





Guruji's sadhana laid the seed
for the formation of a Yoga Institute.
With the help of his students, this fructified
in the inauguration of RIMYI in January 1975.

People visit this place
to learn asana and pranayama
but later get attached to the thread of Yoga.

As the Institute turns 50 in 2025,
let us explore the thread that connects
asana and pranayama to Yoga
and Yoga to our living.

RIMYI has planned special programmes from
January 2024 to January 2025
to mark the golden jubilee year.

Please note these programmes are in-person only.

February 2024

Dates : 5th - 17th
Eligibility : Minimum 5 years practice
Price : USD 470 (incl. of taxes)

July 2024

Dates : 1st - 13th
Eligibility : Minimum 5 years practice
Price : USD 470 (incl. of taxes)

September 2024

Dates : 2nd - 14th
Eligibility : Minimum 5 years practice
Price : USD 470 (incl. of taxes)

December 2024

Yoganushasanam

Dates : 7th - 14th
Eligibility : Minimum 5 years practice
Price : To be announced later

January 2025

Dates : 6th - 18th (2 weeks)
Eligibility : Minimum 5 years practice
Price : USD 470 (incl. of taxes)

Please click on the link below for registration
<https://tinyurl.com/RIMYI50ANNIV-INT>

