	00:18:08	<b>00:02:01</b>	01:18:23	<b>00:01:13</b>	00:46:16
3	16	Susanne	Randers	<b>02:37:51</b>	00:21:59	<b>00:02:11</b>	01:21:27	<b>00:01:42</b>	00:50:30
4	18	Ida	ETOM	<b>02:40:35</b>	00:23:57	<b>00:02:45</b>	01:24:55	<b>00:01:35</b>	00:47:21
5	10	Laila	Odense	<b>02:43:13</b>	00:21:24	<b>00:02:39</b>	01:27:38	<b>00:01:49</b>	00:49:41
6	12	Caroline	(Aarhus N)	<b>02:47:58</b>	00:22:30	<b>00:01:59</b>	01:29:00	<b>00:01:13</b>	00:53:13
7	14	Lone	SMT	<b>02:50:20</b>	00:24:17	<b>00:02:50</b>	01:24:20	<b>00:01:50</b>	00:57:01
8	17	Lene	Skive AM	<b>02:52:54</b>	00:28:19	<b>00:02:41</b>	01:30:01	<b>00:01:45</b>	00:50:06
9	15	Lisbeth	Odense	<b>02:55:28</b>	00:22:12	<b>00:03:11</b>	01:32:07	<b>00:02:03</b>	00:55:54
10	11	Betina	Røde kro Tri	<b>02:56:03</b>	00:22:01	<b>00:02:33</b>	01:29:35	<b>00:02:10</b>	00:59:42
11	17	Mette	Randers	<b>02:56:38</b>	00:23:05	<b>00:03:18</b>	01:32:13	<b>00:02:20</b>	00:55:40
12	10	Susanne	Mma	<b>02:58:09</b>	00:26:15	<b>00:03:32</b>	01:32:28	<b>00:02:10</b>	00:53:43
13	16	Lena	(Odense)	<b>03:02:08</b>	00:27:59	<b>00:03:28</b>	01:34:19	<b>00:02:59</b>	00:53:20
14	15	Helene	Billund	<b>03:04:58</b>	00:23:54	<b>00:02:49</b>	01:29:52	<b>00:02:05</b>	01:06:17
15	11	Lianne	Multiatletern	<b>03:17:40</b>	00:20:07	<b>00:03:45</b>	01:42:21	<b>00:01:41</b>	01:09:44
16	14	Lene	(København	<b>03:25:09</b>	00:30:44	<b>00:02:58</b>	01:45:50	<b>00:01:56</b>	01:03:40
17	12	Liz Baum	Bananas in	<b>03:25:51</b>	00:33:37	<b>00:05:35</b>	01:42:22	<b>00:03:32</b>	01:00:43
18	12	Bodil	Bananas in	<b>03:28:03</b>	00:22:30	<b>00:03:37</b>	01:51:46	<b>00:03:48</b>	01:06:22
19	17	Trine	(Juelsminde	<b>03:36:32</b>	00:36:56	<b>00:05:31</b>	00:52:42	<b>00:58:11</b>	01:03:10
20	10	Sara Cbh	Hareskoven	<b>DNF</b>	00:20:26	<b>00:01:28</b>	01:20:01	<b>00:01:04</b>	00:48:49
<b>Mænd</b>									
1	16	Alexander	Røde kro Tri	<b>02:04:21</b>	00:14:36	<b>00:01:09</b>	01:08:06	<b>00:01:16</b>	00:39:13
2	19	Nicklas	(Viborg)	<b>02:07:01</b>	00:17:46	<b>00:01:45</b>	01:06:02	<b>00:00:57</b>	00:40:29
3	18	Frederik	Triathlon	<b>02:07:04</b>	00:13:09	<b>00:01:26</b>	01:08:04	<b>00:01:24</b>	00:43:00
4	93	Christian	Ktrik	<b>02:11:27</b>	00:16:26	<b>00:01:46</b>	01:10:35	<b>00:01:12</b>	00:41:27
5	11	Kristoffer	Svendborg	<b>02:12:05</b>	00:15:56	<b>00:01:28</b>	01:08:55	<b>00:01:32</b>	00:44:12
6	15	Michael	Randers	<b>02:12:21</b>	00:16:03	<b>00:01:29</b>	01:08:51	<b>00:01:39</b>	00:44:16
7	18	Danni	Røde kro Tri	<b>02:17:30</b>	00:17:48	<b>00:02:02</b>	01:14:04	<b>00:01:25</b>	00:42:10
8	15	Alex	Aarhus	<b>02:18:41</b>	00:18:16	<b>00:01:17</b>	01:13:32	<b>00:00:59</b>	00:44:34
9	17	Micael	Multiatletern	<b>02:21:06</b>	00:17:12	<b>00:02:33</b>	01:11:46	<b>00:01:32</b>	00:48:00
10	16	Lars	Jels	<b>02:21:22</b>	00:18:48	<b>00:02:12</b>	01:15:03	<b>00:01:16</b>	00:44:01
11	18	Jesper	Fredericia	<b>02:22:19</b>	00:18:13	<b>00:01:28</b>	01:15:56	<b>00:01:34</b>	00:45:07
12	95	Thomas	Fredericia	<b>02:25:26</b>	00:20:35	<b>00:02:02</b>	01:15:33	<b>00:01:27</b>	00:45:46
13	16	Bjørn	Svendborg	<b>02:26:45</b>	00:19:22	<b>00:02:20</b>	01:16:33	<b>00:01:37</b>	00:46:51
14	18	Steffen	(Svendborg)	<b>02:27:47</b>	00:19:45	<b>00:01:58</b>	01:13:17	<b>00:01:07</b>	00:51:38
15	13	Casper	(Beder)	<b>02:28:08</b>	00:19:09	<b>00:01:46</b>	01:17:25	<b>00:02:36</b>	00:47:09
16	17	Brian	Røde kro Tri	<b>02:29:26</b>	00:20:13	<b>00:03:03</b>	01:18:43	<b>00:02:04</b>	00:45:22
17	17	Thomas	Tri-2000	<b>02:29:51</b>	00:20:26	<b>00:02:31</b>	01:18:23	<b>00:01:34</b>	00:46:56
18	14	Ulrik Kure	Randers	<b>02:30:19</b>	00:22:25	<b>00:02:49</b>	01:16:12	<b>00:01:33</b>	00:47:19
19	18	Jan	Fredericia	<b>02:30:33</b>	00:19:43	<b>00:03:39</b>	01:18:02	<b>00:02:31</b>	00:46:36

# Jels triathlon

## Resultatliste MK ¼ Jernmandsstævne

Plac	St	Navn	Klub	Tid	Svømning	T 1	Cykling	T 2	Løb
20	10	Johnny	Hareskoven	<b>02:31:50</b>	00:20:27	<b>00:01:33</b>	01:17:11	<b>00:01:28</b>	00:51:09
21	13	Mads	(Haarby)	<b>02:31:54</b>	00:26:06	<b>00:04:03</b>	01:17:34	<b>00:01:56</b>	00:42:13
22	11	Lasse	STK90	<b>02:32:29</b>	00:22:40	<b>00:03:06</b>	01:16:55	<b>00:02:16</b>	00:47:29
23	13	Thomas	Rødding Tri	<b>02:32:41</b>	00:21:13	<b>00:02:06</b>	01:21:51	<b>00:01:51</b>	00:45:37
24	17	Martin	(Skanderbor	<b>02:32:56</b>	00:15:47	<b>00:01:49</b>	01:19:15	<b>00:01:04</b>	00:54:59
25	15	Morten	Billund	<b>02:33:31</b>	00:18:33	<b>00:02:48</b>	01:17:40	<b>00:01:50</b>	00:52:37
26	18	Torben	FPI	<b>02:33:46</b>	00:18:11	<b>00:04:26</b>	01:19:33	<b>00:01:33</b>	00:50:01
27	16	Martin	Haderslev	<b>02:34:14</b>	00:19:20	<b>00:02:38</b>	01:23:02	<b>00:01:14</b>	00:47:59
28	15	Peter	Odense	<b>02:34:14</b>	00:21:57	<b>00:03:12</b>	01:25:10	<b>00:01:34</b>	00:42:20
29	17	Nicolas	Vejle IF	<b>02:34:28</b>	00:20:31	<b>00:01:28</b>	01:15:45	<b>00:02:16</b>	00:54:27
30	14	Frederik	(Aalborg/aar	<b>02:34:41</b>	00:21:30	<b>00:02:31</b>	01:21:40	<b>00:01:45</b>	00:47:12
31	11	Jonas	(Aarhus C)	<b>02:35:15</b>	00:22:18	<b>00:02:32</b>	01:20:36	<b>00:02:00</b>	00:47:48
32	15	Paw	(Odense)	<b>02:35:29</b>	00:21:48	<b>00:03:48</b>	01:23:40	<b>00:01:42</b>	00:44:28
33	14	Søren	(Ribe)	<b>02:35:33</b>	00:23:15	<b>00:04:00</b>	01:21:27	<b>00:01:49</b>	00:44:59
34	16	Frank	Randers	<b>02:36:59</b>	00:26:12	<b>00:02:08</b>	01:17:36	<b>00:01:53</b>	00:49:08
35	12	Per	SMT-silkebo	<b>02:37:33</b>	00:22:30	<b>00:02:55</b>	01:17:24	<b>00:01:27</b>	00:53:14
36	14	Ole	KTriK	<b>02:38:07</b>	00:19:36	<b>00:05:00</b>	01:23:48	<b>00:01:40</b>	00:48:02
37	15	Jesper	(Grindsted)	<b>02:38:51</b>	00:25:50	<b>00:03:37</b>	01:14:58	<b>00:01:49</b>	00:52:34
38	14	Carsten	Tri-2000	<b>02:39:03</b>	00:25:36	<b>00:02:11</b>	01:22:43	<b>00:01:45</b>	00:46:47
39	16	Allan Vig	KTriK	<b>02:41:31</b>	00:21:43	<b>00:03:59</b>	01:22:53	<b>00:02:45</b>	00:50:09
40	12	Marcus	(Odense)	<b>02:43:09</b>	00:24:19	<b>00:02:40</b>	01:21:34	<b>00:01:17</b>	00:53:17
41	13	Hans	(Jels)	<b>02:43:58</b>	00:24:59	<b>00:02:21</b>	01:23:52	<b>00:01:13</b>	00:51:32
42	12	Jacob	Tri-2000	<b>02:45:36</b>	00:18:39	<b>00:03:04</b>	01:22:56	<b>00:02:06</b>	00:58:48
43	13	Mats	Multiatletern	<b>02:47:35</b>	00:25:34	<b>00:02:43</b>	01:28:28	<b>00:02:30</b>	00:48:16
44	13	Carsten	(Silkeborg)	<b>02:49:19</b>	00:22:09	<b>00:02:51</b>	01:23:36	<b>00:02:06</b>	00:58:35
45	17	Tonny	(Rødding)	<b>02:50:16</b>	00:27:46	<b>00:03:36</b>	01:21:32	<b>00:02:17</b>	00:55:05
46	11	Klaus	RCC	<b>02:51:05</b>	00:23:18	<b>00:03:24</b>	01:19:34	<b>00:02:18</b>	01:02:30
47	11	Jørn	(7200)	<b>02:51:09</b>	00:23:57	<b>00:03:46</b>	01:24:28	<b>00:02:00</b>	00:56:57
48	13	Bo	MMA	<b>02:51:36</b>	00:16:41	<b>00:03:18</b>	01:19:01	<b>00:03:29</b>	01:09:05
49	12	Michael	Smt	<b>02:53:58</b>	00:25:47	<b>00:02:37</b>	01:17:50	<b>00:02:28</b>	01:05:15
50	11	Christian	Multiatletern	<b>02:54:51</b>	00:14:37	<b>00:02:17</b>	01:19:27	<b>00:01:14</b>	01:17:14
51	18	Jakob	FPI	<b>02:57:22</b>	00:29:25	<b>00:05:08</b>	01:29:16	<b>00:02:12</b>	00:51:19
52	13	Johnny	Roskilde	<b>02:57:26</b>	00:23:34	<b>00:03:27</b>	01:27:36	<b>00:02:17</b>	01:00:31
53	13	Mikkel	Vakad ApS	<b>02:58:13</b>	00:22:20	<b>00:04:32</b>	01:26:21	<b>00:02:43</b>	01:02:15
54	12	Anders	Tri-2000	<b>02:59:22</b>	00:29:08	<b>00:03:51</b>	01:26:29	<b>00:02:31</b>	00:57:22
55	16	Anders	Svendborg	<b>03:02:06</b>	00:25:04	<b>00:02:17</b>	01:28:56	<b>00:02:17</b>	01:03:29
56	17	Jonny	(Haderslev)	<b>03:02:51</b>	00:23:32	<b>00:03:39</b>	01:31:18	<b>00:02:25</b>	01:01:56
57	11	Morten	(Grindsted)	<b>03:11:12</b>	00:26:14	<b>00:04:55</b>	01:27:15	<b>00:04:29</b>	01:08:17
58	14	Michael	(Århus)	<b>03:15:57</b>	00:22:17	<b>00:05:45</b>	01:35:40	<b>00:04:26</b>	01:07:47
59	10	Jesper	Triathlon	<b>03:19:36</b>	00:23:21	<b>00:03:52</b>	01:32:46	<b>00:03:09</b>	01:16:26
60	15	Jacob	Rødding	<b>03:22:32</b>	00:25:35	<b>00:05:21</b>	01:45:10	<b>00:02:37</b>	01:03:48
61	10	Marco	(Holsted)	<b>03:30:08</b>	00:26:01	<b>00:05:37</b>	01:40:05	<b>00:04:11</b>	01:14:12
62	14	Mogens	Rødding	<b>03:33:27</b>	00:26:16	<b>00:03:22</b>	01:52:14	<b>00:02:51</b>	01:08:42

## Jels triathlon

### **Resultatliste MK ¼ Jernmandsstævne**

<b>Plac</b>	<b>St</b>	<b>Navn</b>	<b>Klub</b>	<b>Tid</b>	<b>Svømning</b>	<b>T 1</b>	<b>Cykling</b>	<b>T 2</b>	<b>Løb</b>
63	10	René	(Vamdrup)	<b>03:45:05</b>	00:30:57	<b>00:05:10</b>	01:38:15	<b>00:03:14</b>	01:27:27
64	10	Peter	(Egå)	<b>04:01:31</b>	00:34:25	<b>00:08:45</b>	01:58:06	<b>00:04:12</b>	01:16:01

Antal deltager: 84