

# JCI Author guidelines

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## What we publish

We're a hybrid-content journal aiming to diversify our articles beyond traditional academic research often found in academic journals. Our mission is to bridge the gap between clinical practice and research within the ISTDP community and publish both academic papers *and* more informal materials. We seek to open up publication space that's traditionally been exclusive to academics and PhDs, encouraging therapists to contribute their experiences, ideas, and creativity. This practice wisdom is valuable from all therapists, not just those with a PhD. To achieve this, we accept articles in various tones, academic rigor, English fluency, length, and depth, including creative writing, personal reflections, interviews, and traditional research forms.

## Article types

At the moment, we manage three different kinds of articles in the journal:

- **Standard type:** This is the standard scientific article of the journal. These articles should hold a high academic quality throughout. Within this rubric, we publish original research, theory, and review (Max 10000 words). These articles should have the following format: 1) Abstract, 2) Introduction, 3) Relevant subsections, 4) Discussion.
- **Case type:** This is the standard clinical article of the journal. These articles zoom in on the clinical work. Within this rubric, we publish contemporary accounts of transcribed sessions and case studies (Max 8000 words). These articles should have the following format: 1) Abstract, 2) Introduction, 3) Relevant subsections, 4) Discussion
- **Viewpoint type:** This is a shorter format that allows authors to provide briefer communication about theory, clinical observations, debate and more. These articles are either more scholarly or more of a reflective kind (Max 3000 words). In the latter case, abstract, literature review and references can be held to a minimum. These articles should have the following format: 1) Abstract, 2) Relevant subsections.

## Language and formatting

All articles should be written in English. Please use digital tools to make sure spelling and grammar is accurate. All submissions should furthermore be formatted according to the 7th edition of the APA Publication manual. You can find APA resources here:

<https://www.apa.org/pubs/journals/resources/manuscript-submission-guidelines>

## Ethical principles

If the article includes descriptions of a real case or a real session transcript, written informed consent by the patient(s) should be obtained. See separate consent form. If the article includes

original prospective research on human subjects, all relevant permits by local ethics/review boards should be obtained and reported in the article. All raw data gathered for the article should be available throughout the editorial review process and for at least 5 years after the date of publication.

### **Author contribution statements**

All articles are to provide a statement on the role of the different authors, describing their individual contributions to the work. Please follow the CRediT taxonomy: <https://credit.niso.org/contributor-roles-defined/>

### **Cover letter and masked review**

Please provide a masked/anonymous copy of your manuscript, and put all the author identifying information in a cover letter that accompanies the submission. If you're unsure if you've removed all identifying information, you can find different guides by doing a google search for the terms "removing personal data from Word".

### **Review process and resubmission**

If we accept your article for review, you will eventually be provided with two anonymous reviews. The Editorial Team will also provide reviews and comments on the text. Sometimes the process is straight-forward and just a few back and forths are necessary, in other instances there will be a large number of issues to be solved, and thus a long process of reworking the manuscript. When resubmitting the final version of your article, please provide a letter with a detailed description of how you incorporated the feedback received.

### **Bio and photography**

We prioritize highlighting authors as individuals by requesting photos and brief bios for some article types. JCI's mission is to unite ISTDP therapists globally, combating professional isolation. We ask authors to share personal information to humanize their work and build connections. Some authors may also be invited to participate in interviews or submit videos for our social media, as a part of this process.

### **Templates**

At the JCI website, you will soon find templates for the different article types.

### **Submission**

Please send the article by email to the editor-in-chief, Thomas Hesslow ([thomas.hesslow@gmail.com](mailto:thomas.hesslow@gmail.com)). Title the email "JCI SUBMISSION".

### **Questions**

Please reach out to the editor-in-chief, lead editor or managing editor if you have questions about submissions.